

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

1. 50 m PAPILLON MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
JUNIORS						
1.	Youssef HEMRI	MAR	2001	FUS	27.63	535
2.	Ali MSOUGAR	MAR	2001	FUS	28.21	502
3.	Ilyasse MARGHANI	MAR	2001	A.S.F.A.R	28.36	494
4.	Ali MOKHTARI	MAR	2001	USCM	31.67	355
5.	Ziad LAHLOU	MAR	2001	USCM	33.49	300
	NC. Adam BAQQASS	MAR	2001	CNN	Frfr n.d.	
	NC. Taha MIFTAH	MAR	2001	CNN	Frfr n.d.	

CADETS

1.	Mohamed Taha MALKI	MAR	2003	FUS	28.18	504
2.	Mohamed Yassine BENSALAH	MAR	2002	FUS	28.97	464
3.	Youssef OUKHOUYA	MAR	2002	FUS	29.19	453
4.	Omar LEBIED	MAR	2002	CSN	30.57	395
5.	Adam BELAFIA	MAR	2002	USCM	31.88	348
6.	Mehdi ELMHOR	MAR	2003	FUS	31.93	346
7.	Mehdi SENIHI	MAR	2003	CNN	32.06	342
8.	BACHIR BENABDELJALIL	MAR	2002	USCM	32.47	329
9.	Mehdi SAISSI HASSANI	MAR	2002	ACK	33.61	297
10.	El Khalil EL MAZOUNI	MAR	2003	CSN	35.84	245
11.	Yasser MOATASSIM BILLAH	MAR	2003	CNN	37.97	206
	NC. Mohamed Amine ACHIBANE	MAR	2002	CNN	Frfr n.d.	
	NC. Anass ILGUIM	MAR	2003	CNN	Frfr n.d.	

MINIMES

1.	Mohamed Sami ZEMZAMI	MAR	2005	USCM	29.71	430
2.	Hamza BENHLIMA	MAR	2004	USCM	29.98	418
3.	Adam BOURZINE	MAR	2005	USCM	30.20	409
4.	Ayman BOUCETTA	MAR	2005	CNN	30.49	398
5.	CHAHINE SAID	MAR	2005	USCM	30.65	392
6.	Sami KASMI	MAR	2005	FUS	31.87	348
7.	Anas BOUYAKOUBI	MAR	2004	A.S.F.A.R	32.40	331
8.	Yahya TOURABI	MAR	2005	FUS	32.83	319
9.	Ayman BOUZAI	MAR	2005	CSN	33.00	314
10.	Zakaria HIBAOUI	MAR	2004	ACK	33.85	291
11.	Ahmed Rayane ELYACOUTI	MAR	2005	USCM	34.32	279
12.	Mehdi REFFASS	MAR	2005	CNN	36.74	227
13.	Adil NOUIRA	MAR	2004	KAC	36.95	223
	TLD. Wael KABIRI	MAR	2005	CNN	41.02	163
	NC. Youssef EL HARRAK	MAR	2005	CNN	Frfr n.d.	
	NC. Mohammed Amjad BENDGUIG	MAR	2004	CSN	Frfr n.d.	
	NC. Yassir EL MADANI	MAR	2005	FUS	Frfr n.d.	

BENJAMINS

1.	Marwane SEBBATA	MAR	2006	USCM	30.42	401
2.	Yassine SEBBATA	MAR	2006	USCM	31.12	374
3.	Omar BENMOUSSA	MAR	2006	USCM	31.99	344
4.	Akram NEJJAR	MAR	2006	USCM	33.88	290
5.	Jad KHERBOUCHE	MAR	2006	ACK	34.25	280
6.	Mohammed ELOTMANY	MAR	2007	CNN	36.56	231
7.	Samy BENCHEBBA	MAR	2006	FUS	36.89	224
8.	Jade KISSAMI	MAR	2006	FUS	36.97	223
9.	Amir FAEDDA	MAR	2007	FUS	37.02	222
10.	Sami EL ANOUAR	MAR	2007	USCM	37.57	212
11.	Yassine MIFTAH	MAR	2006	CNN	38.81	193
12.	Mohammed ELHARRAK	MAR	2006	ASS	39.02	190
13.	Omar MOUMINA	MAR	2006	FUS	39.09	188

F.R.M.N.

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

1. 50 m PAPILLON MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
BENJAMINS						
14.	Zaid ZNAIDI	MAR	2007	USCM	40.56	169
15.	Omar BOUGOTAYA	MAR	2006	A.S.F.A.R	41.01	163
16.	Tarik ZEHAUF	MAR	2007	ACK	41.06	163
17.	Omar EL AMRAOUI	MAR	2007	USCM	41.17	161
18.	Mohamed Ayoub OUADI	MAR	2007	ASS	41.20	161
19.	Aymen BECHTER	MAR	2006	CSN	42.17	150
20.	Adam LAHDAID	MAR	2006	CNN	42.62	145
21.	Taha KHNIFRA	MAR	2006	CNN	43.51	137
22.	Adam ELFAHSSI	MAR	2007	FUS	46.93	109
23.	Houmam IALLATEN	MAR	2006	CNN	47.98	102
24.	Rayane AIT ALI	MAR	2006	CNN	48.18	100
25.	Othmane ACHIBANE	MAR	2007	CNN	51.47	82
26.	Mohammed BENHALIMA	MAR	2007	USCM	52.08	79
27.	Jad TNEAMOU	MAR	2007	CSN	53.59	73
28.	Mohamed Aymane SGHIOURI IDRISSE	MAR	2006	CNN	56.47	62
29.	Sabir FARS	MAR	2007	A.ALAWAIL	59.54	53
30.	Othmane ANEB	MAR	2006	KAC	1:03.16	44
NC.	Ali ELKHALIL	MAR	2006	FUS	Frf n.d.	
NC.	BAKR THAMI ALAMI	MAR	2006	USCM	Frf n.d.	
NC.	Ilyas CHAKKOURI	MAR	2006	A.ALAWAIL	Dsq VI	0
NC.	Youssef ALAMI	MAR	2007	A.ALAWAIL	Dsq NI	0

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

2. 50 m PAPILLON DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
CADETS						
1.	Taghrid DAHBANI	MAR	2003	FUS	30.44	517
2.	Imane BASKACH	MAR	2003	USCM	31.97	446
3.	Doaa AMMOUMOU	MAR	2003	ACK	36.17	308
MINIMES						
1.	Hiba CHOUAIBI	MAR	2004	USCM	32.01	444
2.	Abrare BELRHITI	MAR	2004	FUS	33.16	400
3.	Malak BOUSSOUF	MAR	2004	FUS	33.26	396
4.	Maryem DAGRI	MAR	2005	USCM	33.41	391
5.	Jennate RIMI	MAR	2005	FUS	33.74	379
6.	Yasmine RIAD	MAR	2004	FUS	33.91	374
7.	Rime Ines EL RHOUBARI	MAR	2004	FUS	34.05	369
8.	Maha BASKACH	MAR	2005	USCM	34.24	363
9.	Hiba BOURZINE	MAR	2004	USCM	34.37	359
10.	Camelia GARNOUSSI	MAR	2004	FUS	34.61	351
11.	Alae ELMEKKAOUI	MAR	2005	CNN	34.85	344
12.	Mouna Yassmina MASAIF	MAR	2005	ACK	36.69	295
13.	Marwa EL HARTIKA	MAR	2005	FUS	36.92	289
14.	Lina GABOUNE	MAR	2004	FUS	37.59	274
15.	Chahd BELEKBIRA	MAR	2004	A.S.F.A.R	37.95	266
16.	Imane BOUTARBOUCH	MAR	2004	ASS	38.27	260
17.	Imane LAHLOU	MAR	2005	FUS	38.53	255
18.	Nour Elhouda YOUSFI	MAR	2005	CNN	41.13	209
18.	Hiba GHOUDANE	MAR	2004	CSN	41.13	209
20.	Fadila ZEHAUF	MAR	2005	ACK	41.34	206
21.	Nourzad KARROUK BAAYL	MAR	2005	ACK	41.43	205
NC.	Marwa ALAOUI	MAR	2004	CNN	Frfr n.d.	
NC.	Malak IGOUZAL	MAR	2005	CSN	Frfr n.d.	
BENJAMINS						
1.	Meryem BAHAJOUB	MAR	2006	FUS	33.60	384
2.	Inass ALLAOUI	MAR	2006	A.S.F.A.R	35.02	339
3.	Nour El Houda BENSALAH	MAR	2007	FUS	35.31	331
4.	Nada RAGTAOUI	MAR	2007	FUS	35.86	316
5.	Zineb ATILLAH	MAR	2006	FUS	36.03	311
6.	Salma RHOUL	MAR	2006	FUS	36.45	301
7.	Malak MEQDAR	MAR	2007	FUS	36.71	294
8.	Youssra ELMAZOUNI	MAR	2006	CSN	37.61	274
9.	Sara BENSLETEN	MAR	2007	USCM	37.98	266
10.	Rim ELAMRAOUI	MAR	2006	FUS	38.22	261
11.	Malak TIBARI	MAR	2006	A.S.F.A.R	38.36	258
12.	Lina YAQOUBI	MAR	2006	CSN	38.51	255
13.	Sofia GARNOUSSI	MAR	2006	FUS	39.99	228
14.	Rawane SADIQUI	MAR	2007	USCM	40.78	215
15.	Rim BELAHNICH	MAR	2006	A.S.F.A.R	41.60	202
16.	Douaa EL YAAGOUBI	MAR	2007	USCM	42.28	192
17.	Sundus ALHAMAD	MAR	2007	KAC	42.90	184
18.	Zineb KHARMICH	MAR	2007	CNN	44.41	166
19.	Hiba LAHLIMI	MAR	2007	ACK	45.88	151
20.	Lina KHOUIA	MAR	2006	CNN	46.95	140
21.	Hibat Allah SEMLALI	MAR	2007	KAC	47.15	139
22.	Raihan MOUNA	MAR	2007	A.ALAWAIL	50.21	115
23.	Soraya EDDAOUE	MAR	2006	CNN	51.34	107
24.	Lina DOUDOUH	MAR	2007	A.ALAWAIL	51.64	105
25.	Rachida KIDAYE	MAR	2007	CNN	52.75	99
26.	Israe EDDAOUE	MAR	2006	CNN	59.16	70

F.R.M.N.

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

2. 50 m PAPILLON DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
BENJAMINS						
27.	Yassmina IZOUAGHEN	MAR	2007	CNN	59.71	68
	NC. Marwa JABAR	MAR	2007	CNN	Frf n.d.	
	NC. Selma TIYAL	MAR	2007	A.S.F.A.R	Dsq VI	0
	NC. Rhita MYESSER	MAR	2007	USCM	Dsq VI	0

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

3. 400 m 4 NAGES MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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JUNIORS

1.	Youssef HEMRI	MAR	2001	FUS	4:45.54	622
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CADETS

1.	Ayman EL MECHRAFI	MAR	2002	USCM	5:00.63	533
2.	Soufiane TAYEBI	MAR	2003	FUS	5:40.16	368

MINIMES

1.	Adam BOURZINE	MAR	2005	USCM	5:27.75	411
2.	Younes BERRADA	MAR	2004	FUS	5:53.44	328
NC.	Sami KASMI	MAR	2005	FUS	Dsq VI	0

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

4. 400 m 4 NAGES DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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CADETS

1.	Taghrid DAHBANI	MAR	2003	FUS	5:29.18	542
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MINIMES

1.	Lina DANNA	MAR	2005	USCM	5:36.13	509
2.	Malak BOUSSOUF	MAR	2004	FUS	5:41.38	486
3.	Meryem BENAYACHE	MAR	2004	USCM	6:23.02	344

BENJAMINS

NC.	Yasmine EL HAJJI	MAR	2007	CNN	Frf n.d.	
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INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

5. 50 m BRASSE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
SENIORS						
1.	Badreddine FAWZI	MAR	1991	USCM	31.37	614
2.	Larbi MEJDOUBI	MAR	1998	A.S.F.A.R	33.83	490
JUNIORS						
1.	Ahmed BENNANI	MAR	2001	FUS	31.50	607
2.	Med Saad EL HADI	MAR	2000	USCM	31.76	592
3.	Ilyasse MARGHANI	MAR	2001	A.S.F.A.R	32.63	546
4.	Ali MSOUGAR	MAR	2001	FUS	33.06	525
5.	Ali HEMRI	MAR	2001	FUS	33.27	515
6.	Mehdi BOUFEDENE	MAR	2000	ASS	33.84	489
7.	Marouane RAJI	MAR	2000	USCM	34.80	450
8.	Adam BAQQASS	MAR	2001	CNN	35.52	423
8.	Mehdi ZOUGAGHI	MAR	2001	USCM	35.52	423
CADETS						
1.	Mohamed Taha MALKI	MAR	2003	FUS	31.49	607
2.	Ayman EL MECHRAFI	MAR	2002	USCM	33.17	520
3.	Rayane BOUHAFS	MAR	2003	FUS	34.08	479
4.	Anir SADIQUI	MAR	2003	USCM	35.28	432
5.	Youssef OUKHOUYA	MAR	2002	FUS	35.66	418
6.	Mehdi SAISSI HASSANI	MAR	2002	ACK	38.85	323
7.	El Khalil EL MAZOUNI	MAR	2003	CSN	40.98	275
TLD.	Mehdi ELMHOR	MAR	2003	FUS	42.18	252
TLD.	Aboubakr BAGHOZ	MAR	2003	A.ALAWAIL	43.53	230
NC.	Anass ILGUIM	MAR	2003	CNN	Frfr n.d.	
NC.	Yahya ELBRIDI	MAR	2003	USCM	Frfr n.d.	
NC.	Yasser MOATASSIM BILLAH	MAR	2003	CNN	Dsqq NI	0
MINIMES						
1.	Zakaria HIBAOUI	MAR	2004	ACK	35.77	414
2.	Yasser BENCHEBBA	MAR	2004	FUS	36.50	390
3.	Youssef BOUHMOUCH	MAR	2004	USCM	37.01	374
4.	CHAHINE SAID	MAR	2005	USCM	37.68	354
5.	Anas BOUYAKOUBI	MAR	2004	A.S.F.A.R	38.27	338
6.	Oussama HATGA	MAR	2004	ACK	41.30	269
7.	Adil NOUIRA	MAR	2004	KAC	41.84	259
TLD.	Ali BOUALAM	MAR	2004	FUS	45.26	204
TLD.	Wael KABIRI	MAR	2005	CNN	48.61	165
TLD.	Mohamed Badr BOUCHTI	MAR	2005	CNN	49.58	155
NC.	Moncef BEN EL HADJ	MAR	2004	ACK	Frfr exc.	
NC.	Youssef EL HARRAK	MAR	2005	CNN	Frfr n.d.	
BENJAMINS						
1.	Hamza KAMAL	MAR	2006	USCM	38.18	340
2.	Akram NEJJAR	MAR	2006	USCM	38.62	329
3.	Hassan ELALAMI	MAR	2006	FUS	40.56	284
4.	Omar BOUGOTAYA	MAR	2006	A.S.F.A.R	43.56	229
5.	Yassine MIFTAH	MAR	2006	CNN	44.73	212
6.	Hamza FILALI	MAR	2006	USCM	44.74	211
7.	Sami EL ANOUAR	MAR	2007	USCM	46.01	194
8.	Hamza FOUKAHY	MAR	2006	FUS	46.40	189
9.	Mohamed Naji TOUIMI BENJELLOUN	MAR	2007	ASS	46.41	189
10.	Mohammed ELHARRAK	MAR	2006	ASS	46.54	188
11.	Zakaria FATIH	MAR	2006	A.S.F.A.R	46.70	186
12.	Adib BOUAYAD	MAR	2007	USCM	46.79	185
13.	Ryad MALKI	MAR	2006	CNN	49.08	160

F.R.M.N.

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

5. 50 m BRASSE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
BENJAMINS						
14.	Youssef LAAREJ	MAR	2006	FUS	49.25	158
15.	Chihab CHAHABOUN	MAR	2006	KAC	49.57	155
16.	Adnan AHRRAM	MAR	2006	A.ALAWAIL	49.62	155
17.	Taha KHNIFRA	MAR	2006	CNN	51.81	136
18.	Youssef GABOUNE	MAR	2007	FUS	52.22	133
19.	Mohamed Amine AHAITAF	MAR	2007	A.ALAWAIL	53.40	124
20.	Zakaria EL GORFTI	MAR	2007	FUS	54.28	118
21.	Aymen BECHTER	MAR	2006	CSN	54.41	117
22.	Abderrahmane TALMOUST	MAR	2007	KAC	54.59	116
23.	Ismail MOUSTAHSSINE	MAR	2007	FUS	54.97	114
24.	Mehdi MOUFFAK	MAR	2006	A.ALAWAIL	56.74	103
25.	Ayman ABBAR	MAR	2006	A.ALAWAIL	58.22	96
26.	Ali EL HASSANI	MAR	2007	FUS	1:00.02	87
NC.	Mouad CHAER NAJIB	MAR	2006	A.ALAWAIL	Frf n.d.	
NC.	Yasser BENDAOU	MAR	2007	CNN	Frf n.d.	
NC.	BAKR THAMI ALAMI	MAR	2006	USCM	Frf n.d.	
NC.	Hamza EL MKHENTAR	MAR	2007	USCM	Dsq VI	0
NC.	Salaheddine CHIKI	MAR	2007	ACK	Dsq NI	0
NC.	Faris BOUKDIR	MAR	2006	KAC	Dsq NI	0

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

6. 50 m BRASSE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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JUNIORS

	TLD. Ghita LALAOUI	MAR	2001	FUS	46.50	264
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CADETS

1.	Yasmine NADIR	MAR	2003	FUS	38.64	460
2.	Ayat Allah EL ANOUAR	MAR	2002	FUS	41.76	364
3.	Najwa NOUAR	MAR	2003	USCM	42.88	337
4.	Hiba ELHARRAK	MAR	2002	ASS	43.50	322
5.	Doaa AMMOUMOU	MAR	2003	ACK	43.97	312

MINIMES

1.	Oumnia SEBBATA	MAR	2005	USCM	38.09	480
2.	Hiba BOURZINE	MAR	2004	USCM	38.21	476
3.	Hadil CHAHIDI	MAR	2005	USCM	38.55	463
4.	Chahd BELEKBIRA	MAR	2004	A.S.F.A.R	38.84	453
5.	Maha BASKACH	MAR	2005	USCM	39.01	447
6.	Hiba CHOUAIBI	MAR	2004	USCM	39.47	432
7.	Maryem DAGRI	MAR	2005	USCM	40.34	404
8.	Rima BADOUI	MAR	2004	ASS	41.74	365
9.	Lina GABOUNE	MAR	2004	FUS	42.14	355
10.	Rime Ines EL RHOUBARI	MAR	2004	FUS	42.22	353
11.	Imane LAHLOU	MAR	2005	FUS	42.47	346
12.	Marwa EL HARTIKA	MAR	2005	FUS	43.38	325
13.	Rim ARHARBI	MAR	2004	KAC	43.91	313
14.	Fadila ZEHAUF	MAR	2005	ACK	45.27	286
15.	Aya MARHFOUR	MAR	2005	FUS	45.53	281
16.	Nour Elhouda MAROUDI	MAR	2005	A.S.F.A.R	46.53	263
17.	Marwa ALAOUI	MAR	2004	CNN	46.60	262
18.	Nourzad KARROUK BAAYL	MAR	2005	ACK	47.21	252
19.	Zineb SAIFI	MAR	2005	CNN	48.00	240
	TLD. Alae BOUIRKI	MAR	2005	CNN	48.57	231
	TLD. Rahaf ALHAMED	MAR	2005	KAC	49.10	224
	TLD. Nour Elhouda YOUSFI	MAR	2005	CNN	49.89	214
	NC. Malak IGOUZAL	MAR	2005	CSN	Frf n.d.	

BENJAMINS

1.	Nada IDRISSE FAKHREDDINE	MAR	2006	FUS	40.85	389
2.	Lyna TIKKI	MAR	2006	ASS	41.26	378
3.	Nada ZAGRITI	MAR	2007	ASS	44.98	292
4.	Ghita EL MOUATARIF	MAR	2007	FUS	44.99	291
5.	Rim BENARFA	MAR	2007	FUS	45.39	284
6.	Abla BELMATI	MAR	2006	FUS	45.97	273
7.	Rim ZAARI JABRI	MAR	2006	ASS	48.19	237
8.	Hajar KAIMECH	MAR	2006	A.S.F.A.R	48.53	232
9.	Rim BELAHNICH	MAR	2006	A.S.F.A.R	48.90	227
10.	Rachida KIDAYE	MAR	2007	CNN	49.59	217
11.	Ghita EL IDRISSE EL AMGHARI	MAR	2006	USCM	50.59	205
12.	Maha LAMGHARI	MAR	2007	FUS	51.35	196
13.	Rayehana ELKACIMI	MAR	2007	CNN	51.38	195
14.	Rim BOUCHIKHI	MAR	2007	A.S.F.A.R	51.41	195
15.	Jannat BAYADOU	MAR	2007	KAC	51.51	194
16.	Raihan MOUNA	MAR	2007	A.ALAWAIL	51.66	192
17.	Zineb KHARMICH	MAR	2007	CNN	52.80	180
18.	Lina ZDI	MAR	2006	CNN	54.19	167
19.	Alae BAGHOZ	MAR	2007	A.ALAWAIL	54.61	163
20.	Lina KHOUIA	MAR	2006	CNN	54.62	163
21.	Rhita MYESSER	MAR	2007	USCM	55.06	159

F.R.M.N.

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

6. 50 m BRASSE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
BENJAMINS						
22.	Eikhanssaa DLIMA	MAR	2006	ACK	55.24	157
23.	Dina Walae ALILOU	MAR	2006	CNN	56.54	147
NC.	Marwa JABAR	MAR	2007	CNN	Frf n.d.	
NC.	Hiba LAHLIMI	MAR	2007	ACK	Dsq NI	0

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

7. 200 m NAGE LIBRE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
SENIORS						
1.	Med El Mehdi ESSADIQ	MAR	1986	USCM	2:00.11	612
JUNIORS						
1.	Ali HEMRI	MAR	2001	FUS	1:56.27	675
2.	Ahmed BENNANI	MAR	2001	FUS	2:06.26	527
3.	Mehdi ZOUGAGHI	MAR	2001	USCM	2:18.96	395
4.	Ziad LAHLOU	MAR	2001	USCM	2:24.56	351
CADETS						
1.	Mohamed Yassine BENSALAH	MAR	2002	FUS	2:03.48	563
2.	Rayane BOUHAFS	MAR	2003	FUS	2:09.26	491
3.	Anir SADIQUI	MAR	2003	USCM	2:10.60	476
4.	Soufiane TAYEBI	MAR	2003	FUS	2:22.72	365
5.	Mehdi SENIHJI	MAR	2003	CNN	2:29.52	317
NC.	Mohamed Amine ACHIBANE	MAR	2002	CNN	Frfr n.d.	
NC.	Mehdi BENSALAH	MAR	2002	CNN	Frfr n.d.	
NC.	Yahya ELBRIDI	MAR	2003	USCM	Frfr n.d.	
MINIMES						
1.	Yasser BENCHEBBA	MAR	2004	FUS	2:00.91	600
2.	Hamza BENHLIMA	MAR	2004	USCM	2:03.45	564
3.	Mohamed Sami ZEMZAMI	MAR	2005	USCM	2:06.77	520
4.	Ayman BOUZAIID	MAR	2005	CSN	2:21.32	376
5.	Yahya TOURABI	MAR	2005	FUS	2:23.22	361
6.	Youssef BOUHMOUCH	MAR	2004	USCM	2:26.41	338
7.	Ahmed Rayane ELYACOUTI	MAR	2005	USCM	2:27.82	328
8.	Younes BERRADA	MAR	2004	FUS	2:34.47	287
9.	Mehdi REFFASS	MAR	2005	CNN	2:36.20	278
NC.	Yassir EL MADANI	MAR	2005	FUS	Frfr n.d.	
NC.	Ayman BOUCETTA	MAR	2005	CNN	Abandon	0
BENJAMINS						
1.	Marwane SEBBATA	MAR	2006	USCM	2:11.56	466
2.	Yassine SEBBATA	MAR	2006	USCM	2:14.11	440
3.	Omar BENMOUSSA	MAR	2006	USCM	2:14.62	435
4.	Jad KHERBOUCHE	MAR	2006	ACK	2:21.37	375
5.	Samy BENCHEBBA	MAR	2006	FUS	2:27.40	331
6.	Hassan ELALAMI	MAR	2006	FUS	2:27.57	330
7.	Hamza FOUKAHY	MAR	2006	FUS	2:36.77	275
8.	Youssef GABOUNE	MAR	2007	FUS	2:38.03	268
9.	Mohammed ELLOTMANY	MAR	2007	CNN	2:39.85	259
10.	Jade KISSAMI	MAR	2006	FUS	2:40.33	257
11.	Amir FAEDDA	MAR	2007	FUS	2:40.75	255
12.	Omar EL AMRAOUI	MAR	2007	USCM	2:41.79	250
13.	Hamza FILALI	MAR	2006	USCM	2:45.08	235
14.	Adam ELFAHSSI	MAR	2007	FUS	2:45.68	233
15.	Zaid ZNAIDI	MAR	2007	USCM	2:46.28	230
16.	Tarik ZEHAUF	MAR	2007	ACK	2:53.40	203
17.	Mohamed Ayoub OUADI	MAR	2007	ASS	2:53.87	201
18.	Hamza EL MKHENTAR	MAR	2007	USCM	2:55.32	196
19.	Mohamed Naji TOUIMI BENJELLOUN	MAR	2007	ASS	2:55.41	196
20.	Omar MOUMINA	MAR	2006	FUS	2:55.73	195
21.	Adib BOUAYAD	MAR	2007	USCM	2:55.79	195
22.	Ilyas CHAKKOURI	MAR	2006	A.ALAWAIL	2:57.84	188
23.	Adam LAHDAID	MAR	2006	CNN	3:04.14	169
24.	Mohammed BENHALIMA	MAR	2007	USCM	3:07.83	160

F.R.M.N.

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

7. 200 m NAGE LIBRE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
BENJAMINS						
25.	Houmam IALLATEN	MAR	2006	CNN	3:09.18	156
26.	Youssef ALAMI	MAR	2007	A.ALAWAIL	3:12.61	148
27.	Mohamed Amine AHAITAF	MAR	2007	A.ALAWAIL	3:13.82	145
28.	Othmane ACHIBANE	MAR	2007	CNN	3:14.40	144
29.	Mohamed Aymane SGHIOURI IDRISSE	MAR	2006	CNN	3:14.51	144
30.	Jad TNEAMOU	MAR	2007	CSN	3:21.88	128
31.	Nasser ZOUR	MAR	2007	A.S.F.A.R	3:28.34	117
32.	Youssef MOUSSALIM	MAR	2007	ASS	3:29.41	115
33.	Rayane AIT ALI	MAR	2006	CNN	3:32.51	110
NC.	Ali ELKHALIL	MAR	2006	FUS	Frfr n.d.	

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

8. 200 m NAGE LIBRE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
JUNIORS						
1.	Mariam BENSALAH	MAR	2001	USCM	2:29.19	434
2.	Iqbal SAKHRAOUI	MAR	2001	CSN	2:36.39	377
CADETS						
1.	Ayat Allah EL ANOUAR	MAR	2002	FUS	2:14.65	590
2.	Yasmine NADIR	MAR	2003	FUS	2:31.33	416
3.	Najwa NOUAR	MAR	2003	USCM	2:31.92	411
4.	Hiba ELHARRAK	MAR	2002	ASS	2:34.11	394
MINIMES						
1.	Oumnia SEBBATA	MAR	2005	USCM	2:17.62	553
2.	Jennate RIMI	MAR	2005	FUS	2:22.89	494
3.	Yasmine RIAD	MAR	2004	FUS	2:27.47	449
4.	Hadil CHAHIDI	MAR	2005	USCM	2:27.61	448
5.	Camelia GARNOUSSI	MAR	2004	FUS	2:31.23	416
6.	Alae ELMEKKAOUI	MAR	2005	CNN	2:33.01	402
7.	Rima BADOUI	MAR	2004	ASS	2:34.57	390
8.	Oumaima RACHIDI ALAOUI	MAR	2004	USCM	2:37.02	372
9.	Sara BELLAMINE	MAR	2004	ASS	2:38.48	362
10.	Imane BOUTARBOUCH	MAR	2004	ASS	2:40.12	351
11.	Hiba GHOUDANE	MAR	2004	CSN	2:49.97	293
NC.	Abrare BELRHITI	MAR	2004	FUS	Frfr n.d.	
BENJAMINS						
1.	Sofia GARNOUSSI	MAR	2006	FUS	2:22.56	497
2.	Nada RAGTAOUI	MAR	2007	FUS	2:23.33	489
3.	Malak MEQDAR	MAR	2007	FUS	2:23.98	483
4.	Meryem BAHAJOUB	MAR	2006	FUS	2:24.29	480
5.	Zineb ATILLAH	MAR	2006	FUS	2:27.96	445
6.	Inass ALLAOUI	MAR	2006	A.S.F.A.R	2:30.52	422
7.	Nour El Houda BENSALAH	MAR	2007	FUS	2:33.15	401
8.	Abla BELMATI	MAR	2006	FUS	2:34.08	394
9.	Nada IDRISSE FAKHREDDINE	MAR	2006	FUS	2:34.68	389
10.	Salma RHOUL	MAR	2006	FUS	2:42.14	338
11.	Rim ELAMRAOUI	MAR	2006	FUS	2:43.17	331
12.	Youssra ELMAZOUNI	MAR	2006	CSN	2:43.79	328
13.	Sara BENSLETEN	MAR	2007	USCM	2:44.41	324
14.	Malak TIBARI	MAR	2006	A.S.F.A.R	2:45.12	320
15.	Rawane SADIQUI	MAR	2007	USCM	2:46.24	313
16.	Lina YAQOUBI	MAR	2006	CSN	2:47.73	305
17.	Ghita EL MOUATARIF	MAR	2007	FUS	2:52.48	281
18.	Douaa EL YAAGOUBI	MAR	2007	USCM	2:53.46	276
19.	Hibat Allah SEMLALI	MAR	2007	KAC	2:55.75	265
20.	Rim BENARFA	MAR	2007	FUS	3:00.77	244
21.	Lina DOUDOUH	MAR	2007	A.ALAWAIL	3:05.44	226
22.	Selma TIYAL	MAR	2007	A.S.F.A.R	3:05.64	225
23.	Sundus ALHAMAD	MAR	2007	KAC	3:12.06	203
24.	Yasmine EL HAJJI	MAR	2007	CNN	3:15.73	192
25.	Rim ZAARI JABRI	MAR	2006	ASS	3:16.73	189
26.	Yassmina IZOUAGHEN	MAR	2007	CNN	3:17.29	187
27.	Alae BAGHOZ	MAR	2007	A.ALAWAIL	3:21.30	176
28.	Rayehana ELKACIMI	MAR	2007	CNN	3:24.72	168
29.	Soraya EDDAOUE	MAR	2006	CNN	3:28.34	159
30.	Dina Walae ALILOU	MAR	2006	CNN	3:36.98	141
31.	Israe EDDAOUE	MAR	2006	CNN	3:43.87	128

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

9. 100 m NAGE LIBRE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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SENIORS

1.	Saad BENNANI	MAR	1996	FUS	53.33	680
2.	Hamza DAHBI SKALI	MAR	1998	CSN	53.74	665
3.	Larbi MEJDOUBI	MAR	1998	A.S.F.A.R	1:02.50	422

JUNIORS

1.	Ali HEMRI	MAR	2001	FUS	53.42	677
2.	Ali MSOUGAR	MAR	2001	FUS	54.53	636
3.	Mehdi ZOUGAGHI	MAR	2001	USCM	1:00.73	460
4.	Ali MOKHTARI	MAR	2001	USCM	1:01.75	438
NC.	Adam BAQQASS	MAR	2001	CNN	Frfr n.d.	
NC.	Taha MIFTAH	MAR	2001	CNN	Frfr n.d.	
NC.	Med Saad EL HADI	MAR	2000	USCM	Frfr n.d.	

CADETS

1.	Youssef OUKHOUYA	MAR	2002	FUS	56.63	568
2.	Rayane BOUHAFS	MAR	2003	FUS	57.62	539
3.	Anir SADIQUI	MAR	2003	USCM	57.81	534
4.	Adam BELAFIA	MAR	2002	USCM	58.37	519
5.	BACHIR BENABDELJALIL	MAR	2002	USCM	59.66	486
6.	Mehdi SAISSI HASSANI	MAR	2002	ACK	1:03.21	408
7.	Soufiane TAYEBI	MAR	2003	FUS	1:03.93	395
8.	Ei Khalil EL MAZOUNI	MAR	2003	CSN	1:07.08	342
9.	Anass ILGUIM	MAR	2003	CNN	1:07.19	340
10.	Mehdi BOUZEKRI	MAR	2002	FUS	1:09.02	314
11.	Mehdi BENSALAH	MAR	2002	CNN	1:10.17	298
12.	Ahmed Ghassane MAGRI	MAR	2003	ASS	1:10.50	294
TLD.	Yasser MOATASSIM BILLAH	MAR	2003	CNN	1:12.72	268
TLD.	Aboubakr BAGHOZ	MAR	2003	A.ALAWAIL	1:13.65	258
NC.	Mohamed Amine ACHIBANE	MAR	2002	CNN	Frfr n.d.	
NC.	Mehdi SENIHJI	MAR	2003	CNN	Frfr n.d.	
NC.	Yahya ELBRIDI	MAR	2003	USCM	Frfr n.d.	

MINIMES

1.	Yasser BENCHEBBA	MAR	2004	FUS	57.62	539
2.	Mohamed Sami ZEMZAMI	MAR	2005	USCM	58.45	517
3.	CHAHINE SAID	MAR	2005	USCM	58.81	507
4.	Hamza BENHLIMA	MAR	2004	USCM	59.05	501
5.	Sami KASMI	MAR	2005	FUS	1:04.15	391
6.	Aymane BOUZAIID	MAR	2005	CSN	1:05.15	373
7.	Anas BOUYAKOUBI	MAR	2004	A.S.F.A.R	1:06.28	354
8.	Zakaria HIBAOUI	MAR	2004	ACK	1:06.75	347
9.	Yahya TOURABI	MAR	2005	FUS	1:07.78	331
10.	Mehdi REFFASS	MAR	2005	CNN	1:10.62	293
11.	Younes BERRADA	MAR	2004	FUS	1:11.78	279
12.	Adil NOUIRA	MAR	2004	KAC	1:12.12	275
13.	Oussama HATGA	MAR	2004	ACK	1:12.99	265
14.	Ali BOUALAM	MAR	2004	FUS	1:15.03	244
TLD.	Wael KABIRI	MAR	2005	CNN	1:17.00	226
TLD.	Mohamed Badr BOUCHTI	MAR	2005	CNN	1:24.64	170
TLD.	Yassine EL HAMZAOUI	MAR	2005	ACK	1:35.22	119
NC.	Ayman BOUCETTA	MAR	2005	CNN	Frfr n.d.	
NC.	Youssef EL HARRAK	MAR	2005	CNN	Frfr n.d.	
NC.	Mohammed Amjad BENDGUIG	MAR	2004	CSN	Frfr n.d.	

BENJAMINS

1.	Hamza KAMAL	MAR	2006	USCM	1:03.00	412
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F.R.M.N.

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

9. 100 m NAGE LIBRE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
BENJAMINS						
2.	Omar BENMOUSSA	MAR	2006	USCM	1:03.93	395
3.	Jad KHERBOUCHE	MAR	2006	ACK	1:05.12	373
4.	Yassine MIFTAH	MAR	2006	CNN	1:10.54	294
5.	Zaid ZNAIDI	MAR	2007	USCM	1:13.46	260
6.	Sami EL ANOUAR	MAR	2007	USCM	1:13.87	256
7.	Mohammed ELOTMANY	MAR	2007	CNN	1:14.37	251
8.	Omar EL AMRAOUI	MAR	2007	USCM	1:14.66	248
9.	Amir FAEDDA	MAR	2007	FUS	1:15.82	236
10.	Adam ELFAHSSI	MAR	2007	FUS	1:18.13	216
11.	Omar BOUGOTAYA	MAR	2006	A.S.F.A.R	1:18.40	214
12.	Mohammed ELHARRAK	MAR	2006	ASS	1:18.97	209
13.	Hamza EL MKHENTAR	MAR	2007	USCM	1:20.39	198
14.	Mohamed Ayoub OUADI	MAR	2007	ASS	1:20.53	197
15.	Adib BOUAYAD	MAR	2007	USCM	1:21.47	190
16.	Houmam IALLATEN	MAR	2006	CNN	1:21.65	189
17.	Adam LAHDAID	MAR	2006	CNN	1:23.10	179
18.	Mohamed Naji TOUIMI BENJELLOUN	MAR	2007	ASS	1:23.12	179
19.	Tarik ZEHAUF	MAR	2007	ACK	1:23.25	178
20.	Adnan AHRRAM	MAR	2006	A.ALAWAIL	1:23.46	177
21.	Ryad MALKI	MAR	2006	CNN	1:24.12	173
22.	Taha KHNIFRA	MAR	2006	CNN	1:24.71	169
23.	Faris BOUKDIR	MAR	2006	KAC	1:24.86	168
24.	Mohammed BENHALIMA	MAR	2007	USCM	1:25.91	162
25.	Aymen BECHTER	MAR	2006	CSN	1:26.06	161
26.	Othmane ANEB	MAR	2006	KAC	1:26.60	158
27.	Zakaria FATIH	MAR	2006	A.S.F.A.R	1:27.71	153
28.	Mohamed Aymane SGHIOURI IDRISSE	MAR	2006	CNN	1:29.22	145
29.	Youssef LAAREJ	MAR	2006	FUS	1:29.52	143
30.	Zakaria EL GORFTI	MAR	2007	FUS	1:30.24	140
31.	Ismail MOUSTAHSSINE	MAR	2007	FUS	1:30.63	138
32.	Othmane ACHIBANE	MAR	2007	CNN	1:30.95	137
33.	Jad TNEAMOU	MAR	2007	CSN	1:31.89	133
34.	Chihab CHAHABOUN	MAR	2006	KAC	1:32.22	131
35.	Ali EL HASSANI	MAR	2007	FUS	1:32.37	131
36.	Youssef ALAMI	MAR	2007	A.ALAWAIL	1:33.11	127
37.	Rayane AIT ALI	MAR	2006	CNN	1:33.59	125
38.	Nasser ZOUR	MAR	2007	A.S.F.A.R	1:36.49	114
39.	Youssef MOUSSALIM	MAR	2007	ASS	1:37.40	111
40.	Abderrahmane TALMOUST	MAR	2007	KAC	1:39.96	103
41.	Mehdi MOUFFAK	MAR	2006	A.ALAWAIL	1:43.65	92
42.	Ayman ABBAR	MAR	2006	A.ALAWAIL	1:43.80	92
43.	Salaheddine CHIKI	MAR	2007	ACK	1:44.94	89
44.	Sabir FARS	MAR	2007	A.ALAWAIL	1:51.11	75
NC.	Mouad CHAER NAJIB	MAR	2006	A.ALAWAIL	Frfr n.d.	
NC.	Yasser BENDAOU	MAR	2007	CNN	Frfr n.d.	
NC.	BAKR THAMI ALAMI	MAR	2006	USCM	Frfr n.d.	
NC.	Samy BENCHEBBA	MAR	2006	FUS	Dsq FD	0

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

10. 100 m NAGE LIBRE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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JUNIORS

1.	Mariam BENSALAH	MAR	2001	USCM	1:06.95	470
2.	Iqbal SAKHRAOUI	MAR	2001	CSN	1:09.40	422

CADETS

1.	Yasmine NADIR	MAR	2003	FUS	1:04.03	537
2.	Imane BASKACH	MAR	2003	USCM	1:04.09	536
3.	Ayat Allah EL ANOUAR	MAR	2002	FUS	1:06.68	476
4.	Taghrid DAHBANI	MAR	2003	FUS	1:07.22	464
5.	Hiba ELHARRAK	MAR	2002	ASS	1:09.25	425
6.	Najwa NOUAR	MAR	2003	USCM	1:11.40	387
7.	Doaa AMMOUMOU	MAR	2003	ACK	1:13.54	355

MINIMES

1.	Hiba CHOUAIBI	MAR	2004	USCM	1:03.42	553
2.	Abrare BELRHITI	MAR	2004	FUS	1:03.90	541
3.	Malak BOUSSOUF	MAR	2004	FUS	1:04.52	525
4.	Camelia GARNOUSSI	MAR	2004	FUS	1:05.75	496
5.	Jennate RIMI	MAR	2005	FUS	1:06.16	487
6.	Rime Ines EL RHOUBARI	MAR	2004	FUS	1:06.54	479
7.	Meryem BENAYACHE	MAR	2004	USCM	1:08.32	442
8.	Yasmine RIAD	MAR	2004	FUS	1:08.50	439
9.	Hadil CHAHIDI	MAR	2005	USCM	1:08.92	431
10.	Lina GABOUNE	MAR	2004	FUS	1:11.20	391
11.	Sara BELLAMINE	MAR	2004	ASS	1:11.88	380
12.	Oumaima RACHIDI ALAOUI	MAR	2004	USCM	1:12.28	373
13.	Rim ARHARBI	MAR	2004	KAC	1:12.92	364
14.	Imane BOUTARBOUCH	MAR	2004	ASS	1:13.25	359
15.	Imane LAHLOU	MAR	2005	FUS	1:14.41	342
16.	Marwa EL HARTIKA	MAR	2005	FUS	1:15.70	325
17.	Fadila ZEHAUF	MAR	2005	ACK	1:16.22	318
18.	Nour Elhouda YOUSFI	MAR	2005	CNN	1:16.43	316
19.	Nourzad KARROUK BAAYL	MAR	2005	ACK	1:17.29	305
20.	Hiba GHOUDANE	MAR	2004	CSN	1:17.40	304
21.	Zineb SAIFI	MAR	2005	CNN	1:18.20	295
TLD.	Aya MARHFOUR	MAR	2005	FUS	1:20.12	274
TLD.	Alae BOUIRKI	MAR	2005	CNN	1:22.78	248
TLD.	Marwa ALAOUI	MAR	2004	CNN	1:22.87	248
NC.	Malak IGOUZAL	MAR	2005	CSN	Frf n.d.	

BENJAMINS

1.	Meryem BAHAJOUB	MAR	2006	FUS	1:06.21	486
2.	Zineb ATILLAH	MAR	2006	FUS	1:06.68	476
3.	Rawane SADIQUI	MAR	2007	USCM	1:13.29	358
4.	Sara BENSLETEN	MAR	2007	USCM	1:14.36	343
5.	Youssra ELMAZOUNI	MAR	2006	CSN	1:14.44	342
6.	Salma RHOUL	MAR	2006	FUS	1:14.97	335
7.	Malak TIBARI	MAR	2006	A.S.F.A.R	1:15.06	333
8.	Rim ELAMRAOUI	MAR	2006	FUS	1:15.16	332
9.	Rim BELAHNICH	MAR	2006	A.S.F.A.R	1:16.86	310
10.	Lina YAQOUBI	MAR	2006	CSN	1:17.33	305
11.	Hiba LAHLIMI	MAR	2007	ACK	1:17.57	302
12.	Hibat Allah SEMLALI	MAR	2007	KAC	1:19.98	275
13.	Rim BOUCHIKHI	MAR	2007	A.S.F.A.R	1:19.99	275
14.	Lina KHOUIA	MAR	2006	CNN	1:20.51	270
15.	Douaa EL YAAGOUBI	MAR	2007	USCM	1:20.86	267
16.	Rim BENARFA	MAR	2007	FUS	1:21.91	256

F.R.M.N.

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

10. 100 m NAGE LIBRE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
BENJAMINS						
17.	Maha LAMGHARI	MAR	2007	FUS	1:23.15	245
18.	Hajar KAIMECH	MAR	2006	A.S.F.A.R	1:23.24	244
19.	Ghita EL IDRISSE EL AMGHARI	MAR	2006	USCM	1:24.68	232
20.	Zineb KHARMICH	MAR	2007	CNN	1:26.00	221
21.	Lina DOUDOUH	MAR	2007	A.ALAWAIL	1:26.68	216
22.	Selma TIYAL	MAR	2007	A.S.F.A.R	1:27.08	213
23.	Rachida KIDAYE	MAR	2007	CNN	1:30.32	191
24.	Rim ZAARI JABRI	MAR	2006	ASS	1:30.57	190
25.	Elkhansaa DLIMA	MAR	2006	ACK	1:32.22	180
26.	Rayehana ELKACIMI	MAR	2007	CNN	1:32.57	178
27.	Lina ZDI	MAR	2006	CNN	1:33.78	171
28.	Soraya EDDAOUE	MAR	2006	CNN	1:35.00	164
29.	Yassmina IZOUGAGHEN	MAR	2007	CNN	1:35.19	163
30.	Dina Walae ALILOU	MAR	2006	CNN	1:35.27	163
31.	Alae BAGHOZ	MAR	2007	A.ALAWAIL	1:38.91	145
32.	Rhita MYESSER	MAR	2007	USCM	1:39.92	141
NC.	Marwa JABAR	MAR	2007	CNN	Frf n.d.	

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

11. 200 m BRASSE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
SENIORS						
1.	Lahbib BELKAZ	MAR	1996	CSN	2:47.81	433
	NC. Badreddine FAWZI	MAR	1991	USCM	Frfr n.d.	
JUNIORS						
1.	Ahmed BENNANI	MAR	2001	FUS	2:32.26	580
2.	Youssef HEMRI	MAR	2001	FUS	2:34.23	558
3.	Marouane RAJI	MAR	2000	USCM	2:36.87	530
4.	Ali HEMRI	MAR	2001	FUS	2:42.39	478
5.	Mehdi BOUFEDENE	MAR	2000	ASS	2:44.77	458
	NC. Med Saad EL HADI	MAR	2000	USCM	Frfr n.d.	
	NC. Mehdi ZOUGAGHI	MAR	2001	USCM	Frfr n.d.	
CADETS						
1.	Mohamed Yassine BENSALAH	MAR	2002	FUS	2:39.90	501
2.	Youssef OUKHOUYA	MAR	2002	FUS	2:47.18	438
3.	Rayane BOUHAFS	MAR	2003	FUS	2:47.27	437
MINIMES						
1.	Mohamed Sami ZEMZAMI	MAR	2005	USCM	2:51.96	402
2.	Sami KASMI	MAR	2005	FUS	3:13.32	283
	NC. Moncef BEN EL HADJ	MAR	2004	ACK	Frfr exc.	
	NC. Yassir EL MADANI	MAR	2005	FUS	Frfr n.d.	
BENJAMINS						
1.	Hamza KAMAL	MAR	2006	USCM	2:53.79	390
2.	Jad KHERBOUCHE	MAR	2006	ACK	3:06.88	313
3.	Hassan ELALAMI	MAR	2006	FUS	3:12.66	286
4.	Omar MOUMINA	MAR	2006	FUS	3:25.58	235
5.	Hamza FILALI	MAR	2006	USCM	3:29.61	222
6.	Hamza FOUKAHY	MAR	2006	FUS	3:43.54	183
7.	Mohamed Naji TOUIMI BENJELLOUN	MAR	2007	ASS	3:45.38	178
8.	Ilyas CHAKKOURI	MAR	2006	A.ALAWAIL	3:50.97	166
9.	Adnan AHRRAM	MAR	2006	A.ALAWAIL	3:55.32	157
10.	Mohamed Amine AHAITAF	MAR	2007	A.ALAWAIL	4:10.17	130

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

12. 200 m BRASSE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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CADETS

1.	Taghrid DAHBANI	MAR	2003	FUS	2:57.94	477
2.	Najwa NOUAR	MAR	2003	USCM	3:26.00	307

MINIMES

1.	Hiba BOURZINE	MAR	2004	USCM	2:55.05	501
2.	Malak BOUSSOUF	MAR	2004	FUS	2:58.78	471
3.	Oumnia SEBBATA	MAR	2005	USCM	2:58.81	470
4.	Maha BASKACH	MAR	2005	USCM	3:05.43	422
5.	Rime Ines EL RHOUBARI	MAR	2004	FUS	3:16.40	355
6.	Chahd BELEKBIRA	MAR	2004	A.S.F.A.R	3:20.25	335
7.	Lina GABOUNE	MAR	2004	FUS	3:30.24	289
NC.	Imane LAHLOU	MAR	2005	FUS	Dsq VI	0

BENJAMINS

1.	Malak MEQDAR	MAR	2007	FUS	3:06.52	414
2.	Nada IDRISSE FAKHREDDINE	MAR	2006	FUS	3:13.33	372
3.	Inass ALLAOUI	MAR	2006	A.S.F.A.R	3:13.39	372
4.	Nour El Houda BENSALAH	MAR	2007	FUS	3:17.94	347
5.	Lyna TIKKI	MAR	2006	ASS	3:22.08	326
6.	Rim ELAMRAOUI	MAR	2006	FUS	3:26.17	307
7.	Nada ZAGRITI	MAR	2007	ASS	3:32.79	279
8.	Ghita EL MOUATARIF	MAR	2007	FUS	3:33.26	277
9.	Rawane SADIQUI	MAR	2007	USCM	3:35.61	268
10.	Raihan MOUNA	MAR	2007	A.ALAWAIL	3:58.15	199
11.	Yasmine EL HAJJI	MAR	2007	CNN	4:03.21	187

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

13. 100 m DOS MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
SENIORS						
1.	Saad BENNANI	MAR	1996	FUS	1:01.10	614
JUNIORS						
1.	Youssef HEMRI	MAR	2001	FUS	1:01.23	610
2.	Mehdi BOUFEDENE	MAR	2000	ASS	1:08.72	431
3.	Ziad LAHLOU	MAR	2001	USCM	1:14.89	333
NC.	Adam BAQQASS	MAR	2001	CNN	Frfr n.d.	
CADETS						
1.	Mohamed Yassine BENSALAH	MAR	2002	FUS	1:08.86	429
2.	Soufiane TAYEBI	MAR	2003	FUS	1:12.85	362
3.	Mehdi SAISSI HASSANI	MAR	2002	ACK	1:13.73	349
4.	BACHIR BENABDELJALIL	MAR	2002	USCM	1:13.84	348
5.	Mehdi BENSALAH	MAR	2002	CNN	1:20.86	265
6.	Ahmed Ghassane MAGRI	MAR	2003	ASS	1:21.91	255
TLD.	Anass ILGUIM	MAR	2003	CNN	1:29.50	195
NC.	Mehdi SENIHJI	MAR	2003	CNN	Frfr n.d.	
MINIMES						
1.	Adam BOURZINE	MAR	2005	USCM	1:12.76	363
2.	Youssef BOUHMOUCH	MAR	2004	USCM	1:17.44	301
3.	Yahya TOURABI	MAR	2005	FUS	1:19.64	277
4.	Ahmed Rayane ELYACOUTI	MAR	2005	USCM	1:22.62	248
TLD.	Wael KABIRI	MAR	2005	CNN	1:35.66	160
NC.	Youssef EL HARRAK	MAR	2005	CNN	Frfr n.d.	
NC.	Mohammed Amjad BENDGUIG	MAR	2004	CSN	Frfr n.d.	
NC.	Yassir EL MADANI	MAR	2005	FUS	Frfr n.d.	
BENJAMINS						
1.	Marwane SEBBATA	MAR	2006	USCM	1:06.98	466
2.	Yassine SEBBATA	MAR	2006	USCM	1:10.66	397
3.	Omar BENMOUSSA	MAR	2006	USCM	1:13.54	352
4.	Akram NEJJAR	MAR	2006	USCM	1:15.50	325
5.	Jade KISSAMI	MAR	2006	FUS	1:24.50	232
6.	Mohammed ELOTMANY	MAR	2007	CNN	1:25.13	227
7.	Zaid ZNAIDI	MAR	2007	USCM	1:26.01	220
8.	Amir FAEDDA	MAR	2007	FUS	1:26.08	219
9.	Yassine MIFTAH	MAR	2006	CNN	1:29.43	195
10.	Youssef GABOUNE	MAR	2007	FUS	1:29.70	194
11.	Adam ELFAHSSI	MAR	2007	FUS	1:30.60	188
12.	Mohammed ELHARRAK	MAR	2006	ASS	1:30.89	186
13.	Omar MOUMINA	MAR	2006	FUS	1:31.73	181
14.	Mohamed Ayoub OUADI	MAR	2007	ASS	1:32.21	178
15.	Hamza EL MKHENTAR	MAR	2007	USCM	1:32.37	177
16.	Houmam IALLATEN	MAR	2006	CNN	1:35.71	159
17.	Adib BOUAYAD	MAR	2007	USCM	1:38.01	148
18.	Othmane ACHIBANE	MAR	2007	CNN	1:44.85	121
19.	Youssef LAAREJ	MAR	2006	FUS	1:44.92	121
20.	Mohammed BENHALIMA	MAR	2007	USCM	1:45.50	119
21.	Mohamed Aymane SGHIOURI IDRISSE	MAR	2006	CNN	1:48.47	109
22.	Ali EL HASSANI	MAR	2007	FUS	1:51.88	100
NC.	Yasser BENDAOU	MAR	2007	CNN	Frfr n.d.	
NC.	Ali ELKHALIL	MAR	2006	FUS	Frfr n.d.	
NC.	BAKR THAMI ALAMI	MAR	2006	USCM	Frfr n.d.	
NC.	Ryad MALKI	MAR	2006	CNN	Dsq VI	0
NC.	Zakaria EL GORFTI	MAR	2007	FUS	Dsq VI	0

F.R.M.N.

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

14. 100 m DOS DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
JUNIORS						
1.	Iqbal SAKHRAOUI	MAR	2001	CSN	1:20.92	370
	NC. Mariam BENSALAH	MAR	2001	USCM	Frfr n.d.	
CADETS						
1.	Ayat Allah EL ANOUAR	MAR	2002	FUS	1:17.26	425
2.	Yasmine NADIR	MAR	2003	FUS	1:20.32	378
3.	Hiba ELHARRAK	MAR	2002	ASS	1:24.38	326
MINIMES						
1.	Jennate RIMI	MAR	2005	FUS	1:13.90	486
2.	Yasmine RIAD	MAR	2004	FUS	1:15.02	465
3.	Hiba BOURZINE	MAR	2004	USCM	1:15.92	448
4.	Maryem DAGRI	MAR	2005	USCM	1:16.86	432
5.	Camelia GARNOUSSI	MAR	2004	FUS	1:17.37	423
6.	Alae ELMEKKAOUI	MAR	2005	CNN	1:17.86	416
7.	Lina DANNA	MAR	2005	USCM	1:18.17	411
8.	Abrare BELRHITI	MAR	2004	FUS	1:19.06	397
9.	Rima BADOUI	MAR	2004	ASS	1:20.61	374
10.	Hadil CHAHIDI	MAR	2005	USCM	1:23.84	333
11.	Mouna Yassmina MASAIF	MAR	2005	ACK	1:24.06	330
12.	Rim ARHARBI	MAR	2004	KAC	1:24.87	321
13.	Abir ELFARSSI	MAR	2005	A.S.F.A.R	1:25.61	312
14.	Marwa EL HARTIKA	MAR	2005	FUS	1:27.61	292
15.	Nour Elhouda YOUSFI	MAR	2005	CNN	1:35.38	226
16.	Nour Elhouda MAROUDI	MAR	2005	A.S.F.A.R	1:36.42	219
17.	Alae BOUIRKI	MAR	2005	CNN	1:40.09	195
18.	Zineb SAIFI	MAR	2005	CNN	1:40.79	191
BENJAMINS						
1.	Sofia GARNOUSSI	MAR	2006	FUS	1:14.42	476
2.	Inass ALLAOUI	MAR	2006	A.S.F.A.R	1:17.68	418
3.	Nada RAGTAOUI	MAR	2007	FUS	1:18.22	410
4.	Abla BELMATI	MAR	2006	FUS	1:22.72	346
5.	Lyna TIKKI	MAR	2006	ASS	1:27.05	297
6.	Malak TIBARI	MAR	2006	A.S.F.A.R	1:29.40	274
7.	Ghita EL MOUATARIF	MAR	2007	FUS	1:30.95	260
8.	Jannat BAYADOU	MAR	2007	KAC	1:32.11	251
9.	Rim BOUCHIKHI	MAR	2007	A.S.F.A.R	1:32.38	249
10.	Sundus ALHAMAD	MAR	2007	KAC	1:33.62	239
11.	Hajar KAIMECH	MAR	2006	A.S.F.A.R	1:35.32	226
12.	Rim BENARFA	MAR	2007	FUS	1:36.72	217
13.	Rim BELAHNICH	MAR	2006	A.S.F.A.R	1:38.22	207
14.	Zineb KHARMICH	MAR	2007	CNN	1:41.57	187
15.	Lina KHOUIA	MAR	2006	CNN	1:42.18	184
16.	Rayehana ELKACIMI	MAR	2007	CNN	1:47.11	159
17.	Yasmine EL HAJJI	MAR	2007	CNN	1:47.25	159
18.	Rachida KIDAYE	MAR	2007	CNN	1:49.35	150
19.	Yassmina IZOUAGHEN	MAR	2007	CNN	1:56.74	123
20.	Soraya EDDAOUE	MAR	2006	CNN	1:57.80	120
	NC. Dina Walae ALILOU	MAR	2006	CNN	Frfr n.d.	
	NC. Marwa JABAR	MAR	2007	CNN	Frfr n.d.	

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

15. 800 m NAGE LIBRE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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SENIORS

1.	Med El Mehdi ESSADIQ	MAR	1986	USCM	9:01.54	581
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JUNIORS

1.	Ali MSOUGAR	MAR	2001	FUS	8:38.04	664
2.	Marouane RAJI	MAR	2000	USCM	9:27.03	506
3.	Ziad LAHLOU	MAR	2001	USCM	10:44.34	345

CADETS

NC.	Mohamed Amine ACHIBANE	MAR	2002	CNN	Frfr n.d.	
NC.	Yahya ELBRIDI	MAR	2003	USCM	Frfr n.d.	

MINIMES

1.	Yasser BENCHEBBA	MAR	2004	FUS	8:38.01	664
2.	Ahmed Rayane ELYACOUTI	MAR	2005	USCM	10:26.54	375
3.	Younes BERRADA	MAR	2004	FUS	10:44.02	345
NC.	Ayman BOUCETTA	MAR	2005	CNN	Frfr n.d.	

BENJAMINS

1.	Marwane SEBBATA	MAR	2006	USCM	9:35.19	485
2.	Akram NEJJAR	MAR	2006	USCM	9:45.54	460
3.	Yassine SEBBATA	MAR	2006	USCM	9:48.16	454
4.	Samy BENCHEBBA	MAR	2006	FUS	10:26.54	375
5.	Hassan ELALAMI	MAR	2006	FUS	10:29.21	371
6.	Youssef GABOUNE	MAR	2007	FUS	11:05.18	314
7.	Hamza FOUKAHY	MAR	2006	FUS	11:19.47	294
8.	Jade KISSAMI	MAR	2006	FUS	11:27.49	284
9.	Sami EL ANOUAR	MAR	2007	USCM	11:27.57	284
10.	Hamza FILALI	MAR	2006	USCM	11:30.10	281
11.	Omar EL AMRAOUI	MAR	2007	USCM	11:31.29	279
NC.	Ali ELKHALIL	MAR	2006	FUS	Frfr n.d.	
NC.	Faris BOUKDIR	MAR	2006	KAC	Frfr n.d.	
NC.	Othmane ANEB	MAR	2006	KAC	Frfr n.d.	

INTERCLUBS REGIONAUX 2 - RABAT - 06/01/2019 - RABAT - Petit bassin

16. 800 m NAGE LIBRE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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MINIMES

1.	Oumnia SEBBATA	MAR	2005	USCM	10:02.09	542
2.	Oumaima RACHIDI ALAOUI	MAR	2004	USCM	10:48.18	434
NC.	Alae ELMEKKAOUI	MAR	2005	CNN	Abandon	0

BENJAMINS

1.	Malak MEQDAR	MAR	2007	FUS	10:14.79	509
2.	Meryem BAHAJOUB	MAR	2006	FUS	10:21.17	494
3.	Sofia GARNOUSSI	MAR	2006	FUS	10:23.15	489
4.	Zineb ATILLAH	MAR	2006	FUS	10:26.91	480
5.	Abla BELMATI	MAR	2006	FUS	10:34.06	464
6.	Nada RAGTAOUI	MAR	2007	FUS	10:38.11	455
7.	Nour El Houda BENSALAH	MAR	2007	FUS	11:06.40	400
8.	Nada IDRISSE FAKHREDDINE	MAR	2006	FUS	11:06.92	399
9.	Salma RHOUL	MAR	2006	FUS	11:33.91	354
10.	Sara BENSLETEN	MAR	2007	USCM	12:01.20	315
11.	Douaa EL YAAGOUBI	MAR	2007	USCM	12:34.33	275