

CHAMPIONNATS DU MAROC B/M/C/J/S - 05/08/2022 - CASABLANCA - Grand bassin

12. 400 m NAGE LIBRE DAMES

Rg	Nom	Nat	Naiss	Club	Tps - Réact. - Obs.	Pts	50m	100m	150m	200m	250m	300m	350m
FINALE A													
1.	Inass ALLAOUI	MAR	2006	FUS	4:37.23	635	30.48	1:04.72	1:39.61	2:15.78	2:51.62	3:28.10	4:03.74
2.	Nada RAGTAOUI	MAR	2007	FUS	4:38.98	623	32.23	1:07.48	1:43.29	2:19.37	2:55.58	3:31.19	4:06.49
3.	Lina DANNA	MAR	2005	USCM	4:47.26	571	31.46	1:06.09	1:42.45	2:19.88	2:57.04	3:34.16	
4.	Maha BASKACH	MAR	2005	USCM	4:54.57	529	32.21	1:06.68	1:43.66	2:21.22	3:00.08	3:38.58	4:17.49
5.	Yasmine DRAYEF	MAR	2006	WAC	5:00.51	499	32.81	1:08.92	1:47.93	2:27.39	3:06.40	3:45.70	4:24.09
6.	Ghita BENHAMOU	MAR	2008	WAC	5:02.13	491	35.54	1:14.50	1:53.53	2:32.05	3:10.57	3:49.14	4:26.35
7.	Rim KARIMI	MAR	2007	WAC	5:02.91	487	34.79	1:11.67	1:50.35	2:28.87	3:08.26	3:47.07	4:25.94
8.	Maryem DAGRI	MAR	2005	USCM	5:07.74	464	34.48	1:11.80	1:50.57	2:30.46	3:09.95	3:49.72	4:29.71