

TABLETTE DES RECORDS DUMAROC EN BASSIN DE 25 m DAMES

Mise à jour du 21/03/2023

Épreuves	Temps	Noms & Prénoms	Clubs	dates	lieux
50mNageLibre	00:26.32	EL BARODI Imane Houda (01)	FUS	20/12/2021	Abu Dhabi
100mNageLibre	00:57.62	YasmeenBOUTOUIL (98)	USCM	21/12/2014	Chevreuse(France)
200mNageLibre	02:02.02	Lina KHIYARA03)	RAJA	25/11/2018	Hasselt (Belgique)
400mNageLibre	04:16.17	Sara ELBEKRI(87)	RAJA	19/11/2011	Saint-Dizier(France)
800mNageLibre	08:46.14	Sara ELBEKRI(87)	RAJA	18/11/2011	Saint-Dizier(France)
1500mNageLibre	17:34.01	MEQDAR MALAK(2007)	FUS	17/03/2023	Marrakech (Maroc)
50 m Dos	00:29.22	Hiba FAHSI(01)	OCK	14/12/2018	Hangzhou (Chine)
100mDos	01:02.84	Hiba FAHSI(01)	OCK	30/12/2017	Marrakech
200mDos	02:15.95	Hiba FAHSI (01)	OC	26/01/2018	Meknès
50mBrasse	00:31.38	Sara ELBEKRI(87)	RAJA	04/12/2011	Angers(France)
100mBrasse	01:06.50	Sara ELBEKRI(87)	RAJA	02/12/2011	Angers(France)
200mBrasse	02:23.54	Sara ELBEKRI(87)	RAJA	03/12/2011	Angers(France)
50mPapillon	00:28.11	Imane EL BARODI(01)	FUS	25/10/2021	Abudhabi (UAE)
100mPapillon	01:02.58	Sara ELBEKRI(87)	RAJA	13/11/2011	Compiègne(France)
200mPapillon	02:13.41	Sara ELBEKRI(87)	RAJA	19/11/2011	Saint-Dizier(France)
100m4Nages	01:02.98	Sara ELBEKRI(87)	RAJA	16/12/2010	Dubai (EmiratesArabesUnies)
200m4Nages	02:15.39	Sara ELBEKRI(87)	RAJA	18/12/2010	Dubai (EmiratesArabesUnies)
400m4Nages	04:48.22	Sara ELBEKRI (87)	RAJA	15/12/2010	Dubai (EmiratesArabesUnies)
Relais4x100mNageLibre	04:05.50	Doha FAHSI (01) - Mariem SELAFI Hiba LAKNIT(01) –HibaFAHSI (01)	OCK	27/01/2018	Meknès
Relais4x200mNageLibre	09:02.06	GhitaASSOUAB (95)–Kenza ELMHAMED(99) Kenza LAISSAOUI (97)–MeryemBADA(94)	CODM	11/04/2015	Meknès
Relais4x100m4Nages	04:32.79	Sofia GARNOUSSI (06)- Malak MEQDAR(07) Meryem BAHAJOUB(06)–Inass ALLAOU(06)	MAROC	27/10/2021	Abudhabi (UAE)
Relais4x50mNageLibre	01:54.61	Sofia GARNOUSSI (06)- Malak MEQDAR(07) Zineb ATILLAH(06)–Inass ALLAOU(06)	MAROC	24/10/2021	Abudhabi (UAE)
Relais4x50m4Nages	02:08.66	Sofia GARNOUSSI (06)- Malak MEQDAR(07) Zineb ATILLAH(06)–Inass ALLAOU(06)	MAROC	25/10/2021	Abudhabi (UAE)

TABLETTE DES RECORDS DU MAROC EN BASSIN DE 25 m

MESSIEURS

Mise à jour du 11 – 07 -- 2024

Épreuves	Temps	Noms & Prénoms	Clubs	Dates	Lieux
50mNageLibre	00:22.12	SEBBATA MARWANE (2006)	USCM	23/06/2024	Salé (Maroc)
100 m NageLibre	00:48.58	Samy BOUTOUIL (2000)	E. N.	06/11/2022	Chartres (France)
200mNageLibre	01:49.90	Ali HEMRI (01)	FUS	23/10/2021	Cherbourg(France)
400mNageLibre	03:53.41	Ali HEMRI (01)	FUS	07/11/2021	Quebec (Canada)
800mNageLibre	08:11.47	Ali HEMRI (01)	FUS	27/11/2021	Quebec (Canada)
1500mNageLibre	15:50.09	Ali HEMRI (01)	FUS	24/11/2019	Quebec (Canada)
50mDos	00:25.06	SEBBATA MARWANE (2006)	USCM	23/06/2024	Salé (Maroc)
100mDos	00 :53.68	Driss LAHRICHI (97)	OCK	13/12/2019	Angers (France)
200mDos	01:57.67	Driss LAHRICHI (97)	OCK	12/12/2019	Angers (France)
50mBrasse	00:26.88	Samy BOUTOUIL (00)	E. N.	06/11/2022	Chartres (France)
100mBrasse	01:02.12	Samy BOUTOUIL (00)	CODM	16/11/2019	Montpellier(France)
200mBrasse	02:19.43	KZIBER BAKR (1998)	FUS	16/07/2023	Salé (Maroc) - 25 m -
50mPapillon	00:24.57	SEBBATA YASSINE (2006)	USCM	02/06/2024	Rabat (Maroc)
100mPapillon	00:53.93	Samy BOUTOUIL	CODM	20/12/2021	Abu Dhabi
200mPapillon	02:00.02	Nouamane BATAHI (94)	CODM	18/11/2016	Angers(France)
100m4Nages	00:54.55	Samy BOUTOUIL (00)	E. N.	03/11/2022	Chartres (France)
200m4Nages	02:03.59	Morad BERRADA(91)	WAC	04/12/2011	ANGERS(France)
400m4Nages	04:18.78	Morad BERRADA(91)	WAC	03/12/2011	ANGERS(France)
Relais4x100mNageLibre	03:39.41	KAMAL Hamza, SEBBATA Marwane, BENMOUSSA Omar, ELFALLAKI ELACHRAFI	E. N.	26/10/2021	Abudhabi (UAE)
Relais4x200mNageLibre	07:48.34	Salaheddine ARIGUI (94)–Bakr KZIBER(98) Badr BEN ASSILA (98) –Said SABER(95)	AS.FAR	11/04/2015	Meknès
Relais4x100m4Nages	03:47.77	Driss LAHRAICHI(97)– Ahmed Reda ENNAIM(96) Said SABER(95)–Souhail HAMOUCHANE(97)	CODM	12/02/2017	Meknès
Relais4x50m4Nages	01:51.91	Marwane SEBBATA(06)– Hamza KAMAL(06) Omar BENMOUSSA(06)– Ilyas ELFALLAKI(06)	MAROC	25/10/2021	Abudhabi (UAE)
Relais4x50mNageLibre	01:41.18	Marwane SEBBATA(06)– Hamza KAMAL(06) Omar BENMOUSSA(06)– Ilyas ELFALLAKI(06)	MAROC	24/10/2021	Abudhabi (UAE)

TABLETTE DES RECORDS DU MAROC EN BASSIN DE 50 m DAMES

Mise à jour du 16 Janvier 2024

Épreuves	Temps	Noms & Prénoms	Clubs	Dates	Lieux
50mNageLibre	00:26.81	Noura MANA(97)	CODM	01/07/2018	Casablanca
100mNageLibre	00:58.30	Sara ELBEKRI(87)	RAJA	13/09/2010	Casablanca
200mNageLibre	02:03.10	SaraELBEKRI(87)	RAJA	17/12/2011	Doha(Qatar)
400mNageLibre	04:17.55	SaraELBEKRI(87)	RAJA	19/12/2011	Doha(Qatar)
800mNageLibre	08:49.57	SaraELBEKRI(87)	RAJA	24/02/2012	Bordeaux(France)
1500mNageLibre	17:04.85	SaraELBEKRI(87)	RAJA	17/02/2012	Sarcelles(France)
50mDos	00:30.01	HibaFAHSI(01)	OCK	24/07/2018	Alger
100mDos	01:04.82	HibaFAHSI(01)	OCK	15/07/2018	Tunis
200mDos	02:20.73	HibaFAHSI(01)	OCK	23/07/2018	Alger
50mBrasse	00:31.54	SaraELBEKRI(87)	RAJA	22/04/2009	Montpellier (France)
100mBrasse	01:08.21	SaraELBEKRI(87)	RAJA	29/07/2012	Londres(GBR)
200mBrasse	02:25.86	SaraELBEKRI(87)	RAJA	01/08/2012	Londres(GBR)
50mPapillon	00:27.88	Imane Houda ELBARODI(01)	FUS	15/12/2023	Suisse
100mPapillon	01:03.35	SherazadeRAMONDHANNANE(90)	WAC	22/05/2009	ChalonsurSaone(France)
200mPapillon	02:16.21	SaraELBEKRI(87)	RAJA	19/12/2011	Doha(Qatar)
200m4Nages	02:17.24	SaraELBEKRI(87)	RAJA	17/12/2011	Doha(Qatar)
400m4Nages	04:48.04	SaraELBEKRI(87)	RAJA	18/12/2011	Doha(Qatar)
Relais4x50mNageLibre	01:59.25	ImaneBOULAAMANE(89)–MarwaBOULAAMANE(93) LiliaKARAKCHOU(92) –Kenza LYAGOUBI(94)	CNJ	19/07/2008	Rabat
Relais4x100mNageLibre	04:00.33	ImaneHibaELBARODI(01)–NouraMANA (97) HibaFAHSI (01)–YassmeenBOUTOUIL(98)	E.N	15/07/2018	Tunis
Relais4x200mNageLibre	08:43.40	RaniaELABDI(94)- SherazadeRAMONDHANNANE (90) NoufissaCHBIHI(90)–SaraELBEKRI(87)	E.N	13/09/2010	Casablanca
Relais4x50m4Nages	02:14.74	ImaneBOULAAMANE(89)–GhitaBOUKHARI(89)Lilia KARAKCHOU(92)–KenzaLYAGOUBI(94)	CNJ	19/07/2008	Rabat
Relais4x100m4Nages	04:22.21	ImaneBOULAAMANE(89)–SaraELBEKRI (87) NoufissaCHBIHI (90)–MarwaELBANAR (85)	E.N	17/12/2011	Doha(Qatar)

TABLETTE DES RECORDS DU MAROC EN BASSIN DE 50 m MESSIEURS

Mise à jour du 29/07/2024

Épreuves	Temps	Noms & Prénoms	Clubs	Dates	Lieux
50mNageLibre	00 :22.71	SEBBATA MARWANE(2006)	USCM	26/07/2024	Casablanca
100mNageLibre	00 :50.14	Samy BOUTOUIL (00)	CODM	07/04/2022	LIMOGES (France)
200mNageLibre	01 :51.32	BARBE RAYAN (2003)	FUS	12/06/2023	Rennes (France)
400mNageLibre	03 :55.59	BARBE RAYAN (2003)	FUS	11/06/2023	Rennes (France)
800mNageLibre	08 :17.91	AL FALLAKI AL ACHRAFI ILYAS (2006)	CODM	20/06/2024	Palma de Mallorca (Espagne)
1500mNageLibre	16'08''43	AL FALLAKI AL ACHRAFI ILYAS (2006)	CODM	08/12/2023	Port Louis (Île Maurice)
50mDos	00:25.93	Driss LAHRICHI (97)	CODM	18/04/2019	Rennes (France)
100mDos	00:56.22	DrissLAHRICHI (97)	CODM	24/08/2019	Casablanca
200mDos	02 :04.92	DrissLAHRICHI (97)	CODM	04/07/2019	Casablanca
50mBrasse	00 :28.22	Samy BOUTOUIL (00)	E. N.	20/06/2022	Budapest (Hongrie)
100mBrasse	01'04''98	FLIYOU AHMED YASSINE(2001)	RAJA NAT	25/07/2024	Casablanca
200mBrasse	02 :21.03	KZIBER BAKR (1998)	FUS	26/07/2024	Casablanca
50mPapillon	00 :24.11	Yusuf TIBAZI(96)	RAJA	13/09/2018	Alger
100mPapillon	00 :53.89	YUSUF TIBAZI(1996)	RAJA NAT	17/05/2024	ATLANTA (USA)
200mPapillon	02 :02.49	Said saber(96)	CNN	14/09/2018	Alger
200m4Nages	02'05''35	BERRADA MORAD(91)	WAC	21/12/2011	DOHA(Qatar)
400m4Nages	04'25''58	BERRADA MORAD(91)	WAC	18/03/2012	DUNKERQUE(France)
Relais4x50mNageLibre	01'43''53	HAFDI YOUSSEF(86)-GUEROUANI ALAE(83) ZIDOUHIAMAHD(80)-TOUMI AZIZ(81)	E.N	22/12/2001	Casablanca
Relais4x100mNageLibre	03:25.92	Souhail HAMMOUCHANE – Merwane EL MRINI Driss LAHRICHI – Samy Mohamed BOUTOUIL	E.N	21/08/2019	Casablanca
Relais4x200mNageLibre	07 :46.58	Adil ASOUAB - Abdeljabbar REGRAGUI Youssef HEMRI – Ali HEMRI	EN	05/08/2018	Casablanca
Relais4x50m4Nages	01'54''46	HAFDI YOUSSEF(86)-GUEROUANI ALAE(83) ZIDOUHIAMAHD(80)-TOUMI AZIZ(81)	E.N	22/12/2001	Casablanca
Relais4x100m4Nages	03 :48.82	LAHRICHI Driss(97)-Yusuf TIBAZI Adam SAJID – Seamy Mohamed BOUTOUIL	E.N	24/08/2019	Casablanca