

CHAMPIONNATS DU MAROC RELAIS - 04/08/2017 - CASABLANCA - Grand bassin

1. 4 x 100 m 4 NAGES DAMES

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|---------------------|-----|------|-----------|---------------------|-----|
| 1. | FAHSI Hiba | MAR | 2001 | OCK | 4:40.42 | 566 |
| | LAMGHARI Mariam | MAR | 2000 | | | 566 |
| | EL ABBARI Hafsa | MAR | 2002 | | | 566 |
| | FAHSI Doha | MAR | 2001 | | | 566 |
| 2. | MANA Noura | MAR | 1997 | TSC | 4:43.51 | 548 |
| | EL HAOUARI Nadia | MAR | 2000 | | | 548 |
| | RMILI Hiba | MAR | 2000 | | | 548 |
| | RACHDI Hajar | MAR | 2000 | | | 548 |
| 3. | OUFRID Oumnia | MAR | 2001 | CODM | 4:49.42 | 515 |
| | LAKNIT Hiba | MAR | 2002 | | | 515 |
| | ZERAIDI Kenza | MAR | 2002 | | | 515 |
| | BOUTOUIL Yasmeen | MAR | 1998 | | | 515 |
| 4. | DRISSI HASSANI Nour | MAR | 1998 | FUS | 4:55.52 | 484 |
| | NADIR Yasmine | MAR | 2003 | | | 484 |
| | BOURBOUH Narjiss | MAR | 2001 | | | 484 |
| | BOURBOUH Nissrine | MAR | 2001 | | | 484 |
| 5. | KHIYARA Lina | MAR | 2003 | R.C.A.NAT | 5:14.74 | 400 |
| | ZOUHAIRI Zineb | MAR | 1997 | | | 400 |
| | DAHANI Taghrid | MAR | 2003 | | | 400 |
| | SARHANE Salma | MAR | 1999 | | | 400 |
| 6. | EL YOUSFI Salma | MAR | 2002 | ADM | 5:21.13 | 377 |
| | GOURRAM Keltoum | MAR | 2003 | | | 377 |
| | RAHMANI Oumaima | MAR | 2001 | | | 377 |
| | RGUIB Nora | MAR | 2003 | | | 377 |

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2. 4 x 100 m 4 NAGES MESSIEURS

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|-----|---------------------------|-----|------|-----------|---------------------|-----|
| 1. | LAHRICHI Driss | MAR | 1997 | CODM | 3:56.88 | 670 |
| | ENNAIM Ahmed Reda | MAR | 1996 | | | 670 |
| | BOUTOUIL Samy | MAR | 2000 | | | 670 |
| | HAMOUCANE Souhail | MAR | 1997 | | | 670 |
| 2. | BENNANI Saad | MAR | 1996 | FUS | 4:18.93 | 513 |
| | BENNANI Ahmed | MAR | 2001 | | | 513 |
| | BOULAAMANE Khalil | MAR | 1995 | | | 513 |
| | OUACHIKH Achraf | MAR | 2001 | | | 513 |
| 3. | LAHRICHI Ismail | MAR | 1999 | R.C.A.NAT | 4:22.45 | 492 |
| | FLIYOU Ahmed Yassine | MAR | 2001 | | | 492 |
| | HARRATH Ayman | MAR | 1997 | | | 492 |
| | EL MOUSTAKIM Imad | MAR | 1999 | | | 492 |
| 4. | MAMDOUH Abdelmoughit | MAR | 2002 | WAC | 4:27.47 | 465 |
| | REDA Younes | MAR | 2002 | | | 465 |
| | KIBAL Sami | MAR | 2002 | | | 465 |
| | KAMIL Ali | MAR | 2002 | | | 465 |
| 5. | FILALI Omar | MAR | 2001 | USF | 4:29.57 | 454 |
| | BENNOUNA Hamza | MAR | 2000 | | | 454 |
| | SADOUK Ali | MAR | 1999 | | | 454 |
| | HAOUATI Nouamane | MAR | 1997 | | | 454 |
| 6. | ES SAMLALI Ismail | MAR | 2002 | OCK | 4:32.55 | 439 |
| | OUGOUIS Anas | MAR | 2001 | | | 439 |
| | DABBAR Saad Amine | MAR | 2000 | | | 439 |
| | HAITAM Monssif | MAR | 2002 | | | 439 |
| 7. | MAKY Mouad | MAR | 2000 | TSC | 4:39.02 | 410 |
| | EL HAOUARI Omar | MAR | 2001 | | | 410 |
| | LAFKIHI Hatim | MAR | 1995 | | | 410 |
| | AMARHOUS Ibrahim | MAR | 1999 | | | 410 |
| 8. | HASSOUNI Omar | MAR | 2001 | ADM | 4:41.26 | 400 |
| | MAHASSINE Yasser | MAR | 2000 | | | 400 |
| | ELMAHBOUBI Oussama | MAR | 2002 | | | 400 |
| | MESLOUH Aymane | MAR | 2002 | | | 400 |
| 9. | ABOUKINANE Rayane Mostafa | MAR | 2002 | KACM | 4:50.27 | 364 |
| | LAKHDAR Achraf | MAR | 1998 | | | 364 |
| | NAJIH Ouissam | MAR | 2002 | | | 364 |
| | NADIFIYINE Younes Taha | MAR | 1995 | | | 364 |
| 10. | YOUSRI Saad | MAR | 2001 | CNCS | 5:00.71 | 327 |
| | MAASRA Mohamed Moussa | MAR | 2001 | | | 327 |
| | EL KHOMS Yahya | MAR | 2001 | | | 327 |
| | TAJEDDINE Aymen | MAR | 2003 | | | 327 |

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3. 4 x 100 m NAGE LIBRE MESSIEURS

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|-----|-----------------------------|-----|------|-----------|---------------------|-----|
| 1. | BOUTOUIL Samy | MAR | 2000 | CODM | 3:41.13 | 616 |
| | SABER Said | MAR | 1995 | | | 616 |
| | LAHRICHI Driss | MAR | 1997 | | | 616 |
| | HAMOUCANE Souhail | MAR | 1997 | | | 616 |
| 2. | BENNANI Saad | MAR | 1996 | FUS | 3:43.53 | 597 |
| | OUACHIKH Achraf | MAR | 2001 | | | 597 |
| | HEMRI Youssef | MAR | 2001 | | | 597 |
| | HEMRI Ali | MAR | 2001 | | | 597 |
| 3. | MAKY Mouad | MAR | 2000 | TSC | 3:54.06 | 520 |
| | LAFKIHI Hatim | MAR | 1995 | | | 520 |
| | AMARHOUS Ibrahim | MAR | 1999 | | | 520 |
| | EL HAOUARI Omar | MAR | 2001 | | | 520 |
| 4. | HAOUATI Nouamane | MAR | 1997 | USF | 3:55.81 | 508 |
| | BENNOUNA Hamza | MAR | 2000 | | | 508 |
| | KHARKHACH Abdellah | MAR | 2001 | | | 508 |
| | SADOUK Ali | MAR | 1999 | | | 508 |
| 5. | HASSOUNI Badr | MAR | 1998 | ADM | 3:59.96 | 482 |
| | OUAHMID Mohamed | MAR | 1998 | | | 482 |
| | ESSABIHI EDDAFALI Abdelkrim | MAR | 1999 | | | 482 |
| | HASSOUNI Omar | MAR | 2001 | | | 482 |
| 6. | HAITAM Monssif | MAR | 2002 | OCK | 4:02.24 | 469 |
| | MOUHIB Yahya | MAR | 2002 | | | 469 |
| | DABBAR Saad Amine | MAR | 2000 | | | 469 |
| | OUGOUIS Anas | MAR | 2001 | | | 469 |
| 7. | AYANE Yasser | MAR | 2001 | CSE | 4:05.02 | 453 |
| | CHANNANI Mohamed Amine | MAR | 2002 | | | 453 |
| | EL BADRE Azzedine | MAR | 2003 | | | 453 |
| | BENNAJEH Ahmed | MAR | 1998 | | | 453 |
| 8. | AZIZE Othmane | MAR | 2000 | WAC | 4:05.58 | 450 |
| | EL AZZAoui Zakaria | MAR | 1999 | | | 450 |
| | KAMIL Ali | MAR | 2002 | | | 450 |
| | KIBAL Sami | MAR | 2002 | | | 450 |
| 9. | ABOUKINANE Rayane Mostafa | MAR | 2002 | KACM | 4:11.63 | 418 |
| | FIDADI Fayçal | MAR | 2003 | | | 418 |
| | LAKHDAR Achraf | MAR | 1998 | | | 418 |
| | NADIFIYINE Younes Taha | MAR | 1995 | | | 418 |
| 10. | BENHLIMA Ilyas | MAR | 2001 | ASS | 4:17.07 | 392 |
| | BOUFEDENE Mehdi | MAR | 2000 | | | 392 |
| | MSOUGAR Ali | MAR | 2001 | | | 392 |
| | SAHNOUNE Omar | MAR | 2000 | | | 392 |
| 11. | MEFETTAR Ayman | MAR | 2003 | SNF | 4:23.68 | 363 |
| | ELKAMYA EI Mehdi | MAR | 2002 | | | 363 |
| | KEMMOUNE Anass | MAR | 2003 | | | 363 |
| | BENADADA Adnane | MAR | 2003 | | | 363 |
| NC. | EL KHOMS Yahya | MAR | 2001 | CNCS | Dsq Rel | 0 |
| | YOUSRI Saad | MAR | 2001 | | | 0 |
| | TAJEDDINE Aymen | MAR | 2003 | | | 0 |
| | ZIANE Adam | MAR | 2002 | | | 0 |
| NC. | ELOUKKAIL Mohamed | MAR | 2000 | OUM RABII | Abandon | 0 |
| | EZZARHOUNY Bouchaib | MAR | 1998 | | | 0 |
| | AKKOUR Elouadoudi | MAR | 2002 | | | 0 |
| | ET TAHERY Imad | MAR | 1996 | | | 0 |

CHAMPIONNATS DU MAROC RELAIS - 04/08/2017 - CASABLANCA - Grand bassin

4. 4 x 100 m NAGE LIBRE DAMES

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----------------------|-----|------|-----------|---------------------|-----|
| 1. | MSELLEK Kenza | MAR | 2000 | TSC | 4:13.04 | 579 |
| | EL HAOUARI Nadia | MAR | 2000 | | | 579 |
| | MANA Noura | MAR | 1997 | | | 579 |
| | RACHDI Hajar | MAR | 2000 | | | 579 |
| 2. | ZERAIDI Kenza | MAR | 2002 | CODM | 4:21.92 | 522 |
| | LAKNIT Hiba | MAR | 2002 | | | 522 |
| | ETTALBI Oumayma | MAR | 2003 | | | 522 |
| | BOUTOUIL Yasmeen | MAR | 1998 | | | 522 |
| 3. | SARHANE Salma | MAR | 1999 | R.C.A.NAT | 4:32.98 | 461 |
| | ZOUHAIRI Zineb | MAR | 1997 | | | 461 |
| | DAHANI Taghrid | MAR | 2003 | | | 461 |
| | KHIYARA Lina | MAR | 2003 | | | 461 |
| 4. | GOURRAM Keltoum | MAR | 2003 | ADM | 4:48.31 | 391 |
| | RAHMANI Oumaima | MAR | 2001 | | | 391 |
| | RGUIB Nora | MAR | 2003 | | | 391 |
| | ANOUAR EL ALAMI Manal | MAR | 2003 | | | 391 |

CHAMPIONNATS DU MAROC RELAIS - 04/08/2017 - CASABLANCA - Grand bassin

5. 4 x 200 m NAGE LIBRE MESSIEURS

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|-----|----------------------|-----|------|------|---------------------|-----|
| 1. | BOUTOUIL Sammy | MAR | 2000 | CODM | 7:58.07 | 671 |
| | BATAHI Nouaâmane | MAR | 1994 | | | 671 |
| | LAHRICHI Driss | MAR | 1997 | | | 671 |
| | SABER Said | MAR | 1995 | | | 671 |
| 2. | BENNANI Saad | MAR | 1996 | FUS | 8:32.31 | 545 |
| | OUACHIKH Achraf | MAR | 2001 | | | 545 |
| | HEMRI Youssef | MAR | 2001 | | | 545 |
| | HEMRI Ali | MAR | 2001 | | | 545 |
| 3. | EL HAOUARI Omar | MAR | 2001 | TSC | 8:38.21 | 526 |
| | LAFKIHI Hatim | MAR | 1995 | | | 526 |
| | MAKY Mouad | MAR | 2000 | | | 526 |
| | AMARHOUS Ibrahim | MAR | 1999 | | | 526 |
| 4. | DABBAR Saad Amine | MAR | 2000 | OCK | 8:58.21 | 470 |
| | HAITAM Monssif | MAR | 2002 | | | 470 |
| | MOUHIB Yahya | MAR | 2002 | | | 470 |
| | ES SAMLALI Ismail | MAR | 2002 | | | 470 |
| 5. | AYANE Yasser | MAR | 2001 | CSE | 9:03.56 | 456 |
| | MARCHICH Mehdi | MAR | 1999 | | | 456 |
| | EL BADRE Azzedine | MAR | 2003 | | | 456 |
| | BENNAJEH Ahmed | MAR | 1998 | | | 456 |
| 6. | AZIZE Othmane | MAR | 2000 | WAC | 9:09.77 | 441 |
| | EL AZZAOUI Zakaria | MAR | 1999 | | | 441 |
| | KAMIL Ali | MAR | 2002 | | | 441 |
| | KIBAL Sami | MAR | 2002 | | | 441 |
| 7. | MAHASSINE Yasser | MAR | 2000 | ADM | 9:19.67 | 418 |
| | ELMAHBOUBI Oussama | MAR | 2002 | | | 418 |
| | HASSOUNI Omar | MAR | 2001 | | | 418 |
| | HASSOUNI Badr | MAR | 1998 | | | 418 |
| NC. | BENHLIMA Ilyas | MAR | 2001 | ASS | Dsq Rel | 0 |
| | SAHNOUNE Omar | MAR | 2000 | | | 0 |
| | SEYAR Mohamed Aymane | MAR | 2000 | | | 0 |
| | MSOUGAR Ali | MAR | 2001 | | | 0 |

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6. 4 x 200 m NAGE LIBRE DAMES

| Rg | Nom | Nat | Lic | Club | Tps - Réact. - Obs. | Pts |
|----|-----------------------|-----|------|------|---------------------|-----|
| 1. | ELMACHRAFI Khaoula | MAR | 2000 | TSC | 9:19.09 | 564 |
| | MSELLEK Kenza | MAR | 2000 | | | 564 |
| | MANA Noura | MAR | 1997 | | | 564 |
| | RACHDI Hajar | MAR | 2000 | | | 564 |
| 2. | ZERAIDI Kenza | MAR | 2002 | CODM | 9:23.66 | 550 |
| | LAKNIT Hiba | MAR | 2002 | | | 550 |
| | OUFRID Oumnia | MAR | 2001 | | | 550 |
| | BOUTOUIL Yasmeen | MAR | 1998 | | | 550 |
| 3. | LAMGHARI Mariam | MAR | 2000 | OCK | 9:50.10 | 480 |
| | EL ABBARI Hafsa | MAR | 2002 | | | 480 |
| | KHALED Kaoutar | MAR | 2001 | | | 480 |
| | SELLAFI Mariam | MAR | 2002 | | | 480 |
| 4. | EL YOUSFI Salma | MAR | 2002 | ADM | 10:16.69 | 420 |
| | GOURRAM Keltoum | MAR | 2003 | | | 420 |
| | ANOUAR EL ALAMI Manal | MAR | 2003 | | | 420 |
| | RGUIB Nora | MAR | 2003 | | | 420 |