

## CHAMPIONNATS D'HIVER M C J S - 26/01/2018 - MEKNES - Petit bassin

**1. 50 m NAGE LIBRE DAMES**

Record MAROC 26.55 établi par Noura MANA (TSC) le 02/07/2017 à RABAT

| Rg             | Nom                     | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|-------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                         |     |      |           |                     |     |
| 1.             | MANA Noura              | MAR | 1997 | CODM      | 27.01               | 678 |
|                | TLD. MAGDER Wiam        | MAR | 1997 | CKM       | 35.16               | 307 |
| <b>JUNIORS</b> |                         |     |      |           |                     |     |
| 1.             | EL HAOUARI Nadia        | MAR | 2000 | TSC       | 28.03               | 607 |
| 2.             | FIDADI Fadwa            | MAR | 1999 | KACM      | 28.34               | 587 |
| 3.             | CHAARI Soukaina         | MAR | 2000 | CNN       | 28.50               | 577 |
| 3.             | KAROUCHE Khouloud       | MAR | 1999 | TSC       | 28.50               | 577 |
| <b>CADETS</b>  |                         |     |      |           |                     |     |
| 1.             | EL BARODI Imane Houda   | MAR | 2001 | USCM      | 27.53               | 640 |
| 2.             | FAHSI Doha              | MAR | 2001 | OCK       | 27.84               | 619 |
| 3.             | IDRISSI Atar            | MAR | 2001 | USCM      | 28.21               | 595 |
| 4.             | SELLAFI Mariam          | MAR | 2002 | OCK       | 28.52               | 576 |
| 5.             | BELRHITI Ayat Errahmane | MAR | 2002 | MAS       | 29.41               | 525 |
| 6.             | OUFRIID Oumnia          | MAR | 2001 | CODM      | 29.87               | 501 |
| 7.             | EL YOUSFI Salma         | MAR | 2002 | ADM       | 29.97               | 496 |
| 8.             | BENNANI Rim             | MAR | 2002 | CODM      | 30.11               | 489 |
| 9.             | RHNANE Kholoud          | MAR | 2001 | FUS       | 30.36               | 477 |
| <b>MINIMES</b> |                         |     |      |           |                     |     |
| 1.             | BELRHITI Abrare         | MAR | 2004 | SNF       | 28.58               | 572 |
| 2.             | ETTALBI Oumayma         | MAR | 2003 | CODM      | 29.00               | 548 |
| 3.             | NADIR Yasmine           | MAR | 2003 | FUS       | 29.11               | 541 |
| 4.             | LAISSAOUI Maroua        | MAR | 2004 | CODM      | 29.21               | 536 |
| 5.             | BOURZINE Hiba           | MAR | 2004 | USCM      | 29.30               | 531 |
| 6.             | KADI Basma              | MAR | 2004 | CODM      | 29.57               | 517 |
| 7.             | RACHID Ibtissam         | MAR | 2004 | R.C.A.NAT | 29.76               | 507 |
| 7.             | CHOUAIBI Hiba           | MAR | 2004 | USCM      | 29.76               | 507 |
| 9.             | SOUIHEL Hiba            | MAR | 2003 | WAC       | 30.13               | 488 |
| 10.            | EL MOUJARRADE Douae     | MAR | 2003 | SNF       | 30.40               | 475 |
| 11.            | BOUDRAR Basma           | MAR | 2003 | CODM      | 30.70               | 462 |

## CHAMPIONNATS D'HIVER M C J S - 26/01/2018 - MEKNES - Petit bassin

**2. 50 m NAGE LIBRE MESSIEURS**

Record MAROC 22.14 établi par Mehdi AYOUBI (CODM) le 12/02/2017 à MEKNES

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**SENIORS**

|    |                    |     |      |      |       |     |
|----|--------------------|-----|------|------|-------|-----|
| 1. | AYOUBI Mehdi       | MAR | 1998 | CODM | 22.31 | 823 |
| 2. | HAMOUCHANE Souhail | MAR | 1997 | CODM | 23.03 | 748 |
| 3. | OUAHMID Mohamed    | MAR | 1998 | ADM  | 24.40 | 629 |
| 4. | DAHBI SKALI Hamza  | MAR | 1998 | CSN  | 24.77 | 601 |
| 5. | ZEDDOUK Hassan     | MAR | 1997 | FUS  | 25.24 | 568 |
| 6. | SOULHI Yahya       | MAR | 1998 | ADM  | 25.25 | 568 |

**JUNIORS**

|    |                 |     |      |      |       |     |
|----|-----------------|-----|------|------|-------|-----|
| 1. | HAMOUCHANE Sami | MAR | 2000 | CODM | 24.48 | 623 |
| 2. | CHAARI Soufiane | MAR | 1999 | CNN  | 25.89 | 527 |

**CADETS**

|     |                      |     |      |           |           |     |
|-----|----------------------|-----|------|-----------|-----------|-----|
| 1.  | BOUKHARI Med Yassine | MAR | 2001 | CODM      | 23.88     | 671 |
| 2.  | HEMRI Ali            | MAR | 2001 | FUS       | 24.25     | 641 |
| 3.  | MSOUGAR Ali          | MAR | 2001 | FUS       | 24.41     | 628 |
| 4.  | EL OMARI Yassine     | MAR | 2002 | MAS       | 25.50     | 551 |
| 5.  | BENYAHYA Anas        | MAR | 2001 | FUS       | 25.66     | 541 |
| 6.  | NAJIH Ouissam        | MAR | 2002 | KACM      | 25.76     | 535 |
| 7.  | MAMDOUH Abdelmoughit | MAR | 2002 | ADM       | 25.96     | 522 |
| 8.  | BOUDENE Ilyas        | MAR | 2001 | MAS       | 26.00     | 520 |
| 9.  | EL HAOUARI Omar      | MAR | 2001 | TSC       | 26.10     | 514 |
| 9.  | KAMIL Ali            | MAR | 2002 | WAC       | 26.10     | 514 |
| 11. | BANSAR Nizar         | MAR | 2001 | R.C.A.NAT | 26.39     | 497 |
| 12. | KHARKHACH Abdellah   | MAR | 2001 | USF       | 26.41     | 496 |
| 13. | TRUQUEZ Dorian       | MAR | 2002 | USCM      | 26.66     | 482 |
| 14. | OUGOUI Anas          | MAR | 2001 | OCK       | 26.78     | 476 |
| 15. | SAFIR Yassine        | MAR | 2001 | ASAMIN    | 27.13     | 458 |
| 16. | DAIBOUN Wail         | MAR | 2002 | ACK       | 27.15     | 457 |
| 17. | LEBIED Omar          | MAR | 2002 | CSN       | 27.36     | 446 |
| NC. | MYESSER Anas Badr    | MAR | 2001 | USCM      | Frfr n.d. |     |

**MINIMES**

|     |                    |     |      |      |        |     |
|-----|--------------------|-----|------|------|--------|-----|
| 1.  | MALKI Mohamed Taha | MAR | 2003 | FUS  | 25.23  | 569 |
| 2.  | SEDDOUK Adam       | MAR | 2003 | CODM | 25.47  | 553 |
| 3.  | SADIQUI Anir       | MAR | 2003 | USCM | 26.35  | 499 |
| 4.  | SAMRAH Sami        | MAR | 2003 | CODM | 26.49  | 492 |
| 5.  | BENADADA Adnane    | MAR | 2003 | SNF  | 26.50  | 491 |
| 6.  | DEQQAOUI Walid     | MAR | 2003 | USF  | 26.94  | 467 |
| 7.  | ELMAMOUN Yasser    | MAR | 2003 | CODM | 27.04  | 462 |
| 8.  | TAJEDDINE Aymen    | MAR | 2003 | CNCS | 27.82  | 424 |
| 9.  | QOUANANE Anas      | MAR | 2003 | JIHA | 28.13  | 410 |
| 10. | JAA Yassine        | MAR | 2003 | CBN  | 28.19  | 408 |
| 11. | CHAFFAA Mohammed   | MAR | 2003 | CSE  | 28.59  | 391 |
| 12. | RABOUN Ayoub       | MAR | 2003 | CMND | 29.94  | 340 |
| NC. | FRIKECH Salim      | MAR | 2004 | CODM | Dsq FD | 0   |

## CHAMPIONNATS D'HIVER M C J S - 26/01/2018 - MEKNES - Petit bassin

**3. 200 m DOS DAMES**

Record MAROC 2:18.38 établi par Yasmeen BOUTOUIL (USCM) le 19/12/2014 à CHEVREUSE (FRANCE)

*NRN = Nouveau record National*

| Rg             | Nom                 | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts     |
|----------------|---------------------|-----|------|-----------|---------------------|---------|
| <b>SENIORS</b> |                     |     |      |           |                     |         |
| 1.             | MANA Noura          | MAR | 1997 | CODM      | 2:28.20             | 586     |
| 2.             | DRISSI HASSANI Nour | MAR | 1998 | FUS       | 2:32.03             | 543     |
| <b>JUNIORS</b> |                     |     |      |           |                     |         |
| 1.             | NAFR Wissal         | MAR | 2000 | OCK       | 2:39.99             | 466     |
| <b>CADETS</b>  |                     |     |      |           |                     |         |
| 1.             | FAHSI Hiba          | MAR | 2001 | OCK       | 2:17.11             | NRN 740 |
| 2.             | ZERAIDI Kenza       | MAR | 2002 | CODM      | 2:29.28             | 574     |
| 3.             | SELLAFI Mariam      | MAR | 2002 | OCK       | 2:34.78             | 514     |
| 4.             | BOURBOUH Nissrine   | MAR | 2001 | FUS       | 2:36.30             | 500     |
| 5.             | OUFRIID Oumnia      | MAR | 2001 | CODM      | 2:41.25             | 455     |
| 6.             | BENNANI Rim         | MAR | 2002 | CODM      | 2:43.41             | 437     |
| <b>MINIMES</b> |                     |     |      |           |                     |         |
| 1.             | CHOUAIBI Hiba       | MAR | 2004 | USCM      | 2:35.25             | 510     |
| 2.             | SABER Hajar         | MAR | 2003 | CODM      | 2:37.37             | 489     |
| 3.             | EL BEKALI Aicha     | MAR | 2004 | A.S.F.A.R | 2:39.30             | 472     |
| 4.             | LAISSAOUI Maroua    | MAR | 2004 | CODM      | 2:40.27             | 463     |
| 5.             | RACHIDI Oumaima     | MAR | 2004 | USCM      | 2:40.29             | 463     |
| 6.             | RIAD Yasmine        | MAR | 2004 | FUS       | 2:48.65             | 398     |
| 7.             | RACHID Ibtissam     | MAR | 2004 | R.C.A.NAT | 2:50.29             | 386     |
| 8.             | EL MOUJARRADE Douae | MAR | 2003 | SNF       | 2:52.16             | 374     |
| 9.             | BERRADA Rime        | MAR | 2003 | FUS       | 2:57.44             | 341     |

## CHAMPIONNATS D'HIVER M C J S - 26/01/2018 - MEKNES - Petit bassin

## 4. 200 m DOS MESSIEURS

Record MAROC 1:59.98 établi par Driss LAHRICHI (CODM) le 10/02/2017 à MEKNES

| Rg             | Nom                     | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|-------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                         |     |      |           |                     |     |
| 1.             | LAHRICHI Driss          | MAR | 1997 | CODM      | 2:00.27             | 805 |
| 2.             | ASSOUAB Adil            | MAR | 1992 | CODM      | 2:03.03             | 752 |
| 3.             | AMARTI Karim            | MAR | 1998 | USF       | 2:25.09             | 459 |
| <b>JUNIORS</b> |                         |     |      |           |                     |     |
| 1.             | SMOUNI EI Mehdi         | MAR | 2000 | CODM      | 2:19.84             | 512 |
| 2.             | HARRABIDA Mohamed Amine | MAR | 2000 | R.C.A.NAT | 2:24.08             | 468 |
| 3.             | AZIZE Othmane           | MAR | 2000 | WAC       | 2:26.72             | 443 |
| <b>CADETS</b>  |                         |     |      |           |                     |     |
| 1.             | REGRAGUI Abdeljabbar    | MAR | 2001 | CODM      | 2:10.48             | 631 |
| 2.             | MSOUGAR Ali             | MAR | 2001 | FUS       | 2:16.53             | 550 |
| 3.             | ES SAMLALI Ismail       | MAR | 2002 | OCK       | 2:19.47             | 516 |
| 4.             | MAMDOUH Abdelmoughit    | MAR | 2002 | ADM       | 2:22.56             | 483 |
| 5.             | NAJIH Ouissam           | MAR | 2002 | KACM      | 2:24.02             | 469 |
| 6.             | ZOUITEN Omar Ahmed      | MAR | 2002 | MAS       | 2:25.95             | 450 |
| 7.             | BELAFIA Adam            | MAR | 2002 | USCM      | 2:26.45             | 446 |
| 8.             | MOUHIB Yahya            | MAR | 2002 | OCK       | 2:28.25             | 430 |
| 9.             | OUKHOUYA Youssef        | MAR | 2002 | FUS       | 2:28.46             | 428 |
| 10.            | FILALI Omar             | MAR | 2001 | USF       | 2:29.40             | 420 |
| 11.            | LAHLOU Ziad             | MAR | 2001 | USCM      | 2:31.64             | 402 |
| 12.            | BENCHEIKH Driss         | MAR | 2001 | USF       | 2:34.30             | 381 |
| 13.            | HASSOUNI Omar           | MAR | 2001 | ADM       | 2:37.34             | 359 |
| 14.            | DAIBOUN Wail            | MAR | 2002 | ACK       | 2:37.98             | 355 |
| 15.            | BENSALAH Mehdi          | MAR | 2002 | CNN       | 2:41.31             | 334 |
| <b>MINIMES</b> |                         |     |      |           |                     |     |
| 1.             | EL MANSAR Mehdi         | MAR | 2004 | R.C.A.NAT | 2:18.17             | 531 |
| 2.             | FRIKECH Salim           | MAR | 2004 | CODM      | 2:22.13             | 488 |
| 3.             | AZHAR Idriss            | MAR | 2003 | R.C.A.NAT | 2:22.84             | 481 |
| 4.             | AYOUBI Mahmoud          | MAR | 2004 | CODM      | 2:30.52             | 411 |
| 5.             | EL YOUSFI Ismail        | MAR | 2004 | R.C.A.NAT | 2:31.28             | 404 |
| 6.             | AMALI Zakariae          | MAR | 2003 | CODM      | 2:31.48             | 403 |
| 7.             | DIDOUCHE Mohamed Amine  | MAR | 2003 | ASAMIN    | 2:32.35             | 396 |
| 8.             | ELMAMOUN Yasser         | MAR | 2003 | CODM      | 2:32.56             | 394 |
| 9.             | MOUISSE Mohammed        | MAR | 2004 | USF       | 2:36.29             | 367 |
| 10.            | MEFETTAR Ayman          | MAR | 2003 | SNF       | 2:36.66             | 364 |
| 11.            | TOUATI Mohamed Mounib   | MAR | 2003 | CODM      | 2:39.55             | 345 |
| 12.            | RHZAL Walid             | MAR | 2003 | UNO       | 2:44.58             | 314 |
| 13.            | ESSONNI Abdellah        | MAR | 2004 | CODM      | 2:45.02             | 311 |

## CHAMPIONNATS D'HIVER M C J S - 26/01/2018 - MEKNES - Petit bassin

**5. 100 m PAPILLON DAMES**

Record MAROC 1:02.58 établi par Sara EL BEKRI (R.C.A.NAT) le 13/11/2011 à COMPIEGNE (FRANCE)

| Rg             | Nom                   | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|-----------------------|-----|------|-----------|---------------------|-----|
| <b>JUNIORS</b> |                       |     |      |           |                     |     |
| 1.             | RMILI Hiba            | MAR | 2000 | OCK       | 1:08.18             | 553 |
| 2.             | FIDADI Fadwa          | MAR | 1999 | KACM      | 1:11.57             | 478 |
| 3.             | ELMACHRAFI Khaoula    | MAR | 2000 | TSC       | 1:12.71             | 456 |
| <b>CADETS</b>  |                       |     |      |           |                     |     |
| 1.             | FAHSI Doha            | MAR | 2001 | OCK       | 1:06.76             | 589 |
| 2.             | EL ABBARI Hafsa       | MAR | 2002 | OCK       | 1:07.48             | 571 |
| 2.             | LAKNIT Hiba           | MAR | 2002 | OCK       | 1:07.48             | 571 |
| 4.             | BOURBOUH Narjiss      | MAR | 2001 | FUS       | 1:08.87             | 537 |
| 5.             | EL BARODI Imane Houda | MAR | 2001 | USCM      | 1:09.03             | 533 |
| 6.             | EL ANOUAR Ayat Allah  | MAR | 2002 | FUS       | 1:10.25             | 506 |
| <b>MINIMES</b> |                       |     |      |           |                     |     |
| 1.             | BOUSSOUF Malak        | MAR | 2004 | ACK       | 1:10.47             | 501 |
| 2.             | MAALOUF Kamilia       | MAR | 2004 | R.C.A.NAT | 1:15.97             | 400 |

## CHAMPIONNATS D'HIVER M C J S - 26/01/2018 - MEKNES - Petit bassin

**6. 100 m PAILLON MESSIEURS**

Record MAROC 54.70 établi par Nouaâmane BATAHI (CODM) le 02/07/2017 à RABAT

NRN = Nouveau record National

| Rg             | Nom                         | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts     |
|----------------|-----------------------------|-----|------|-----------|---------------------|---------|
| <b>SENIORS</b> |                             |     |      |           |                     |         |
| 1.             | AYOUBI Mehdi                | MAR | 1998 | CODM      | 54.69               | NRN 756 |
| 2.             | BATAHI Nouaâmane            | MAR | 1994 | CODM      | 55.11               | 738     |
| 3.             | TIJARI Hicham               | MAR | 1998 | CODM      | 1:01.15             | 540     |
| NC.            | OUAHMID Mohamed             | MAR | 1998 | ADM       | Fré n.d.            |         |
| <b>JUNIORS</b> |                             |     |      |           |                     |         |
| 1.             | HAMOUCANE Sami              | MAR | 2000 | CODM      | 58.68               | 612     |
| 2.             | ESSABIHI EDDAFALI Abdelkrim | MAR | 1999 | ADM       | 1:01.69             | 526     |
| 3.             | CHAARI Soufiane             | MAR | 1999 | CNN       | 1:04.26             | 466     |
| <b>CADETS</b>  |                             |     |      |           |                     |         |
| 1.             | HEMRI Ali                   | MAR | 2001 | FUS       | 58.53               | 616     |
| 2.             | HEMRI Youssef               | MAR | 2001 | FUS       | 59.58               | 584     |
| 3.             | TIJARI Monssif Hamza        | MAR | 2002 | CODM      | 1:00.88             | 548     |
| 4.             | AYANE Yasser                | MAR | 2001 | CSE       | 1:02.08             | 516     |
| 5.             | BENSALEH Mohamed Yassine    | MAR | 2002 | FUS       | 1:02.28             | 512     |
| 6.             | NIHOU Yassine               | MAR | 2001 | CNN       | 1:03.44             | 484     |
| 7.             | KIBAL Sami                  | MAR | 2002 | WAC       | 1:05.22             | 445     |
| 8.             | ELMAHBOUBI Oussama          | MAR | 2002 | ADM       | 1:05.28             | 444     |
| 9.             | ZIANE Adam                  | MAR | 2002 | CNCS      | 1:06.78             | 415     |
| <b>MINIMES</b> |                             |     |      |           |                     |         |
| 1.             | BENCHEBBA Yasser            | MAR | 2004 | FUS       | 1:02.89             | 497     |
| 2.             | BENADADA Adnane             | MAR | 2003 | SNF       | 1:04.83             | 453     |
| 3.             | EL MOUSSAMI Oussama         | MAR | 2003 | CODM      | 1:05.95             | 431     |
| 4.             | JENNANE Karim               | MAR | 2004 | CODM      | 1:06.55             | 419     |
| 5.             | CHAFFAA Mohammed            | MAR | 2003 | CSE       | 1:07.74             | 397     |
| 6.             | DEQQAOUI Walid              | MAR | 2003 | USF       | 1:08.66             | 382     |
| 7.             | EL YOUSFI Ismail            | MAR | 2004 | R.C.A.NAT | 1:08.81             | 379     |
| NC.            | LAGSSAIBI Ilyas             | MAR | 2004 | R.C.A.NAT | Dsq VI              | 0       |

## CHAMPIONNATS D'HIVER M C J S - 26/01/2018 - MEKNES - Petit bassin

**7. 200 m 4 NAGES DAMES**

Record MAROC 2:15.39 établi par Sara EL BEKRI (R.C.A.NAT) le 18/12/2010 à DUBAI (EAU)

| Rg             | Nom                     | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|-------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                         |     |      |           |                     |     |
| 1.             | DRISSI HASSANI Nour     | MAR | 1998 | FUS       | 2:33.95             | 550 |
| <b>JUNIORS</b> |                         |     |      |           |                     |     |
| 1.             | EL HAOUARI Nadia        | MAR | 2000 | TSC       | 2:35.94             | 529 |
| 2.             | RMILI Hiba              | MAR | 2000 | OCK       | 2:43.80             | 456 |
| <b>CADETS</b>  |                         |     |      |           |                     |     |
| 1.             | LAKNIT Hiba             | MAR | 2002 | OCK       | 2:33.27             | 557 |
| 2.             | BOURBOUH Narjiss        | MAR | 2001 | FUS       | 2:33.78             | 552 |
| 3.             | EL ABBARI Hafsa         | MAR | 2002 | OCK       | 2:34.08             | 548 |
| 4.             | BOURBOUH Nissrine       | MAR | 2001 | FUS       | 2:42.97             | 463 |
| 5.             | BELRHITI Ayat Errahmane | MAR | 2002 | MAS       | 2:45.62             | 441 |
| 6.             | EL YOUSFI Salma         | MAR | 2002 | ADM       | 2:46.94             | 431 |
| 7.             | ADIANNA Aya             | MAR | 2002 | SNF       | 2:49.42             | 412 |
| <b>MINIMES</b> |                         |     |      |           |                     |     |
| 1.             | BOUSSOUF Malak          | MAR | 2004 | ACK       | 2:38.47             | 504 |
| 2.             | JALAL Nada              | MAR | 2004 | R.C.A.NAT | 2:40.22             | 488 |
| 3.             | BELRHITI Abrare         | MAR | 2004 | SNF       | 2:45.27             | 444 |
| 4.             | NADIR Yasmine           | MAR | 2003 | FUS       | 2:45.31             | 444 |
| 5.             | BASKACH Imane           | MAR | 2003 | USCM      | 2:45.47             | 443 |
| 6.             | SOUIHEL Hiba            | MAR | 2003 | WAC       | 2:46.70             | 433 |
| 7.             | ICHOU Aya               | MAR | 2004 | R.C.A.NAT | 2:48.56             | 419 |
| 8.             | AIT BENALI Meryem       | MAR | 2004 | CODM      | 2:50.25             | 406 |

## CHAMPIONNATS D'HIVER M C J S - 26/01/2018 - MEKNES - Petit bassin

**8. 200 m 4 NAGES MESSIEURS**

Record MAROC 2:03.59 établi par Morad BERRADA (WAC) le 04/12/2011 à ANGERS (FRANCE)

| Rg             | Nom                    | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                        |     |      |           |                     |     |
| 1.             | TIJARI Hicham          | MAR | 1998 | CODM      | 2:22.09             | 521 |
| 2.             | DAHBI SKALI Hamza      | MAR | 1998 | CSN       | 2:24.92             | 491 |
| 3.             | AMARTI Karim           | MAR | 1998 | USF       | 2:29.11             | 451 |
| <b>JUNIORS</b> |                        |     |      |           |                     |     |
| 1.             | RAJI Marouane          | MAR | 2000 | CODM      | 2:26.73             | 473 |
| NC.            | BENNOUNA Hamza         | MAR | 2000 | USF       | Dsq NI              | 0   |
| <b>CADETS</b>  |                        |     |      |           |                     |     |
| 1.             | REGRAGUI Abdeljabbar   | MAR | 2001 | CODM      | 2:12.63             | 641 |
| 2.             | BOUKHARI Med Yassine   | MAR | 2001 | CODM      | 2:18.65             | 561 |
| 3.             | TIJARI Monssif Hamza   | MAR | 2002 | CODM      | 2:19.24             | 554 |
| 4.             | BENYAHYA Anas          | MAR | 2001 | FUS       | 2:21.82             | 524 |
| 5.             | BENNANI Ahmed          | MAR | 2001 | FUS       | 2:25.41             | 486 |
| 6.             | ZOUITEN Omar Ahmed     | MAR | 2002 | MAS       | 2:25.74             | 483 |
| 6.             | FILALI Omar            | MAR | 2001 | USF       | 2:25.74             | 483 |
| 8.             | BOUDENE Ilyas          | MAR | 2001 | MAS       | 2:26.40             | 476 |
| 9.             | AYANE Yasser           | MAR | 2001 | CSE       | 2:27.52             | 465 |
| 10.            | CHANNANI Mohamed Amine | MAR | 2002 | CSE       | 2:29.30             | 449 |
| 11.            | OUKHOUYA Youssef       | MAR | 2002 | FUS       | 2:29.57             | 447 |
| 12.            | KIBAL Sami             | MAR | 2002 | WAC       | 2:30.26             | 440 |
| 13.            | KAMIL Ali              | MAR | 2002 | WAC       | 2:35.59             | 397 |
| 14.            | ELMAHBOUBI Oussama     | MAR | 2002 | ADM       | 2:37.41             | 383 |
| NC.            | MYESSER Anas Badr      | MAR | 2001 | USCM      | Frfr n.d.           |     |
| NC.            | EL HAOUARI Omar        | MAR | 2001 | TSC       | Dsq VI              | 0   |
| <b>MINIMES</b> |                        |     |      |           |                     |     |
| 1.             | EL MANSAR Mehdi        | MAR | 2004 | R.C.A.NAT | 2:20.25             | 542 |
| 2.             | AYOUBI Mahmoud         | MAR | 2004 | CODM      | 2:24.36             | 497 |
| 3.             | AZHAR Idriss           | MAR | 2003 | R.C.A.NAT | 2:26.47             | 476 |
| 4.             | JENNANE Karim          | MAR | 2004 | CODM      | 2:28.55             | 456 |
| 5.             | AMALI Zakariae         | MAR | 2003 | CODM      | 2:29.03             | 451 |
| 6.             | EL BADRE Azzedine      | MAR | 2003 | CSE       | 2:30.01             | 443 |
| 7.             | MALKI Mohamed Taha     | MAR | 2003 | FUS       | 2:32.22             | 424 |
| 8.             | EDDARI Ilias           | MAR | 2004 | R.C.A.NAT | 2:34.07             | 408 |
| 9.             | MEFETTAR Ayman         | MAR | 2003 | SNF       | 2:36.29             | 391 |



## CHAMPIONNATS D'HIVER M C J S - 26/01/2018 - MEKNES - Petit bassin

**9. 1500 m NAGE LIBRE DAMES**

Record MAROC 17:48.17 établi par Rania EL ABDI (USCM) le 05/02/2012 à MEKNES

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**CADETS**

|     |                      |     |      |      |          |     |
|-----|----------------------|-----|------|------|----------|-----|
| 1.  | EL ANOUAR Ayat Allah | MAR | 2002 | FUS  | 19:11.78 | 523 |
| 2.  | RHNANE Kholoud       | MAR | 2001 | FUS  | 19:36.13 | 491 |
| NC. | IDRISSI Atar         | MAR | 2001 | USCM | Dsq FD   | 0   |

**MINIMES**

|    |               |     |      |           |          |     |
|----|---------------|-----|------|-----------|----------|-----|
| 1. | BOURZINE Hiba | MAR | 2004 | USCM      | 18:56.32 | 545 |
| 2. | JALAL Nada    | MAR | 2004 | R.C.A.NAT | 19:55.41 | 468 |
| 3. | SABER Hajar   | MAR | 2003 | CODM      | 20:26.14 | 434 |

## CHAMPIONNATS D'HIVER M C J S - 26/01/2018 - MEKNES - Petit bassin

**10. 1500 m NAGE LIBRE MESSIEURS**

Record MAROC 15:54.51 établi par Morad BERRADA (WAC) le 14/11/2010 à MONTPELLIER (FRANCE)

| Rg             | Nom                      | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|--------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                          |     |      |           |                     |     |
| 1.             | SABER Said               | MAR | 1995 | CNN       | 16:19.01            | 704 |
| 2.             | LAFKIHI Hatim            | MAR | 1995 | TSC       | 17:22.59            | 583 |
| 3.             | FARIH Amine              | MAR | 1998 | R.C.A.NAT | 18:40.30            | 469 |
| <b>CADETS</b>  |                          |     |      |           |                     |     |
| 1.             | HEMRI Youssef            | MAR | 2001 | FUS       | 16:30.59            | 679 |
| 2.             | EL MOUTAQUI Mohamed      | MAR | 2001 | TSC       | 17:43.22            | 549 |
| 3.             | BENSALEH Mohamed Yassine | MAR | 2002 | FUS       | 17:46.86            | 544 |
| 4.             | EL MECHRAFI Ayman        | MAR | 2002 | USCM      | 17:47.06            | 543 |
| 5.             | SAFIR Yassine            | MAR | 2001 | ASAMIN    | 18:01.28            | 522 |
| 6.             | HASSOUNI Omar            | MAR | 2001 | ADM       | 18:36.72            | 474 |
| 7.             | BELAFIA Adam             | MAR | 2002 | USCM      | 18:37.13            | 474 |
| 8.             | MOUHIB Yahya             | MAR | 2002 | OCK       | 18:41.26            | 468 |
| 9.             | MOKHTARI Ali             | MAR | 2001 | USCM      | 18:56.69            | 449 |
| <b>MINIMES</b> |                          |     |      |           |                     |     |
| 1.             | BENCHEBBA Yasser         | MAR | 2004 | FUS       | 17:13.22            | 599 |
| 2.             | SEDDOUK Adam             | MAR | 2003 | CODM      | 18:16.34            | 501 |
| 3.             | DIDOUCHE Mohamed Amine   | MAR | 2003 | ASAMIN    | 18:16.78            | 500 |
| 4.             | EDDARI Ilias             | MAR | 2004 | R.C.A.NAT | 18:43.38            | 466 |
| 5.             | SADIQUI Anir             | MAR | 2003 | USCM      | 20:08.34            | 374 |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**11. 400 m NAGE LIBRE DAMES**

Record MAROC 4:16.17 établi par Sara EL BEKRI (R.C.A.NAT) le 19/11/2011 à SAINT-DIZIER (FRANCE)

| Rg             | Nom                     | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|-------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                         |     |      |           |                     |     |
| 1.             | DRISSI HASSANI Nour     | MAR | 1998 | FUS       | 4:53.86             | 533 |
| <b>JUNIORS</b> |                         |     |      |           |                     |     |
| 1.             | MSELLEK Kenza           | MAR | 2000 | TSC       | 5:07.10             | 467 |
| 2.             | RACHDI Hajar            | MAR | 2000 | TSC       | 5:15.22             | 432 |
| NC.            | ALACHBILI Houda         | MAR | 2000 | WAC       | Frq n.d.            |     |
| <b>CADETS</b>  |                         |     |      |           |                     |     |
| 1.             | ZERAIDI Kenza           | MAR | 2002 | CODM      | 4:49.28             | 559 |
| 2.             | IDRISSI Atar            | MAR | 2001 | USCM      | 4:51.70             | 545 |
| 3.             | EL ANOUAR Ayat Allah    | MAR | 2002 | FUS       | 4:53.89             | 533 |
| 4.             | FAHSI Doha              | MAR | 2001 | OCK       | 4:54.34             | 531 |
| 5.             | SELLAFI Mariam          | MAR | 2002 | OCK       | 4:59.56             | 503 |
| 6.             | RHNANE Kholoud          | MAR | 2001 | FUS       | 5:00.88             | 497 |
| 7.             | BOURBOUH Nissrine       | MAR | 2001 | FUS       | 5:04.07             | 481 |
| 8.             | BELRHITI Ayat Errahmane | MAR | 2002 | MAS       | 5:16.52             | 427 |
| 9.             | RAHMANI Oumaima         | MAR | 2001 | ADM       | 5:31.63             | 371 |
| <b>MINIMES</b> |                         |     |      |           |                     |     |
| 1.             | BOURZINE Hiba           | MAR | 2004 | USCM      | 4:48.30             | 565 |
| 2.             | BOUSSOUF Malak          | MAR | 2004 | ACK       | 4:53.77             | 534 |
| 3.             | LAISSAOUI Maroua        | MAR | 2004 | CODM      | 4:58.31             | 510 |
| 4.             | BASKACH Imane           | MAR | 2003 | USCM      | 5:01.96             | 491 |
| 5.             | MAALOUF Kamilia         | MAR | 2004 | R.C.A.NAT | 5:07.21             | 467 |
| 6.             | EL BEKALI Aicha         | MAR | 2004 | A.S.F.A.R | 5:07.92             | 463 |
| 7.             | RACHIDI Oumaima         | MAR | 2004 | USCM      | 5:10.84             | 450 |
| 8.             | SOUIHEL Hiba            | MAR | 2003 | WAC       | 5:11.58             | 447 |
| 9.             | BELRHITI Abrare         | MAR | 2004 | SNF       | 5:17.30             | 423 |
| 10.            | EL MOUJARRADE Douae     | MAR | 2003 | SNF       | 5:19.00             | 417 |
| 11.            | FIRAS Nisrine           | MAR | 2004 | WAC       | 5:19.47             | 415 |
| 12.            | BOUJNANE Rim            | MAR | 2003 | CSE       | 5:19.77             | 414 |
| 13.            | BENAYACHE Meryem        | MAR | 2004 | USCM      | 5:19.84             | 413 |
| 14.            | GOURRAM Keltoum         | MAR | 2003 | ADM       | 5:20.23             | 412 |
| 15.            | EL RHOUBARI Rime Ines   | MAR | 2004 | FUS       | 5:23.37             | 400 |
| 16.            | AL FIGUIGUI Ines        | MAR | 2004 | USCM      | 5:27.98             | 383 |
| 17.            | TAHIL Iness             | MAR | 2003 | R.C.A.NAT | 5:35.22             | 359 |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**12. 400 m NAGE LIBRE MESSIEURS**

Record MAROC 3:55.36 établi par Morad BERRADA (WAC) le 05/12/2010 à CHARTRES (FRANCE)

| Rg             | Nom                     | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|-------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                         |     |      |           |                     |     |
| 1.             | AYOUBI Mehdi            | MAR | 1998 | CODM      | 4:04.10             | 732 |
| 2.             | LAFKIHI Hatim           | MAR | 1995 | TSC       | 4:21.60             | 595 |
| 3.             | FARIH Amine             | MAR | 1998 | R.C.A.NAT | 4:44.55             | 462 |
| <b>JUNIORS</b> |                         |     |      |           |                     |     |
| 1.             | DABBAR Saad Amine       | MAR | 2000 | OCK       | 4:22.18             | 591 |
| 2.             | HARRABIDA Mohamed Amine | MAR | 2000 | R.C.A.NAT | 4:31.19             | 534 |
| <b>CADETS</b>  |                         |     |      |           |                     |     |
| 1.             | HEMRI Ali               | MAR | 2001 | FUS       | 4:02.22             | 750 |
| 2.             | HEMRI Youssef           | MAR | 2001 | FUS       | 4:02.66             | 745 |
| 3.             | MSOUGAR Ali             | MAR | 2001 | FUS       | 4:09.77             | 684 |
| 4.             | TIJARI Monssif Hamza    | MAR | 2002 | CODM      | 4:24.81             | 573 |
| 5.             | EL MOUTAQUI Mohamed     | MAR | 2001 | TSC       | 4:28.77             | 548 |
| 6.             | OUKHOUYA Youssef        | MAR | 2002 | FUS       | 4:30.16             | 540 |
| 7.             | BELAFIA Adam            | MAR | 2002 | USCM      | 4:38.49             | 493 |
| 8.             | MOUHIB Yahya            | MAR | 2002 | OCK       | 4:39.01             | 490 |
| 9.             | MOKHTARI Ali            | MAR | 2001 | USCM      | 4:41.76             | 476 |
| 10.            | SAFIR Yassine           | MAR | 2001 | ASAMIN    | 4:42.05             | 475 |
| 11.            | KIBAL Sami              | MAR | 2002 | WAC       | 4:45.53             | 457 |
| 12.            | BANSAR Nizar            | MAR | 2001 | R.C.A.NAT | 4:48.47             | 444 |
| 13.            | HASSOUNI Omar           | MAR | 2001 | ADM       | 4:52.33             | 426 |
| <b>MINIMES</b> |                         |     |      |           |                     |     |
| 1.             | BENCHEBBA Yasser        | MAR | 2004 | FUS       | 4:18.58             | 616 |
| 2.             | EL MANSAR Mehdi         | MAR | 2004 | R.C.A.NAT | 4:26.23             | 564 |
| 3.             | DIDOUCH Mohamed Amine   | MAR | 2003 | ASAMIN    | 4:44.92             | 460 |
| NC.            | EL YOUSFI Ismail        | MAR | 2004 | R.C.A.NAT | Dsq FD              | 0   |
| NC.            | EDDARI Ilias            | MAR | 2004 | R.C.A.NAT | Dsq FD              | 0   |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**13. 50 m DOS DAMES**

Record MAROC 29.67 établi par Hiba FAHSI (OCK) le 22/11/2017 à MARRAKECH

NRN = *Nouveau record National*

| Rg             | Nom                     | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts     |
|----------------|-------------------------|-----|------|-----------|---------------------|---------|
| <b>SENIORS</b> |                         |     |      |           |                     |         |
| 1.             | MANA Noura              | MAR | 1997 | CODM      | 31.66               | 624     |
| 2.             | DRISSI HASSANI Nour     | MAR | 1998 | FUS       | 32.40               | 582     |
| <b>JUNIORS</b> |                         |     |      |           |                     |         |
| 1.             | CHAARI Soukaina         | MAR | 2000 | CNN       | 33.61               | 522     |
| 2.             | NAFR Wissal             | MAR | 2000 | OCK       | 33.67               | 519     |
| NC.            | DIOURI Rim              | MAR | 2000 | CNN       | Frfr n.d.           |         |
| <b>CADETS</b>  |                         |     |      |           |                     |         |
| 1.             | FAHSI Hiba              | MAR | 2001 | OCK       | 29.38               | NRN 781 |
| 2.             | ZERAIDI Kenza           | MAR | 2002 | CODM      | 32.78               | 562     |
| 2.             | BOURBOUH Nissrine       | MAR | 2001 | FUS       | 32.78               | 562     |
| 4.             | OUFRIID Oumnia          | MAR | 2001 | CODM      | 33.80               | 513     |
| 5.             | EL YOUSFI Salma         | MAR | 2002 | ADM       | 35.25               | 452     |
| 6.             | BELRHITI Ayat Errahmane | MAR | 2002 | MAS       | 36.00               | 424     |
| 7.             | AIT BOUSERHANE Maria    | MAR | 2001 | JIHA      | 36.60               | 404     |
| <b>MINIMES</b> |                         |     |      |           |                     |         |
| 1.             | CHOUAIBI Hiba           | MAR | 2004 | USCM      | 32.53               | 575     |
| 2.             | RACHIDI Oumaima         | MAR | 2004 | USCM      | 33.89               | 509     |
| 3.             | ETTALBI Oumayma         | MAR | 2003 | CODM      | 34.36               | 488     |
| 4.             | RACHID Ibtissam         | MAR | 2004 | R.C.A.NAT | 34.55               | 480     |
| 5.             | EL MOUJARRADE Douae     | MAR | 2003 | SNF       | 34.80               | 470     |
| 6.             | RIAD Yasmine            | MAR | 2004 | FUS       | 35.06               | 459     |
| 7.             | KADI Basma              | MAR | 2004 | CODM      | 35.97               | 425     |
| 8.             | BOUOUFOUSSE Aalia       | MAR | 2004 | JIHA      | 37.27               | 382     |
| 9.             | ARHARBI Rim             | MAR | 2004 | KAC       | 39.99               | 309     |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**14. 50 m DOS MESSIEURS**

Record MAROC 25.50 établi par Driss LAHRICHI (CODM) le 11/02/2017 à MEKNES

| Rg             | Nom                  | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|----------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                      |     |      |           |                     |     |
| 1.             | LAHRICHI Driss       | MAR | 1997 | CODM      | 26.08               | 783 |
| 2.             | HAMOUCANE Souhail    | MAR | 1997 | CODM      | 26.62               | 736 |
| 3.             | ASSOUAB Adil         | MAR | 1992 | CODM      | 26.77               | 724 |
| 4.             | SOULHI Yahya         | MAR | 1998 | ADM       | 28.30               | 613 |
| <b>JUNIORS</b> |                      |     |      |           |                     |     |
| 1.             | SMOUNI EI Mehdi      | MAR | 2000 | CODM      | 29.72               | 529 |
| <b>CADETS</b>  |                      |     |      |           |                     |     |
| 1.             | REGRAGUI Abdeljabbar | MAR | 2001 | CODM      | 27.69               | 654 |
| 2.             | ZOUITEN Omar Ahmed   | MAR | 2002 | MAS       | 29.16               | 560 |
| 3.             | MAMDOUH Abdelmoughit | MAR | 2002 | ADM       | 29.69               | 531 |
| 4.             | FILALI Omar          | MAR | 2001 | USF       | 29.72               | 529 |
| 5.             | BENYAHYA Anas        | MAR | 2001 | FUS       | 29.95               | 517 |
| 6.             | NAJIH Ouissam        | MAR | 2002 | KACM      | 30.23               | 503 |
| 7.             | ES SAMLALI Ismail    | MAR | 2002 | OCK       | 30.50               | 489 |
| 8.             | DAIBOUN Wail         | MAR | 2002 | ACK       | 30.63               | 483 |
| 9.             | ZIANE Adam           | MAR | 2002 | CNCS      | 31.41               | 448 |
| <b>MINIMES</b> |                      |     |      |           |                     |     |
| 1.             | FRIKECH Salim        | MAR | 2004 | CODM      | 29.73               | 528 |
| 2.             | AZHAR Idriss         | MAR | 2003 | R.C.A.NAT | 30.55               | 487 |
| 3.             | QOUANANE Anas        | MAR | 2003 | JIHA      | 32.07               | 421 |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**15. 200 m PAILLON DAMES**

Record MAROC 2:13.41 établi par Sara EL BEKRI (R.C.A.NAT) le 19/11/2011 à SAINT-DIZIER (FRANCE)

| Rg             | Nom                  | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|----------------------|-----|------|-----------|---------------------|-----|
| <b>JUNIORS</b> |                      |     |      |           |                     |     |
| 1.             | RMILI Hiba           | MAR | 2000 | OCK       | 2:47.30             | 386 |
| <b>CADETS</b>  |                      |     |      |           |                     |     |
| 1.             | BOURBOUH Narjiss     | MAR | 2001 | FUS       | 2:33.34             | 501 |
| 2.             | EL ABBARI Hafsa      | MAR | 2002 | OCK       | 2:35.95             | 476 |
| 3.             | EL ANOUAR Ayat Allah | MAR | 2002 | FUS       | 2:38.23             | 456 |
| 4.             | RHNANE Kholoud       | MAR | 2001 | FUS       | 2:55.19             | 336 |
| <b>MINIMES</b> |                      |     |      |           |                     |     |
| 1.             | JALAL Nada           | MAR | 2004 | R.C.A.NAT | 2:45.57             | 398 |
| 2.             | SABER Hajar          | MAR | 2003 | CODM      | 2:55.91             | 332 |
| 3.             | BOUJNANE Rim         | MAR | 2003 | CSE       | 2:57.18             | 324 |
| NC.            | RGUIB Nora           | MAR | 2003 | ADM       | Dsq NI              | 0   |
| NC.            | AMMOUMOU Doaa        | MAR | 2003 | ACK       | Dsq NI              | 0   |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**16. 200 m PAPILLON MESSIEURS**

Record MAROC 2:00.02 établi par Nouaâmane BATAHI (CODM) le 18/11/2016 à ANGERS (FRANCE)

| Rg             | Nom                      | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|--------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                          |     |      |           |                     |     |
| 1.             | SABER Said               | MAR | 1995 | CNN       | 2:01.22             | 778 |
| 2.             | BATAHI Nouaâmane         | MAR | 1994 | CODM      | 2:03.66             | 733 |
| 3.             | TIJARI Hicham            | MAR | 1998 | CODM      | 2:22.29             | 481 |
| <b>JUNIORS</b> |                          |     |      |           |                     |     |
| 1.             | SEYAR Mohamed Aymane     | MAR | 2000 | ASS       | 2:23.82             | 466 |
| 2.             | ARROUD Akram Oussama     | MAR | 2000 | CODM      | 2:29.69             | 413 |
| <b>CADETS</b>  |                          |     |      |           |                     |     |
| 1.             | TIJARI Monssif Hamza     | MAR | 2002 | CODM      | 2:14.81             | 566 |
| 2.             | BENSALEH Mohamed Yassine | MAR | 2002 | FUS       | 2:17.77             | 530 |
| 3.             | AYANE Yasser             | MAR | 2001 | CSE       | 2:20.16             | 503 |
| 4.             | NIHOU Yassine            | MAR | 2001 | CNN       | 2:24.37             | 460 |
| 5.             | ELMAHBOUBI Oussama       | MAR | 2002 | ADM       | 2:27.56             | 431 |
| NC.            | EL MECHRAFI Ayman        | MAR | 2002 | USCM      | Dsq NI              | 0   |
| <b>MINIMES</b> |                          |     |      |           |                     |     |
| 1.             | SEDDOUK Adam             | MAR | 2003 | CODM      | 2:25.22             | 452 |
| 2.             | EL MOUSSAMI Oussama      | MAR | 2003 | CODM      | 2:31.27             | 400 |
| 3.             | AMALI Zakariae           | MAR | 2003 | CODM      | 2:33.90             | 380 |
| 3.             | BENADADA Adnane          | MAR | 2003 | SNF       | 2:33.90             | 380 |
| 5.             | CHAFFAA Mohammed         | MAR | 2003 | CSE       | 2:41.52             | 329 |
| 6.             | LAGSSAIBI Ilyas          | MAR | 2004 | R.C.A.NAT | 2:42.41             | 323 |
| 7.             | EL YOUSFI Ismail         | MAR | 2004 | R.C.A.NAT | 2:43.80             | 315 |



## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

## 17. 100 m BRASSE DAMES

Record MAROC 1:06.50 établi par Sara EL BEKRI (R.C.A.NAT) le 02/12/2011 à ANGERS (FRANCE)

| Rg             | Nom                    | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                        |     |      |           |                     |     |
| 1.             | MARHFOUR Hajar         | MAR | 1995 | FUS       | 1:22.66             | 471 |
| <b>JUNIORS</b> |                        |     |      |           |                     |     |
| 1.             | FIDADI Fadwa           | MAR | 1999 | KACM      | 1:17.66             | 569 |
| 2.             | EL HAOUARI Nadia       | MAR | 2000 | TSC       | 1:18.19             | 557 |
| 3.             | KAROUCHE Khouloud      | MAR | 1999 | TSC       | 1:19.23             | 535 |
| 4.             | NAFR Wissal            | MAR | 2000 | OCK       | 1:21.77             | 487 |
| 5.             | LAMGHARI Mariam        | MAR | 2000 | OCK       | 1:22.34             | 477 |
| <b>CADETS</b>  |                        |     |      |           |                     |     |
| 1.             | LAKNIT Hiba            | MAR | 2002 | OCK       | 1:13.45             | 672 |
| 2.             | EL BARODI Imane Houda  | MAR | 2001 | USCM      | 1:14.84             | 635 |
| 3.             | FAHSI Hiba             | MAR | 2001 | OCK       | 1:20.60             | 509 |
| 4.             | AJDI Ayya              | MAR | 2001 | KACM      | 1:23.47             | 458 |
| 5.             | EL YOUSFI Salma        | MAR | 2002 | ADM       | 1:24.52             | 441 |
| <b>MINIMES</b> |                        |     |      |           |                     |     |
| 1.             | NADIR Yasmine          | MAR | 2003 | FUS       | 1:19.84             | 523 |
| 2.             | KADI Basma             | MAR | 2004 | CODM      | 1:21.81             | 486 |
| 3.             | AIT BENALI Meryem      | MAR | 2004 | CODM      | 1:22.54             | 473 |
| 4.             | ICHOU Aya              | MAR | 2004 | R.C.A.NAT | 1:25.11             | 432 |
| 5.             | MACHKOUR Chahd         | MAR | 2004 | WAC       | 1:25.45             | 427 |
| 6.             | MOUKTADIR Fatima Zahra | MAR | 2004 | CNCS      | 1:26.22             | 415 |
| 7.             | ETTALBI Oumayma        | MAR | 2003 | CODM      | 1:27.09             | 403 |
| 8.             | MAALOUF Kamilia        | MAR | 2004 | R.C.A.NAT | 1:27.50             | 397 |
| 9.             | FIRAS Nisrine          | MAR | 2004 | WAC       | 1:28.50             | 384 |
| 10.            | KHAZZAN Athar          | MAR | 2003 | CODM      | 1:29.17             | 375 |
| NC.            | GOURRAM Keltoum        | MAR | 2003 | ADM       | Dsq NI              | 0   |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**18. 100 m BRASSE MESSIEURS**

Record MAROC 1:03.41 établi par Amine FAWZI (USCM) le 20/04/2013 à MEKNES

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**SENIORS**

|    |                   |     |      |           |         |     |
|----|-------------------|-----|------|-----------|---------|-----|
| 1. | ENNAIM Ahmed Reda | MAR | 1996 | CODM      | 1:05.23 | 720 |
| 2. | BATAHI Nouaâmane  | MAR | 1994 | CODM      | 1:07.02 | 663 |
| 3. | AZIZ ALAOUI Ali   | MAR | 1994 | CODM      | 1:09.85 | 586 |
| 4. | FAWZI Badreddine  | MAR | 1991 | USCM      | 1:10.19 | 577 |
| 5. | ZEDDOUK Hassan    | MAR | 1997 | FUS       | 1:12.71 | 519 |
| 5. | HAOUATI Nouamane  | MAR | 1997 | R.C.A.NAT | 1:12.71 | 519 |

**JUNIORS**

|    |                             |     |      |      |         |     |
|----|-----------------------------|-----|------|------|---------|-----|
| 1. | ESSABIHI EDDAFALI Abdelkrim | MAR | 1999 | ADM  | 1:07.06 | 662 |
| 2. | EL HADI Med Saad            | MAR | 2000 | USCM | 1:11.70 | 542 |
| 3. | BENNOUNA Hamza              | MAR | 2000 | USF  | 1:12.12 | 532 |
| 4. | RAJI Marouane               | MAR | 2000 | CODM | 1:13.83 | 496 |
| 5. | BOUFEDENE Mehdi             | MAR | 2000 | ASS  | 1:15.00 | 473 |

**CADETS**

|     |                      |     |      |           |         |     |
|-----|----------------------|-----|------|-----------|---------|-----|
| 1.  | FLIYOU Ahmed Yassine | MAR | 2001 | R.C.A.NAT | 1:07.00 | 664 |
| 2.  | REGRAGUI Abdeljabbar | MAR | 2001 | CODM      | 1:08.84 | 612 |
| 3.  | OUGOUI Anas          | MAR | 2001 | OCK       | 1:09.27 | 601 |
| 4.  | BENNANI Ahmed        | MAR | 2001 | FUS       | 1:09.78 | 588 |
| 5.  | BENYAHYA Anas        | MAR | 2001 | FUS       | 1:11.66 | 543 |
| 6.  | EL HAOUARI Omar      | MAR | 2001 | TSC       | 1:13.72 | 498 |
| 7.  | BOUDENE Ilyas        | MAR | 2001 | MAS       | 1:14.14 | 490 |
| 8.  | CHAGH Yassine        | MAR | 2001 | ACK       | 1:14.64 | 480 |
| 9.  | EL MECHRAFI Ayman    | MAR | 2002 | USCM      | 1:15.15 | 470 |
| 10. | QAISOUNI Mehdi       | MAR | 2001 | OCS       | 1:15.16 | 470 |
| 11. | FILALI Omar          | MAR | 2001 | USF       | 1:15.89 | 457 |

**MINIMES**

|    |                    |     |      |           |         |     |
|----|--------------------|-----|------|-----------|---------|-----|
| 1. | AYOUBI Mahmoud     | MAR | 2004 | CODM      | 1:12.30 | 528 |
| 2. | MALKI Mohamed Taha | MAR | 2003 | FUS       | 1:13.24 | 508 |
| 3. | EL BADRE Azzedine  | MAR | 2003 | CSE       | 1:13.36 | 506 |
| 4. | AZHAR Idriss       | MAR | 2003 | R.C.A.NAT | 1:14.48 | 483 |
| 5. | SAMRAH Sami        | MAR | 2003 | CODM      | 1:15.28 | 468 |
| 6. | JENNANE Karim      | MAR | 2004 | CODM      | 1:16.13 | 452 |
| 7. | DEQQAOUI Walid     | MAR | 2003 | USF       | 1:18.07 | 419 |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**19. 4 x 100 m NAGE LIBRE DAMES**

Record MAROC 4:06.64 établi par TSC le 02/07/2017 à RABAT

NRN = Nouveau record National

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**JUNIORS**

|    |                    |     |      |     |         |     |
|----|--------------------|-----|------|-----|---------|-----|
| 1. | EL HAOUARI Nadia   | MAR | 2000 | TSC | 4:33.91 | 457 |
|    | MSELLEK Kenza      | MAR | 2000 | TSC |         | 457 |
|    | RACHDI Hajar       | MAR | 2000 | TSC |         | 457 |
|    | ELMACHRAFI Khaoula | MAR | 2000 | TSC |         | 457 |

**CADETS**

|    |                      |     |      |     |         |         |
|----|----------------------|-----|------|-----|---------|---------|
| 1. | FAHSI Doha           | MAR | 2001 | OCK | 4:05.50 | NRN 634 |
|    | SELLAFI Mariam       | MAR | 2002 | OCK |         | 634     |
|    | LAKNIT Hiba          | MAR | 2002 | OCK |         | 634     |
|    | FAHSI Hiba           | MAR | 2001 | OCK |         | 634     |
| 2. | BOURBOUH Narjiss     | MAR | 2001 | FUS | 4:39.39 | 430     |
|    | EL ANOUAR Ayat Allah | MAR | 2002 | FUS |         | 430     |
|    | BOURBOUH Nissrine    | MAR | 2001 | FUS |         | 430     |
|    | RHNANE Kholoud       | MAR | 2001 | FUS |         | 430     |

**MINIMES**

|     |                       |     |      |           |         |     |
|-----|-----------------------|-----|------|-----------|---------|-----|
| 1.  | RACHIDI Oumaima       | MAR | 2004 | USCM      | 4:23.25 | 514 |
|     | BASKACH Imane         | MAR | 2003 | USCM      |         | 514 |
|     | CHOUAIBI Hiba         | MAR | 2004 | USCM      |         | 514 |
|     | BOURZINE Hiba         | MAR | 2004 | USCM      |         | 514 |
| 2.  | KADI Basma            | MAR | 2004 | CODM      | 4:26.28 | 497 |
|     | ETTALBI Oumayma       | MAR | 2003 | CODM      |         | 497 |
|     | AIT BENALI Meryem     | MAR | 2004 | CODM      |         | 497 |
|     | LAISSAOUI Maroua      | MAR | 2004 | CODM      |         | 497 |
| 3.  | NADIR Yasmine         | MAR | 2003 | FUS       | 4:32.72 | 463 |
|     | RIAD Yasmine          | MAR | 2004 | FUS       |         | 463 |
|     | BERRADA Rime          | MAR | 2003 | FUS       |         | 463 |
|     | EL RHOUBARI Rime Ines | MAR | 2004 | FUS       |         | 463 |
| 4.  | ICHOU Aya             | MAR | 2004 | R.C.A.NAT | 4:34.10 | 456 |
|     | JALAL Nada            | MAR | 2004 | R.C.A.NAT |         | 456 |
|     | MAALOUF Kamilia       | MAR | 2004 | R.C.A.NAT |         | 456 |
|     | RACHID Ibtissam       | MAR | 2004 | R.C.A.NAT |         | 456 |
| 5.  | TABATI Ghita          | MAR | 2004 | WAC       | 4:35.56 | 448 |
|     | MACHKOUR Chahd        | MAR | 2004 | WAC       |         | 448 |
|     | FIRAS Nisrine         | MAR | 2004 | WAC       |         | 448 |
|     | SOUIHEL Hiba          | MAR | 2003 | WAC       |         | 448 |
| 6.  | TABERKANT Doha        | MAR | 2004 | SNF       | 4:43.86 | 410 |
|     | BELRHITI Abrare       | MAR | 2004 | SNF       |         | 410 |
|     | LAMHITI Malak         | MAR | 2004 | SNF       |         | 410 |
|     | EL MOUJARRADE Douae   | MAR | 2003 | SNF       |         | 410 |
| NC. | RGUIB Nora            | MAR | 2003 | ADM       | \bandon | 0   |
|     | ANOUAR EL ALAMI Manal | MAR | 2003 | ADM       |         | 0   |
|     | GOURRAM Keltoum       | MAR | 2003 | ADM       |         | 0   |
|     | MAHASSINE Samia       | MAR | 2003 | ADM       |         | 0   |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**20. 4 x 100 m NAGE LIBRE MESSIEURS**

Record MAROC 3:29.84 établi par CODM le 10/04/2015 à MEKNES

NRN = Nouveau record National

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**SENIORS**

|     |                     |     |      |           |         |         |
|-----|---------------------|-----|------|-----------|---------|---------|
| 1.  | HAMOUCHANE Souhail  | MAR | 1997 | CODM      | 3:24.52 | NRN 779 |
|     | ASSOUAB Adil        | MAR | 1992 | CODM      |         | 779     |
|     | LAHRICHI Driss      | MAR | 1997 | CODM      |         | 779     |
|     | AYOUBI Mehdi        | MAR | 1998 | CODM      |         | 779     |
| 2.  | HARRATH Ayman       | MAR | 1997 | R.C.A.NAT | 3:54.13 | 519     |
|     | HAOUATI Nouamane    | MAR | 1997 | R.C.A.NAT |         | 519     |
|     | ZEHNOUNI Oussama    | MAR | 1998 | R.C.A.NAT |         | 519     |
|     | FARIH Amine         | MAR | 1998 | R.C.A.NAT |         | 519     |
| 3.  | OUAHMID Mohamed     | MAR | 1998 | ADM       | 3:56.60 | 503     |
|     | EZZAHER Hamza       | MAR | 1998 | ADM       |         | 503     |
|     | SOULHI Yahya        | MAR | 1998 | ADM       |         | 503     |
|     | HASSOUNI Badr       | MAR | 1998 | ADM       |         | 503     |
| NC. | ABBOUGUI M'hamed    | MAR | 1992 | OUM RABII | Dsq NI  | 0       |
|     | BOUAROUA Imad       | MAR | 1991 | OUM RABII |         | 0       |
|     | EL KASBI Amine      | MAR | 1991 | OUM RABII |         | 0       |
|     | EZZARHOUNY Bouchaib | MAR | 1998 | OUM RABII |         | 0       |

**JUNIORS**

|    |                      |     |      |           |         |     |
|----|----------------------|-----|------|-----------|---------|-----|
| 1. | SMOUNI EI Mehdi      | MAR | 2000 | CODM      | 3:58.16 | 493 |
|    | ARROUD Akram Oussama | MAR | 2000 | CODM      |         | 493 |
|    | RAJI Marouane        | MAR | 2000 | CODM      |         | 493 |
|    | HAMOUCHANE Sami      | MAR | 2000 | CODM      |         | 493 |
| 2. | ENNAIMI Hamza        | MAR | 2000 | OUM RABII | 5:32.40 | 181 |
|    | ADDI Houssam         | MAR | 2000 | OUM RABII |         | 181 |
|    | MOURHAT Aissa        | MAR | 2000 | OUM RABII |         | 181 |
|    | ELOUKKAIL Mohamed    | MAR | 2000 | OUM RABII |         | 181 |

**CADETS**

|     |                        |     |      |      |         |     |
|-----|------------------------|-----|------|------|---------|-----|
| 1.  | MSOUGAR Ali            | MAR | 2001 | FUS  | 3:37.47 | 648 |
|     | HEMRI Youssef          | MAR | 2001 | FUS  |         | 648 |
|     | BENYAHYA Anas          | MAR | 2001 | FUS  |         | 648 |
|     | HEMRI Ali              | MAR | 2001 | FUS  |         | 648 |
| 2.  | ELMAHBOUBI Oussama     | MAR | 2002 | ADM  | 3:56.60 | 503 |
|     | MESLOUH Aymane         | MAR | 2002 | ADM  |         | 503 |
|     | MAMDOUH Abdelmoughit   | MAR | 2002 | ADM  |         | 503 |
|     | HASSOUNI Omar          | MAR | 2001 | ADM  |         | 503 |
| 3.  | BACHIR Benabdeljalil   | MAR | 2002 | USCM | 3:59.53 | 485 |
|     | BELAFIA Adam           | MAR | 2002 | USCM |         | 485 |
|     | EL MECHRAFI Ayman      | MAR | 2002 | USCM |         | 485 |
|     | MOKHTARI Ali           | MAR | 2001 | USCM |         | 485 |
| 4.  | FILALI Omar            | MAR | 2001 | USF  | 4:01.13 | 475 |
|     | EL YAZAMI ADLI Youssef | MAR | 2002 | USF  |         | 475 |
|     | BENCHEIKH Driss        | MAR | 2001 | USF  |         | 475 |
|     | KHARKHACH Abdellah     | MAR | 2001 | USF  |         | 475 |
| 5.  | MIFTAH Taha            | MAR | 2001 | CNN  | 4:15.96 | 397 |
|     | BENSALAH Mehdi         | MAR | 2002 | CNN  |         | 397 |
|     | NIHOU Yassine          | MAR | 2001 | CNN  |         | 397 |
|     | ACHIBANE Mohamed Amine | MAR | 2002 | CNN  |         | 397 |
| NC. | ES SAMLALI Ismail      | MAR | 2002 | OCK  | Dsq NI  | 0   |
|     | BOUGANDOULA Ayoub      | MAR | 2002 | OCK  |         | 0   |
|     | MOUHIB Yahya           | MAR | 2002 | OCK  |         | 0   |
|     | OUGOUI Anas            | MAR | 2001 | OCK  |         | 0   |

**MINIMES**

|    |              |     |      |      |         |     |
|----|--------------|-----|------|------|---------|-----|
| 1. | SEDDOUK Adam | MAR | 2003 | CODM | 3:55.59 | 510 |
|----|--------------|-----|------|------|---------|-----|

F.R.M.N.

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**20. 4 x 100 m NAGE LIBRE MESSIEURS**

Record MAROC 3:29.84 établi par CODM le 10/04/2015 à MEKNES

*NRN = Nouveau record National*

| Rg             | Nom                    | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|------------------------|-----|------|-----------|---------------------|-----|
| <b>MINIMES</b> |                        |     |      |           |                     |     |
|                | ELMAMOUN Yasser        | MAR | 2003 | CODM      |                     | 510 |
|                | JENNANE Karim          | MAR | 2004 | CODM      |                     | 510 |
|                | FRIKECH Salim          | MAR | 2004 | CODM      |                     | 510 |
| 2.             | KARADA Youssef         | MAR | 2003 | ASAMIN    | 4:10.47             | 424 |
|                | MAHJOUBI Mohamed Imam  | MAR | 2003 | ASAMIN    |                     | 424 |
|                | DIDOUCHE Mohamed Amine | MAR | 2003 | ASAMIN    |                     | 424 |
|                | HMAITTANE Achraf       | MAR | 2003 | ASAMIN    |                     | 424 |
| 3.             | KADIRI HASSANI Youssef | MAR | 2003 | SNF       | 4:16.00             | 397 |
|                | MEFETTAR Ayman         | MAR | 2003 | SNF       |                     | 397 |
|                | BENADADA Adnane        | MAR | 2003 | SNF       |                     | 397 |
|                | KEMMOUNE Anass         | MAR | 2003 | SNF       |                     | 397 |
| 4.             | RAFILI Mohamed         | MAR | 2004 | R.C.A.NAT | 4:17.40             | 391 |
|                | LAGSSAIBI Ilyas        | MAR | 2004 | R.C.A.NAT |                     | 391 |
|                | EDDARI Ilias           | MAR | 2004 | R.C.A.NAT |                     | 391 |
|                | EL YOUSFI Ismail       | MAR | 2004 | R.C.A.NAT |                     | 391 |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**21. 50 m PAILLON MESSIEURS**

Record MAROC 24.57 établi par Mehdi AYOUBI (CODM) le 11/02/2017 à MEKNES

*NRN = Nouveau record National*

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**SENIORS**

|     |                   |     |      |           |        |         |
|-----|-------------------|-----|------|-----------|--------|---------|
| 1.  | AYOUBI Mehdi      | MAR | 1998 | CODM      | 24.26  | NRN 790 |
| 2.  | BATAHI Nouaâmane  | MAR | 1994 | CODM      | 25.15  | 709     |
| 3.  | HAMOUCANE Souhail | MAR | 1997 | CODM      | 25.34  | 693     |
| 4.  | OUAHMID Mohamed   | MAR | 1998 | ADM       | 27.63  | 535     |
| NC. | HARRATH Ayman     | MAR | 1997 | R.C.A.NAT | Dsq FD | 0       |

**JUNIORS**

|    |                             |     |      |      |       |     |
|----|-----------------------------|-----|------|------|-------|-----|
| 1. | HAMOUCANE Sami              | MAR | 2000 | CODM | 26.20 | 627 |
| 2. | ESSABIHI EDDAFALI Abdelkrim | MAR | 1999 | ADM  | 26.81 | 585 |
| 3. | SMOUNI EI Mehdi             | MAR | 2000 | CODM | 27.38 | 550 |
| 4. | CHAARI Soufiane             | MAR | 1999 | CNN  | 28.02 | 513 |

**CADETS**

|    |                      |     |      |      |       |     |
|----|----------------------|-----|------|------|-------|-----|
| 1. | BOUKHARI Med Yassine | MAR | 2001 | CODM | 25.80 | 657 |
| 2. | AYANE Yasser         | MAR | 2001 | CSE  | 28.30 | 498 |
| 3. | ELMAHBOUBI Oussama   | MAR | 2002 | ADM  | 28.58 | 483 |
| 4. | ZIANE Adam           | MAR | 2002 | CNCS | 28.98 | 463 |

**MINIMES**

|    |                    |     |      |      |       |     |
|----|--------------------|-----|------|------|-------|-----|
| 1. | MALKI Mohamed Taha | MAR | 2003 | FUS  | 28.19 | 504 |
| 2. | BENADADA Adnane    | MAR | 2003 | SNF  | 28.44 | 490 |
| 3. | JENNANE Karim      | MAR | 2004 | CODM | 29.12 | 457 |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**22. 50 m PAPILLON DAMES**

Record MAROC 28.97 établi par Sara EL BEKRI (R.C.A.NAT) le 10/04/2011 à MEKNES

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**JUNIORS**

|    |                   |     |      |      |       |     |
|----|-------------------|-----|------|------|-------|-----|
| 1. | RMILI Hiba        | MAR | 2000 | OCK  | 30.34 | 522 |
| 2. | KAROUCHE Khouloud | MAR | 1999 | TSC  | 31.55 | 464 |
| 3. | CHAARI Soukaina   | MAR | 2000 | CNN  | 31.69 | 458 |
| 4. | FIDADI Fadwa      | MAR | 1999 | KACM | 32.05 | 443 |

**CADETS**

|    |                       |     |      |      |       |     |
|----|-----------------------|-----|------|------|-------|-----|
| 1. | EL BARODI Imane Houda | MAR | 2001 | USCM | 29.35 | 576 |
| 2. | FAHSI Doha            | MAR | 2001 | OCK  | 29.70 | 556 |
| 3. | LAKNIT Hiba           | MAR | 2002 | OCK  | 30.19 | 530 |
| 4. | BOURBOUH Narjiss      | MAR | 2001 | FUS  | 30.88 | 495 |
| 5. | EL ABBARI Hafsa       | MAR | 2002 | OCK  | 31.23 | 478 |
| 6. | EL ANOUAR Ayat Allah  | MAR | 2002 | FUS  | 33.25 | 396 |

**MINIMES**

|    |                 |     |      |           |       |     |
|----|-----------------|-----|------|-----------|-------|-----|
| 1. | ETTALBI Oumayma | MAR | 2003 | CODM      | 32.38 | 429 |
| 2. | CHOUAIBI Hiba   | MAR | 2004 | USCM      | 32.59 | 421 |
| 3. | EL BEKALI Aicha | MAR | 2004 | A.S.F.A.R | 33.07 | 403 |
| 4. | MAALOUF Kamilia | MAR | 2004 | R.C.A.NAT | 33.76 | 379 |
| 4. | SUIHEL Hiba     | MAR | 2003 | WAC       | 33.76 | 379 |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**23. 400 m 4 NAGES MESSIEURS**

Record MAROC 4:18.78 établi par Morad BERRADA (WAC) le 03/12/2011 à ANGERS (FRANCE)

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**SENIORS**

|    |                  |     |      |           |         |     |
|----|------------------|-----|------|-----------|---------|-----|
| 1. | TIJARI Hicham    | MAR | 1998 | CODM      | 5:09.81 | 487 |
| 2. | HAOUATI Nouamane | MAR | 1997 | R.C.A.NAT | 5:16.74 | 456 |

**JUNIORS**

|    |                      |     |      |      |         |     |
|----|----------------------|-----|------|------|---------|-----|
| 1. | RAJI Marouane        | MAR | 2000 | CODM | 5:05.44 | 508 |
| 2. | SEYAR Mohamed Aymane | MAR | 2000 | ASS  | 5:25.13 | 421 |
| 3. | MAHASSINE Yasser     | MAR | 2000 | ADM  | 5:29.41 | 405 |

**CADETS**

|     |                          |     |      |      |         |     |
|-----|--------------------------|-----|------|------|---------|-----|
| 1.  | HEMRI Youssef            | MAR | 2001 | FUS  | 4:41.09 | 652 |
| 2.  | REGRAGUI Abdeljabbar     | MAR | 2001 | CODM | 4:54.13 | 569 |
| 3.  | BENSALEH Mohamed Yassine | MAR | 2002 | FUS  | 4:59.67 | 538 |
| 4.  | EL MECHRAFI Ayman        | MAR | 2002 | USCM | 5:08.92 | 491 |
| 5.  | OUKHOUYA Youssef         | MAR | 2002 | FUS  | 5:17.33 | 453 |
| 6.  | ES SAMLALI Ismail        | MAR | 2002 | OCK  | 5:19.53 | 444 |
| 7.  | CHANNANI Mohamed Amine   | MAR | 2002 | CSE  | 5:25.12 | 421 |
| 8.  | BELAFIA Adam             | MAR | 2002 | USCM | 5:28.48 | 409 |
| 8.  | FILALI Omar              | MAR | 2001 | USF  | 5:28.48 | 409 |
| NC. | ELMAHBOUBI Oussama       | MAR | 2002 | ADM  | Dsq FD  | 0   |
| NC. | TIJARI Monssif Hamza     | MAR | 2002 | CODM | Dsq VI  | 0   |
| NC. | MOKHTARI Ali             | MAR | 2001 | USCM | Dsq NI  | 0   |

**MINIMES**

|     |                       |     |      |           |         |     |
|-----|-----------------------|-----|------|-----------|---------|-----|
| 1.  | EL MANSAR Mehdi       | MAR | 2004 | R.C.A.NAT | 5:03.80 | 517 |
| 2.  | SEDDOUK Adam          | MAR | 2003 | CODM      | 5:05.98 | 506 |
| 3.  | AMALI Zakariae        | MAR | 2003 | CODM      | 5:15.76 | 460 |
| 4.  | EL MOUSSAMI Oussama   | MAR | 2003 | CODM      | 5:26.38 | 417 |
| 5.  | ESSONNI Abdellah      | MAR | 2004 | CODM      | 5:34.81 | 386 |
| 6.  | MEFETTAR Ayman        | MAR | 2003 | SNF       | 5:36.79 | 379 |
| 7.  | MOUISSE Mohammed      | MAR | 2004 | USF       | 5:38.44 | 374 |
| 8.  | BOUKHDIMI Yassir      | MAR | 2003 | CODM      | 5:46.45 | 348 |
| 9.  | MAHJOUBI Mohamed Imam | MAR | 2003 | ASAMIN    | 5:54.84 | 324 |
| NC. | AZHAR Idriss          | MAR | 2003 | R.C.A.NAT | Dsq NI  | 0   |



## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**24. 400 m 4 NAGES DAMES**

Record MAROC 4:48.22 établi par Sara EL BEKRI (R.C.A.NAT) le 15/12/2010 à DUBAI (EAU)

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**CADETS**

|    |                         |     |      |     |         |     |
|----|-------------------------|-----|------|-----|---------|-----|
| 1. | BOURBOUH Narjiss        | MAR | 2001 | FUS | 5:27.66 | 549 |
| 2. | EL ABBARI Hafsa         | MAR | 2002 | OCK | 5:29.54 | 540 |
| 3. | BOURBOUH Nissrine       | MAR | 2001 | FUS | 5:49.20 | 454 |
| 4. | BELRHITI Ayat Errahmane | MAR | 2002 | MAS | 6:01.58 | 409 |

**MINIMES**

|    |                       |     |      |           |         |     |
|----|-----------------------|-----|------|-----------|---------|-----|
| 1. | BOUSSOUF Malak        | MAR | 2004 | ACK       | 5:29.91 | 538 |
| 2. | JALAL Nada            | MAR | 2004 | R.C.A.NAT | 5:40.30 | 490 |
| 3. | SABER Hajar           | MAR | 2003 | CODM      | 5:42.96 | 479 |
| 4. | BASKACH Imane         | MAR | 2003 | USCM      | 5:57.44 | 423 |
| 5. | AIT BENALI Meryem     | MAR | 2004 | CODM      | 6:10.73 | 379 |
| 6. | EL RHOUBARI Rime Ines | MAR | 2004 | FUS       | 6:10.84 | 379 |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**25. 50 m BRASSE MESSIEURS**

Record MAROC 28.83 établi par Amine FAWZI (USCM) le 18/04/2013 à MEKNES

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**SENIORS**

|    |                   |     |      |      |       |     |
|----|-------------------|-----|------|------|-------|-----|
| 1. | ENNAIM Ahmed Reda | MAR | 1996 | CODM | 29.34 | 751 |
| 2. | BATAHI Nouaâmane  | MAR | 1994 | CODM | 29.94 | 707 |
| 3. | HAMOUCANE Souhail | MAR | 1997 | CODM | 30.54 | 666 |
| 4. | AZIZ ALAOUI Ali   | MAR | 1994 | CODM | 31.15 | 627 |
| 5. | ZEDDOUK Hassan    | MAR | 1997 | FUS  | 31.80 | 590 |
| 6. | FAWZI Badreddine  | MAR | 1991 | USCM | 35.30 | 431 |
| 7. | GZALI Alae Eddine | MAR | 1997 | KAC  | 35.55 | 422 |

**JUNIORS**

|    |                             |     |      |      |       |     |
|----|-----------------------------|-----|------|------|-------|-----|
| 1. | ESSABIHI EDDAFALI Abdelkrim | MAR | 1999 | ADM  | 30.59 | 663 |
| 2. | EL HADI Med Saad            | MAR | 2000 | USCM | 32.02 | 578 |
| 3. | BENNOUNA Hamza              | MAR | 2000 | USF  | 32.41 | 557 |

**CADETS**

|     |                      |     |      |           |        |     |
|-----|----------------------|-----|------|-----------|--------|-----|
| 1.  | FLIYOU Ahmed Yassine | MAR | 2001 | R.C.A.NAT | 29.59  | 732 |
| 2.  | BOUKHARI Med Yassine | MAR | 2001 | CODM      | 30.63  | 660 |
| 3.  | OUGOUI Anas          | MAR | 2001 | OCK       | 31.88  | 585 |
| 4.  | BENNANI Ahmed        | MAR | 2001 | FUS       | 32.77  | 539 |
| 4.  | BENYAHYA Anas        | MAR | 2001 | FUS       | 32.77  | 539 |
| 6.  | BOUDENE Ilyas        | MAR | 2001 | MAS       | 33.11  | 522 |
| 7.  | MARGHANI Ilyasse     | MAR | 2001 | A.S.F.A.R | 33.22  | 517 |
| 8.  | EL OMARI Yassine     | MAR | 2002 | MAS       | 33.26  | 515 |
| 9.  | COURDI Mohammed      | MAR | 2001 | OCS       | 33.89  | 487 |
| 10. | CHAGH Yassine        | MAR | 2001 | ACK       | 34.10  | 478 |
| 11. | DAIBOUN Wail         | MAR | 2002 | ACK       | 34.52  | 461 |
| NC. | QAISOUNI Mehdi       | MAR | 2001 | OCS       | Dsq FD | 0   |

**MINIMES**

|    |                      |     |      |      |       |     |
|----|----------------------|-----|------|------|-------|-----|
| 1. | MALKI Mohamed Taha   | MAR | 2003 | FUS  | 32.66 | 544 |
| 2. | AYOUBI Mahmoud       | MAR | 2004 | CODM | 32.83 | 536 |
| 3. | EL BADRE Azzedine    | MAR | 2003 | CSE  | 33.28 | 514 |
| 4. | JENNANE Karim        | MAR | 2004 | CODM | 33.48 | 505 |
| 4. | SAMRAH Sami          | MAR | 2003 | CODM | 33.48 | 505 |
| 6. | DEQQAOUI Walid       | MAR | 2003 | USF  | 34.11 | 478 |
| 7. | MEFETTAR Ayman       | MAR | 2003 | SNF  | 34.66 | 455 |
| 8. | OUAMMOU Mohamed Badr | MAR | 2004 | WAC  | 34.97 | 443 |
| 9. | ELMAMOUN Yasser      | MAR | 2003 | CODM | 36.02 | 406 |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**26. 50 m BRASSE DAMES**

Record MAROC 31.38 établi par Sara EL BEKRI (R.C.A.NAT) le 04/12/2011 à ANGERS (FRANCE)

| Rg             | Nom                    | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                        |     |      |           |                     |     |
| 1.             | MARHFOUR Hajar         | MAR | 1995 | FUS       | 36.91               | 528 |
| 2.             | ZOUHAIRI Zineb         | MAR | 1997 | R.C.A.NAT | 38.14               | 479 |
| <b>JUNIORS</b> |                        |     |      |           |                     |     |
| 1.             | EL HAOUARI Nadia       | MAR | 2000 | TSC       | 35.79               | 579 |
| 2.             | KAROUCHE Khouloud      | MAR | 1999 | TSC       | 35.91               | 574 |
| 3.             | FIDADI Fadwa           | MAR | 1999 | KACM      | 36.13               | 563 |
| 4.             | LAMGHARI Mariam        | MAR | 2000 | OCK       | 38.64               | 460 |
| 5.             | BENBOUZIANE Hiba       | MAR | 2000 | TSC       | 38.77               | 456 |
| 6.             | NAFR Wissal            | MAR | 2000 | OCK       | 38.92               | 450 |
| <b>CADETS</b>  |                        |     |      |           |                     |     |
| 1.             | EL BARODI Imane Houda  | MAR | 2001 | USCM      | 33.94               | 679 |
| 2.             | LAKNIT Hiba            | MAR | 2002 | OCK       | 34.44               | 650 |
| 3.             | AJDI Ayya              | MAR | 2001 | KACM      | 37.87               | 489 |
| 4.             | EL YOUSFI Salma        | MAR | 2002 | ADM       | 38.41               | 469 |
| 5.             | TAHRI Aya              | MAR | 2002 | ACK       | 40.81               | 391 |
| <b>MINIMES</b> |                        |     |      |           |                     |     |
| 1.             | NADIR Yasmine          | MAR | 2003 | FUS       | 36.76               | 535 |
| 2.             | KADI Basma             | MAR | 2004 | CODM      | 37.29               | 512 |
| 3.             | ICHOU Aya              | MAR | 2004 | R.C.A.NAT | 38.30               | 473 |
| 4.             | MOUKTADIR Fatima Zahra | MAR | 2004 | CNCS      | 38.42               | 468 |
| 5.             | AIT BENALI Meryem      | MAR | 2004 | CODM      | 38.53               | 464 |
| 6.             | ETTALBI Oumayma        | MAR | 2003 | CODM      | 38.88               | 452 |
| 7.             | FIRAS Nisrine          | MAR | 2004 | WAC       | 38.98               | 448 |
| 8.             | LAISSAOUI Maroua       | MAR | 2004 | CODM      | 39.05               | 446 |
| 9.             | MACHKOUR Chahd         | MAR | 2004 | WAC       | 39.33               | 436 |
| 10.            | KHAZZAN Athar          | MAR | 2003 | CODM      | 39.76               | 422 |
| 10.            | BOUJNANE Rim           | MAR | 2003 | CSE       | 39.76               | 422 |
| 12.            | MIMOUNI Zineb          | MAR | 2004 | UNO       | 40.88               | 389 |
| 13.            | GOURRAM Keltoum        | MAR | 2003 | ADM       | 41.00               | 385 |
| 14.            | ZEKRITI Sara           | MAR | 2004 | JIHA      | 41.44               | 373 |
| 15.            | MAHASSINE Samia        | MAR | 2003 | ADM       | 42.60               | 343 |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**27. 200 m NAGE LIBRE MESSIEURS**

Record MAROC 1:50.62 établi par Adil BELLAZ (USCM) le 29/12/2003 à ILE DE LA REUNION

| Rg             | Nom            | Nat | Lic  | Club | Tps - Réact. - Obs. | Pts |
|----------------|----------------|-----|------|------|---------------------|-----|
| <b>SENIORS</b> |                |     |      |      |                     |     |
| 1.             | LAHRICHI Driss | MAR | 1997 | CODM | 1:52.09             | 753 |
| 2.             | SABER Said     | MAR | 1995 | CNN  | 1:53.48             | 726 |
| 3.             | ASSOUAB Adil   | MAR | 1992 | CODM | 1:54.41             | 708 |
| 4.             | LAFKIHI Hatim  | MAR | 1995 | TSC  | 2:02.54             | 576 |
| NC.            | AYOUBI Mehdi   | MAR | 1998 | CODM | Fré exc.            |     |

**JUNIORS**

|    |                         |     |      |           |         |     |
|----|-------------------------|-----|------|-----------|---------|-----|
| 1. | DABBAR Saad Amine       | MAR | 2000 | OCK       | 2:02.54 | 576 |
| 2. | HARRABIDA Mohamed Amine | MAR | 2000 | R.C.A.NAT | 2:06.13 | 528 |

**CADETS**

|     |                      |     |      |        |         |     |
|-----|----------------------|-----|------|--------|---------|-----|
| 1.  | HEMRI Ali            | MAR | 2001 | FUS    | 1:55.28 | 692 |
| 2.  | HEMRI Youssef        | MAR | 2001 | FUS    | 1:56.57 | 670 |
| 3.  | MSOUGAR Ali          | MAR | 2001 | FUS    | 1:57.50 | 654 |
| 4.  | EL HAOUARI Omar      | MAR | 2001 | TSC    | 2:02.81 | 572 |
| 5.  | TIJARI Monssif Hamza | MAR | 2002 | CODM   | 2:05.53 | 536 |
| 6.  | OUKHOUYA Youssef     | MAR | 2002 | FUS    | 2:07.11 | 516 |
| 7.  | EL OMARI Yassine     | MAR | 2002 | MAS    | 2:07.22 | 515 |
| 8.  | SAFIR Yassine        | MAR | 2001 | ASAMIN | 2:08.41 | 501 |
| 9.  | AYANE Yasser         | MAR | 2001 | CSE    | 2:08.53 | 499 |
| 10. | MAMDOUH Abdelmoughit | MAR | 2002 | ADM    | 2:15.06 | 430 |
| NC. | NAJIH Ouissam        | MAR | 2002 | KACM   | Dsq FD  | 0   |
| NC. | ZIANE Adam           | MAR | 2002 | CNCS   | Dsq FD  | 0   |

**MINIMES**

|    |                  |     |      |           |         |     |
|----|------------------|-----|------|-----------|---------|-----|
| 1. | BENCHEBBA Yasser | MAR | 2004 | FUS       | 2:02.80 | 573 |
| 2. | FRIKECH Salim    | MAR | 2004 | CODM      | 2:07.76 | 508 |
| 3. | KARADA Youssef   | MAR | 2003 | ASAMIN    | 2:09.38 | 490 |
| 4. | SADIQUI Anir     | MAR | 2003 | USCM      | 2:10.46 | 477 |
| 5. | EDDARI Ilias     | MAR | 2004 | R.C.A.NAT | 2:14.11 | 440 |

## CHAMPIONNATS D'HIVER M C J S - 27/01/2018 - MEKNES - Petit bassin

**28. 200 m NAGE LIBRE DAMES**

Record MAROC 2:03.45 établi par Sara EL BEKRI (R.C.A.NAT) le 09/04/2011 à MEKNES

| Rg             | Nom                     | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|-------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                         |     |      |           |                     |     |
| 1.             | MANA Noura              | MAR | 1997 | CODM      | 2:11.16             | 639 |
| <b>JUNIORS</b> |                         |     |      |           |                     |     |
| 1.             | NAFR Wissal             | MAR | 2000 | OCK       | 2:19.16             | 535 |
| 2.             | MSELLEK Kenza           | MAR | 2000 | TSC       | 2:21.34             | 510 |
| 3.             | LAMGHARI Mariam         | MAR | 2000 | OCK       | 2:21.49             | 509 |
| 4.             | RACHDI Hajar            | MAR | 2000 | TSC       | 2:24.56             | 477 |
| <b>CADETS</b>  |                         |     |      |           |                     |     |
| 1.             | FAHSI Hiba              | MAR | 2001 | OCK       | 2:10.05             | 655 |
| 2.             | IDRISSI Atar            | MAR | 2001 | USCM      | 2:15.53             | 579 |
| 3.             | ZERAIDI Kenza           | MAR | 2002 | CODM      | 2:16.23             | 570 |
| 4.             | FAHSI Doha              | MAR | 2001 | OCK       | 2:17.73             | 552 |
| 5.             | SELLAFI Mariam          | MAR | 2002 | OCK       | 2:18.76             | 539 |
| 6.             | RHNANE Kholoud          | MAR | 2001 | FUS       | 2:22.38             | 499 |
| 7.             | BELRHITI Ayat Errahmane | MAR | 2002 | MAS       | 2:30.00             | 427 |
| 8.             | OUFRIID Oumnia          | MAR | 2001 | CODM      | 2:31.65             | 413 |
| <b>MINIMES</b> |                         |     |      |           |                     |     |
| 1.             | BOURZINE Hiba           | MAR | 2004 | USCM      | 2:17.30             | 557 |
| 2.             | BASKACH Imane           | MAR | 2003 | USCM      | 2:22.36             | 499 |
| 3.             | RACHID Ibtissam         | MAR | 2004 | R.C.A.NAT | 2:23.06             | 492 |
| 4.             | EL BEKALI Aicha         | MAR | 2004 | A.S.F.A.R | 2:23.35             | 489 |
| 5.             | BELRHITI Abrare         | MAR | 2004 | SNF       | 2:24.65             | 476 |
| 6.             | CHOUAIBI Hiba           | MAR | 2004 | USCM      | 2:24.81             | 474 |
| 7.             | MAALOUF Kamilia         | MAR | 2004 | R.C.A.NAT | 2:25.58             | 467 |
| 8.             | SOUIHEL Hiba            | MAR | 2003 | WAC       | 2:26.06             | 462 |
| 9.             | GOURRAM Keltoum         | MAR | 2003 | ADM       | 2:29.94             | 427 |

## CHAMPIONNATS D'HIVER M C J S - 28/01/2018 - MEKNES - Petit bassin

**29. 100 m NAGE LIBRE MESSIEURS**

Record MAROC 48.95 établi par Mehdi AYOUBI (CODM) le 10/12/2016 à MONTREAL

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**SENIORS**

|     |                     |     |      |           |           |     |
|-----|---------------------|-----|------|-----------|-----------|-----|
| 1.  | AYOUBI Mehdi        | MAR | 1998 | CODM      | 49.05     | 875 |
| 2.  | HAMOUCHANE Souhail  | MAR | 1997 | CODM      | 50.06     | 823 |
| 3.  | ASSOUAB Adil        | MAR | 1992 | CODM      | 52.58     | 710 |
| 4.  | DAHBI SKALI Hamza   | MAR | 1998 | CSN       | 55.05     | 618 |
| 5.  | LAFKIHI Hatim       | MAR | 1995 | TSC       | 55.81     | 593 |
| 6.  | OUAHMID Mohamed     | MAR | 1998 | ADM       | 55.82     | 593 |
| 7.  | ZEDDOUK Hassan      | MAR | 1997 | FUS       | 55.97     | 588 |
| 8.  | HAOUATI Nouamane    | MAR | 1997 | R.C.A.NAT | 56.16     | 582 |
| 9.  | HARRATH Ayman       | MAR | 1997 | R.C.A.NAT | 56.42     | 574 |
| 10. | SOULHI Yahya        | MAR | 1998 | ADM       | 57.27     | 549 |
| 11. | HASSOUNI Badr       | MAR | 1998 | ADM       | 58.28     | 521 |
| NC. | EZZARHOUNY Bouchaib | MAR | 1998 | OUM RABII | Frfr n.d. |     |

**JUNIORS**

|    |                 |     |      |      |         |     |
|----|-----------------|-----|------|------|---------|-----|
| 1. | HAMOUCHANE Sami | MAR | 2000 | CODM | 53.91   | 659 |
| 2. | CHAARI Soufiane | MAR | 1999 | CNN  | 1:01.16 | 451 |

**CADETS**

|     |                      |     |      |           |           |     |
|-----|----------------------|-----|------|-----------|-----------|-----|
| 1.  | HEMRI Ali            | MAR | 2001 | FUS       | 52.33     | 720 |
| 2.  | BOUKHARI Med Yassine | MAR | 2001 | CODM      | 53.33     | 680 |
| 3.  | MSOUGAR Ali          | MAR | 2001 | FUS       | 54.65     | 632 |
| 4.  | EL HAOUARI Omar      | MAR | 2001 | TSC       | 56.85     | 561 |
| 5.  | EL OMARI Yassine     | MAR | 2002 | MAS       | 56.95     | 559 |
| 6.  | BOUDENE Ilyas        | MAR | 2001 | MAS       | 57.23     | 550 |
| 7.  | ELMAHBOUBI Oussama   | MAR | 2002 | ADM       | 1:00.03   | 477 |
| 8.  | BANSAR Nizar         | MAR | 2001 | R.C.A.NAT | 1:02.06   | 431 |
| NC. | MYESSER Anas Badr    | MAR | 2001 | USCM      | Frfr n.d. |     |
| NC. | NAJIH Ouissam        | MAR | 2002 | KACM      | Dsq FD    | 0   |

**MINIMES**

|    |                    |     |      |        |         |     |
|----|--------------------|-----|------|--------|---------|-----|
| 1. | BENCHEBBA Yasser   | MAR | 2004 | FUS    | 56.40   | 575 |
| 2. | FRIKECH Salim      | MAR | 2004 | CODM   | 56.98   | 558 |
| 3. | MALKI Mohamed Taha | MAR | 2003 | FUS    | 57.42   | 545 |
| 4. | KARADA Youssef     | MAR | 2003 | ASAMIN | 58.45   | 517 |
| 5. | SADIQUI Anir       | MAR | 2003 | USCM   | 58.57   | 513 |
| 6. | DEQQAOUI Walid     | MAR | 2003 | USF    | 1:02.88 | 415 |

## CHAMPIONNATS D'HIVER M C J S - 28/01/2018 - MEKNES - Petit bassin

**30. 100 m NAGE LIBRE DAMES**

Record MAROC 57.62 établi par Yasmeen BOUTOUIL (USCM) le 21/12/2014 à CHEVREUSE (FRANCE)

| Rg             | Nom                   | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|-----------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                       |     |      |           |                     |     |
| 1.             | MANA Noura            | MAR | 1997 | CODM      | 58.52               | 704 |
| 2.             | DRISSI HASSANI Nour   | MAR | 1998 | FUS       | 1:01.85             | 596 |
| <b>JUNIORS</b> |                       |     |      |           |                     |     |
| 1.             | EL HAOUARI Nadia      | MAR | 2000 | TSC       | 1:01.69             | 601 |
| 2.             | CHAARI Soukaina       | MAR | 2000 | CNN       | 1:03.44             | 553 |
| 3.             | FIDADI Fadwa          | MAR | 1999 | KACM      | 1:03.88             | 541 |
| 4.             | RMILI Hiba            | MAR | 2000 | OCK       | 1:04.01             | 538 |
| 5.             | NAFR Wissal           | MAR | 2000 | OCK       | 1:04.29             | 531 |
| 6.             | MSELLEK Kenza         | MAR | 2000 | TSC       | 1:05.00             | 514 |
| 7.             | ELMACHRAFI Khaoula    | MAR | 2000 | TSC       | 1:05.04             | 513 |
| <b>CADETS</b>  |                       |     |      |           |                     |     |
| 1.             | EL BARODI Imane Houda | MAR | 2001 | USCM      | 59.51               | 670 |
| 2.             | FAHSI Doha            | MAR | 2001 | OCK       | 59.81               | 660 |
| 3.             | SELLAFI Mariam        | MAR | 2002 | OCK       | 1:02.38             | 581 |
| 4.             | IDRISSI Atar          | MAR | 2001 | USCM      | 1:02.58             | 576 |
| 5.             | OUFRIID Oumnia        | MAR | 2001 | CODM      | 1:06.41             | 482 |
| <b>MINIMES</b> |                       |     |      |           |                     |     |
| 1.             | KADI Basma            | MAR | 2004 | CODM      | 1:04.49             | 526 |
| 2.             | BOURZINE Hiba         | MAR | 2004 | USCM      | 1:05.02             | 513 |
| 3.             | RACHID Ibtissam       | MAR | 2004 | R.C.A.NAT | 1:05.04             | 513 |
| 4.             | LAISSAOUI Maroua      | MAR | 2004 | CODM      | 1:05.30             | 507 |
| 5.             | EL BEKALI Aicha       | MAR | 2004 | A.S.F.A.R | 1:05.73             | 497 |
| 6.             | BASKACH Imane         | MAR | 2003 | USCM      | 1:06.72             | 475 |
| 7.             | ETTALBI Oumayma       | MAR | 2003 | CODM      | 1:07.92             | 450 |

## CHAMPIONNATS D'HIVER M C J S - 28/01/2018 - MEKNES - Petit bassin

**31. 200 m BRASSE MESSIEURS**

Record MAROC 2:19.67 établi par Ahmed Reda ENNAIM (CODM) le 09/04/2015 à MEKNES

| Rg             | Nom                         | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|-----------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                             |     |      |           |                     |     |
| 1.             | SABER Said                  | MAR | 1995 | CNN       | 2:23.16             | 698 |
| 2.             | ENNAIM Ahmed Reda           | MAR | 1996 | CODM      | 2:27.78             | 634 |
| 3.             | AZIZ ALAOUI Ali             | MAR | 1994 | CODM      | 2:35.21             | 548 |
| 4.             | HAOUATI Nouamane            | MAR | 1997 | R.C.A.NAT | 2:46.24             | 446 |
| NC.            | FAWZI Badreddine            | MAR | 1991 | USCM      | Frq n.d.            |     |
| NC.            | BATAHI Nouaâmane            | MAR | 1994 | CODM      | Dsq VI              | 0   |
| <b>JUNIORS</b> |                             |     |      |           |                     |     |
| 1.             | ESSABIHI EDDAFALI Abdelkrim | MAR | 1999 | ADM       | 2:33.95             | 561 |
| 2.             | RAJI Marouane               | MAR | 2000 | CODM      | 2:42.08             | 481 |
| 3.             | BENNOUNA Hamza              | MAR | 2000 | USF       | 2:42.43             | 478 |
| 4.             | BOUFEDENE Mehdi             | MAR | 2000 | ASS       | 2:45.66             | 450 |
| <b>CADETS</b>  |                             |     |      |           |                     |     |
| 1.             | OUGOUIS Anas                | MAR | 2001 | OCK       | 2:32.28             | 580 |
| 2.             | FLIYOU Ahmed Yassine        | MAR | 2001 | R.C.A.NAT | 2:33.95             | 561 |
| 3.             | BENNANI Ahmed               | MAR | 2001 | FUS       | 2:34.10             | 559 |
| 4.             | BENYAHYA Anas               | MAR | 2001 | FUS       | 2:39.13             | 508 |
| 5.             | SAFIR Yassine               | MAR | 2001 | ASAMIN    | 2:42.06             | 481 |
| 6.             | EL MECHRAFI Ayman           | MAR | 2002 | USCM      | 2:42.48             | 477 |
| 7.             | CHAGH Yassine               | MAR | 2001 | ACK       | 2:43.36             | 470 |
| 8.             | BACHIR Benabdeljalil        | MAR | 2002 | USCM      | 2:47.64             | 434 |
| NC.            | BENSALEH Mohamed Yassine    | MAR | 2002 | FUS       | Dsq VI              | 0   |
| NC.            | BOUGANDOULA Ayoub           | MAR | 2002 | OCK       | Dsq VI              | 0   |
| NC.            | EL HAOUARI Omar             | MAR | 2001 | TSC       | Dsq VI              | 0   |
| <b>MINIMES</b> |                             |     |      |           |                     |     |
| 1.             | EL MANSAR Mehdi             | MAR | 2004 | R.C.A.NAT | 2:38.61             | 513 |
| 2.             | AYOUBI Mahmoud              | MAR | 2004 | CODM      | 2:43.30             | 470 |
| 3.             | EL BADRE Azzedine           | MAR | 2003 | CSE       | 2:48.10             | 431 |
| 4.             | MEFETTAR Ayman              | MAR | 2003 | SNF       | 2:49.97             | 417 |
| 5.             | ELMAMOUN Yasser             | MAR | 2003 | CODM      | 2:53.38             | 393 |
| 6.             | AMALI Zakariae              | MAR | 2003 | CODM      | 2:53.78             | 390 |
| 7.             | JENNANE Karim               | MAR | 2004 | CODM      | 2:54.03             | 388 |
| 8.             | DEQQAOUI Walid              | MAR | 2003 | USF       | 2:54.85             | 383 |



## CHAMPIONNATS D'HIVER M C J S - 28/01/2018 - MEKNES - Petit bassin

**32. 200 m BRASSE DAMES**

Record MAROC 2:23.54 établi par Sara EL BEKRI (R.C.A.NAT) le 03/12/2011 à ANGERS (FRANCE)

| Rg             | Nom                    | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|------------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                        |     |      |           |                     |     |
| 1.             | MARHFOUR Hajar         | MAR | 1995 | FUS       | 3:03.77             | 433 |
| <b>JUNIORS</b> |                        |     |      |           |                     |     |
| 1.             | KAROUCHE Khouloud      | MAR | 1999 | TSC       | 2:52.26             | 526 |
| 2.             | LAMGHARI Mariam        | MAR | 2000 | OCK       | 2:57.21             | 483 |
| 3.             | EL HAOUARI Nadia       | MAR | 2000 | TSC       | 3:00.07             | 461 |
| <b>CADETS</b>  |                        |     |      |           |                     |     |
| 1.             | LAKNIT Hiba            | MAR | 2002 | OCK       | 2:42.91             | 622 |
| 2.             | AJDI Ayya              | MAR | 2001 | KACM      | 3:01.23             | 452 |
| 3.             | EL YOUSFI Salma        | MAR | 2002 | ADM       | 3:05.40             | 422 |
| 4.             | ADIANNA Aya            | MAR | 2002 | SNF       | 3:15.61             | 359 |
| <b>MINIMES</b> |                        |     |      |           |                     |     |
| 1.             | NADIR Yasmine          | MAR | 2003 | FUS       | 2:54.09             | 510 |
| 2.             | BOUSSOUF Malak         | MAR | 2004 | ACK       | 2:59.25             | 467 |
| 3.             | JALAL Nada             | MAR | 2004 | R.C.A.NAT | 3:00.98             | 454 |
| 4.             | AIT BENALI Meryem      | MAR | 2004 | CODM      | 3:01.37             | 451 |
| 5.             | MACHKOUR Chahd         | MAR | 2004 | WAC       | 3:02.89             | 440 |
| 6.             | KADI Basma             | MAR | 2004 | CODM      | 3:04.59             | 428 |
| 7.             | MAALOUF Kamilia        | MAR | 2004 | R.C.A.NAT | 3:08.34             | 402 |
| 8.             | ICHOU Aya              | MAR | 2004 | R.C.A.NAT | 3:08.82             | 399 |
| 9.             | BOUJNANE Rim           | MAR | 2003 | CSE       | 3:11.34             | 384 |
| 10.            | FIRAS Nisrine          | MAR | 2004 | WAC       | 3:11.52             | 383 |
| 11.            | MOUKTADIR Fatima Zahra | MAR | 2004 | CNCS      | 3:13.91             | 369 |
| 12.            | GOURRAM Keltoum        | MAR | 2003 | ADM       | 3:14.15             | 367 |
| 13.            | AL FIGUIGUI Ines       | MAR | 2004 | USCM      | 3:18.20             | 345 |

## CHAMPIONNATS D'HIVER M C J S - 28/01/2018 - MEKNES - Petit bassin

**33. 100 m DOS MESSIEURS**

Record MAROC 55.13 établi par Driss LAHRICHI (CODM) le 18/11/2016 à ANGERS (FRANCE)

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**SENIORS**

|    |                    |     |      |      |         |     |
|----|--------------------|-----|------|------|---------|-----|
| 1. | LAHRICHI Driss     | MAR | 1997 | CODM | 55.38   | 825 |
| 2. | HAMOUCHANE Souhail | MAR | 1997 | CODM | 56.99   | 757 |
| 3. | ASSOUAB Adil       | MAR | 1992 | CODM | 57.07   | 754 |
| 4. | AMARTI Karim       | MAR | 1998 | USF  | 1:06.38 | 479 |
| 5. | TIJARI Hicham      | MAR | 1998 | CODM | 1:08.59 | 434 |

**JUNIORS**

|    |                 |     |      |      |         |     |
|----|-----------------|-----|------|------|---------|-----|
| 1. | SMOUNI El Mehdi | MAR | 2000 | CODM | 1:03.40 | 549 |
|----|-----------------|-----|------|------|---------|-----|

**CADETS**

|     |                      |     |      |      |           |     |
|-----|----------------------|-----|------|------|-----------|-----|
| 1.  | REGRAGUI Abdeljabbar | MAR | 2001 | CODM | 59.18     | 676 |
| 2.  | BOUKHARI Med Yassine | MAR | 2001 | CODM | 1:01.51   | 602 |
| 3.  | MSOUGAR Ali          | MAR | 2001 | FUS  | 1:01.66   | 597 |
| 4.  | ES SAMLALI Ismail    | MAR | 2002 | OCK  | 1:04.25   | 528 |
| 5.  | NAJIH Ouissam        | MAR | 2002 | KACM | 1:04.75   | 516 |
| 6.  | ZOUITEN Omar Ahmed   | MAR | 2002 | MAS  | 1:05.44   | 500 |
| 7.  | MAMDOUH Abdelmoughit | MAR | 2002 | ADM  | 1:06.13   | 484 |
| 8.  | FILALI Omar          | MAR | 2001 | USF  | 1:06.85   | 469 |
| 9.  | ZIANE Adam           | MAR | 2002 | CNCS | 1:07.47   | 456 |
| 10. | AYANE Yasser         | MAR | 2001 | CSE  | 1:08.39   | 438 |
| 10. | LAHLOU Ziad          | MAR | 2001 | USCM | 1:08.39   | 438 |
| 12. | BELAFIA Adam         | MAR | 2002 | USCM | 1:09.14   | 424 |
| 13. | DAIBOUN Wail         | MAR | 2002 | ACK  | 1:09.78   | 412 |
| 14. | BENCHEIKH Driss      | MAR | 2001 | USF  | 1:10.97   | 392 |
| 15. | ELOUAZZANI Rayyane   | MAR | 2002 | OCS  | 1:16.39   | 314 |
| NC. | MYESSER Anas Badr    | MAR | 2001 | USCM | Frfr n.d. |     |

**MINIMES**

|    |                     |     |      |           |         |     |
|----|---------------------|-----|------|-----------|---------|-----|
| 1. | FRIKECH Salim       | MAR | 2004 | CODM      | 1:04.15 | 530 |
| 2. | EL MANSAR Mehdi     | MAR | 2004 | R.C.A.NAT | 1:05.62 | 496 |
| 3. | AZHAR Idriss        | MAR | 2003 | R.C.A.NAT | 1:06.31 | 480 |
| 4. | SEDDOUK Adam        | MAR | 2003 | CODM      | 1:08.06 | 444 |
| 5. | AYOUBI Mahmoud      | MAR | 2004 | CODM      | 1:09.00 | 426 |
| 6. | AMALI Zakariae      | MAR | 2003 | CODM      | 1:10.55 | 399 |
| 6. | EL YOUSFI Ismail    | MAR | 2004 | R.C.A.NAT | 1:10.55 | 399 |
| 8. | EL MOUSSAMI Oussama | MAR | 2003 | CODM      | 1:10.60 | 398 |

## CHAMPIONNATS D'HIVER M C J S - 28/01/2018 - MEKNES - Petit bassin

**34. 100 m DOS DAMES**

Record MAROC 1:03.39 établi par Hiba FAHSI (OCK) le 26/11/2017 à MARRAKECH

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**SENIORS**

|    |                     |     |      |      |         |     |
|----|---------------------|-----|------|------|---------|-----|
| 1. | MANA Noura          | MAR | 1997 | CODM | 1:07.51 | 638 |
| 2. | DRISSI HASSANI Nour | MAR | 1998 | FUS  | 1:09.92 | 574 |

**JUNIORS**

|    |                 |     |      |     |         |     |
|----|-----------------|-----|------|-----|---------|-----|
| 1. | CHAARI Soukaina | MAR | 2000 | CNN | 1:13.40 | 496 |
| 1. | RMILI Hiba      | MAR | 2000 | OCK | 1:13.40 | 496 |

**CADETS**

|     |                   |     |      |      |           |     |
|-----|-------------------|-----|------|------|-----------|-----|
| 1.  | ZERAIDI Kenza     | MAR | 2002 | CODM | 1:09.41   | 587 |
| 2.  | BOURBOUH Narjiss  | MAR | 2001 | FUS  | 1:11.02   | 548 |
| 3.  | SELLAFI Mariam    | MAR | 2002 | OCK  | 1:11.08   | 546 |
| 4.  | BOURBOUH Nissrine | MAR | 2001 | FUS  | 1:11.38   | 539 |
| 5.  | OUFRID Oumnia     | MAR | 2001 | CODM | 1:13.78   | 488 |
| NC. | FAHSI Hiba        | MAR | 2001 | OCK  | Frfr n.d. |     |

**MINIMES**

|    |                  |     |      |           |         |     |
|----|------------------|-----|------|-----------|---------|-----|
| 1. | CHOUAIBI Hiba    | MAR | 2004 | USCM      | 1:11.66 | 533 |
| 2. | SABER Hajar      | MAR | 2003 | CODM      | 1:12.52 | 514 |
| 3. | RACHID Ibtissam  | MAR | 2004 | R.C.A.NAT | 1:13.70 | 490 |
| 4. | RACHIDI Oumaima  | MAR | 2004 | USCM      | 1:13.95 | 485 |
| 5. | EL BEKALI Aicha  | MAR | 2004 | A.S.F.A.R | 1:14.63 | 472 |
| 6. | LAISSAOUI Maroua | MAR | 2004 | CODM      | 1:15.84 | 450 |
| 7. | RIAD Yasmine     | MAR | 2004 | FUS       | 1:17.44 | 422 |
| 8. | BOUDRAR Basma    | MAR | 2003 | CODM      | 1:19.69 | 388 |

## CHAMPIONNATS D'HIVER M C J S - 28/01/2018 - MEKNES - Petit bassin

**35. 800 m NAGE LIBRE MESSIEURS**

Record MAROC 8:17.80 établi par Said SABER (A.S.F.A.R) le 09/07/2015 à MEKNES

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**SENIORS**

|    |               |     |      |           |         |     |
|----|---------------|-----|------|-----------|---------|-----|
| 1. | LAFKIHI Hatim | MAR | 1995 | TSC       | 9:05.44 | 569 |
| 2. | FARIH Amine   | MAR | 1998 | R.C.A.NAT | 9:46.50 | 458 |
| 3. | TIJARI Hicham | MAR | 1998 | CODM      | 9:48.47 | 453 |

**JUNIORS**

|    |                   |     |      |      |          |     |
|----|-------------------|-----|------|------|----------|-----|
| 1. | DABBAR Saad Amine | MAR | 2000 | OCK  | 9:19.09  | 528 |
| 2. | RAJI Marouane     | MAR | 2000 | CODM | 9:40.53  | 472 |
| 3. | MAKY Mouad        | MAR | 2000 | TSC  | 9:44.03  | 463 |
| 4. | AZIZE Othmane     | MAR | 2000 | WAC  | 10:04.06 | 419 |
| 5. | MAHASSINE Yasser  | MAR | 2000 | ADM  | 10:08.87 | 409 |

**CADETS**

|     |                          |     |      |        |          |     |
|-----|--------------------------|-----|------|--------|----------|-----|
| 1.  | HEMRI Youssef            | MAR | 2001 | FUS    | 8:35.17  | 675 |
| 2.  | HEMRI Ali                | MAR | 2001 | FUS    | 8:44.63  | 640 |
| 3.  | EL MOUTAQUI Mohamed      | MAR | 2001 | TSC    | 9:08.40  | 560 |
| 4.  | OUKHOUYA Youssef         | MAR | 2002 | FUS    | 9:14.91  | 540 |
| 5.  | BENSALEH Mohamed Yassine | MAR | 2002 | FUS    | 9:19.26  | 528 |
| 6.  | BENNANI Ahmed            | MAR | 2001 | FUS    | 9:30.84  | 496 |
| 7.  | EL MECHRAFI Ayman        | MAR | 2002 | USCM   | 9:36.86  | 481 |
| 8.  | SAFIR Yassine            | MAR | 2001 | ASAMIN | 9:40.96  | 471 |
| 9.  | MOUHIB Yahya             | MAR | 2002 | OCK    | 9:41.47  | 470 |
| 10. | EL OMARI Yassine         | MAR | 2002 | MAS    | 9:43.31  | 465 |
| 11. | BELAFIA Adam             | MAR | 2002 | USCM   | 9:47.20  | 456 |
| 12. | HASSOUNI Omar            | MAR | 2001 | ADM    | 9:54.04  | 440 |
| 13. | KIBAL Sami               | MAR | 2002 | WAC    | 9:56.45  | 435 |
| 14. | MOKHTARI Ali             | MAR | 2001 | USCM   | 9:57.36  | 433 |
| 15. | CHANNANI Mohamed Amine   | MAR | 2002 | CSE    | 10:07.72 | 411 |
| 16. | LAHLOU Ziad              | MAR | 2001 | USCM   | 10:13.09 | 401 |
| 17. | KAMIL Ali                | MAR | 2002 | WAC    | 10:14.22 | 398 |
| 18. | MOUHOUBI Lounes          | MAR | 2002 | ASAMIN | 10:29.93 | 369 |

**MINIMES**

|     |                        |     |      |           |          |     |
|-----|------------------------|-----|------|-----------|----------|-----|
| 1.  | BENCHEBBA Yasser       | MAR | 2004 | FUS       | 8:58.52  | 591 |
| 2.  | EL YOUSFI Ismail       | MAR | 2004 | R.C.A.NAT | 9:32.37  | 492 |
| 3.  | KARADA Youssef         | MAR | 2003 | ASAMIN    | 9:35.73  | 484 |
| 4.  | SEDDOUK Adam           | MAR | 2003 | CODM      | 9:40.01  | 473 |
| 5.  | DIDOUCHE Mohamed Amine | MAR | 2003 | ASAMIN    | 9:51.77  | 445 |
| 6.  | LAANAYA El Mehdi       | MAR | 2003 | TSC       | 10:02.36 | 422 |
| 7.  | MOUISSE Mohammed       | MAR | 2004 | USF       | 10:04.47 | 418 |
| 8.  | ESSONNI Abdellah       | MAR | 2004 | CODM      | 10:05.16 | 417 |
| 9.  | HMAITTANE Achraf       | MAR | 2003 | ASAMIN    | 10:05.25 | 416 |
| 10. | EL BADRE Azzedine      | MAR | 2003 | CSE       | 10:09.30 | 408 |
| 11. | SADIQUI Anir           | MAR | 2003 | USCM      | 10:28.18 | 372 |
| 12. | BOUHMOUCH Youssef      | MAR | 2004 | USCM      | 10:32.77 | 364 |
| 13. | MEFETTAR Ayman         | MAR | 2003 | SNF       | 10:45.35 | 343 |
| 14. | EL MOUSSAMI Oussama    | MAR | 2003 | CODM      | 11:51.94 | 256 |
| NC. | ELBRIDI Yahya          | MAR | 2003 | USCM      | \bandon  | 0   |

## CHAMPIONNATS D'HIVER M C J S - 28/01/2018 - MEKNES - Petit bassin

**36. 800 m NAGE LIBRE DAMES**

Record MAROC 8:46.14 établi par Sara EL BEKRI (R.C.A.NAT) le 18/11/2011 à SAINT-DIZIER (FRANCE)

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**CADETS**

|    |                      |     |      |      |          |     |
|----|----------------------|-----|------|------|----------|-----|
| 1. | EL ANOUAR Ayat Allah | MAR | 2002 | FUS  | 9:54.52  | 563 |
| 2. | ZERAIDI Kenza        | MAR | 2002 | CODM | 10:07.20 | 529 |
| 3. | IDRISSI Atar         | MAR | 2001 | USCM | 10:09.63 | 522 |
| 4. | RHNANE Kholoud       | MAR | 2001 | FUS  | 10:16.49 | 505 |

**MINIMES**

|     |                  |     |      |           |          |     |
|-----|------------------|-----|------|-----------|----------|-----|
| 1.  | BOURZINE Hiba    | MAR | 2004 | USCM      | 10:03.31 | 539 |
| 2.  | BOUSSOUF Malak   | MAR | 2004 | ACK       | 10:12.50 | 515 |
| 3.  | JALAL Nada       | MAR | 2004 | R.C.A.NAT | 10:19.70 | 497 |
| 4.  | SABER Hajar      | MAR | 2003 | CODM      | 10:34.03 | 464 |
| 5.  | SOUIHEL Hiba     | MAR | 2003 | WAC       | 10:39.90 | 452 |
| 6.  | BASKACH Imane    | MAR | 2003 | USCM      | 10:50.70 | 429 |
| 7.  | AL FIGUIGUI Ines | MAR | 2004 | USCM      | 11:05.66 | 401 |
| 8.  | BOUJNANE Rim     | MAR | 2003 | CSE       | 11:05.79 | 401 |
| 9.  | RACHIDI Oumaima  | MAR | 2004 | USCM      | 11:09.80 | 394 |
| NC. | GOURRAM Keltoum  | MAR | 2003 | ADM       | \bandon  | 0   |

## CHAMPIONNATS D'HIVER M C J S - 28/01/2018 - MEKNES - Petit bassin

## 37. 4 x 100 m 4 NAGES MESSIEURS

Record MAROC 3:47.77 établi par CODM le 12/02/2017 à MEKNES

| Rg             | Nom                  | Nat | Lic  | Club      | Tps - Réact. - Obs. | Pts |
|----------------|----------------------|-----|------|-----------|---------------------|-----|
| <b>SENIORS</b> |                      |     |      |           |                     |     |
| 1.             | LAHRICHI Driss       | MAR | 1997 | CODM      | 3:48.74             | 744 |
|                | ENNAIM Ahmed Reda    | MAR | 1996 | CODM      |                     | 744 |
|                | BATAHI Nouâmane      | MAR | 1994 | CODM      |                     | 744 |
|                | AYOUBI Mehdi         | MAR | 1998 | CODM      |                     | 744 |
| 2.             | HAOUATI Nouamane     | MAR | 1997 | R.C.A.NAT | 4:31.01             | 447 |
|                | ZEHNOUNI Oussama     | MAR | 1998 | R.C.A.NAT |                     | 447 |
|                | HARRATH Ayman        | MAR | 1997 | R.C.A.NAT |                     | 447 |
|                | FARIH Amine          | MAR | 1998 | R.C.A.NAT |                     | 447 |
| 3.             | SOULHI Yahya         | MAR | 1998 | ADM       | 4:34.06             | 432 |
|                | EZZAHER Hamza        | MAR | 1998 | ADM       |                     | 432 |
|                | OUAHMID Mohamed      | MAR | 1998 | ADM       |                     | 432 |
|                | HASSOUNI Badr        | MAR | 1998 | ADM       |                     | 432 |
| NC.            | ABBOUGUI M'hamed     | MAR | 1992 | OUM RABII | Frfr n.d.           |     |
|                | BOUAROUA Imad        | MAR | 1991 | OUM RABII |                     |     |
|                | EL KASBI Amine       | MAR | 1991 | OUM RABII |                     |     |
|                | ET TOUATY Badreddine | MAR | 1992 | OUM RABII |                     |     |

## JUNIORS

|     |                      |     |      |           |           |     |
|-----|----------------------|-----|------|-----------|-----------|-----|
| 1.  | SMOUNI EI Mehdi      | MAR | 2000 | CODM      | 4:23.87   | 484 |
|     | RAJI Marouane        | MAR | 2000 | CODM      |           | 484 |
|     | ARROUD Akram Oussama | MAR | 2000 | CODM      |           | 484 |
|     | HAMOUCANE Sami       | MAR | 2000 | CODM      |           | 484 |
| NC. | ADDI Houssam         | MAR | 2000 | OUM RABII | Frfr n.d. |     |
|     | ELOUKKAIL Mohamed    | MAR | 2000 | OUM RABII |           |     |
|     | ENNAIMI Hamza        | MAR | 2000 | OUM RABII |           |     |
|     | FARES Hamza          | MAR | 1999 | OUM RABII |           |     |

## CADETS

|     |                        |     |      |      |         |     |
|-----|------------------------|-----|------|------|---------|-----|
| 1.  | MSOUGAR Ali            | MAR | 2001 | FUS  | 4:07.02 | 590 |
|     | BENNANI Ahmed          | MAR | 2001 | FUS  |         | 590 |
|     | HEMRI Youssef          | MAR | 2001 | FUS  |         | 590 |
|     | HEMRI Ali              | MAR | 2001 | FUS  |         | 590 |
| 2.  | ES SAMLALI Ismail      | MAR | 2002 | OCK  | 4:27.88 | 463 |
|     | BOUGANDOULA Ayoub      | MAR | 2002 | OCK  |         | 463 |
|     | OUGOUI Anas            | MAR | 2001 | OCK  |         | 463 |
|     | MOUHIB Yahya           | MAR | 2002 | OCK  |         | 463 |
| 3.  | MAMDOUH Abdelmoughit   | MAR | 2002 | ADM  | 4:29.63 | 454 |
|     | MESLOUH Aymane         | MAR | 2002 | ADM  |         | 454 |
|     | ELMAHBOUBI Oussama     | MAR | 2002 | ADM  |         | 454 |
|     | HASSOUNI Omar          | MAR | 2001 | ADM  |         | 454 |
| 4.  | BELAFIA Adam           | MAR | 2002 | USCM | 4:31.21 | 446 |
|     | EL MECHRAFI Ayman      | MAR | 2002 | USCM |         | 446 |
|     | TRUQUEZ Dorian         | MAR | 2002 | USCM |         | 446 |
|     | BACHIR Benabdeljalil   | MAR | 2002 | USCM |         | 446 |
| 5.  | BENCHEIKH Driss        | MAR | 2001 | USF  | 4:35.98 | 423 |
|     | FILALI Omar            | MAR | 2001 | USF  |         | 423 |
|     | KHARKHACH Abdellah     | MAR | 2001 | USF  |         | 423 |
|     | EL YAZAMI ADLI Youssef | MAR | 2002 | USF  |         | 423 |
| NC. | MIFTAH Taha            | MAR | 2001 | CNN  | Dsq NI  | 0   |
|     | ACHIBANE Mohamed Amine | MAR | 2002 | CNN  |         | 0   |
|     | NIHOU Yassine          | MAR | 2001 | CNN  |         | 0   |
|     | BENSALAH Mehdi         | MAR | 2002 | CNN  |         | 0   |

## MINIMES

|    |                |     |      |      |         |     |
|----|----------------|-----|------|------|---------|-----|
| 1. | FRIKECH Salim  | MAR | 2004 | CODM | 4:28.49 | 460 |
|    | AYOUBI Mahmoud | MAR | 2004 | CODM |         | 460 |
|    | SEDDOUK Adam   | MAR | 2003 | CODM |         | 460 |

F.R.M.N.

## CHAMPIONNATS D'HIVER M C J S - 28/01/2018 - MEKNES - Petit bassin

**37. 4 x 100 m 4 NAGES MESSIEURS**

Record MAROC 3:47.77 établi par CODM le 12/02/2017 à MEKNES

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**MINIMES**

|    |                        |     |      |           |         |     |
|----|------------------------|-----|------|-----------|---------|-----|
|    | ELMAMOUN Yasser        | MAR | 2003 | CODM      |         | 460 |
| 2. | EL YOUSFI Ismail       | MAR | 2004 | R.C.A.NAT | 4:34.65 | 429 |
|    | EDDARI Ilias           | MAR | 2004 | R.C.A.NAT |         | 429 |
|    | AZHAR Idriss           | MAR | 2003 | R.C.A.NAT |         | 429 |
|    | EL MANSAR Mehdi        | MAR | 2004 | R.C.A.NAT |         | 429 |
| 3. | DIDOUCHE Mohamed Amine | MAR | 2003 | ASAMIN    | 4:47.27 | 375 |
|    | MAHJOUBI Mohamed Imam  | MAR | 2003 | ASAMIN    |         | 375 |
|    | KARADA Youssef         | MAR | 2003 | ASAMIN    |         | 375 |
|    | HMAITTANE Achraf       | MAR | 2003 | ASAMIN    |         | 375 |
| 4. | MEFETTAR Ayman         | MAR | 2003 | SNF       | 4:47.92 | 373 |
|    | KADIRI HASSANI Youssef | MAR | 2003 | SNF       |         | 373 |
|    | BENADADA Adnane        | MAR | 2003 | SNF       |         | 373 |
|    | KEMMOUNE Anass         | MAR | 2003 | SNF       |         | 373 |

## CHAMPIONNATS D'HIVER M C J S - 28/01/2018 - MEKNES - Petit bassin

**38. 4 x 100 m 4 NAGES DAMES**

Record MAROC 4:36.41 établi par OCK le 02/07/2017 à RABAT

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----|-----|-----|------|---------------------|-----|
|----|-----|-----|-----|------|---------------------|-----|

**JUNIORS**

|    |                    |     |      |     |         |     |
|----|--------------------|-----|------|-----|---------|-----|
| 1. | MSELLEK Kenza      | MAR | 2000 | TSC | 5:06.23 | 435 |
|    | EL HAOUARI Nadia   | MAR | 2000 | TSC |         | 435 |
|    | ELMACHRAFI Khaoula | MAR | 2000 | TSC |         | 435 |
|    | RACHDI Hajar       | MAR | 2000 | TSC |         | 435 |

**CADETS**

|     |                      |     |      |     |          |     |
|-----|----------------------|-----|------|-----|----------|-----|
| 1.  | BOURBOUH Nissrine    | MAR | 2001 | FUS | 5:04.91  | 440 |
|     | EL ANOUAR Ayat Allah | MAR | 2002 | FUS |          | 440 |
|     | BOURBOUH Narjiss     | MAR | 2001 | FUS |          | 440 |
|     | RHNANE Kholoud       | MAR | 2001 | FUS |          | 440 |
| NC. | FAHSI Hiba           | MAR | 2001 | OCK | Frf n.d. |     |
|     | LAKNIT Hiba          | MAR | 2002 | OCK |          |     |
|     | FAHSI Doha           | MAR | 2001 | OCK |          |     |
|     | SELLAFI Mariam       | MAR | 2002 | OCK |          |     |

**MINIMES**

|    |                       |     |      |           |         |     |
|----|-----------------------|-----|------|-----------|---------|-----|
| 1. | SABER Hajar           | MAR | 2003 | CODM      | 5:00.03 | 462 |
|    | KADI Basma            | MAR | 2004 | CODM      |         | 462 |
|    | ETTALBI Oumayma       | MAR | 2003 | CODM      |         | 462 |
|    | LAISSAOUI Maroua      | MAR | 2004 | CODM      |         | 462 |
| 2. | RACHID Ibtissam       | MAR | 2004 | R.C.A.NAT | 5:05.70 | 437 |
|    | ICHOU Aya             | MAR | 2004 | R.C.A.NAT |         | 437 |
|    | MAALOUF Kamilia       | MAR | 2004 | R.C.A.NAT |         | 437 |
|    | JALAL Nada            | MAR | 2004 | R.C.A.NAT |         | 437 |
| 3. | CHOUAIBI Hiba         | MAR | 2004 | USCM      | 5:08.97 | 423 |
|    | BOURZINE Hiba         | MAR | 2004 | USCM      |         | 423 |
|    | BASKACH Imane         | MAR | 2003 | USCM      |         | 423 |
|    | RACHIDI Oumaima       | MAR | 2004 | USCM      |         | 423 |
| 4. | RIAD Yasmine          | MAR | 2004 | FUS       | 5:11.72 | 412 |
|    | NADIR Yasmine         | MAR | 2003 | FUS       |         | 412 |
|    | EL RHOUBARI Rime Ines | MAR | 2004 | FUS       |         | 412 |
|    | BERRADA Rime          | MAR | 2003 | FUS       |         | 412 |
| 5. | FIRAS Nisrine         | MAR | 2004 | WAC       | 5:13.34 | 406 |
|    | MACHKOUR Chahd        | MAR | 2004 | WAC       |         | 406 |
|    | SOUIHEL Hiba          | MAR | 2003 | WAC       |         | 406 |
|    | TABATI Ghita          | MAR | 2004 | WAC       |         | 406 |
| 6. | TABERKANT Doha        | MAR | 2004 | SNF       | 5:20.83 | 378 |
|    | LAMHITI Malak         | MAR | 2004 | SNF       |         | 378 |
|    | EL MOUJARRADE Douae   | MAR | 2003 | SNF       |         | 378 |
|    | BELRHITI Abrare       | MAR | 2004 | SNF       |         | 378 |
| 7. | AMMOUMOU Hafssa       | MAR | 2003 | ADM       | 5:28.68 | 351 |
|    | GOURRAM Keltoum       | MAR | 2003 | ADM       |         | 351 |
|    | RGUIB Nora            | MAR | 2003 | ADM       |         | 351 |
|    | MAHASSINE Samia       | MAR | 2003 | ADM       |         | 351 |