

# TABLETTE DES RECORDS DUMAROC EN BASSIN DE 25 m

DAMES

*Mise à jour du 26/11/2021*

Épreuves	Temps	Noms & Prénoms	Clubs	dates	lieux
50mNageLibre	<b>00:26.32</b>	EL BARODI Imane Houda (01)	FUS	20/12/2021	Abu Dhabi
100mNageLibre	<b>00:57.62</b>	YasmeenBOUTOUIL (98)	USCM	21/12/2014	Chevreuse(France)
200mNageLibre	<b>02:02.02</b>	Lina KHIYARA03)	RAJA	25/11/2018	Hasselt (Belgique)
400mNageLibre	<b>04:16.17</b>	Sara ELBEKRI(87)	RAJA	19/11/2011	Saint-Dizier(France)
800mNageLibre	<b>08:46.14</b>	Sara ELBEKRI(87)	RAJA	18/11/2011	Saint-Dizier(France)
1500mNageLibre	<b>17:48.17</b>	Rania ELABDI(94)	USCM	05/02/2012	Meknès
50 m Dos	<b>00:29.22</b>	Hiba FAHSI(01)	OCK	14/12/2018	Hangzhou (Chine)
100mDos	<b>01:02.84</b>	Hiba FAHSI(01)	OCK	30/12/2017	Marrakech
200mDos	<b>02:15.95</b>	Hiba FAHSI (01)	OC	26/01/2018	Meknès
50mBrasse	<b>00:31.38</b>	Sara ELBEKRI(87)	RAJA	04/12/2011	Angers(France)
100mBrasse	<b>01:06.50</b>	Sara ELBEKRI(87)	RAJA	02/12/2011	Angers(France)
200mBrasse	<b>02:23.54</b>	Sara ELBEKRI(87)	RAJA	03/12/2011	Angers(France)
50mPapillon	<b>00:28.11</b>	Imane EL BARODI(01)	FUS	25/10/2021	Abudhabi (UAE)
100mPapillon	<b>01:02.58</b>	Sara ELBEKRI(87)	RAJA	13/11/2011	Compiègne(France)
200mPapillon	<b>02:13.41</b>	Sara ELBEKRI(87)	RAJA	19/11/2011	Saint-Dizier(France)
100m4Nages	<b>01:02.98</b>	Sara ELBEKRI(87)	RAJA	16/12/2010	Dubai (EmiratesArabesUnies)
200m4Nages	<b>02:15.39</b>	Sara ELBEKRI(87)	RAJA	18/12/2010	Dubai (EmiratesArabesUnies)
400m4Nages	<b>04:48.22</b>	Sara ELBEKRI (87)	RAJA	15/12/2010	Dubai (EmiratesArabesUnies)
Relais4x100mNageLibre	<b>04:05.50</b>	Doha FAHSI (01) - Mariem SELAFI Hiba LAKNIT(01) –HibaFAHSI (01)	OCK	27/01/2018	Meknès
Relais4x200mNageLibre	<b>09:02.06</b>	GhitaASSOUAB (95)–Kenza ELMHAMED(99) Kenza LAISSAOUI (97)–MeryemBADA(94)	CODM	11/04/2015	Meknès
Relais4x100m4Nages	<b>04:32.79</b>	Sofia GARNOUSSI (06)- Malak MEQDAR(07) Meryem BAHAJOUB(06)–Inass ALLAOUI(06)	MAROC	27/10/2021	Abudhabi (UAE)
Relais4x50mNageLibre	<b>01:54.61</b>	Sofia GARNOUSSI (06)- Malak MEQDAR(07) Zineb ATILLAH(06)–Inass ALLAOUI(06)	MAROC	24/10/2021	Abudhabi (UAE)
Relais4x50m4Nages	<b>02:08.66</b>	Sofia GARNOUSSI (06)- Malak MEQDAR(07) Zineb ATILLAH(06)–Inass ALLAOUI(06)	MAROC	25/10/2021	Abudhabi (UAE)