

TABLETTE DES RECORDS DUMAROC EN BASSIN DE 25 m

DAMES

Mise à jour du 21/03/2023

| Épreuves | Temps | Noms & Prénoms | Clubs | dates | lieux |
|-----------------------|-----------------|---|------------|-------------------|-----------------------------|
| 50mNageLibre | 00:26.32 | EL BARODI Imane Houda (01) | FUS | 20/12/2021 | Abu Dhabi |
| 100mNageLibre | 00:57.62 | YasmeenBOUTOUIL (98) | USCM | 21/12/2014 | Chevreuse(France) |
| 200mNageLibre | 02:02.02 | Lina KHIYARA03) | RAJA | 25/11/2018 | Hasselt (Belgique) |
| 400mNageLibre | 04:16.17 | Sara ELBEKRI(87) | RAJA | 19/11/2011 | Saint-Dizier(France) |
| 800mNageLibre | 08:46.14 | Sara ELBEKRI(87) | RAJA | 18/11/2011 | Saint-Dizier(France) |
| 1500mNageLibre | 17:34.01 | MEQDAR MALAK(2007) | FUS | 17/03/2023 | Marrakech (Maroc) |
| 50 m Dos | 00:29.22 | Hiba FAHSI(01) | OCK | 14/12/2018 | Hangzhou (Chine) |
| 100mDos | 01:02.84 | Hiba FAHSI(01) | OCK | 30/12/2017 | Marrakech |
| 200mDos | 02:15.95 | Hiba FAHSI (01) | OC | 26/01/2018 | Meknès |
| 50mBrasse | 00:31.38 | Sara ELBEKRI(87) | RAJA | 04/12/2011 | Angers(France) |
| 100mBrasse | 01:06.50 | Sara ELBEKRI(87) | RAJA | 02/12/2011 | Angers(France) |
| 200mBrasse | 02:23.54 | Sara ELBEKRI(87) | RAJA | 03/12/2011 | Angers(France) |
| 50mPapillon | 00:28.11 | Imane EL BARODI(01) | FUS | 25/10/2021 | Abudhabi (UAE) |
| 100mPapillon | 01:02.58 | Sara ELBEKRI(87) | RAJA | 13/11/2011 | Compiègne(France) |
| 200mPapillon | 02:13.41 | Sara ELBEKRI(87) | RAJA | 19/11/2011 | Saint-Dizier(France) |
| 100m4Nages | 01:02.98 | Sara ELBEKRI(87) | RAJA | 16/12/2010 | Dubai (EmiratesArabesUnies) |
| 200m4Nages | 02:15.39 | Sara ELBEKRI(87) | RAJA | 18/12/2010 | Dubai (EmiratesArabesUnies) |
| 400m4Nages | 04:48.22 | Sara ELBEKRI (87) | RAJA | 15/12/2010 | Dubai (EmiratesArabesUnies) |
| Relais4x100mNageLibre | 04:05.50 | Doha FAHSI (01) - Mariem SELAFI Hiba LAKNIT(01) –HibaFAHSI (01) | OCK | 27/01/2018 | Meknès |
| Relais4x200mNageLibre | 09:02.06 | GhitaASSOUAB (95)–Kenza ELMHAMEDI(99) Kenza LAISSAOUI (97)–MeryemBADA(94) | CODM | 11/04/2015 | Meknès |
| Relais4x100m4Nages | 04:32.79 | Sofia GARNOUSSI (06)- Malak MEQDAR(07) Meryem BAHAJOUB(06)–Inass ALLAOUI(06) | MAROC | 27/10/2021 | Abudhabi (UAE) |
| Relais4x50mNageLibre | 01:54.61 | Sofia GARNOUSSI (06)- Malak MEQDAR(07) Zineb ATILLAH(06)–Inass ALLAOUI(06) | MAROC | 24/10/2021 | Abudhabi (UAE) |
| Relais4x50m4Nages | 02:08.66 | Sofia GARNOUSSI (06)- Malak MEQDAR(07) Zineb ATILLAH(06)–Inass ALLAOUI(06) | MAROC | 25/10/2021 | Abudhabi (UAE) |

TABLETTE DES RECORDS DU MAROC EN BASSIN DE 25 m
MESSIEURS

Mise à jour du 10 - 11 - 2022

| Épreuves | Temps | Noms & Prénoms | Clubs | Dates | Lieux |
|-----------------------|------------------|--|--------|------------|---------------------|
| 50mNageLibre | 00:22.59 | Souhail HAMOUCHANE (97) | CODM | 26/10/2021 | Abudhabi (UAE) |
| 100 m NageLibre | 00:48.58 | Samy BOUTOUIL (2000) | E. N. | 06/11/2022 | Chartres (France) |
| 200mNageLibre | 01:49.90 | Ali HEMRI (01) | FUS | 23/10/2021 | Cherbourg(France) |
| 400mNageLibre | 03:53.41 | Ali HEMRI (01) | FUS | 07/11/2021 | Quebec (Canada) |
| 800mNageLibre | 08:11.47 | Ali HEMRI (01) | FUS | 27/11/2021 | Quebec (Canada) |
| 1500mNageLibre | 15:50.09 | Ali HEMRI (01) | FUS | 24/11/2019 | Quebec (Canada) |
| 50mDos | 00:25.10 | DrissLAHRICHI (97) | OCK | 12/12/2019 | Angers (France) |
| 100mDos | 00 :53.68 | DrissLAHRICHI (97) | OCK | 13/12/2019 | Angers (France) |
| 200mDos | 01:57.67 | DrissLAHRICHI (97) | OCK | 12/12/2019 | Angers (France) |
| 50mBrasse | 00:26.88 | SamyBOUTOUIL (00) | E. N. | 06/11/2022 | Chartres (France) |
| 100mBrasse | 01:02.12 | SamyBOUTOUIL (00) | CODM | 16/11/2018 | Montpellier(France) |
| 200mBrasse | 02:19.67 | Ahmed RedaENNAIM(96) | CODM | 09/04/2015 | Meknès |
| 50mPapillon | 00:24.59 | Samy BOUTOUIL (00) | CODM | 12/12/2019 | Angers (France) |
| 100mPapillon | 00:53.93 | Samy BOUTOUIL | COD | 20/12/2021 | Abu Dhabi |
| 200mPapillon | 02:00.02 | NouamaneBATAHI (94) | CODM | 18/11/2016 | Angers(France) |
| 100m4Nages | 00:54.55 | SamyBOUTOUIL (00) | E. N. | 03/11/2022 | Chartres (France) |
| 200m4Nages | 02:03.59 | MoradBERRADA(91) | WAC | 04/12/2011 | ANGERS(France) |
| 400m4Nages | 04:18.78 | MoradBERRADA(91) | WAC | 03/12/2011 | ANGERS(France) |
| Relais4x100mNageLibre | 03:39.41 | KAMAL Hamza, SEBBATA Marwane, BENMOUSSA Omar, ELFALLAKI ELACHRAFI | E. N. | 26/10/2021 | Abudhabi (UAE) |
| Relais4x200mNageLibre | 07:48.34 | SalaheddineARIGUI (94)–BakrKZIBER(98) BadrBEN ASSILA (98) –Said SABER(95) | AS.FAR | 11/04/2015 | Meknès |
| Relais4x100m4Nages | 03:47.77 | DrissLAHRAICHI(97)– AhmedRedaENNAIM(96) Said SABER(95) –SouhailHAMOUCHANE(97) | CODM | 12/02/2017 | Meknès |
| Relais4x50m4Nages | 01:51.91 | Marwane SEBBATA(06)– Hamza KAMAL(06) Omar BENMOUSSA(06)– Ilyas ELFALLAKI(06) | MAROC | 25/10/2021 | Abudhabi (UAE) |
| Relais4x50mNageLibre | 01:41.18 | Marwane SEBBATA(06)– Hamza KAMAL(06) Omar BENMOUSSA(06)– Ilyas ELFALLAKI(06) | MAROC | 24/10/2021 | Abudhabi (UAE) |

TABLETTE DES RECORDS DU MAROC EN BASSIN DE 50 m

DAMES

Mise à jour du 02 Juin 2022

| Épreuves | Temps | Noms & Prénoms | Clubs | Dates | Lieux |
|-----------------------|-----------------|--|-------|------------|------------------------|
| 50mNageLibre | 00:26.81 | Noura MANA(97) | CODM | 01/07/2018 | Casablanca |
| 100mNageLibre | 00:58.30 | Sara ELBEKRI(87) | RAJA | 13/09/2010 | Casablanca |
| 200mNageLibre | 02:03.10 | SaraELBEKRI(87) | RAJA | 17/12/2011 | Doha(Qatar) |
| 400mNageLibre | 04:17.55 | SaraELBEKRI(87) | RAJA | 19/12/2011 | Doha(Qatar) |
| 800mNageLibre | 08:49.57 | SaraELBEKRI(87) | RAJA | 24/02/2012 | Bordeaux(France) |
| 1500mNageLibre | 17:04.85 | SaraELBEKRI(87) | RAJA | 17/02/2012 | Sarcelles(France) |
| 50mDos | 00:30.01 | HibaFAHSI(01) | OCK | 24/07/2018 | Alger |
| 100mDos | 01:04.82 | HibaFAHSI(01) | OCK | 15/07/2018 | Tunis |
| 200mDos | 02:20.73 | HibaFAHSI(01) | OCK | 23/07/2018 | Alger |
| 50mBrasse | 00:31.54 | SaraELBEKRI(87) | RAJA | 22/04/2009 | Montpellier (France) |
| 100mBrasse | 01:08.21 | SaraELBEKRI(87) | RAJA | 29/07/2012 | Londres(GBR) |
| 200mBrasse | 02:25.86 | SaraELBEKRI(87) | RAJA | 01/08/2012 | Londres(GBR) |
| 50mPapillon | 00:28.42 | ImenHoudaELBARODI(01) | USCM | 26/05/2022 | Barcelone (Espagne) |
| 100mPapillon | 01:03.35 | SherazadeRAMONDHANNANE(90) | WAC | 22/05/2009 | ChalonsurSaone(France) |
| 200mPapillon | 02:16.21 | SaraELBEKRI(87) | RAJA | 19/12/2011 | Doha(Qatar) |
| 200m4Nages | 02:17.24 | SaraELBEKRI(87) | RAJA | 17/12/2011 | Doha(Qatar) |
| 400m4Nages | 04:48.04 | SaraELBEKRI(87) | RAJA | 18/12/2011 | Doha(Qatar) |
| Relais4x50mNageLibre | 01:59.25 | ImaneBOULAAMANE(89)–MarwaBOULAAMANE(93) LiliaKARAKCHOU(92) –Kenza LYAGOUBI(94) | CNJ | 19/07/2008 | Rabat |
| Relais4x100mNageLibre | 04:00.33 | ImaneHibaELBARODI(01)–NouraMANA (97) HibaFAHSI (01)–YassmeenBOUTOUIL(98) | E.N | 15/07/2018 | Tunis |
| Relais4x200mNageLibre | 08:43.40 | RaniaELABDI(94)- SherazadeRAMONDHANNANE (90) NoufissaCHBIHI(90)–SaraELBEKRI(87) | E.N | 13/09/2010 | Casablanca |
| Relais4x50m4Nages | 02:14.74 | ImaneBOULAAMANE(89)–GhitaBOUKHARI(89)Lilia KARAKCHOU(92)–KenzaLYAGOUBI(94) | CNJ | 19/07/2008 | Rabat |
| Relais4x100m4Nages | 04:22.21 | ImaneBOULAAMANE(89)–SaraELBEKRI (87) NoufissaCHBIHI (90)–MarwaELBANAR (85) | E.N | 17/12/2011 | Doha(Qatar) |

TABLETTE DES RECORDS DU MAROC EN BASSIN DE 50 m MESSIEURS

Mise à jour du 10 Novembre 2022

| Épreuves | Temps | Noms & Prénoms | Clubs | Dates | Lieux |
|-----------------------|------------------|--|-------|------------|---------------------|
| 50mNageLibre | 00 :22.90 | Souhail HAMOUCHANE(97) | CODM | 06/08/2017 | Casablanca |
| 100mNageLibre | 00 :50.14 | Samy BOUTOUIL (00) | CODM | 07/04/2022 | LIMOGES (France) |
| 200mNageLibre | 01 :51.70 | HEMRI ALI | FUS | 06/08/2022 | Casablanca |
| 400mNageLibre | 04 :01.79 | HEMRI ALI | FUS | 08/05/2022 | Casablanca |
| 800mNageLibre | 08 :25.83 | Said SABER(95) | CODM | 07/04/2016 | DUBAÏ |
| 1500mNageLibre | 16'12''39 | CHAHINE SAID | USCM | 24/08/2022 | Tunis (TUNISIE) |
| 50mDos | 00:25.39 | Driss LAHRICHI (97) | OCK | 05/03/2022 | Sherbrooke (Canada) |
| 100mDos | 00:55.04 | DrissLAHRICHI (97) | OCK | 04/03/2022 | Sherbrooke (Canada) |
| 200mDos | 02 :00.74 | DrissLAHRICHI (97) | OCK | 05/03/2022 | Sherbrooke (Canada) |
| 50mBrasse | 00 :28.22 | Samy BOUTOUIL (00) | E. N. | 20/06/2022 | Budapest (Hongrie) |
| 100mBrasse | 01'05''85 | FAWZI AMINE(86) | USCM | 28/07/2013 | Casablanca |
| 200mBrasse | 02 :23.53 | ENNAIMAhmed Reda(96) | CODM | 22/05/2016 | Casablanca |
| 50mPapillon | 00 :24.11 | YusufTIBAZI(96) | RAJA | 13/09/2018 | Alger |
| 100mPapillon | 00 :53.89 | YusufTIBAZI(96) | RAJA | 22/08/2019 | Casablanca |
| 200mPapillon | 02 :02.49 | Said saber(96) | CNN | 14/09/2018 | Alger |
| 200m4Nages | 02'05''35 | BERRADA MORAD(91) | WAC | 21/12/2011 | DOHA(Qatar) |
| 400m4Nages | 04'25''58 | BERRADA MORAD(91) | WAC | 18/03/2012 | DUNKERQUE(France) |
| Relais4x50mNageLibre | 01'43''53 | HAFDI YOUSSEF(86)-GUEROUANI ALAE(83) ZIDOUHIAMAHD(80)-TOUMI AZIZ(81) | E.N | 22/12/2001 | Casablanca |
| Relais4x100mNageLibre | 03:25.92 | Souhail HAMMOUCHANE – Merwane EL MRINI Driss LAHRICHI – Samy Mohamed BOUTOUIL | E.N | 21/08/2019 | Casablanca |
| Relais4x200mNageLibre | 07 :46.58 | Adil ASOUAB - Abdeljabbar REGRAGUI Youssef HEMRI – Ali HEMRI | EN | 05/08/2018 | Casablanca |
| Relais4x50m4Nages | 01'54''46 | HAFDI YOUSSEF(86)-GUEROUANI ALAE(83) ZIDOUHIAMAHD(80)-TOUMI AZIZ(81) | E.N | 22/12/2001 | Casablanca |
| Relais4x100m4Nages | 03 :48.82 | LAHRICHI Driss(97)-Yusuf TIBAZI Adam SAJID – Seamy Mohamed BOUTOUIL | E.N | 24/08/2019 | Casablanca |