

CHAMPIONNATS DU MAROC B/M/C/J/S - 05/08/2022 - CASABLANCA - Grand bassin

13. 400 m NAGE LIBRE MESSIEURS

Rg	Nom	Nat	Naiss	Club	Tps - Réact. - Obs.	Pts	50m	100m	150m	200m	250m	300m	350m
FINALE A													
1.	Ali HEMRI	MAR	2001	FUS	4:03.42	738	27.87	57.10	1:27.48	1:58.85	2:29.78	3:01.51	3:32.82
2.	Samir ELKASSEM	MAR	2005	MAS	4:08.27	696	28.49	59.46	1:30.97	2:02.87	2:34.15	3:05.71	3:37.07
3.	CHAHINE SAID	MAR	2005	USCM	4:10.79	675	28.12	58.87	1:30.54	2:02.98	2:34.71	3:07.90	3:40.06
4.	Hamza KAMAL	MAR	2006	FUS	4:18.37	617	28.57	59.55	1:31.61	2:04.86	2:38.29	3:12.19	3:45.84
5.	Akram NEJJAR	MAR	2006	USCM	4:23.92	579	29.43	1:01.20	1:33.66	2:07.75	2:42.44	3:16.75	3:51.03
6.	Mohamed MALKI	MAR	2007	WAC	4:30.55	538	31.44	1:05.12	1:39.92	2:14.01	2:49.35	3:23.76	3:58.75
7.	Walid Mohamed BENZAAZOUA	MAR	2005	MCO	4:32.62	526	30.19	1:02.64	1:36.78	2:12.48	2:48.03	3:24.29	3:58.78
8.	Youssef GABOUNE	MAR	2007	FUS	4:38.29	494	31.69	1:05.65	1:40.76	2:16.36	2:52.05	3:27.69	4:03.71