

TABLETTE DE RECORDS DU MAROC EN BASSIN DE 25m

DAMES

Mise à jour du 04 Juillet 2017

Épreuves	Temps	Noms & Prénoms	Clubs	dates	lieux
50m Nage Libre	00:26.55	Noura MANA (97)	TSC	02/07/2017	Rabat
100m Nage Libre	00:57.62	Yasmeen BOUTOUIL (98)	USCM	21/12/2014	Chevreuse (France)
200m Nage Libre	02:03.45	Sara EL BEKRI (87)	RCA	09/04/2011	Meknès
400m Nage Libre	04:16.17	Sara EL BEKRI (87)	RCA	19/11/2011	Saint-Dizier (France)
800m Nage Libre	08:46.14	Sara EL BEKRI (87)	RCA	18/11/2011	Saint-Dizier (France)
1500m Nage Libre	17:48.17	Rania EL ABDI(94)	USCM	05/02/2012	Meknès
50m Dos	00:30.50	Hiba FAHSI (01)	OCC	07/05/2017	Marrakech
100m Dos	01:04.34	Yasmeen BOUTOUIL (98)	USCM	19/11/2015	Angers (France)
200m Dos	02:18.38	Yasmeen BOUTOUIL (98)	USCM	19/12/2014	Chevreuse (France)
50m Brasse	00:31.38	Sara EL BEKRI (87)	RCA	04/12/2011	Angers (France)
100m Brasse	01:06.50	Sara EL BEKRI (87)	RCA	02/12/2011	Angers (France)
200m Brasse	02:23.54	Sara EL BEKRI (87)	RCA	03/12/2011	Angers (France)
50m Papillon	00:28.97	Sara EL BEKRI (87)	RCA	10/04/2011	Meknès
100m Papillon	01:02.58	Sara EL BEKRI (87)	RCA	13/11/2011	Compiègne(France)
200m Papillon	02:13.41	Sara EL BEKRI (87)	RCA	19/11/2011	Saint-Dizier (France)
100m 4Nages	01:02.98	Sara EL BEKRI (87)	RCA	16/12/2010	Dubai (Emirates Arabes Unies)
200m 4Nages	02:15.39	Sara EL BEKRI (87)	RCA	18/12/2010	Dubai (Emirates Arabes Unies)
400m 4Nages	04:48.22	Sara EL BEKRI (87)	RCA	15/12/2010	Dubai (Emirates Arabes Unies)
Relais 4x100m Nage Libre	04:06.64	Noura MANA (97) – Khaoula EL MACHRAFI (00) Kenza MSELLEK (00) – Nadia EL HAOUARI (00)	TSC	02/07/2013	Rabat
Relais 4x200m Nage Libre	09:02.06	Ghita ASSOUB (95) – Kenza EL MHAMEDI (99) Kenza LAISSAOUI (97) – Meryem BADA (94)	CODM	11/04/2015	Meknès
Relais 4x100m 4Nages	04:36.41	Hiba FAHSI (01) – Mariam LAMGHARI (00) Doha FAHSI (01) – Mariam SELLAFI (02)	OCC	02/07/2017	Rabat
Relais 4x50m Nage Libre	01:57.19	Kenza MSELLAK (2000) – Hiba RMILI (2000) Hiba BENBOUZIANE (2000) – Hajar RACHDI (2000)	TSC	07/02/2016	Marrakech
Relais 4x50m 4Nages	02:13.06	Kenza MSELLAK (2000) – Hiba BENBOUZIANE (2000) Hiba RMILI - Hajar RACHDI (2000)	TSC	07/02/2016	Marrakech