

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

## 1. 50 m NAGE LIBRE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>CADETS</b>						
1.	Douae EL MOUJARRADE	MAR	2003	SNF	30.48	472
2.	Salma REGRAGUI	MAR	2002	USF	30.50	471
3.	Lina EL MARJANI	MAR	2003	USF	34.64	321
4.	Fatima Zahra HSSINO	MAR	2003	USF	34.72	319
TL.D.	Zoubida BENJELLOUN	MAR	2003	USF	36.12	283
TL.D.	Kawtar SAYARH	MAR	2003	MAS	36.16	282
TL.D.	Chaimae LAHIA	MAR	2003	USF	38.05	242
TL.D.	Ghofrane ADLI	MAR	2003	MCO	41.46	187

**MINIMES**

1.	Fatima Zahra LAKTATI	MAR	2004	MAS	29.36	528
2.	Maroua LAISSAOUI	MAR	2004	CODM	29.86	502
3.	Rim RAHALI	MAR	2005	CODM	30.09	490
4.	Basma KADI	MAR	2004	CODM	30.16	487
5.	Nada DJEBLI	MAR	2005	CODM	30.46	473
6.	Chahd ALAMI	MAR	2004	SNF	30.84	455
7.	Aya OUFRI	MAR	2005	CODM	30.87	454
8.	Dina TOUZANI	MAR	2005	CODM	31.22	439
9.	Sofia SAIDI	MAR	2005	SNF	31.50	427
10.	Rim IDRISSE ROCHI ISSI	MAR	2005	SNF	31.62	422
11.	Meryem AIT BENALI	MAR	2004	CODM	31.74	418
12.	Doha TABERKANT	MAR	2004	SNF	32.24	398
13.	Lina TOUZANI	MAR	2005	CODM	32.27	397
14.	Malak LAMHITI	MAR	2004	SNF	32.73	381
15.	Aya FILALI	MAR	2004	MAS	33.07	369
16.	Aya EL HAMDANI	MAR	2005	MAS	36.45	276
17.	Malak NGUERI	MAR	2005	MAS	36.55	273
18.	Kenza BOUTALEB JOUTEI	MAR	2005	USF	37.53	252
TL.D.	Amira MZOUGH	MAR	2005	USF	39.84	211
TL.D.	Malak TRICHA	MAR	2004	USF	43.73	159
NC.	Yasmine BOUGHALEB	MAR	2004	SNF	Frfr n.d.	
NC.	Marwa MHAMMEDI ALAOUI	MAR	2005	SNF	Frfr n.d.	

**BENJAMINS**

1.	Abir MAHSSOUNE	MAR	2006	CODM	30.32	479
2.	Wissal ELMARDI	MAR	2006	CODM	31.09	444
3.	Malak LAHJOUJI	MAR	2006	CODM	31.39	432
4.	Rania BROUSS	MAR	2007	CODM	31.58	424
5.	Meryem ABOUTNI	MAR	2007	MCO	32.26	398
6.	Rhita EL BOURAKKADI	MAR	2007	SNF	33.61	352
7.	Salma KADIRI HASSANI	MAR	2006	SNF	33.84	344
8.	Malak SEFFAF	MAR	2006	CODM	33.87	344
9.	Aya TABET	MAR	2007	MCO	34.00	340
10.	Sara NAAMI	MAR	2006	CODM	34.28	331
11.	Malak MANSOURI	MAR	2007	SNF	34.39	328
12.	Salma LAMHITI	MAR	2006	SNF	34.97	312
13.	Jannat ADLI	MAR	2007	MCO	35.04	310
14.	Asmae KRIBI	MAR	2006	MCO	35.13	308
15.	Aya MERZOUK	MAR	2007	MAS	35.16	307
16.	Riham ESSALHI	MAR	2006	CODM	35.97	287
16.	Zineb BOULMAN	MAR	2006	MAS	35.97	287
18.	Kenza BENNANI	MAR	2006	MAS	36.30	279
19.	Aicha ZOUARHI	MAR	2006	MAS	36.59	272
20.	Ghita NAOU	MAR	2007	SNF	36.64	271
21.	Ikram HAMZIA	MAR	2006	CODM	37.00	263
22.	Wissale TAHIRI	MAR	2007	U.S.O	37.41	255

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## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**1. 50 m NAGE LIBRE DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>BENJAMINS</b>						
23.	Fatima Zahra NAJAH	MAR	2006	U.S.O	37.54	252
24.	Marwa GHARBI	MAR	2006	USF	37.55	252
25.	May GHARBI	MAR	2006	USF	37.58	251
26.	Rania TAHI	MAR	2006	MCO	38.04	242
27.	Aya MAAMRI	MAR	2006	MCO	38.13	241
28.	Abir LAAROUSSI	MAR	2007	MCO	38.32	237
29.	Fatima Zahra YOUNES	MAR	2007	U.S.O	38.52	233
30.	Hafsa STILI	MAR	2007	U.S.O	38.88	227
31.	Chada BENBRAHIM	MAR	2007	MAS	39.63	214
32.	Meryem Ayah ZOUITEN	MAR	2006	MAS	40.81	196
33.	Yasmine ARFAQ	MAR	2006	MAS	41.48	187
34.	Salma LAAROUSSI	MAR	2006	MCO	42.80	170
35.	Kanza MARRAKCHI BENZAOUZ	MAR	2007	USF	43.23	165
36.	Laila BELAOULA	MAR	2007	SNF	43.48	162
37.	Salma NEQGAZ	MAR	2007	USF	45.94	137
38.	Zineb SAIDI	MAR	2006	MAS	48.00	120
NC.	Ouiame BOUZZAOUI	MAR	2007	MCO	Frf exc.	
NC.	Rihab HACHIK	MAR	2007	USF	Frf n.d.	
NC.	Marwa BELRHITI NEJJAR	MAR	2007	CODM	Dsq FD	0

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**2. 50 m NAGE LIBRE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**SENIORS**

1.	Ahmed Reda ENNAIM	MAR	1996	CODM	26.43	495
2.	Karim AMARTI	MAR	1998	USF	26.49	492
3.	Soufyane GUENDOZ	MAR	1999	MCO	29.67	350

**JUNIORS**

1.	Ilyas BOUDENE	MAR	2001	MAS	25.85	529
2.	Abdellah KHARKHACH	MAR	2001	USF	26.32	501
3.	Hamza BENNOUNA	MAR	2000	USF	26.66	482

**CADETS**

1.	Adam SEDDOUK	MAR	2003	CODM	24.82	598
2.	Monssif Hamza TIJARI	MAR	2002	CODM	25.81	532
3.	Adnane BENADADA	MAR	2003	SNF	25.88	527
4.	Ayman MEFETTAR	MAR	2003	SNF	26.40	497
5.	Anass KEMMOUNE	MAR	2003	SNF	26.66	482
6.	Sami SAMRAH	MAR	2003	CODM	27.02	463
7.	Omar Ahmed ZOUITEN	MAR	2002	MAS	27.04	462
8.	Walid DEQQAOU	MAR	2003	USF	27.61	434
9.	El Mehdi ELKAMYA	MAR	2002	SNF	28.40	399
10.	Youssef KADIRI HASSANI	MAR	2003	SNF	28.58	391
11.	Ayman SIAHMED OUALI	MAR	2002	SNF	28.63	389
12.	Walid RHZAL	MAR	2003	UNO	28.68	387
13.	Youssef SAIDI	MAR	2003	SNF	29.10	371
14.	Walid EL BOURAKKADI	MAR	2003	SNF	29.36	361
15.	Mohammed Amine CHETOUANE	MAR	2003	UNO	29.82	344
16.	Zakaria NAJAH	MAR	2003	U.S.O	30.16	333
17.	Omar KHERCHOUC	MAR	2003	U.S.O	31.38	296
18.	M'hammed RHORCHI	MAR	2003	SNF	31.65	288
TLD.	Mehdi CHEHLAFI	MAR	2003	U.S.O	33.09	252
NC.	Mehdi BOUSSATATE	MAR	2003	U.S.O	Frf n.d.	

**MINIMES**

1.	Salim FRIKECH	MAR	2004	CODM	25.39	558
2.	Mohammed MOUISSE	MAR	2004	USF	27.02	463
3.	Karim JENNANE	MAR	2004	CODM	27.16	456
4.	Nouh ZAROUKI	MAR	2005	UNO	27.56	436
5.	Ahmed Yassine SAIDI	MAR	2004	UNO	27.95	418
6.	Youssef IDRISSE	MAR	2005	CODM	28.23	406
7.	Othmane ZAITOUNE	MAR	2004	MAS	28.32	402
7.	Anass BOUABDELLAOUI	MAR	2004	MCO	28.32	402
9.	Othmane ZITOUNI	MAR	2005	CODM	28.75	384
10.	Taha CHTATI	MAR	2005	CODM	28.98	375
11.	Yasser OUARIACH	MAR	2005	U.S.O	29.37	361
12.	Mohammed BENCHEKROUN	MAR	2004	SNF	29.99	339
13.	Mohamed Rayhane BENNANI	MAR	2005	DNF	30.55	320
14.	Adham Salah CHERRAK	MAR	2005	MCO	30.85	311
15.	Mohamed Salah Eddine RAHOU	MAR	2005	UNO	31.73	286
16.	Houssam BENKIEN	MAR	2004	MAS	31.80	284
17.	Yassine MAKNASSI SALIME	MAR	2004	MAS	32.21	273
18.	Boubker SAYARH	MAR	2005	MAS	32.27	272
19.	Mohammed BENJELLOUN	MAR	2005	MAS	32.52	265
20.	Mohammed Borhane DZIRI	MAR	2005	MCO EN	32.82	258
21.	Othmane BEKKAL	MAR	2004	MCO EN	33.15	251
22.	Abdessalam BEN KALTOUM	MAR	2005	USF	34.01	232
23.	Taha HAMMANI	MAR	2005	USF	34.07	231
24.	Ayman NASSIRI	MAR	2004	UNO	34.08	231

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## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**2. 50 m NAGE LIBRE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>MINIMES</b>						
25.	Othmane IRZI	MAR	2005	SNF	35.86	198
	TL.D. Ghali DAIRI	MAR	2005	MAS	36.79	183
	TL.D. Iliass ARFAOUI	MAR	2005	U.S.O	39.98	143
	TL.D. Sami BEKKALI	MAR	2005	MAS	40.51	137
	NC. Ismail QACHCHACHI	MAR	2005	MAS	Frfr n.d.	
	NC. Ali TOUIJAR	MAR	2005	SNF	Frfr n.d.	
	NC. Mohammed Yassine RHALOUSSI	MAR	2005	U.S.O	Frfr n.d.	

**BENJAMINS**

1.	Amine RACHEK	MAR	2006	CODM	28.95	377
2.	Ali BENCHEKROUN	MAR	2006	USF	30.07	336
3.	Mohammed Tayeb GHALLAB	MAR	2006	SNF	30.41	325
4.	Adam LAMHITI	MAR	2006	SNF	30.69	316
5.	Karim BOUGHALEB	MAR	2006	SNF	32.53	265
6.	Rayane ADIANNA	MAR	2007	SNF	32.68	262
7.	Nasrallah BELHADRI	MAR	2006	UNO	32.73	260
8.	Marwane EL HAOUAT	MAR	2006	SNF	32.80	259
9.	Adam ARFAQ	MAR	2006	MAS	32.89	257
10.	Ziad MAHRACH	MAR	2006	USF	32.92	256
11.	Aymane TLEMCANI	MAR	2006	DNF	33.06	253
12.	Adam Othmane HAMDAOUI	MAR	2006	MCO	33.14	251
13.	Ilyasse ZAID	MAR	2006	MCO EN	33.21	249
14.	Mohammed MANSOURI	MAR	2006	SNF	33.64	240
15.	Ayman LAMFEDEL	MAR	2007	CODM	33.81	236
16.	Salaheddine KOJMANE	MAR	2006	CODM	34.20	228
17.	Mohamed Rayane BOUASSAL	MAR	2007	CODM	34.28	227
18.	El Mehdi ZOUHRI	MAR	2006	UNO	34.63	220
19.	Abdellah RAJOUANI	MAR	2007	USF	34.69	219
20.	Ayoub LAMHITI	MAR	2006	SNF	34.79	217
21.	Mehdi OUMOKHTAR	MAR	2007	UNO	35.08	211
22.	Mohamed Sami MIRI	MAR	2007	UNO	35.27	208
23.	Loqmane FASSI FIHRI	MAR	2006	MAS	35.33	207
24.	Salah Eddine SALMI	MAR	2006	UNO	35.54	203
25.	Mohamed Amine GUETTAB	MAR	2006	SNF	35.56	203
26.	Yahya FATEINE	MAR	2007	SNF	35.73	200
27.	Ahmed Khalil RBII	MAR	2006	USF	35.88	198
28.	Abdelilah NAJAH	MAR	2007	U.S.O	36.02	195
29.	Hamza ESSARSARE	MAR	2007	CODM	36.04	195
30.	Mohammed ELAANNOUNI	MAR	2007	USF	36.16	193
31.	Haytam BOUHACHEM	MAR	2007	CODM	36.17	193
32.	Rayan EL HILALI	MAR	2007	SNF	36.39	189
33.	Ousama HASSAIN	MAR	2007	UNO	36.68	185
34.	Badredine FASSI FIHRI	MAR	2007	MAS	36.98	180
35.	Badr CHEHLAFI	MAR	2007	U.S.O	37.31	176
36.	Rayane LAZAR	MAR	2007	MCO	37.61	171
37.	Rayane ISMAILI	MAR	2006	CODM	37.72	170
38.	Abderrahim MRHAILAF	MAR	2007	CODM	37.88	168
39.	Youssef ZAKRI	MAR	2006	USF	37.89	168
40.	Sami BENALI	MAR	2007	USF	38.10	165
41.	Yassine BENJELLOUN	MAR	2006	USF	39.64	146
42.	Mohammed Yassine AMAMOUI	MAR	2007	USF	41.87	124
43.	Taha BENJELLOUN	MAR	2007	MAS	43.81	108
44.	Mohamed Sami EL MARJANI	MAR	2007	USF	45.73	95
45.	Yassine EL HASKOURI	MAR	2007	USF	48.71	79
46.	Abdelkrim RAIS	MAR	2007	USF	50.77	69
	NC. Amine CHATER	MAR	2007	U.S.O	Frfr n.d.	

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## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**2. 50 m NAGE LIBRE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**BENJAMINS**

	NC. Omar EL MARKHI	MAR	2006	USF	Dsq FD	0
	NC. Ziyad TIJARI	MAR	2006	CODM	Dsq FD	0
	NC. Houssam KHAZZAN	MAR	2007	CODM	Dsq FD	0

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**3. 200 m DOS DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>CADETS</b>						
1.	Hajar SABER	MAR	2003	CODM	2:40.00	466
2.	Ayat Errahmane BELRHITI	MAR	2002	MAS	2:52.33	373
<b>MINIMES</b>						
1.	Maroua LAISSAOUI	MAR	2004	CODM	2:42.34	446
2.	Aya OUFRIID	MAR	2005	CODM	2:47.73	404
3.	Lina TOUZANI	MAR	2005	CODM	2:55.24	354
TLD.	Lina MOJAB	MAR	2005	SNF	3:33.02	197
<b>BENJAMINS</b>						
1.	Marwa SMOUNI	MAR	2007	CODM	2:52.89	369
2.	Meryem ABOUTNI	MAR	2007	MCO	3:00.86	322
3.	Asmae KRIBII	MAR	2006	MCO	3:05.54	298
4.	Youmna LAISSAOUI	MAR	2007	CODM	3:07.29	290
5.	Khadija GHAMEL	MAR	2007	SNF	3:15.50	255
6.	Yasmine LAFDILI	MAR	2006	USF	3:16.04	253
7.	Ouiam CHETOUANE	MAR	2007	U.S.O	3:16.10	253
8.	Rhita EL BOURAKKADI	MAR	2007	SNF	3:16.30	252
9.	Ikram HAMZIA	MAR	2006	CODM	3:18.44	244
10.	Manal ELMATTICHI	MAR	2007	CODM	3:20.41	237
11.	Kenza BENNANI	MAR	2006	MAS	3:20.72	236
12.	Riham ESSALHI	MAR	2006	CODM	3:21.08	234
13.	Sara NAAMI	MAR	2006	CODM	3:22.84	228
14.	Salma LAMHITI	MAR	2006	SNF	3:25.44	220
NC.	Ikrame NABIL	MAR	2007	SNF	Frq exc.	
NC.	Aya TABET	MAR	2007	MCO	Dsq VI	0

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

## 4. 200 m DOS MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>JUNIORS</b>						
1.	Omar FILALI	MAR	2001	USF	2:27.97	432
<b>CADETS</b>						
1.	Mohammed Amine CHETOUANE	MAR	2003	UNO	2:49.18	289
<b>MINIMES</b>						
1.	Salim FRIKECH	MAR	2004	CODM	2:19.63	515
2.	Youssef IDRISSE	MAR	2005	CODM	2:32.50	395
3.	Anas BOUHAMIDI ALAOUI	MAR	2004	CODM	2:37.33	360
4.	Taha CHTATI	MAR	2005	CODM	2:38.23	353
5.	Soufiane AZFAR	MAR	2004	USF	2:38.41	352
6.	Ali SAADOUN	MAR	2005	CODM	2:38.91	349
7.	Alae BOUARGANE	MAR	2005	CODM	2:39.34	346
8.	Khalil ELMOUNE	MAR	2005	CODM	2:39.44	345
9.	Karim JENNANE	MAR	2004	CODM	2:40.78	337
10.	Saad YASSIRI	MAR	2005	USF	2:41.01	335
11.	Abdellah ESSONNI	MAR	2004	CODM	2:42.39	327
12.	Othmane ZITOUNI	MAR	2005	CODM	2:49.72	286
13.	Ilyas CHEKKORI	MAR	2004	SNF	3:00.93	236
<b>BENJAMINS</b>						
1.	Souhaib EL MOUSSAMI	MAR	2006	CODM	2:28.72	426
2.	Nizar SALMI	MAR	2006	CODM	2:34.69	378
3.	Omar HIDAF	MAR	2006	CODM	2:51.24	279
4.	Abdelkadir ENNAJM	MAR	2006	CODM	2:59.06	244
5.	Rayane AMALI	MAR	2006	CODM	3:08.86	208
6.	Houssam KHAZZAN	MAR	2007	CODM	3:09.36	206
7.	Hamza ESSARSARE	MAR	2007	CODM	3:15.14	188
8.	Yahya FATEINE	MAR	2007	SNF	3:17.84	181
9.	Zakariae ROUICHA	MAR	2007	CODM	3:22.00	170
10.	Ousama HASSAIN	MAR	2007	UNO	3:23.30	166
11.	Rayane ISMAILI	MAR	2006	CODM	3:26.29	159
NC.	Abdellah HANINI	MAR	2006	CODM	Dsq VI	0
NC.	Abderrahim MRHAILAF	MAR	2007	CODM	Dsq VI	0

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**5. 100 m PAPILLON DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Salma REGRAGUI	MAR	2002	USF	1:13.38	444
2.	Douae EL MOUJARRADE	MAR	2003	SNF	1:15.70	404
3.	Hajar SABER	MAR	2003	CODM	1:18.70	359

**MINIMES**

1.	Malak DARKAOUI	MAR	2005	CODM	1:13.08	449
2.	Chahd ALAMI	MAR	2004	SNF	1:17.14	382
3.	Fatima Zahra LAKTATI	MAR	2004	MAS	1:18.19	367
4.	Rim IDRISSE ROCHI ISSI	MAR	2005	SNF	1:21.69	321
5.	Aya FILALI	MAR	2004	MAS	1:30.84	234

**BENJAMINS**

1.	Marwa SMOUNI	MAR	2007	CODM	1:25.88	277
2.	Wissal ELMARDI	MAR	2006	CODM	1:29.50	244
3.	Aya JABRI	MAR	2006	CODM	1:32.91	218



## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**6. 100 m PAILLON MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**SENIORS**

1.	Ahmed Reda ENNAIM	MAR	1996	CODM	1:03.47	483
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**JUNIORS**

1.	Abdeljabbar REGRAGUI	MAR	2001	CODM	1:00.14	568
2.	Ilyas BOUDENE	MAR	2001	MAS	1:03.77	476
3.	Abdellah KHARKHACH	MAR	2001	USF	1:06.09	428
4.	Omar FILALI	MAR	2001	USF	1:11.99	331

**CADETS**

1.	Monssif Hamza TIJARI	MAR	2002	CODM	1:01.40	534
2.	Zakariae AMALI	MAR	2003	CODM	1:03.55	481
3.	Othman RASSI	MAR	2002	UNO	1:06.38	422
4.	Walid DEQQAOU	MAR	2003	USF	1:09.31	371
5.	Sami SAMRAH	MAR	2003	CODM	1:11.45	339

**MINIMES**

1.	Ismail DEQQAOU	MAR	2005	USF	1:09.72	364
2.	Ali ESSARSARE	MAR	2005	CODM	1:11.13	343
3.	Yasser OUARIACH	MAR	2005	U.S.O	1:13.55	310
4.	Nouh ZAROUKI	MAR	2005	UNO	1:14.41	300
5.	Alae BOUARGANE	MAR	2005	CODM	1:20.65	235
TLD.	Othmane ZAITOUNE	MAR	2004	MAS	1:25.77	196
TLD.	Houssam BENKIEN	MAR	2004	MAS	1:28.21	180

**BENJAMINS**

1.	Ali BENCHEKROUN	MAR	2006	USF	1:12.96	318
2.	Hamza AINOUSS	MAR	2006	CODM	1:15.41	288
3.	Nizar SALMI	MAR	2006	CODM	1:15.84	283
4.	Souhaib EL MOUSSAMI	MAR	2006	CODM	1:16.35	277
5.	Ziyad TIJARI	MAR	2006	CODM	1:18.13	259
6.	Nizar HAOUATI	MAR	2007	USF	1:18.47	255
7.	Adam LAMHITI	MAR	2006	SNF	1:19.12	249
8.	Mohammed Tayeb GHALLAB	MAR	2006	SNF	1:19.33	247
9.	Abdellah HANINI	MAR	2006	CODM	1:27.22	186
10.	Rayane ADIANNA	MAR	2007	SNF	1:28.21	180
11.	Ayman LAMFEDEL	MAR	2007	CODM	1:31.98	158
12.	Haytam BOUHACHEM	MAR	2007	CODM	1:38.20	130
13.	Mohamed Rayane BOUASSAL	MAR	2007	CODM	1:43.51	111

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**7. 200 m 4 NAGES DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**MINIMES**

1.	Malak DARKAOUI	MAR	2005	CODM	2:39.04	499
2.	Nada DJEBLI	MAR	2005	CODM	2:44.40	451
3.	Dina TOUZANI	MAR	2005	CODM	2:46.48	435
4.	Rim RAHALI	MAR	2005	CODM	2:49.84	409
5.	Doha TABERKANT	MAR	2004	SNF	2:53.87	381
6.	Meryem AIT BENALI	MAR	2004	CODM	2:54.26	379
7.	Sofia SAIDI	MAR	2005	SNF	2:59.43	347
NC.	Marwa MHAMMEDI ALAOUI	MAR	2005	SNF	Frfr n.d.	

**BENJAMINS**

1.	Rania BROUSS	MAR	2007	CODM	2:54.57	377
2.	Malak LAHJOUJI	MAR	2006	CODM	2:56.68	364
3.	Abir MAHSSOUNE	MAR	2006	CODM	2:57.37	359
4.	Aya JABRI	MAR	2006	CODM	3:05.31	315
5.	Salma KADIRI HASSANI	MAR	2006	SNF	3:06.00	312
6.	Yasmine LAFDILI	MAR	2006	USF	3:06.20	310
7.	Jannat ADLI	MAR	2007	MCO	3:07.82	303
8.	Malak SEFFAF	MAR	2006	CODM	3:10.91	288
9.	Marwa BELRHITI NEJJAR	MAR	2007	CODM	3:11.26	286
10.	Malak MANSOURI	MAR	2007	SNF	3:12.72	280
11.	Manal ELMATTICHI	MAR	2007	CODM	3:22.13	243
12.	Aya MERZOUK	MAR	2007	MAS	3:22.97	240
13.	Zineb BOULMAN	MAR	2006	MAS	3:27.23	225
14.	Aicha ZOUARHI	MAR	2006	MAS	3:28.38	221
NC.	Younma LAISSAOUI	MAR	2007	CODM	Dsq VI	0

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**8. 200 m 4 NAGES MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**SENIORS**

1.	Karim AMARTI	MAR	1998	USF	2:34.33	406
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**JUNIORS**

1.	Abdeljabbar REGRAGUI	MAR	2001	CODM	2:23.00	511
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**CADETS**

1.	Adam SEDDOUK	MAR	2003	CODM	2:23.70	504
2.	Zakariae AMALI	MAR	2003	CODM	2:24.80	492
3.	Omar Ahmed ZOUITEN	MAR	2002	MAS	2:27.56	465
4.	Ayman MEFETTAR	MAR	2003	SNF	2:31.34	431
5.	Adnane BENADADA	MAR	2003	SNF	2:31.83	427
6.	Youssef KADIRI HASSANI	MAR	2003	SNF	2:37.06	386
7.	Walid RHZAL	MAR	2003	UNO	2:38.77	373
8.	Anass KEMMOUNE	MAR	2003	SNF	2:39.61	367
9.	Ayman SIAHMED OUALI	MAR	2002	SNF	2:46.48	324
10.	Omar KHERCHOUCH	MAR	2003	U.S.O	2:49.26	308
11.	Youssef SAIDI	MAR	2003	SNF	2:50.69	300

**MINIMES**

1.	Ali ESSARSARE	MAR	2005	CODM	2:27.66	464
2.	Mohammed MOUISSE	MAR	2004	USF	2:30.49	438
2.	Ismail DEQQAOU	MAR	2005	USF	2:30.49	438
4.	Anas BOUHAMIDI ALAOUI	MAR	2004	CODM	2:35.77	395
5.	Khalil ELMOUNE	MAR	2005	CODM	2:36.51	390
6.	Ali SAADOUN	MAR	2005	CODM	2:38.61	374
7.	Soufiane AZFAR	MAR	2004	USF	2:44.60	335
8.	Saad YASSIRI	MAR	2005	USF	2:50.83	300
9.	Adham Salah CHERRAK	MAR	2005	MCO	2:57.38	268
10.	Ilyas CHEKKORI	MAR	2004	SNF	3:03.65	241
TL.D.	Mohammed MOUSSA	MAR	2005	MCO EN	3:22.13	181
NC.	Anass BOUABDELLAOUI	MAR	2004	MCO	Dsq VI	0
NC.	Ahmed Yassine SAIDI	MAR	2004	UNO	Dsq NI	0

**BENJAMINS**

1.	Amine RACHEK	MAR	2006	CODM	2:47.28	319
2.	Hamza AINOUSS	MAR	2006	CODM	2:48.67	311
3.	Omar HIDAF	MAR	2006	CODM	2:51.22	297
4.	Nizar HAOUATI	MAR	2007	USF	2:54.14	283
5.	Ziad MAHRACH	MAR	2006	USF	2:55.64	276
6.	Abdelkadir ENNAJM	MAR	2006	CODM	3:06.05	232
7.	Nasrallah BELHADRI	MAR	2006	UNO	3:07.37	227
8.	Ayoub LAMHITI	MAR	2006	SNF	3:09.66	219
9.	Zakariae ROUICHA	MAR	2007	CODM	3:13.32	207
10.	Rayane AMALI	MAR	2006	CODM	3:14.19	204
11.	Salaheddine KOJMANE	MAR	2006	CODM	3:20.81	184
12.	Ayman TLEMCANI	MAR	2006	DNF	3:21.28	183
13.	Mohamed Sami MIRI	MAR	2007	UNO	3:22.48	180
14.	Adam ARFAQ	MAR	2006	MAS	3:25.09	173
15.	Loqmane FASSI FIHRI	MAR	2006	MAS	3:27.59	167

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**9. 1500 m NAGE LIBRE DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

	NC. Ayat Errahmane BELRHITI	MAR	2002	MAS	\bandon	0
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**MINIMES**

1.	Malak LAMHITI	MAR	2004	SNF	21:26.26	375
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## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**10. 1500 m NAGE LIBRE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**MINIMES**

1.	Abdellah ESSONNI	MAR	2004	CODM	19:28.89	413
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## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**11. 400 m NAGE LIBRE DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Hajar SABER	MAR	2003	CODM	5:17.54	423
2.	Ayat Errahmane BELRHITI	MAR	2002	MAS	5:51.05	313

**MINIMES**

1.	Maroua LAISSAOUI	MAR	2004	CODM	5:04.89	477
2.	Rim RAHALI	MAR	2005	CODM	5:10.72	451
3.	Aya OUFRID	MAR	2005	CODM	5:27.74	384
4.	Malak LAMHITI	MAR	2004	SNF	5:28.94	380

**BENJAMINS**

1.	Marwa BELRHITI NEJJAR	MAR	2007	CODM	5:56.92	297
2.	Hafsa STILI	MAR	2007	U.S.O	6:43.69	205

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**12. 400 m NAGE LIBRE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**SENIORS**

TLD.	Soufyane GUENDOZ	MAR	1999	MCO	5:23.79	313
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**CADETS**

1.	Adam SEDDOUK	MAR	2003	CODM	4:33.55	520
1.	Monssif Hamza TIJARI	MAR	2002	CODM	4:33.55	520
3.	Zakariae AMALI	MAR	2003	CODM	4:34.22	516
4.	Anass KEMMOUNE	MAR	2003	SNF	4:46.13	455
5.	Omar Ahmed ZOUITEN	MAR	2002	MAS	4:48.05	445
6.	Ayman MEFETTAR	MAR	2003	SNF	4:54.52	417

**MINIMES**

1.	Salim FRIKECH	MAR	2004	CODM	4:41.78	476
2.	Anas BOUHAMIDI ALAOUI	MAR	2004	CODM	4:50.00	437
3.	Ismail DEQQAOU	MAR	2005	USF	4:50.24	435
4.	Mohammed MOUISSE	MAR	2004	USF	4:51.05	432
5.	Yasser OUARIACH	MAR	2005	U.S.O	4:55.43	413
6.	Abdellah ESSONNI	MAR	2004	CODM	4:57.35	405
7.	Othmane ZITOUNI	MAR	2005	CODM	5:11.83	351
8.	Ahmed Yassine SAIDI	MAR	2004	UNO	5:13.41	346
9.	Saad YASSIRI	MAR	2005	USF	5:16.43	336
10.	Adham Salah CHERRAK	MAR	2005	MCO	5:42.05	266
NC.	Soufiane AZFAR	MAR	2004	USF	\bandon	0

**BENJAMINS**

1.	Ali BENCHEKROUN	MAR	2006	USF	5:16.50	336
2.	Abdelkabar ENNAJM	MAR	2006	CODM	5:17.41	333
3.	Mohammed Tayeb GHALLAB	MAR	2006	SNF	5:22.72	317
4.	Ziyad TIJARI	MAR	2006	CODM	5:23.52	314
5.	Hamza AINOUSS	MAR	2006	CODM	5:36.03	280
6.	Mehdi OUMOKHTAR	MAR	2007	UNO	5:38.23	275
7.	Rayane ADIANNA	MAR	2007	SNF	5:40.55	269
8.	Ziad MAHRACH	MAR	2006	USF	5:47.22	254
9.	Marwane EL HAOUAT	MAR	2006	SNF	5:49.10	250
10.	Nasrallah BELHADRI	MAR	2006	UNO	5:49.64	249
11.	Abdelilah NAJAH	MAR	2007	U.S.O	5:55.02	238
12.	El Mehdi ZOUHRI	MAR	2006	UNO	6:17.38	198
13.	Mohamed Sami MIRI	MAR	2007	UNO	6:18.65	196

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**13. 50 m DOS DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Douae EL MOUJARRADE	MAR	2003	SNF	35.02	461
2.	Lina EL MARJANI	MAR	2003	USF	39.94	311
3.	Fatima Zahra HSSINO	MAR	2003	USF	40.09	307
4.	Zoubida BENJELLOUN	MAR	2003	USF	41.32	280
5.	Kawtar SAYARH	MAR	2003	MAS	43.88	234
6.	Chaimae LAHIA	MAR	2003	USF	45.55	209
7.	Ghofrane ADLI	MAR	2003	MCO	45.78	206

**MINIMES**

1.	Doha TABERKANT	MAR	2004	SNF	34.03	503
2.	Aya OUFRI	MAR	2005	CODM	34.75	472
3.	Dina TOUZANI	MAR	2005	CODM	35.46	444
4.	Malak DARKAOUI	MAR	2005	CODM	36.01	424
5.	Chahd ALAMI	MAR	2004	SNF	36.02	424
6.	Maroua LAISSAOUI	MAR	2004	CODM	36.30	414
7.	Basma KADI	MAR	2004	CODM	36.32	413
8.	Lina TOUZANI	MAR	2005	CODM	36.92	393
9.	Meryem AIT BENALI	MAR	2004	CODM	38.31	352
10.	Aya FILALI	MAR	2004	MAS	39.30	326
11.	Malak NGUERI	MAR	2005	MAS	44.48	225
12.	Amira MZOUGH	MAR	2005	USF	45.05	216
13.	Lina MOJAB	MAR	2005	SNF	45.83	205
14.	Aya EL HAMDANI	MAR	2005	MAS	46.30	199
TLD.	Kenza BOUTALEB JOUTEI	MAR	2005	USF	48.57	172
NC.	Yasmine BOUGHALEB	MAR	2004	SNF	Frf n.d.	
NC.	Marwa MHAMMEDI ALAOUI	MAR	2005	SNF	Frf n.d.	

**BENJAMINS**

1.	Abir MAHSSOUNE	MAR	2006	CODM	34.62	477
2.	Marwa SMOUNI	MAR	2007	CODM	36.14	419
3.	Wissal ELMARDI	MAR	2006	CODM	36.73	400
4.	Rania BROUSS	MAR	2007	CODM	36.96	392
5.	Malak LAHJOUJI	MAR	2006	CODM	37.56	374
6.	Meryem ABOUTNI	MAR	2007	MCO	38.52	346
7.	Rhita EL BOURAKKADI	MAR	2007	SNF	40.52	297
8.	Yasmine LAFDILI	MAR	2006	USF	40.55	297
9.	Fatima Zahra NAJAH	MAR	2006	U.S.O	41.14	284
10.	Khadija GHAMEL	MAR	2007	SNF	41.32	280
11.	Salma KADIRI HASSANI	MAR	2006	SNF	41.34	280
12.	Malak SEFFAF	MAR	2006	CODM	41.46	278
13.	Salma LAMHITI	MAR	2006	SNF	41.60	275
14.	Youmna LAISSAOUI	MAR	2007	CODM	41.62	274
15.	Ikram HAMZIA	MAR	2006	CODM	42.12	265
16.	Fatima Zahra YOUNES	MAR	2007	U.S.O	42.14	264
17.	Aya JABRI	MAR	2006	CODM	42.25	262
18.	Riham ESSALHI	MAR	2006	CODM	42.47	258
18.	Kenza BENNANI	MAR	2006	MAS	42.47	258
20.	Ouiam CHETOUANE	MAR	2007	U.S.O	43.25	245
21.	Sara NAAMI	MAR	2006	CODM	44.69	222
21.	Aya MAAMRI	MAR	2006	MCO	44.69	222
23.	May GHARBI	MAR	2006	USF	44.73	221
24.	Meryem Ayah ZOUITEN	MAR	2006	MAS	44.76	221
25.	Abir LAAROUSSI	MAR	2007	MCO	44.95	218
26.	Wissale TAHIRI	MAR	2007	U.S.O	45.00	217
27.	Marwa GHARBI	MAR	2006	USF	45.79	206
28.	Rania TAHI	MAR	2006	MCO	45.90	204

F.R.M.N.



## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**13. 50 m DOS DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>BENJAMINS</b>						
29.	Salma LAAROUSSI	MAR	2006	MCO	46.03	203
30.	Manal ELMATTICHI	MAR	2007	CODM	46.29	199
31.	Hafsa STILI	MAR	2007	U.S.O	46.81	193
32.	Chada BENBRAHIM	MAR	2007	MAS	47.20	188
33.	Ghita NAOUI	MAR	2007	SNF	47.91	180
34.	Laila BELAOULA	MAR	2007	SNF	48.14	177
35.	Yasmine ARFAQ	MAR	2006	MAS	54.90	119
36.	Salma NEQQAZ	MAR	2007	USF	55.01	119
37.	Zineb SAIDI	MAR	2006	MAS	56.13	112
NC.	Ouiame BOUAZZAOUI	MAR	2007	MCO	Frf exc.	
NC.	Ikrame NABIL	MAR	2007	SNF	Frf n.d.	
NC.	Rihab HACHIK	MAR	2007	USF	Frf n.d.	
NC.	Zineb BOULMAN	MAR	2006	MAS	Dsq VI	0

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

## 14. 50 m DOS MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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## SENIORS

1.	Karim AMARTI	MAR	1998	USF	30.81	475
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## JUNIORS

1.	Abdeljabbar REGRAGUI	MAR	2001	CODM	27.58	662
2.	Omar FILALI	MAR	2001	USF	30.08	510
3.	Abdellah KHARKHACH	MAR	2001	USF	32.47	406

## CADETS

1.	Walid RHZAL	MAR	2003	UNO	31.33	451
2.	Anass KEMMOUNE	MAR	2003	SNF	33.04	385
2.	El Mehdi ELKAMYA	MAR	2002	SNF	33.04	385
4.	Mohammed Amine CHETOUANE	MAR	2003	UNO	33.86	358
5.	Ayman SIAHMED OUALI	MAR	2002	SNF	35.26	317
6.	Zakaria NAJAH	MAR	2003	U.S.O	35.60	308
7.	Youssef KADIRI HASSANI	MAR	2003	SNF	36.80	278
8.	Youssef SAIDI	MAR	2003	SNF	36.81	278
9.	Walid EL BOURAKKADI	MAR	2003	SNF	37.40	265
10.	Mehdi CHEHLAFI	MAR	2003	U.S.O	38.80	237
11.	M'hammed RHORCHI	MAR	2003	SNF	40.73	205
NC.	Adnane BENADADA	MAR	2003	SNF	Frfr n.d.	
NC.	Mehdi BOUSSATATE	MAR	2003	U.S.O	Frfr n.d.	

## MINIMES

1.	Salim FRIKECH	MAR	2004	CODM	28.33	611
2.	Nouh ZAROUKI	MAR	2005	UNO	31.67	437
3.	Karim JENNANE	MAR	2004	CODM	31.72	435
4.	Youssef IDRISSE	MAR	2005	CODM	32.55	403
5.	Ali SAADOUN	MAR	2005	CODM	33.04	385
6.	Mohammed MOUISSE	MAR	2004	USF	33.27	377
7.	Khalil ELMOUNE	MAR	2005	CODM	33.39	373
8.	Soufiane AZFAR	MAR	2004	USF	33.78	360
9.	Saad YASSIRI	MAR	2005	USF	33.79	360
10.	Alae BOUARGANE	MAR	2005	CODM	33.91	356
11.	Anas BOUHAMIDI ALAOUI	MAR	2004	CODM	34.04	352
12.	Taha CHTATI	MAR	2005	CODM	34.64	334
13.	Mohammed MOUSSA	MAR	2005	MCO EN	36.28	291
14.	Mohamed Salah Eddine RAHOU	MAR	2005	UNO	36.56	284
15.	Ilyas CHEKKORI	MAR	2004	SNF	37.07	272
16.	Mohamed Rayhane BENNANI	MAR	2005	DNF	37.37	266
17.	Houssam BENKIEN	MAR	2004	MAS	37.45	264
18.	Abdessalam BEN KALTOUM	MAR	2005	USF	38.70	239
19.	Mohammed BENCHEKROUN	MAR	2004	SNF	39.08	232
20.	Yassine MAKNASSI SALIME	MAR	2004	MAS	39.17	231
21.	Othmane ZAITOUNE	MAR	2004	MAS	39.20	230
22.	Boubker SAYARH	MAR	2005	MAS	41.10	200
23.	Ayman NASSIRI	MAR	2004	UNO	41.68	191
24.	Othmane IRZI	MAR	2005	SNF	41.93	188
25.	Taha HAMMANI	MAR	2005	USF	41.95	188
TLD.	Ghali DAIRI	MAR	2005	MAS	44.39	158
TLD.	Iliass ARFAOUI	MAR	2005	U.S.O	53.73	89
NC.	Ali TOUIJAR	MAR	2005	SNF	Frfr n.d.	
NC.	Mohammed Yassine RHALOUSSI	MAR	2005	U.S.O	Frfr n.d.	

## BENJAMINS

1.	Souhaib EL MOUSSAMI	MAR	2006	CODM	32.68	398
2.	Mohammed Tayeb GHALLAB	MAR	2006	SNF	34.29	344

F.R.M.N.

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

## 14. 50 m DOS MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>BENJAMINS</b>						
3.	Nizar SALMI	MAR	2006	CODM	34.63	334
4.	Adam LAMHITI	MAR	2006	SNF	34.64	334
5.	Amine RACHEK	MAR	2006	CODM	37.07	272
6.	Omar HIDAF	MAR	2006	CODM	37.30	267
7.	Ilyasse ZAID	MAR	2006	MCO EN	37.33	267
8.	El Mehdi ZOUHRI	MAR	2006	UNO	39.15	231
9.	Ayoub LAMHITI	MAR	2006	SNF	39.28	229
10.	Abdelkadir ENNAJM	MAR	2006	CODM	39.45	226
11.	Ayman TLEMCANI	MAR	2006	DNF	40.23	213
12.	Adam ARFAQ	MAR	2006	MAS	40.31	212
13.	Adam Othmane HAMD AOUI	MAR	2006	MCO	40.32	212
14.	Abdellah HANINI	MAR	2006	CODM	40.51	209
15.	Karim BOUGHALEB	MAR	2006	SNF	40.68	206
15.	Mohamed Sami MIRI	MAR	2007	UNO	40.68	206
17.	Mohammed MANSOURI	MAR	2006	SNF	40.71	205
18.	Mohamed Rayane BOUASSAL	MAR	2007	CODM	41.26	197
19.	Omar EL MARKHI	MAR	2006	USF	41.35	196
20.	Yahya FATEINE	MAR	2007	SNF	41.66	192
21.	Houssam KHAZZAN	MAR	2007	CODM	41.80	190
22.	Ayman LAMFEDEL	MAR	2007	CODM	42.02	187
23.	Rayane AMALI	MAR	2006	CODM	42.08	186
24.	Ahmed Khalil RBII	MAR	2006	USF	42.23	184
25.	Ousama HASSAIN	MAR	2007	UNO	42.30	183
26.	Hamza ESSARSARE	MAR	2007	CODM	42.87	176
27.	Rayane LAZAR	MAR	2007	MCO	42.95	175
28.	Mehdi OUMOKHTAR	MAR	2007	UNO	43.52	168
29.	Rayane ISMAILI	MAR	2006	CODM	43.57	168
30.	Haytam BOUHACHEM	MAR	2007	CODM	43.58	167
31.	Sami BENALI	MAR	2007	USF	44.22	160
32.	Zakariae ROUICHA	MAR	2007	CODM	44.32	159
33.	Mohamed Amine GUETTAB	MAR	2006	SNF	44.41	158
34.	Badr CHEHLAFI	MAR	2007	U.S.O	44.45	158
35.	Loqmane FASSI FIIHRI	MAR	2006	MAS	45.05	152
36.	Abderrahim MRHAILAF	MAR	2007	CODM	45.69	145
37.	Badredine FASSI FIIHRI	MAR	2007	MAS	46.83	135
38.	Salaheddine KOJMANE	MAR	2006	CODM	47.53	129
39.	Abdellah RAJOUANI	MAR	2007	USF	47.60	128
40.	Mohammed Yassine AMAMOU	MAR	2007	USF	51.71	100
41.	Yassine BENJELLOUN	MAR	2006	USF	52.74	94
42.	Mohamed Sami EL MARJANI	MAR	2007	USF	55.72	80
43.	Yassine EL HASKOURI	MAR	2007	USF	56.34	77
NC.	Amine CHATER	MAR	2007	U.S.O	Frfr n.d.	
NC.	Salah Eddine SALMI	MAR	2006	UNO	Disqual.	0

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**15. 200 m PAPILLON DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Hajar SABER	MAR	2003	CODM	2:59.58	312
2.	Douae EL MOUJARRADE	MAR	2003	SNF	3:03.44	292

**MINIMES**

1.	Malak DARKAOUI	MAR	2005	CODM	2:45.04	402
2.	Nada DJEBLI	MAR	2005	CODM	3:00.34	308
3.	Fatima Zahra LAKTATI	MAR	2004	MAS	3:03.15	294

**BENJAMINS**

1.	Aya JABRI	MAR	2006	CODM	3:29.06	197
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## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**16. 200 m PAPILLON MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Monssif Hamza TIJARI	MAR	2002	CODM	2:19.65	509
2.	Adam SEDDOUK	MAR	2003	CODM	2:21.94	484
3.	Zakariae AMALI	MAR	2003	CODM	2:22.20	482
4.	Othman RASSI	MAR	2002	UNO	2:48.10	291
NC.	Adnane BENADADA	MAR	2003	SNF	Fré exc.	

**MINIMES**

1.	Ali ESSARSARE	MAR	2005	CODM	2:42.63	322
2.	Yasser OUARIACH	MAR	2005	U.S.O	2:45.89	303

**BENJAMINS**

1.	Nizar SALMI	MAR	2006	CODM	2:51.10	276
2.	Souhaib EL MOUSSAMI	MAR	2006	CODM	2:54.33	261
3.	Nizar HAOUATI	MAR	2007	USF	2:59.03	241
4.	Hamza AINOUSS	MAR	2006	CODM	3:00.81	234
5.	Ziyad TIJARI	MAR	2006	CODM	3:07.92	208
6.	Ayman LAMFEDEL	MAR	2007	CODM	3:34.01	141
7.	Haytam BOUHACHEM	MAR	2007	CODM	3:49.63	114
8.	Mohamed Rayane BOUASSAL	MAR	2007	CODM	3:51.34	111

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

## 17. 100 m BRASSE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>CADETS</b>						
1.	Salma REGRAGUI	MAR	2002	USF	1:30.66	357
2.	Lina EL MARJANI	MAR	2003	USF	1:39.84	267
TLD.	Ayat Errahmane BELRHITI	MAR	2002	MAS	1:40.30	264
<b>MINIMES</b>						
1.	Meryem AIT BENALI	MAR	2004	CODM	1:23.69	454
2.	Nada DJEBLI	MAR	2005	CODM	1:25.73	422
3.	Rim RAHALI	MAR	2005	CODM	1:27.72	394
4.	Basma KADI	MAR	2004	CODM	1:27.89	392
5.	Dina TOUZANI	MAR	2005	CODM	1:29.35	373
6.	Sofia SAIDI	MAR	2005	SNF	1:29.55	371
7.	Rim IDRISSE ROCHI ISSI	MAR	2005	SNF	1:32.26	339
8.	Malak LAMHITI	MAR	2004	SNF	1:32.82	333
9.	Doha TABERKANT	MAR	2004	SNF	1:33.13	329
10.	Lina TOUZANI	MAR	2005	CODM	1:35.68	304
10.	Chahd ALAMI	MAR	2004	SNF	1:35.68	304
12.	Aya EL HAMDANI	MAR	2005	MAS	1:35.83	302
TLD.	Aya FILALI	MAR	2004	MAS	1:45.88	224
TLD.	Lina MOJAB	MAR	2005	SNF	1:58.27	161
NC.	Marwa MHAMMEDI ALAOUI	MAR	2005	SNF	Frf n.d.	
NC.	Kenza BOUTALEB JOUTEI	MAR	2005	USF	Dsq VI	0
<b>BENJAMINS</b>						
1.	Aya TABET	MAR	2007	MCO	1:28.23	388
2.	Abir MAHSSOUNE	MAR	2006	CODM	1:28.45	385
3.	Salma KADIRI HASSANI	MAR	2006	SNF	1:29.19	375
4.	Malak LAHJOUJI	MAR	2006	CODM	1:29.47	372
5.	Marwa SMOUNI	MAR	2007	CODM	1:29.81	367
6.	Malak MANSOURI	MAR	2007	SNF	1:30.99	353
7.	Rania BROUSS	MAR	2007	CODM	1:31.82	344
8.	Wissal ELMARDI	MAR	2006	CODM	1:32.27	339
9.	Malak SEFFAF	MAR	2006	CODM	1:33.64	324
10.	Yasmine LAFDILI	MAR	2006	USF	1:33.87	322
11.	Sara NAAMI	MAR	2006	CODM	1:36.70	294
12.	Aicha ZOUARHI	MAR	2006	MAS	1:37.77	285
13.	Jannat ADLI	MAR	2007	MCO	1:37.91	283
14.	Marwa BELRHITI NEJJAR	MAR	2007	CODM	1:38.31	280
15.	Rhita EL BOURAKKADI	MAR	2007	SNF	1:39.80	268
16.	Salma LAMHITI	MAR	2006	SNF	1:40.13	265
17.	Aya MERZOUK	MAR	2007	MAS	1:40.27	264
18.	Youmna LAISSAOUI	MAR	2007	CODM	1:41.10	257
19.	Manal ELMATTICHI	MAR	2007	CODM	1:41.20	257
20.	Ouiam CHETOUANE	MAR	2007	U.S.O	1:42.05	250
21.	Fatima Zahra NAJAH	MAR	2006	U.S.O	1:42.37	248
22.	Ikram HAMZIA	MAR	2006	CODM	1:43.04	243
23.	Aya MAAMRI	MAR	2006	MCO	1:43.38	241
24.	Zineb BOULMAN	MAR	2006	MAS	1:44.10	236
25.	Asmae KRIBII	MAR	2006	MCO	1:45.39	227
26.	Meryem Ayah ZOUITEN	MAR	2006	MAS	1:47.93	211
27.	Ghita NAOUI	MAR	2007	SNF	1:49.40	203
28.	Abir LAAROUSSI	MAR	2007	MCO	1:50.26	198
29.	Chada BENBRAHIM	MAR	2007	MAS	1:54.30	178
30.	Kanza MARRAKCHI BENZAOUZ	MAR	2007	USF	1:55.03	175
31.	Riham ESSALHI	MAR	2006	CODM	1:55.38	173
32.	May GHARBI	MAR	2006	USF	1:55.96	170
33.	Rania TAHI	MAR	2006	MCO	1:56.22	169

F.R.M.N.

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**17. 100 m BRASSE DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**BENJAMINS**

34.	Marwa GHARBI	MAR	2006	USF	2:00.19	153
35.	Laila BELAOULA	MAR	2007	SNF	2:01.19	149
36.	Salma LAAROUSSI	MAR	2006	MCO	2:04.98	136
NC.	Ouiame BOUAZZAOUI	MAR	2007	MCO	Frf exc.	
NC.	Ikrane NABIL	MAR	2007	SNF	Frf n.d.	

## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**18. 100 m BRASSE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**SENIORS**

1.	Ahmed Reda ENNAIM	MAR	1996	CODM	1:09.32	599
	TLD. Soufyane GUENDOZ	MAR	1999	MCO	1:32.74	250

**JUNIORS**

1.	Abdeljabbar REGRAGUI	MAR	2001	CODM	1:09.20	603
2.	Hamza BENNOUNA	MAR	2000	USF	1:12.52	523
3.	Omar FILALI	MAR	2001	USF	1:17.88	423

**CADETS**

1.	Sami SAMRAH	MAR	2003	CODM	1:14.31	486
2.	Ayman MEFETTAR	MAR	2003	SNF	1:14.81	477
3.	Walid RHZAL	MAR	2003	UNO	1:18.46	413
4.	Walid DEQQAOU	MAR	2003	USF	1:19.00	405
5.	Aymane SIAHMED OUALI	MAR	2002	SNF	1:24.65	329
6.	Omar KHERCHOUCH	MAR	2003	U.S.O	1:26.63	307
7.	Zakaria NAJAH	MAR	2003	U.S.O	1:26.86	304
8.	Youssef SAIDI	MAR	2003	SNF	1:27.05	302
	NC. Mehdi BOUSSATATE	MAR	2003	U.S.O	Frfr n.d.	

**MINIMES**

1.	Karim JENNANE	MAR	2004	CODM	1:14.59	481
2.	Ismail DEQQAOU	MAR	2005	USF	1:16.40	448
3.	Khalil ELMOUNE	MAR	2005	CODM	1:17.77	424
4.	Abdellah ESSONNI	MAR	2004	CODM	1:17.85	423
5.	Ali ESSARSARE	MAR	2005	CODM	1:18.16	418
6.	Anass BOUABDELLAOUI	MAR	2004	MCO	1:18.31	416
7.	Ali SAADOUN	MAR	2005	CODM	1:21.83	364
8.	Othmane ZITOUNI	MAR	2005	CODM	1:22.52	355
9.	Youssef IDRISSE	MAR	2005	CODM	1:23.02	349
10.	Ahmed Yassine SAIDI	MAR	2004	UNO	1:23.25	346
11.	Alae BOUARGANE	MAR	2005	CODM	1:24.59	330
12.	Yassine MAKNASSI SALIME	MAR	2004	MAS	1:26.55	308
13.	Houssam BENKIEN	MAR	2004	MAS	1:27.57	297
14.	Othmane BEKKAL	MAR	2004	MCO EN	1:27.66	296
15.	Taha CHTATI	MAR	2005	CODM	1:29.73	276
16.	Mohamed Rayhane BENNANI	MAR	2005	DNF	1:31.01	265
17.	Aymane NASSIRI	MAR	2004	UNO	1:33.09	247
18.	Mohamed Salah Eddine RAHHOU	MAR	2005	UNO	1:33.20	246
19.	Mohammed Borhane DZIRI	MAR	2005	MCO EN	1:34.99	233
	TLD. Ilyas CHEKKORI	MAR	2004	SNF	1:35.66	228
	TLD. Boubker SAYARH	MAR	2005	MAS	1:42.67	184
	NC. Ali TOUIJAR	MAR	2005	SNF	Frfr n.d.	
	NC. Mohammed Yassine RHALOUSSI	MAR	2005	U.S.O	Frfr n.d.	

**BENJAMINS**

1.	Adam LAMHITI	MAR	2006	SNF	1:22.03	362
2.	Ali BENCHEKROUN	MAR	2006	USF	1:25.91	315
3.	Amine RACHEK	MAR	2006	CODM	1:26.26	311
4.	Omar HIDAF	MAR	2006	CODM	1:27.88	294
5.	Abdellah HANINI	MAR	2006	CODM	1:32.15	255
6.	Ziad MAHRACH	MAR	2006	USF	1:33.87	241
7.	Salaheddine KOJMANE	MAR	2006	CODM	1:33.89	241
8.	Nasrallah BELHADRI	MAR	2006	UNO	1:34.37	237
9.	Ayoub LAMHITI	MAR	2006	SNF	1:34.86	234
10.	Mohammed MANSOURI	MAR	2006	SNF	1:35.66	228
11.	Abderrahim MRHAILAF	MAR	2007	CODM	1:38.48	209

F.R.M.N.



## INTERCLUBS REGIONAUX 3 - FES - 10/03/2019 - FES - Petit bassin

**18. 100 m BRASSE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>BENJAMINS</b>						
12.	Marwane EL HAOUAT	MAR	2006	SNF	1:39.39	203
13.	Adam ARFAQ	MAR	2006	MAS	1:40.53	196
14.	Loqmane FASSI FIHRI	MAR	2006	MAS	1:42.40	186
15.	Abdellah RAJOUANI	MAR	2007	USF	1:43.66	179
16.	Ayman TLEMCANI	MAR	2006	DNF	1:43.74	178
16.	Adam Othmane HAMD AOUI	MAR	2006	MCO	1:43.74	178
18.	Hamza ESSARSARE	MAR	2007	CODM	1:44.16	176
19.	Zakariae ROUICHA	MAR	2007	CODM	1:44.47	175
20.	Mohamed Amine GUETTAB	MAR	2006	SNF	1:46.45	165
21.	Houssam KHAZZAN	MAR	2007	CODM	1:46.73	164
22.	Youssef ZAKRI	MAR	2006	USF	1:47.40	161
23.	Mohammed ELAANNOUNI	MAR	2007	USF	1:48.11	158
24.	Rayane ISMAILI	MAR	2006	CODM	1:50.20	149
25.	Salah Eddine SALMI	MAR	2006	UNO	1:50.39	148
26.	Rayan EL HILALI	MAR	2007	SNF	1:51.72	143
27.	Rayane AMALI	MAR	2006	CODM	1:53.88	135
28.	Ousama HASSAIN	MAR	2007	UNO	1:56.77	125
29.	Mohamed Sami EL MARJANI	MAR	2007	USF	2:02.01	110
NC.	Rayane LAZAR	MAR	2007	MCO	Dsq VI	0
NC.	Badr CHEHLAFI	MAR	2007	U.S.O	Dsq VI	0

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

## 19. 50 m PAPILLON MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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## SENIORS

1.	Ahmed Reda ENNAIM	MAR	1996	CODM	27.41	548
2.	Mehdi ALAMI	MAR	1999	SNF	29.34	447
3.	Karim AMARTI	MAR	1998	USF	29.46	441
TLD.	Soufyane GUENDOOUZ	MAR	1999	MCO	34.15	283

## JUNIORS

1.	Abdeljabbar REGRAGUI	MAR	2001	CODM	26.81	585
2.	Ilyas BOUDENE	MAR	2001	MAS	28.01	513
3.	Hamza BENNOUNA	MAR	2000	USF	28.94	465
4.	Abdellah KHARKHACH	MAR	2001	USF	29.04	461
5.	Omar FILALI	MAR	2001	USF	29.13	456

## CADETS

1.	Adam SEDDOUK	MAR	2003	CODM	27.30	554
2.	Adnane BENADADA	MAR	2003	SNF	27.93	518
3.	Othman RASSI	MAR	2002	UNO	28.24	501
4.	Zakariae AMALI	MAR	2003	CODM	28.47	489
5.	Sami SAMRAH	MAR	2003	CODM	29.05	460
6.	Omar Ahmed ZOUITEN	MAR	2002	MAS	29.27	450
7.	Mohamed RASSI	MAR	2002	UNO	29.31	448
8.	El Mehdi ELKAMYA	MAR	2002	SNF	30.89	383
9.	Walid RHZAL	MAR	2003	UNO	31.22	371
10.	Ayman SIAHMED OUALI	MAR	2002	SNF	31.44	363
11.	Walid EL BOURAKKADI	MAR	2003	SNF	32.20	338
12.	Omar KHERCHOUC	MAR	2003	U.S.O	33.64	296

## MINIMES

1.	Salim FRIKECH	MAR	2004	CODM	27.86	522
2.	Karim JENNANE	MAR	2004	CODM	28.87	469
3.	Nouh ZAROUKI	MAR	2005	UNO	29.39	444
4.	Anass BOUABDELLAOUI	MAR	2004	MCO	30.29	406
4.	Ismail DEQQAOU	MAR	2005	USF	30.29	406
6.	Anas BOUHAMIDI ALAOUI	MAR	2004	CODM	30.84	384
7.	Youssef IDRISSE	MAR	2005	CODM	31.44	363
8.	Othmane ZAITOUNE	MAR	2004	MAS	32.10	341
9.	Alae BOUARGANE	MAR	2005	CODM	32.42	331
10.	Houssam BENKIEN	MAR	2004	MAS	33.23	307
11.	Taha CHTATI	MAR	2005	CODM	34.52	274
12.	Ilyas CHEKKORI	MAR	2004	SNF	35.10	261
13.	Yassine MAKNASSI SALIME	MAR	2004	MAS	35.20	258
14.	Mohamed Youssef EL MANSOURI	MAR	2004	SNF	37.30	217
15.	Adham Salah CHERRAK	MAR	2005	MCO	38.50	197
16.	Taha HAMMANI	MAR	2005	USF	39.16	187
17.	Abdessalam BEN KALTOUM	MAR	2005	USF	39.31	185
NC.	Boubker SAYARH	MAR	2005	MAS	Disqual.	0

## BENJAMINS

1.	Souhaib EL MOUSSAMI	MAR	2006	CODM	31.28	368
2.	Ali BENCHEKROUN	MAR	2006	USF	32.53	327
3.	Hamza AINOUSS	MAR	2006	CODM	33.13	310
4.	Nizar SALMI	MAR	2006	CODM	34.07	285
4.	Ziyad TIJARI	MAR	2006	CODM	34.07	285
6.	Adam LAMHITI	MAR	2006	SNF	34.15	283
7.	Nizar HAOUATI	MAR	2007	USF	34.78	268
8.	Mohammed Tayeb GHALLAB	MAR	2006	SNF	35.38	254
9.	Omar HIDAF	MAR	2006	CODM	36.06	240

F.R.M.N.

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**19. 50 m PAILLON MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>BENJAMINS</b>						
10.	Amine RACHEK	MAR	2006	CODM	36.09	240
11.	Abdelkadir ENNAJM	MAR	2006	CODM	36.66	229
12.	Ziad MAHRACH	MAR	2006	USF	37.30	217
13.	Ayman LAMFEDEL	MAR	2007	CODM	37.37	216
14.	Rayane ADIANNA	MAR	2007	SNF	37.95	206
15.	Rayane AMALI	MAR	2006	CODM	38.23	202
16.	Nasrallah BELHADRI	MAR	2006	UNO	38.52	197
17.	Ayoub LAMHITI	MAR	2006	SNF	39.42	184
18.	Salaheddine KOJMANE	MAR	2006	CODM	41.06	163
19.	Haytam BOUHACHEM	MAR	2007	CODM	41.44	158
20.	Yahya FATEINE	MAR	2007	SNF	41.53	157
21.	Adam ARFAQ	MAR	2006	MAS	42.17	150
22.	Hamza ESSARSARE	MAR	2007	CODM	43.20	140
23.	Mohamed Rayane BOUASSAL	MAR	2007	CODM	43.60	136
24.	Loqmane FASSI FIHRI	MAR	2006	MAS	43.69	135
25.	Mohamed Sami MIRI	MAR	2007	UNO	44.09	131
26.	Mohammed ELAANNOUNI	MAR	2007	USF	44.19	130
27.	Rayan EL HILALI	MAR	2007	SNF	44.84	125
28.	Abdellah RAJOUANI	MAR	2007	USF	46.11	115
29.	Youssef ZAKRI	MAR	2006	USF	47.36	106
30.	Ousama HASSAIN	MAR	2007	UNO	47.91	102
31.	Sami BENALI	MAR	2007	USF	52.73	76
NC.	Ayman TLEMCANI	MAR	2006	DNF	Frf n.d.	

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

## 20. 50 m PAPILLON DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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## CADETS

1.	Salma REGRAGUI	MAR	2002	USF	32.61	420
2.	Douae EL MOUJARRADE	MAR	2003	SNF	33.41	391
3.	Ayat Errahmane BELRHITI	MAR	2002	MAS	35.50	326

## MINIMES

1.	Chahd ALAMI	MAR	2004	SNF	32.56	422
2.	Fatima Zahra LAKTATI	MAR	2004	MAS	33.09	402
3.	Malak DARKAOUI	MAR	2005	CODM	33.39	391
4.	Rim IDRISSE ROCHI ISSI	MAR	2005	SNF	34.22	364
5.	Maroua LAISSAOUI	MAR	2004	CODM	35.52	325
6.	Doha TABERKANT	MAR	2004	SNF	35.87	316
7.	Aya FILALI	MAR	2004	MAS	36.42	301
8.	Aya OUFRIID	MAR	2005	CODM	37.25	282
TL.D.	Malak NGUERI	MAR	2005	MAS	48.98	124

## BENJAMINS

1.	Abir MAHSSOUNE	MAR	2006	CODM	34.44	357
2.	Marwa SMOUNI	MAR	2007	CODM	35.44	327
3.	Wissal ELMARDI	MAR	2006	CODM	37.14	284
4.	Aya JABRI	MAR	2006	CODM	37.54	275
5.	Rania BROUSS	MAR	2007	CODM	37.98	266
6.	Malak MANSOURI	MAR	2007	SNF	38.31	259
7.	Salma KADIRI HASSANI	MAR	2006	SNF	39.53	236
8.	Malak LAHJOUJI	MAR	2006	CODM	39.58	235
9.	Zineb BOULMAN	MAR	2006	MAS	39.99	228
10.	Rhita EL BOURAKKADI	MAR	2007	SNF	40.15	225
11.	Younna LAISSAOUI	MAR	2007	CODM	40.52	219
12.	Riham ESSALHI	MAR	2006	CODM	41.20	208
13.	Yasmine LAFDILI	MAR	2006	USF	42.63	188
14.	Aya MERZOUK	MAR	2007	MAS	43.57	176
15.	Malak SEFFAF	MAR	2006	CODM	43.64	175
16.	Khadija GHAMEL	MAR	2007	SNF	44.21	168
17.	Ikram HAMZIA	MAR	2006	CODM	44.87	161
18.	Nour Elhouda MAHJOUR	MAR	2007	UNO	46.87	141
19.	Ouiame BOUAZZAOU	MAR	2007	MCO	47.82	133
20.	Rania TAHI	MAR	2006	MCO	48.95	124
21.	Hafsa STILI	MAR	2007	U.S.O	49.69	118
22.	Manal ELMATTICHI	MAR	2007	CODM	50.19	115
NC.	Aya MAAMRI	MAR	2006	MCO	Frf exc.	
NC.	Aya TABET	MAR	2007	MCO	Frf exc.	
NC.	Aicha ZOUARHI	MAR	2006	MAS	Disqual.	0

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**21. 400 m 4 NAGES MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Monssif Hamza TIJARI	MAR	2002	CODM	4:59.91	537
2.	Adam SEDDOUK	MAR	2003	CODM	5:08.28	494
3.	Zakariae AMALI	MAR	2003	CODM	5:12.25	476
4.	Ayman MEFETTAR	MAR	2003	SNF	5:25.27	421
NC.	Walid DEQQAOUI	MAR	2003	USF	Dsq NI	0

**MINIMES**

1.	Ali ESSARSARE	MAR	2005	CODM	5:12.22	476
2.	Anas BOUHAMIDI ALAOUI	MAR	2004	CODM	5:26.10	418
3.	Ismail DEQQAOUI	MAR	2005	USF	5:28.70	408
4.	Ali SAADOUN	MAR	2005	CODM	5:34.23	388
5.	Othmane ZITOUNI	MAR	2005	CODM	5:34.66	386
6.	Khalil ELMOUNE	MAR	2005	CODM	5:38.56	373
7.	Abdellah ESSONNI	MAR	2004	CODM	5:39.13	371
8.	Soufiane AZFAR	MAR	2004	USF	5:59.97	310
NC.	Mohammed MOUISSE	MAR	2004	USF	Disqual.	0
NC.	Saad YASSIRI	MAR	2005	USF	Disqual.	0

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**22. 400 m 4 NAGES DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Hajar SABER	MAR	2003	CODM	5:45.57	468
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**MINIMES**

1.	Dina TOUZANI	MAR	2005	CODM	5:45.78	467
2.	Nada DJEBLI	MAR	2005	CODM	6:05.61	395

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**23. 50 m BRASSE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**SENIORS**

1.	Ahmed Reda ENNAIM	MAR	1996	CODM	31.38	614
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**JUNIORS**

1.	Hamza BENNOUNA	MAR	2000	USF	32.41	557
2.	Ilyas BOUDENE	MAR	2001	MAS	33.46	506
3.	Omar FILALI	MAR	2001	USF	34.35	468
4.	Salaheddine ELBOURAKKADI	MAR	2000	SNF	37.45	361

**CADETS**

1.	Sami SAMRAH	MAR	2003	CODM	33.93	485
2.	Youssef KADIRI HASSANI	MAR	2003	SNF	35.20	435
3.	Walid RHZAL	MAR	2003	UNO	35.82	412
4.	Walid DEQQAOU	MAR	2003	USF	36.88	378
5.	Aymane SIAHMED OUALI	MAR	2002	SNF	37.24	367
6.	Walid EL BOURAKKADI	MAR	2003	SNF	38.06	344
7.	Youssef SAIDI	MAR	2003	SNF	38.16	341
NC.	M'hammed RHORCHI	MAR	2003	SNF	Frfr n.d.	

**MINIMES**

1.	Karim JENNANE	MAR	2004	CODM	33.32	513
2.	Anass BOUABDELLAOUI	MAR	2004	MCO	35.20	435
3.	Ali ESSARSARE	MAR	2005	CODM	35.51	423
4.	Khalil ELMOUNE	MAR	2005	CODM	35.64	419
5.	Abdellah ESSONNI	MAR	2004	CODM	36.06	404
6.	Ali SAADOUN	MAR	2005	CODM	36.09	403
7.	Alae BOUARGANE	MAR	2005	CODM	37.35	364
8.	Houssam BENKIEN	MAR	2004	MAS	38.25	339
9.	Mohamed Rayhane BENNANI	MAR	2005	DNF	38.94	321
10.	Soufiane AZFAR	MAR	2004	USF	39.23	314
11.	Yassine MAKNASSI SALIME	MAR	2004	MAS	39.34	311
12.	Taha CHTATI	MAR	2005	CODM	39.35	311
13.	Othmane BEKKAL	MAR	2004	MCO EN	39.78	301
14.	Ilyas CHEKKORI	MAR	2004	SNF	42.30	250
15.	Mohammed BENCHEKROUN	MAR	2004	SNF	42.92	240
16.	Ali TOUIJAR	MAR	2005	SNF	43.24	234
TLD.	Mohammed Yassine RHALOUSSI	MAR	2005	U.S.O	45.86	196
TLD.	Boubker SAYARH	MAR	2005	MAS	45.91	196
TLD.	Taha HAMMANI	MAR	2005	USF	46.27	191
TLD.	Abdessalam BEN KALTOUM	MAR	2005	USF	47.38	178
TLD.	Ghali DAIRI	MAR	2005	MAS	55.69	109
TLD.	Sami BEKKALI	MAR	2005	MAS	56.59	104
TLD.	Mohamed EL ARBAOUI	MAR	2005	ABN	59.41	90
NC.	Mohammed BENJELLOUN	MAR	2005	MAS	Disqual.	0

**BENJAMINS**

1.	Adam LAMHITI	MAR	2006	SNF	38.01	345
2.	Amine RACHEK	MAR	2006	CODM	38.62	329
3.	Ali BENCHEKROUN	MAR	2006	USF	39.52	307
4.	Omar HIDAF	MAR	2006	CODM	39.62	305
5.	Salaheddine KOJMANE	MAR	2006	CODM	41.41	267
6.	Ziyad TIJARI	MAR	2006	CODM	41.67	262
7.	Nasrallah BELHADRI	MAR	2006	UNO	41.92	257
8.	Mohammed MANSOURI	MAR	2006	SNF	42.67	244
9.	Abdellah HANINI	MAR	2006	CODM	42.72	243
10.	Ayoub LAMHITI	MAR	2006	SNF	42.85	241

F.R.M.N.

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**23. 50 m BRASSE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>BENJAMINS</b>						
11.	Ziad MAHRACH	MAR	2006	USF	43.59	229
12.	Marwane EL HAOUAT	MAR	2006	SNF	44.28	218
13.	Adam ARFAQ	MAR	2006	MAS	45.56	200
13.	Zakariae ROUICHA	MAR	2007	CODM	45.56	200
15.	Ayman LAMFEDEL	MAR	2007	CODM	45.94	195
15.	Mehdi OUMOKHTAR	MAR	2007	UNO	45.94	195
17.	Abderrahim MRHAILAF	MAR	2007	CODM	46.55	188
18.	Abdelilah NAJAH	MAR	2007	U.S.O	47.20	180
19.	Abdellah RAJOUANI	MAR	2007	USF	47.88	172
20.	Houssam KHAZZAN	MAR	2007	CODM	47.94	172
21.	Youssef ZAKRI	MAR	2006	USF	48.09	170
22.	Mohammed ELAANNOUNI	MAR	2007	USF	48.58	165
23.	Rayane AMALI	MAR	2006	CODM	48.75	163
24.	Mohamed Amine GUETTAB	MAR	2006	SNF	48.81	163
25.	Mohamed Ali LAZRAK	MAR	2006	ABN	50.37	148
26.	Rayane ISMAILI	MAR	2006	CODM	50.91	143
27.	Badredine FASSI FIHRI	MAR	2007	MAS	50.92	143
28.	Rayan EL HILALI	MAR	2007	SNF	51.38	139
29.	Youssef LAZRAK	MAR	2007	ABN	51.78	136
30.	Sami BENALI	MAR	2007	USF	52.53	130
31.	Amine CHATER	MAR	2007	U.S.O	1:00.27	86
NC.	Aymane TLEMCANI	MAR	2006	DNF	Frf n.d.	
NC.	Hamza ESSARSARE	MAR	2007	CODM	Dsq VI	0
NC.	Loqmane FASSI FIHRI	MAR	2006	MAS	Dsq NI	0
NC.	Omar EL MARKHI	MAR	2006	USF	Disqual.	0



## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

## 24. 50 m BRASSE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>CADETS</b>						
1.	Salma REGRAGUI	MAR	2002	USF	41.23	379
2.	Ayat Errahmane BELRHITI	MAR	2002	MAS	42.27	351
TLD.	Kawtar SAYARH	MAR	2003	MAS	47.33	250
<b>MINIMES</b>						
1.	Meryem AIT BENALI	MAR	2004	CODM	37.93	487
2.	Malak DARKAOUI	MAR	2005	CODM	38.06	482
3.	Rim RAHALI	MAR	2005	CODM	38.17	477
4.	Nada DJEBLI	MAR	2005	CODM	38.21	476
5.	Basma KADI	MAR	2004	CODM	39.10	444
6.	Fatima Zahra LAKTATI	MAR	2004	MAS	39.59	428
7.	Sofia SAIDI	MAR	2005	SNF	40.11	411
8.	Dina TOUZANI	MAR	2005	CODM	41.26	378
9.	Doha TABERKANT	MAR	2004	SNF	41.88	361
10.	Chahd ALAMI	MAR	2004	SNF	42.38	349
11.	Malak LAMHITI	MAR	2004	SNF	43.16	330
12.	Rim IDRISSE ROCHI ISSI	MAR	2005	SNF	44.16	308
13.	Marwa MHAMMEDI ALAOUI	MAR	2005	SNF	44.34	304
14.	Aya EL HAMDANI	MAR	2005	MAS	44.50	301
15.	Lina TOUZANI	MAR	2005	CODM	44.56	300
TLD.	Aya FILALI	MAR	2004	MAS	48.61	231
TLD.	Lina MOJAB	MAR	2005	SNF	53.74	171
<b>BENJAMINS</b>						
1.	Abir MAHSSOUNE	MAR	2006	CODM	39.42	433
2.	Malak MANSOURI	MAR	2007	SNF	40.24	407
3.	Malak LAHJOUJI	MAR	2006	CODM	40.52	399
4.	Salma KADIRI HASSANI	MAR	2006	SNF	41.57	370
5.	Marwa SMOUNI	MAR	2007	CODM	41.73	365
6.	Wissal ELMARDI	MAR	2006	CODM	42.30	351
7.	Malak SEFFAF	MAR	2006	CODM	42.95	335
8.	Rania BROUSS	MAR	2007	CODM	43.05	333
9.	Sara NAAMI	MAR	2006	CODM	43.68	318
10.	Yasmine LAFDILI	MAR	2006	USF	43.69	318
11.	Aicha ZOUARHI	MAR	2006	MAS	44.39	303
12.	Zainab OUALI	MAR	2006	CAT	44.98	292
13.	Youmna LAISSAOUI	MAR	2007	CODM	45.38	284
14.	Marwa BELRHITI NEJJAR	MAR	2007	CODM	45.88	275
15.	Salma LAMHITI	MAR	2006	SNF	45.92	274
16.	Ouiam CHETOUANE	MAR	2007	U.S.O	46.61	262
17.	Rhita EL BOURAKKADI	MAR	2007	SNF	46.86	258
18.	Ikram HAMZIA	MAR	2006	CODM	46.94	256
19.	Fatima Zahra NAJAH	MAR	2006	U.S.O	46.97	256
20.	Aya MERZOUK	MAR	2007	MAS	47.08	254
21.	Wissal EL MANSOURI	MAR	2006	ABN	47.15	253
22.	Manal ELMATTICHI	MAR	2007	CODM	47.59	246
23.	Ikrame NABIL	MAR	2007	SNF	48.08	239
24.	Meryem Ayah ZOUITEN	MAR	2006	MAS	49.71	216
25.	Ghita NAOUI	MAR	2007	SNF	49.79	215
26.	Kenza BENNANI	MAR	2006	MAS	50.14	210
27.	Rania HAJJI	MAR	2006	ABN	50.45	206
28.	Rania TAHI	MAR	2006	MCO	50.56	205
29.	Riham ESSALHI	MAR	2006	CODM	50.88	201
30.	Ouiame BOUAZZAOUI	MAR	2007	MCO	51.03	200
31.	Alae EL AMRI	MAR	2006	MCO	52.00	189
32.	Zineb SAIDI	MAR	2006	MAS	54.13	167

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## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**24. 50 m BRASSE DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>BENJAMINS</b>						
33.	Laila BELAOULA	MAR	2007	SNF	54.87	160
34.	Chada BENBRAHIM	MAR	2007	MAS	55.30	157
	NC. Aya MAAMRI	MAR	2006	MCO	Frf exc.	
	NC. Aya TABET	MAR	2007	MCO	Frf exc.	

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**25. 200 m NAGE LIBRE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**SENIORS**

1.	Soufyane GUENDOZ	MAR	1999	MCO	2:29.59	317
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**JUNIORS**

1.	Abdeljabbar REGRAGUI	MAR	2001	CODM	2:01.10	597
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**CADETS**

1.	Monssif Hamza TIJARI	MAR	2002	CODM	2:03.94	557
2.	Anass KEMMOUNE	MAR	2003	SNF	2:10.84	473
3.	Ayman MEFETTAR	MAR	2003	SNF	2:11.29	468
4.	Omar Ahmed ZOUITEN	MAR	2002	MAS	2:13.61	444
5.	Adnane BENADADA	MAR	2003	SNF	2:17.65	406
6.	Mohamed RASSI	MAR	2002	UNO	2:19.54	390
7.	Youssef SAIDI	MAR	2003	SNF	2:31.05	307
8.	Omar KHERCHOUCH	MAR	2003	U.S.O	2:34.16	289

**MINIMES**

1.	Salim FRIKECH	MAR	2004	CODM	2:03.87	558
2.	Mohammed MOUISSE	MAR	2004	USF	2:14.87	432
3.	Youssef IDRISSE	MAR	2005	CODM	2:17.22	410
4.	Yasser OUARIACH	MAR	2005	U.S.O	2:18.48	399
5.	Othmane ZITOUNI	MAR	2005	CODM	2:23.13	361
6.	Othmane ZAITOUNE	MAR	2004	MAS	2:36.66	276

**BENJAMINS**

1.	Souhaib EL MOUSSAMI	MAR	2006	CODM	2:16.98	412
2.	Nizar SALMI	MAR	2006	CODM	2:26.23	339
3.	Hamza AINOUSS	MAR	2006	CODM	2:30.76	309
3.	Nizar HAOUATI	MAR	2007	USF	2:30.76	309
5.	Mohammed Tayeb GHALLAB	MAR	2006	SNF	2:31.71	303
6.	Abdelkadir ENNAJM	MAR	2006	CODM	2:32.63	298
7.	Mehdi OUMOKHTAR	MAR	2007	UNO	2:36.26	278
8.	Rayane ADIANNA	MAR	2007	SNF	2:37.27	272
9.	Abdellah HANINI	MAR	2006	CODM	2:38.00	269
10.	Marwane EL HAOUAT	MAR	2006	SNF	2:47.66	225
11.	Mohamed Rayane BOUASSAL	MAR	2007	CODM	2:49.00	219
12.	Zakariae ROUICHA	MAR	2007	CODM	2:50.06	215
13.	Karim BOUGHALEB	MAR	2006	SNF	2:50.47	214
14.	Abdelilah NAJAH	MAR	2007	U.S.O	2:53.27	204
15.	Mohamed Sami MIRI	MAR	2007	UNO	2:55.41	196
16.	Haytam BOUHACHEM	MAR	2007	CODM	2:58.95	185
17.	Houssam KHAZZAN	MAR	2007	CODM	3:03.38	172
18.	Ousama HASSAIN	MAR	2007	UNO	3:03.85	170
19.	Abderrahim MRHAILAF	MAR	2007	CODM	3:05.17	167
20.	Rayane ISMAILI	MAR	2006	CODM	3:19.23	134

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**26. 200 m NAGE LIBRE DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Douae EL MOUJARRADE	MAR	2003	SNF	2:28.56	439
2.	Hajar SABER	MAR	2003	CODM	2:31.34	416

**MINIMES**

1.	Rim RAHALI	MAR	2005	CODM	2:24.02	482
2.	Aya OUFRID	MAR	2005	CODM	2:31.78	412
3.	Lina TOUZANI	MAR	2005	CODM	2:34.42	391
4.	Malak LAMHITI	MAR	2004	SNF	2:34.70	389
5.	Basma KADI	MAR	2004	CODM	2:38.52	362
6.	Sofia SAIDI	MAR	2005	SNF	2:40.25	350
7.	Malak NGUERI	MAR	2005	MAS	2:50.16	292

**BENJAMINS**

1.	Aya JABRI	MAR	2006	CODM	2:40.30	350
2.	Marwa BELRHITI NEJJAR	MAR	2007	CODM	2:40.93	346
3.	Sara NAAMI	MAR	2006	CODM	2:55.36	267
4.	Zineb BOULMAN	MAR	2006	MAS	3:05.00	227
5.	Nour Elhouda MAHJOUR	MAR	2007	UNO	3:20.90	177

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**27. 100 m NAGE LIBRE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**SENIORS**

1.	Karim AMARTI	MAR	1998	USF	1:00.00	478
	TLD. Soufyane GUENDOZ	MAR	1999	MCO	1:06.14	356

**JUNIORS**

1.	Abdeljabbar REGRAGUI	MAR	2001	CODM	54.44	639
2.	Abdellah KHARKHACH	MAR	2001	USF	56.86	561
3.	Omar FILALI	MAR	2001	USF	58.45	517
4.	Hamza BENNOUNA	MAR	2000	USF	1:01.80	437
5.	Salaheddine ELBOURAKKADI	MAR	2000	SNF	1:07.71	332

**CADETS**

1.	Monssif Hamza TIJARI	MAR	2002	CODM	56.08	585
2.	Adam SEDDOUK	MAR	2003	CODM	57.04	556
3.	Zakariae AMALI	MAR	2003	CODM	58.28	521
4.	Adnane BENADADA	MAR	2003	SNF	58.77	508
5.	Anass KEMMOUNE	MAR	2003	SNF	58.80	507
6.	Ayman MEFETTAR	MAR	2003	SNF	59.24	496
7.	Omar Ahmed ZOUITEN	MAR	2002	MAS	59.88	480
8.	Othman RASSI	MAR	2002	UNO	1:00.20	473
9.	El Mehdi ELKAMYA	MAR	2002	SNF	1:04.05	392
10.	Walid DEQQAOU	MAR	2003	USF	1:04.14	391
11.	Youssef SAIDI	MAR	2003	SNF	1:06.27	354
12.	Walid EL BOURAKKADI	MAR	2003	SNF	1:07.66	333
13.	Mohammed Amine CHETOUANE	MAR	2003	UNO	1:07.80	331
	NC. Aymane SIAHMED OUALI	MAR	2002	SNF	Frfr n.d.	
	NC. M'hammed RHORCHI	MAR	2003	SNF	Frfr n.d.	

**MINIMES**

1.	Salim FRIKECH	MAR	2004	CODM	54.73	629
2.	Mohammed MOUISSE	MAR	2004	USF	59.07	500
3.	Karim JENNANE	MAR	2004	CODM	1:00.48	466
4.	Ismail DEQQAOU	MAR	2005	USF	1:01.29	448
5.	Yasser OUARIACH	MAR	2005	U.S.O	1:02.18	429
6.	Youssef IDRISSE	MAR	2005	CODM	1:02.76	417
7.	Othmane ZITOUNI	MAR	2005	CODM	1:04.77	379
8.	Saad YASSIRI	MAR	2005	USF	1:05.74	363
9.	Soufiane AZFAR	MAR	2004	USF	1:05.76	363
10.	Othmane ZAITOUNE	MAR	2004	MAS	1:07.62	333
11.	Mohamed Rayhane BENNANI	MAR	2005	DNF	1:07.94	329
12.	Mohammed BENCHEKROUN	MAR	2004	SNF	1:08.64	319
13.	Ilyas CHEKKORI	MAR	2004	SNF	1:09.93	301
14.	Mohamed Youssef EL MANSOURI	MAR	2004	SNF	1:11.87	278
15.	Adham Salah CHERRAK	MAR	2005	MCO	1:12.09	275
16.	Boubker SAYARH	MAR	2005	MAS	1:13.55	259
17.	Taha HAMMANI	MAR	2005	USF	1:14.02	254
	TLD. Abdessalam BEN KALTOUM	MAR	2005	USF	1:17.93	218
	TLD. Ali TOUIJAR	MAR	2005	SNF	1:19.16	208
	TLD. Mohammed Yassine RHALOUSSI	MAR	2005	U.S.O	1:19.24	207
	TLD. Othmane IRZI	MAR	2005	SNF	1:22.19	185

**BENJAMINS**

1.	Souhaib EL MOUSSAMI	MAR	2006	CODM	1:03.13	410
2.	Amine RACHEK	MAR	2006	CODM	1:04.78	379
3.	Ali BENCHEKROUN	MAR	2006	USF	1:07.08	342
4.	Nizar HAOUATI	MAR	2007	USF	1:07.84	330
5.	Ziyad TIJARI	MAR	2006	CODM	1:07.95	329

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## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**27. 100 m NAGE LIBRE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>BENJAMINS</b>						
6.	Adam LAMHITI	MAR	2006	SNF	1:08.37	323
7.	Mohammed Tayeb GHALLAB	MAR	2006	SNF	1:08.73	318
8.	Hamza AINOUSS	MAR	2006	CODM	1:08.79	317
9.	Nizar SALMI	MAR	2006	CODM	1:09.02	314
10.	Ziad MAHRACH	MAR	2006	USF	1:12.47	271
11.	Adam ARFAQ	MAR	2006	MAS	1:12.53	270
12.	Mohammed MANSOURI	MAR	2006	SNF	1:13.64	258
13.	Rayane ADIANNA	MAR	2007	SNF	1:13.84	256
14.	Mehdi OUMOKHTAR	MAR	2007	UNO	1:13.90	255
15.	Marwane EL HAOUAT	MAR	2006	SNF	1:14.79	246
16.	Nasrallah BELHADRI	MAR	2006	UNO	1:14.84	246
17.	Karim BOUGHALEB	MAR	2006	SNF	1:17.00	226
18.	Mohamed Amine GUETTAB	MAR	2006	SNF	1:18.09	216
19.	Rayane AMALI	MAR	2006	CODM	1:18.45	213
20.	Mohamed Sami MIRI	MAR	2007	UNO	1:19.00	209
21.	Mohammed ELAANNOUNI	MAR	2007	USF	1:19.63	204
22.	Loqmane FASSI FIHRI	MAR	2006	MAS	1:19.66	204
23.	Youssef ZAKRI	MAR	2006	USF	1:20.52	197
24.	Haytam BOUHACHEM	MAR	2007	CODM	1:20.72	196
25.	Rayan EL HILALI	MAR	2007	SNF	1:22.11	186
26.	Mohamed Rayane BOUASSAL	MAR	2007	CODM	1:22.50	183
27.	Abdelilah NAJAH	MAR	2007	U.S.O	1:23.73	175
28.	Abdellah RAJOUANI	MAR	2007	USF	1:24.28	172
29.	Ousama HASSAIN	MAR	2007	UNO	1:24.98	168
30.	Sami BENALI	MAR	2007	USF	1:25.97	162
31.	Rayane ISMAILI	MAR	2006	CODM	1:30.48	139
32.	Mohammed Yassine AMAMOU	MAR	2007	USF	1:36.64	114
33.	Amine CHATER	MAR	2007	U.S.O	1:40.30	102
NC.	Aymane TLEMCANI	MAR	2006	DNF	Frfr n.d.	
NC.	Omar EL MARKHI	MAR	2006	USF	Dsq FD	0

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**28. 100 m NAGE LIBRE DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Douae EL MOUJARRADE	MAR	2003	SNF	1:07.19	465
2.	Salma REGRAGUI	MAR	2002	USF	1:08.19	445
3.	Ayat Errahmane BELRHITI	MAR	2002	MAS	1:11.87	380

**MINIMES**

1.	Malak DARKAOUI	MAR	2005	CODM	1:05.65	499
2.	Rim RAHALI	MAR	2005	CODM	1:05.81	495
3.	Basma KADI	MAR	2004	CODM	1:06.33	483
4.	Maroua LAISSAOUI	MAR	2004	CODM	1:07.45	460
5.	Nada DJEBLI	MAR	2005	CODM	1:07.57	457
6.	Dina TOUZANI	MAR	2005	CODM	1:07.90	451
7.	Aya OUFRIID	MAR	2005	CODM	1:07.95	450
8.	Rim IDRISSE ROCHI ISSI	MAR	2005	SNF	1:08.70	435
9.	Chahd ALAMI	MAR	2004	SNF	1:09.25	425
10.	Sofia SAIDI	MAR	2005	SNF	1:10.88	396
11.	Lina TOUZANI	MAR	2005	CODM	1:11.42	387
12.	Malak LAMHITI	MAR	2004	SNF	1:11.90	379
13.	Doha TABERKANT	MAR	2004	SNF	1:12.67	367
14.	Aya FILALI	MAR	2004	MAS	1:14.65	339
15.	Malak NGUERI	MAR	2005	MAS	1:18.65	290
TLD.	Marwa MHAMMEDI ALAOUI	MAR	2005	SNF	1:21.58	260
TLD.	Aya EL HAMDANI	MAR	2005	MAS	1:23.77	240
TLD.	Lina MOJAB	MAR	2005	SNF	1:30.40	191

**BENJAMINS**

1.	Abir MAHSSOUNE	MAR	2006	CODM	1:08.31	443
2.	Malak LAHJOUJI	MAR	2006	CODM	1:08.94	430
3.	Wissal ELMARDI	MAR	2006	CODM	1:09.39	422
4.	Marwa SMOUNI	MAR	2007	CODM	1:12.94	363
5.	Marwa BELRHITI NEJJAR	MAR	2007	CODM	1:13.13	361
6.	Yasmine LAFDILI	MAR	2006	USF	1:15.16	332
7.	Aya JABRI	MAR	2006	CODM	1:16.21	319
8.	Malak SEFFAF	MAR	2006	CODM	1:18.72	289
9.	Ghita NAOUI	MAR	2007	SNF	1:20.56	270
10.	Kenza BENNANI	MAR	2006	MAS	1:20.87	266
11.	Zineb BOULMAN	MAR	2006	MAS	1:21.69	259
12.	Riham ESSALHI	MAR	2006	CODM	1:24.52	233
13.	Hafsa STILI	MAR	2007	U.S.O	1:28.06	206
14.	Alae EL AMRI	MAR	2006	MCO	1:28.87	201
15.	Rania TAHI	MAR	2006	MCO	1:28.98	200
16.	Nour Elhouda MAHJOUR	MAR	2007	UNO	1:29.57	196
17.	Chada BENBRAHIM	MAR	2007	MAS	1:31.34	185
18.	Laila BELAOULA	MAR	2007	SNF	1:36.78	155
NC.	Aya MAAMRI	MAR	2006	MCO	Fré exc.	

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**29. 200 m BRASSE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**SENIORS**

1.	Ahmed Reda ENNAIM	MAR	1996	CODM	2:30.61	599
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**JUNIORS**

1.	Abdeljabbar REGRAGUI	MAR	2001	CODM	2:30.07	606
2.	Hamza BENNOUNA	MAR	2000	USF	2:46.28	445

**CADETS**

1.	Youssef KADIRI HASSANI	MAR	2003	SNF	2:50.64	412
2.	Sami SAMRAH	MAR	2003	CODM	2:54.70	384
3.	Mohamed RASSI	MAR	2002	UNO	3:04.51	326
4.	Omar KHERCHOUCH	MAR	2003	U.S.O	3:04.79	324
5.	Walid DEQQAOU	MAR	2003	USF	3:05.34	321

**MINIMES**

1.	Ismail DEQQAOU	MAR	2005	USF	2:45.68	450
2.	Khalil ELMOUNE	MAR	2005	CODM	2:49.74	418
3.	Ali ESSARSARE	MAR	2005	CODM	2:50.42	413
4.	Ali SAADOUN	MAR	2005	CODM	2:53.95	389
5.	Anass BOUABDELLAOUI	MAR	2004	MCO	2:54.49	385
6.	Abdellah ESSONNI	MAR	2004	CODM	2:55.89	376
7.	Anas BOUHAMIDI ALAOUI	MAR	2004	CODM	2:58.10	362
8.	Alae BOUARGANE	MAR	2005	CODM	2:59.18	356
9.	Othmane ZITOUNI	MAR	2005	CODM	3:01.26	344
10.	Othmane BEKKAL	MAR	2004	MCO EN	3:08.40	306
11.	Houssam BENKIEN	MAR	2004	MAS	3:16.69	269

**BENJAMINS**

1.	Adam LAMHITI	MAR	2006	SNF	2:59.03	357
2.	Ali BENCHEKROUN	MAR	2006	USF	3:06.82	314
3.	Ziyad TIJARI	MAR	2006	CODM	3:07.94	308
3.	Amine RACHEK	MAR	2006	CODM	3:07.94	308
5.	Omar HIDAF	MAR	2006	CODM	3:12.38	287
6.	Abdellah HANINI	MAR	2006	CODM	3:19.60	257
7.	Salaheddine KOJMANE	MAR	2006	CODM	3:19.95	256
8.	Ayoub LAMHITI	MAR	2006	SNF	3:24.45	239
9.	Abderrahim MRHAILAF	MAR	2007	CODM	3:36.73	201
10.	Zakariae ROUICHA	MAR	2007	CODM	3:39.31	194
11.	Hamza ESSARSARE	MAR	2007	CODM	3:40.45	191
12.	Youssef ZAKRI	MAR	2006	USF	3:43.43	183
13.	Ayman LAMFEDEL	MAR	2007	CODM	3:43.47	183
14.	Houssam KHAZZAN	MAR	2007	CODM	3:43.82	182



## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**30. 200 m BRASSE DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Salma REGRAGUI	MAR	2002	USF	3:16.65	354
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**MINIMES**

1.	Meryem AIT BENALI	MAR	2004	CODM	3:01.56	449
2.	Nada DJEBLI	MAR	2005	CODM	3:01.93	447
3.	Rim RAHALI	MAR	2005	CODM	3:04.16	431
4.	Basma KADI	MAR	2004	CODM	3:18.59	343
TL.D.	Aya FILALI	MAR	2004	MAS	3:52.24	214

**BENJAMINS**

1.	Salma KADIRI HASSANI	MAR	2006	SNF	3:14.99	363
2.	Malak MANSOURI	MAR	2007	SNF	3:17.75	348
3.	Rania BROUSS	MAR	2007	CODM	3:20.27	335
4.	Youmna LAISSAOUI	MAR	2007	CODM	3:28.71	296
5.	Sara NAAMI	MAR	2006	CODM	3:29.08	294
6.	Malak SEFFAF	MAR	2006	CODM	3:31.62	284
7.	Aya MERZOUK	MAR	2007	MAS	3:35.08	270
8.	Marwa BELRHITI NEJJAR	MAR	2007	CODM	3:35.63	268
9.	Manal ELMATTICHI	MAR	2007	CODM	3:38.66	257
10.	Ikram HAMZIA	MAR	2006	CODM	3:38.93	256
11.	Zainab OUALI	MAR	2006	CAT	3:40.16	252
12.	Aicha ZOUARHI	MAR	2006	MAS	3:42.66	243
13.	Meryem Ayah ZOUITEN	MAR	2006	MAS	3:47.84	227
NC.	Aya TABET	MAR	2007	MCO	Fré exc.	

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

## 31. 100 m DOS MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>SENIORS</b>						
1.	Karim AMARTI	MAR	1998	USF	1:06.48	477
<b>JUNIORS</b>						
1.	Omar FILALI	MAR	2001	USF	1:06.34	480
2.	Ilyas BOUDENE	MAR	2001	MAS	1:06.41	478
3.	Abdellah KHARKHACH	MAR	2001	USF	1:11.44	384
<b>CADETS</b>						
1.	Zakariae AMALI	MAR	2003	CODM	1:05.55	497
2.	Adam SEDDOUK	MAR	2003	CODM	1:06.22	482
3.	Omar Ahmed ZOUITEN	MAR	2002	MAS	1:06.98	466
4.	Ayman MEFETTAR	MAR	2003	SNF	1:08.04	444
5.	Walid RHZAL	MAR	2003	UNO	1:09.06	425
6.	Adnane BENADADA	MAR	2003	SNF	1:13.18	357
7.	Anass KEMMOUNE	MAR	2003	SNF	1:14.30	341
8.	Mohammed Amine CHETOUANE	MAR	2003	UNO	1:17.04	306
9.	El Mehdi ELKAMYA	MAR	2002	SNF	1:18.37	291
10.	Youssef SAIDI	MAR	2003	SNF	1:21.09	262
NC.	Monssif Hamza TIJARI	MAR	2002	CODM	Frfr n.d.	
<b>MINIMES</b>						
1.	Salim FRIKECH	MAR	2004	CODM	1:02.09	585
2.	Mohammed MOUISSE	MAR	2004	USF	1:10.87	393
3.	Youssef IDRISSE	MAR	2005	CODM	1:11.08	390
4.	Ali ESSARSARE	MAR	2005	CODM	1:11.41	384
4.	Karim JENNANE	MAR	2004	CODM	1:11.41	384
6.	Ali SAADOUN	MAR	2005	CODM	1:11.44	384
7.	Khalil ELMOUNE	MAR	2005	CODM	1:12.20	372
8.	Taha CHTATI	MAR	2005	CODM	1:12.45	368
9.	Nouh ZAROUKI	MAR	2005	UNO	1:12.64	365
10.	Soufiane AZFAR	MAR	2004	USF	1:12.82	362
11.	Saad YASSIRI	MAR	2005	USF	1:14.76	335
12.	Anas BOUHAMIDI ALAOUI	MAR	2004	CODM	1:14.91	333
13.	Alae BOUARGANE	MAR	2005	CODM	1:15.00	332
14.	Yasser OUARIACH	MAR	2005	U.S.O	1:15.27	328
15.	Adham Salah CHERRAK	MAR	2005	MCO	1:22.19	252
16.	Ilyas CHEKKORI	MAR	2004	SNF	1:22.38	250
17.	Mohamed Rayhane BENNANI	MAR	2005	DNF	1:22.83	246
18.	Yassine MAKNASSI SALIME	MAR	2004	MAS	1:25.09	227
19.	Abdessalam BEN KALTOUM	MAR	2005	USF	1:25.21	226
20.	Othmane BEKKAL	MAR	2004	MCO EN	1:26.20	218
21.	Othmane ZAITOUNE	MAR	2004	MAS	1:27.70	207
22.	Taha HAMMANI	MAR	2005	USF	1:33.36	172
TLD.	Othmane IRZI	MAR	2005	SNF	1:35.16	162
TLD.	Ghali DAIRI	MAR	2005	MAS	1:37.75	150
<b>BENJAMINS</b>						
1.	Souhaib EL MOUSSAMI	MAR	2006	CODM	1:08.33	439
2.	Mohammed Tayeb GHALLAB	MAR	2006	SNF	1:13.70	350
3.	Nizar SALMI	MAR	2006	CODM	1:16.13	317
4.	Hamza AINOUSS	MAR	2006	CODM	1:20.25	271
5.	Nizar HAOUATI	MAR	2007	USF	1:20.73	266
6.	Omar HIDAF	MAR	2006	CODM	1:21.52	258
7.	Ziad MAHRACH	MAR	2006	USF	1:24.45	232
8.	Abdelkabar ENNAJM	MAR	2006	CODM	1:24.60	231
9.	Mohammed MANSOURI	MAR	2006	SNF	1:27.40	209

F.R.M.N.

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**31. 100 m DOS MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
<b>BENJAMINS</b>						
10.	Mohamed Sami MIRI	MAR	2007	UNO	1:28.62	201
11.	Yahya FATEINE	MAR	2007	SNF	1:28.75	200
12.	Ayman LAMFEDEL	MAR	2007	CODM	1:28.95	199
13.	Rayane AMALI	MAR	2006	CODM	1:30.80	187
13.	Mohamed Rayane BOUASSAL	MAR	2007	CODM	1:30.80	187
15.	Ousama HASSAIN	MAR	2007	UNO	1:33.31	172
16.	Adam ARFAQ	MAR	2006	MAS	1:33.81	169
17.	Houssam KHAZZAN	MAR	2007	CODM	1:34.32	167
18.	Hamza ESSARSARE	MAR	2007	CODM	1:35.09	162
19.	Omar EL MARKHI	MAR	2006	USF	1:35.16	162
20.	Zakariae ROUICHA	MAR	2007	CODM	1:35.98	158
21.	Mohamed Amine GUETTAB	MAR	2006	SNF	1:36.11	157
22.	Rayane ISMAILI	MAR	2006	CODM	1:36.22	157
23.	Mohammed ELAANNOUNI	MAR	2007	USF	1:40.15	139
24.	Sami BENALI	MAR	2007	USF	1:40.47	138
25.	Abdellah RAJOUANI	MAR	2007	USF	1:43.60	126
26.	Abderrahim MRHAILAF	MAR	2007	CODM	1:46.87	114
NC.	Aymane TLEMCANI	MAR	2006	DNF	Frf n.d.	
NC.	Haytam BOUHACHEM	MAR	2007	CODM	Dsq FD	0

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**32. 100 m DOS DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Hajar SABER	MAR	2003	CODM	1:13.94	485
2.	Douae EL MOUJARRADE	MAR	2003	SNF	1:24.37	326
3.	Ayat Errahmane BELRHITI	MAR	2002	MAS	1:27.68	291

**MINIMES**

1.	Doha TABERKANT	MAR	2004	SNF	1:14.33	478
2.	Dina TOUZANI	MAR	2005	CODM	1:16.08	445
3.	Aya OUFRIID	MAR	2005	CODM	1:16.81	433
4.	Fatima Zahra LAKTATI	MAR	2004	MAS	1:17.22	426
5.	Malak DARKAOUI	MAR	2005	CODM	1:17.48	422
6.	Maroua LAISSAOUI	MAR	2004	CODM	1:17.63	419
7.	Chahd ALAMI	MAR	2004	SNF	1:21.00	369
8.	Meryem AIT BENALI	MAR	2004	CODM	1:21.34	364
9.	Lina TOUZANI	MAR	2005	CODM	1:22.09	354
10.	Marwa MHAMMEDI ALAOUI	MAR	2005	SNF	1:35.86	222
11.	Malak NGUERI	MAR	2005	MAS	1:40.79	191
12.	Lina MOJAB	MAR	2005	SNF	1:41.20	189
NC.	Sofia SAIDI	MAR	2005	SNF	Dsq VI	0

**BENJAMINS**

1.	Abir MAHSSOUNE	MAR	2006	CODM	1:18.38	407
2.	Wissal ELMARDI	MAR	2006	CODM	1:20.20	380
3.	Marwa SMOUNI	MAR	2007	CODM	1:20.53	375
4.	Rania BROUSS	MAR	2007	CODM	1:21.18	367
5.	Youmna LAISSAOUI	MAR	2007	CODM	1:28.06	287
6.	Ouiam CHETOUJANE	MAR	2007	U.S.O	1:30.24	267
7.	Khadija GHAMEL	MAR	2007	SNF	1:30.91	261
8.	Yasmine LAFDILI	MAR	2006	USF	1:30.95	260
9.	Rhita EL BOURAKKADI	MAR	2007	SNF	1:31.77	254
10.	Salma LAMHITI	MAR	2006	SNF	1:31.92	252
11.	Riham ESSALHI	MAR	2006	CODM	1:32.64	246
12.	Ikrame NABIL	MAR	2007	SNF	1:33.91	237
13.	Fatima Zahra NAJAH	MAR	2006	U.S.O	1:34.71	231
14.	Sara NAAMI	MAR	2006	CODM	1:35.22	227
15.	Ikram HAMZIA	MAR	2006	CODM	1:36.10	221
16.	Kenza BENNANI	MAR	2006	MAS	1:36.28	220
17.	Hafsa STILI	MAR	2007	U.S.O	1:38.03	208
18.	Manal ELMATTICHI	MAR	2007	CODM	1:38.09	208
19.	Meryem Ayah ZOUITEN	MAR	2006	MAS	1:38.45	205
20.	Zineb BOULMAN	MAR	2006	MAS	1:39.69	198
21.	Rania TAHI	MAR	2006	MCO	1:39.98	196
22.	Chada BENBRAHIM	MAR	2007	MAS	1:43.02	179
23.	Ghita NAOUI	MAR	2007	SNF	1:44.27	173
24.	Ouiame BOUAZZAOUI	MAR	2007	MCO	1:48.54	153
NC.	Aya TABET	MAR	2007	MCO	Frf exc.	
NC.	Aya MAAMRI	MAR	2006	MCO	Frf n.d.	
NC.	Alae EL AMRI	MAR	2006	MCO	Dsq VI	0

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**33. 800 m NAGE LIBRE MESSIEURS**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Othman RASSI	MAR	2002	UNO	10:37.96	355
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**MINIMES**

1.	Taha CHTATI	MAR	2005	CODM	10:32.07	365
	NC. Abdellah ESSONNI	MAR	2004	CODM	\bandon	0

**BENJAMINS**

1.	Abdelkabar ENNAJM	MAR	2006	CODM	11:00.57	320
2.	Abdellah HANINI	MAR	2006	CODM	11:20.50	293
3.	Mehdi OUMOKHTAR	MAR	2007	UNO	11:32.10	278

## INTERCLUBS REGIONAUX 3 - FES - 17/03/2019 - FES - Petit bassin

**34. 800 m NAGE LIBRE DAMES**

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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**CADETS**

1.	Hajar SABER	MAR	2003	CODM	10:45.16	441
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**MINIMES**

1.	Rim IDRISSE ROCHI ISSI	MAR	2005	SNF	10:46.74	437
2.	Malak LAMHITI	MAR	2004	SNF	10:50.32	430

**BENJAMINS**

1.	Malak LAHJOUJI	MAR	2006	CODM	11:20.88	375
2.	Aya JABRI	MAR	2006	CODM	11:26.98	365