

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

1. 50 m NAGE LIBRE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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JUNIORS

1.	Mariam BENSALAH	MAR	2001	USCM	30.87	454
2.	Iqbal SAKHRAOUI	MAR	2001	CSN	30.97	450

CADETS

1.	Imane BASKACH	MAR	2003	USCM	30.67	463
2.	Najwa NOUAR	MAR	2003	USCM	31.91	411
3.	Hiba ELHARRAK	MAR	2002	ASS	32.06	405
4.	Ghita BAGHDAD	MAR	2002	CSN	32.16	401
NC.	Israe ATTOUCH	MAR	2002	CNN	Frfr n.d.	

MINIMES

1.	Maha BASKACH	MAR	2005	USCM	28.96	550
2.	Hiba CHOUAIBI	MAR	2004	USCM	29.12	541
3.	Camelia GARNOUSSI	MAR	2004	FUS	29.34	529
4.	Abrare BELRHITI	MAR	2004	FUS	29.58	516
4.	Hiba BOURZINE	MAR	2004	USCM	29.58	516
6.	Meryem HOSNI	MAR	2005	ACK	30.00	495
7.	Jennate RIMI	MAR	2005	FUS	30.22	484
8.	Alae ELMEKKAOUI	MAR	2005	CNN	30.67	463
9.	Rima BADOUI	MAR	2004	ASS	30.81	457
10.	Rime Ines EL RHOUBARI	MAR	2004	FUS	31.18	441
11.	Hadil CHAHIDI	MAR	2005	USCM	31.28	436
12.	Imane BOUTARBOUCH	MAR	2004	ASS	31.72	418
13.	Mouna Yassmina MASAIF	MAR	2005	ACK	32.28	397
14.	Marwa EL HARTIKA	MAR	2005	FUS	32.53	388
14.	Oumaima RACHIDI ALAOUI	MAR	2004	USCM	32.53	388
16.	Chahd BELEKBIRA	MAR	2004	A.S.F.A.R	32.78	379
16.	Sara BELLAMINE	MAR	2004	ASS	32.78	379
18.	Aya MARHFOUR	MAR	2005	FUS	33.00	372
19.	Meryem BENAYACHE	MAR	2004	USCM	33.03	370
20.	Hind BAGHDAD	MAR	2004	CSN	33.18	365
21.	Nour Elhouda YOUSFI	MAR	2005	CNN	34.17	335
22.	Imane LAHLOU	MAR	2005	FUS	34.54	324
23.	Malak IGOUZAL	MAR	2005	CSN	34.90	314
24.	Fadila ZEHAUF	MAR	2005	ACK	34.94	313
25.	Nourzad KARROUK BAAYL	MAR	2005	ACK	35.18	307
26.	Abir ELFARSSI	MAR	2005	A.S.F.A.R	35.81	291
27.	Manal LAASKRI	MAR	2004	KAC	36.00	286
28.	Marwa ALAOUI	MAR	2004	CNN	36.27	280
28.	Hiba GHOUDANE	MAR	2004	CSN	36.27	280
TLD.	Nour Elhouda MAROUDI	MAR	2005	A.S.F.A.R	38.31	237
TLD.	Zainab RAMSIS	MAR	2004	CNK	39.32	219
TLD.	Aya HAMDJ	MAR	2004	CNK	39.61	215
NC.	Alae BOUIRKI	MAR	2005	CNN	Frfr n.d.	

BENJAMINS

1.	Inass ALLAOUI	MAR	2006	A.S.F.A.R	29.78	506
2.	Sofia GARNOUSSI	MAR	2006	FUS	30.03	493
3.	Zineb ATILLAH	MAR	2006	FUS	30.56	468
4.	Nada RAGTAOUI	MAR	2007	FUS	30.85	455
5.	Nour El Houda BENSALAH	MAR	2007	FUS	30.87	454
6.	Salma RHOUL	MAR	2006	FUS	32.53	388
7.	Abla BELMATI	MAR	2006	FUS	32.57	386
8.	Nada IDRISSE FAKHREDDINE	MAR	2006	FUS	32.91	375
9.	Lyna TIKKI	MAR	2006	ASS	33.31	361
10.	Rim ELAMRAOUI	MAR	2006	FUS	33.57	353

F.R.M.N.

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

1. 50 m NAGE LIBRE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
BENJAMINS						
11.	Rawane SADIQUI	MAR	2007	USCM	33.60	352
12.	Ghita EL MOUATARIF	MAR	2007	FUS	33.81	345
13.	Lina YAQOUBI	MAR	2006	CSN	34.17	335
14.	Hiba LAHLIMI	MAR	2007	ACK	34.31	330
15.	Rim BENARAFI	MAR	2007	FUS	34.50	325
16.	Lina DOUDOUH	MAR	2007	A.ALAWAIL	34.54	324
17.	Rim BELAHNICH	MAR	2006	A.S.F.A.R	34.75	318
18.	Sara BENSLETEN	MAR	2007	USCM	35.07	309
19.	Emilie GUYON	MAR	2006	FUS	35.31	303
20.	Majdouline NIHO	MAR	2007	CNN	35.78	291
21.	Lina KHOUIA	MAR	2006	CNN	35.96	287
22.	Rim BOUCHIKHI	MAR	2007	A.S.F.A.R	35.99	286
22.	Hibat Allah SEMLALI	MAR	2007	KAC	35.99	286
24.	Hajar KAIMECH	MAR	2006	A.S.F.A.R	36.18	282
25.	Kaoutar HOSNI	MAR	2006	ACK	36.19	282
26.	Hala ELMIR	MAR	2007	ASS	36.90	266
26.	Nada ZAGRITI	MAR	2007	ASS	36.90	266
28.	Maha LAMGHARI	MAR	2007	FUS	36.97	264
29.	Zineb KHARMICH	MAR	2007	CNN	37.16	260
30.	Selma TIYAL	MAR	2007	A.S.F.A.R	37.19	259
31.	Nour El Houda MOUKHLESSE	MAR	2007	KAC	37.60	251
32.	Sarah BOUHEMAID	MAR	2007	CNN	37.85	246
33.	Raihan MOUNA	MAR	2007	A.ALAWAIL	38.68	230
34.	Yasmine EL HAJJI	MAR	2007	CNN	38.75	229
35.	Rim ZAARI JABRI	MAR	2006	ASS	39.12	223
36.	Yassmina IZOUGAGHEN	MAR	2007	CNN	39.38	218
37.	Yasmine BAKKAR	MAR	2006	KAC	39.61	215
38.	Rachida KIDAYE	MAR	2007	CNN	39.69	213
39.	Dina Walae ALILOU	MAR	2006	CNN	39.88	210
40.	Alae BAGHOZ	MAR	2007	A.ALAWAIL	40.52	200
41.	Rhita MYESSER	MAR	2007	USCM	41.96	180
42.	Lina Nada MAACH	MAR	2007	CNN	42.53	173
43.	Hiba NEJJAR	MAR	2007	CNN	42.60	172
44.	Malak JIRAOU	MAR	2007	A.ALAWAIL	43.06	167
45.	Noha ELYAHYAOU	MAR	2007	KAC	44.07	156
46.	Souha GHNIMI	MAR	2006	IRT	45.47	142
47.	Nour ENNAMIRI	MAR	2007	KAC	45.82	138

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

2. 50 m NAGE LIBRE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
SENIORS						
1.	Hamza DAHBI SKALI	MAR	1998	CSN	24.37	632
2.	Larbi MEJDOUBI	MAR	1998	A.S.F.A.R	27.41	444
3.	Ayman LEBIED	MAR	1999	CSN	27.94	419
NC.	Alae Eddine GZALI	MAR	1997	KAC	Frfr exc.	
NC.	Badreddine FAWZI	MAR	1991	USCM	Frfr n.d.	

JUNIORS

1.	Med Saad EL HADI	MAR	2000	USCM	26.22	507
2.	Mehdi BOUFEDENE	MAR	2000	ASS	27.12	458
3.	Haytam KABIRI	MAR	2001	CNN	27.44	442
3.	Mehdi ZOUGAGHI	MAR	2001	USCM	27.44	442
5.	Omar AZIKOU	MAR	2000	KAC	28.93	377
5.	Ali MOKHTARI	MAR	2001	USCM	28.93	377
NC.	Taha MIFTAH	MAR	2001	CNN	Frfr n.d.	
NC.	Adam BAQQASS	MAR	2001	CNN	Frfr n.d.	

CADETS

1.	Mohamed Taha MALKI	MAR	2003	FUS	24.81	599
2.	Anir SADIQUI	MAR	2003	USCM	26.40	497
3.	BACHIR BENABDELJALIL	MAR	2002	USCM	26.62	484
4.	Omar LEBIED	MAR	2002	CSN	26.81	474
5.	Abdenasser LAKRANE	MAR	2002	ACK	27.00	464
5.	Rayane BOUHAFS	MAR	2003	FUS	27.00	464
7.	Mohamed Amine ACHIBANE	MAR	2002	CNN	27.46	441
8.	Mehdi SAISSI HASSANI	MAR	2002	ACK	28.13	410
9.	Yahya ELBRIDI	MAR	2003	USCM	28.50	395
10.	Mehdi SENIHJI	MAR	2003	CNN	28.97	376
11.	Anass ILGUIM	MAR	2003	CNN	29.03	373
12.	Ayman MEZIANI	MAR	2002	CNN	29.87	343
12.	Mohamed Taha HATHOUTI	MAR	2003	USCM	29.87	343
14.	Aboubakr BAGHOZ	MAR	2003	A.ALAWAIL	30.43	324
15.	Yasser MOATASSIM BILLAH	MAR	2003	CNN	31.81	284
NC.	Adam BELAFIA	MAR	2002	USCM	Frfr n.d.	
NC.	Ilyas AIT BELHOUSSEIN	MAR	2002	CNN	Frfr n.d.	

MINIMES

1.	Mohamed Sami ZEMZAMI	MAR	2005	USCM	27.18	455
2.	Ayman BOUZAIID	MAR	2005	CSN	28.50	395
3.	Sami KASMI	MAR	2005	FUS	28.59	391
4.	Zakaria HIBAOUI	MAR	2004	ACK	29.03	373
5.	Anas BOUYAKOUBI	MAR	2004	A.S.F.A.R	29.59	353
6.	Mohammed EL KHDARI	MAR	2004	CSN	30.16	333
7.	Ahmed Rayane ELYACOUTI	MAR	2005	USCM	30.28	329
8.	Adil NOUIRA	MAR	2004	KAC	31.78	284
9.	Oussama HATGA	MAR	2004	ACK	32.28	271
10.	Ali BOUALAM	MAR	2004	FUS	32.50	266
11.	Moncef BEN EL HADJ	MAR	2004	ACK	32.66	262
12.	Adam ACHAK	MAR	2004	ASS	33.78	237
13.	Hossam HANZAZI	MAR	2004	ASS	33.89	234
14.	Wael KABIRI	MAR	2005	CNN	34.31	226
15.	Mohamed SAHTARI	MAR	2005	KAC	35.00	213
16.	Mohamed Badr BOUCHTI	MAR	2005	CNN	35.03	212
TLD.	Hamid MEZRAOUI	MAR	2005	ASS	36.03	195
TLD.	Omar BELKOURCHIA	MAR	2005	ASS	37.85	168
TLD.	Ahmed AL MAOUTOUK	MAR	2005	IRT	39.97	143
TLD.	Mohamed AL MAOUTOUK	MAR	2005	IRT	46.44	91

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2. 50 m NAGE LIBRE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
MINIMES						
	NC. Sami ELMIR	MAR	2004	ASS	Frfr n.d.	
	NC. Mehdi REFFASS	MAR	2005	CNN	Frfr n.d.	
	NC. Mohamed Souhail ABBOUD	MAR	2005	ASS	Dsq FD	0
	NC. Adam Abdelhamid HRITTA	MAR	2005	ASS	Dsq FD	0
	NC. Mohammed Amjad BENDGUIG	MAR	2004	CSN	Dsq FD	0
BENJAMINS						
1.	Marwane SEBBATA	MAR	2006	USCM	27.44	442
2.	Yassine SEBBATA	MAR	2006	USCM	28.19	408
3.	Jad KHERBOUCHE	MAR	2006	ACK	29.22	366
3.	Akram NEJJAR	MAR	2006	USCM	29.22	366
5.	Omar BENMOUSSA	MAR	2006	USCM	29.75	347
6.	Yassine MIFTAH	MAR	2006	CNN	30.97	307
7.	Asaad BOULMAKOUL	MAR	2006	ASS	31.40	295
8.	Hassan ELALAMI	MAR	2006	FUS	31.57	290
9.	Samy BENCHEBBA	MAR	2006	FUS	31.81	284
10.	Zaid ZNAIDI	MAR	2007	USCM	31.82	283
11.	Jade KISSAMI	MAR	2006	FUS	32.28	271
12.	Omar BOUGOTAYA	MAR	2006	A.S.F.A.R	32.56	264
13.	Omar MOUMINA	MAR	2006	FUS	33.47	243
14.	Mohammed ELHARRAK	MAR	2006	ASS	33.56	241
15.	Youssef BEKKAOUI	MAR	2006	ASS	33.69	239
16.	Rayane CHAKOUK	MAR	2006	ASS	33.87	235
17.	Amir FAEDDA	MAR	2007	FUS	33.89	234
18.	Hamza FOUKAHY	MAR	2006	FUS	33.90	234
19.	Mohamed Naji TOUIMI BENJELLOUN	MAR	2007	ASS	34.31	226
20.	Mohamed Ayoub OUADI	MAR	2007	ASS	34.37	225
21.	Ziyad CHAKOUK	MAR	2006	ASS	34.44	223
22.	Ahmed Yassine SEYAR	MAR	2006	ASS	34.68	219
23.	Hamza FILALI	MAR	2006	USCM	34.97	213
24.	Ilyas CHAKKOURI	MAR	2006	A.ALAWAIL	35.15	210
25.	Omar EL AMRANI	MAR	2007	FUS	35.57	203
26.	Adam ELFAHSSI	MAR	2007	FUS	35.58	203
27.	Mohammed Reda LACHGAR	MAR	2007	CSN	35.66	201
28.	Houmam IALLATEN	MAR	2006	CNN	36.06	195
29.	Adam LAHDAID	MAR	2006	CNN	36.16	193
30.	Ryad MALKI	MAR	2006	CNN	36.28	191
31.	Hamza EL MKHENTAR	MAR	2007	USCM	36.34	190
32.	Aymen BECHTER	MAR	2006	CSN	36.40	189
33.	Adib BOUAYAD	MAR	2007	USCM	36.85	182
34.	Hatim YAMOUNE	MAR	2007	CSN	37.16	178
35.	Mohamed Amine AHAITAF	MAR	2007	A.ALAWAIL	37.25	176
36.	Adnan AHRRAM	MAR	2006	A.ALAWAIL	37.47	173
37.	Taha KHNIFRA	MAR	2006	CNN	37.62	171
38.	Othmane ANEB	MAR	2006	KAC	37.71	170
39.	Tarik ZEHAUF	MAR	2007	ACK	37.81	169
40.	Zakaria FATIH	MAR	2006	A.S.F.A.R	38.15	164
41.	Zakaria EL GORFTI	MAR	2007	FUS	38.25	163
42.	Faris BOUKDIR	MAR	2006	KAC	38.28	163
43.	Yasser BENDAOU	MAR	2007	CNN	38.50	160
44.	Youssef LAAREJ	MAR	2006	FUS	38.56	159
45.	Mohammed ELHACHEMI	MAR	2006	ASS	38.72	157
46.	Mohamed Taha OBILAT	MAR	2007	CSN	38.82	156
47.	Mohamed Aymane SGHIOURI IDRISSE	MAR	2006	CNN	38.87	155
48.	Youssef ALAMI	MAR	2007	A.ALAWAIL	39.23	151
48.	Rayane AIT ALI	MAR	2006	CNN	39.23	151

F.R.M.N.

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2. 50 m NAGE LIBRE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
BENJAMINS						
50.	Othmane ACHIBANE	MAR	2007	CNN	39.50	148
51.	Ismail MOUSTAHSSINE	MAR	2007	FUS	39.57	147
52.	Saad ALOUACH	MAR	2007	ASS	39.69	146
53.	Haytam BARAKAT	MAR	2007	ASS	39.81	144
54.	Youssef MOUSSALIM	MAR	2007	ASS	40.28	139
55.	BAKR THAMI ALAMI	MAR	2006	USCM	40.31	139
56.	Mehdi MOUFFAK	MAR	2006	A.ALAWAIL	40.57	136
57.	Chihab CHAHABOUN	MAR	2006	KAC	40.72	135
58.	Jad TNEAMOU	MAR	2007	CSN	41.16	131
59.	Abderrahmane TALMOUST	MAR	2007	KAC	41.38	129
60.	Ayman ABBAR	MAR	2006	A.ALAWAIL	42.12	122
61.	Aymen El Houssaine OUARDINI	MAR	2007	ASS	42.79	116
62.	Mohamed Ziyad BOUTALEB	MAR	2006	ASS	42.91	115
63.	Assaad Taha SEYAR	MAR	2007	ASS	43.03	114
64.	Sabir FARS	MAR	2007	A.ALAWAIL	44.97	100
65.	Mouad CHAER NAJIB	MAR	2006	A.ALAWAIL	48.50	80
66.	Saad BELKHOAJA	MAR	2007	CNK	48.87	78
67.	Ayoub OUARYACHI	MAR	2006	ASS	49.15	77
NC.	Ahmed Ziyad OUMZIL	MAR	2007	ASS	Frf exc.	
NC.	Wassim AIT BELHOUSSEIN	MAR	2007	CNN	Frf n.d.	
NC.	Sami EL ANOUAR	MAR	2007	USCM	Frf n.d.	
NC.	Youssef GABOUNE	MAR	2007	FUS	Dsq FD	0

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

3. 200 m DOS DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
JUNIORS						
1.	Mariam BENSALAH	MAR	2001	USCM	2:45.72	419
2.	Iqbal SAKHRAOUI	MAR	2001	CSN	2:55.56	352
CADETS						
1.	Najwa NOUAR	MAR	2003	USCM	3:07.07	291
MINIMES						
1.	Hiba CHOUAIBI	MAR	2004	USCM	2:34.28	520
2.	Jennate RIMI	MAR	2005	FUS	2:35.88	504
3.	Camelia GARNOUSSI	MAR	2004	FUS	2:45.84	418
4.	Alae ELMEKKAOUI	MAR	2005	CNN	2:48.22	401
5.	Oumaima RACHIDI ALAOUI	MAR	2004	USCM	2:52.97	368
NC.	Rima BADOUI	MAR	2004	ASS	\bandon	0
NC.	Yasmine RIAD	MAR	2004	FUS	Dsq VI	0
BENJAMINS						
1.	Sofia GARNOUSSI	MAR	2006	FUS	2:37.90	485
2.	Abla BELMATI	MAR	2006	FUS	2:55.41	353
3.	Ghita EL MOUATARIF	MAR	2007	FUS	3:08.78	283
4.	Malak TIBARI	MAR	2006	A.S.F.A.R	3:09.06	282
5.	Hajar KAIMECH	MAR	2006	A.S.F.A.R	3:14.59	259
6.	Rim BENARAFI	MAR	2007	FUS	3:14.62	259
7.	Hiba LAHLIMI	MAR	2007	ACK	3:35.31	191
NC.	Douaa EL YAAGOUBI	MAR	2007	USCM	\bandon	0
NC.	Lyna TIKKI	MAR	2006	ASS	Dsq VI	0
NC.	Emilie GUYON	MAR	2006	FUS	Dsq VI	0

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

4. 200 m DOS MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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JUNIORS

1.	Ziad LAHLOU	MAR	2001	USCM	2:45.16	311
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CADETS

1.	Ayman EL MECHRAFI	MAR	2002	USCM	2:28.94	424
2.	BACHIR BENABDELJALIL	MAR	2002	USCM	2:41.72	331
NC.	Mehdi BENSALAH	MAR	2002	CNN	Fr f n.d.	
NC.	Soufiane TAYEBI	MAR	2003	FUS	Dsq VI	0

MINIMES

1.	CHAHINE SAID	MAR	2005	USCM	2:23.15	477
2.	Hamza BENHLIMA	MAR	2004	USCM	2:28.16	431
3.	Youssef BOUHMOUCH	MAR	2004	USCM	2:44.91	312
4.	Yassir EL MADANI	MAR	2005	FUS	2:45.50	309
5.	Ahmed Rayane ELYACOUTI	MAR	2005	USCM	3:03.43	227

BENJAMINS

1.	Marwane SEBBATA	MAR	2006	USCM	2:24.69	462
2.	Youssef BEKKAOUI	MAR	2006	ASS	2:58.87	244
3.	Adam ELFAHSSI	MAR	2007	FUS	3:01.00	236
4.	Youssef GABOUNE	MAR	2007	FUS	3:04.20	224
5.	Tarik ZEHAUF	MAR	2007	ACK	3:09.56	205
6.	Mohamed Ayoub OUADI	MAR	2007	ASS	3:12.19	197
7.	Hamza FOUKAHY	MAR	2006	FUS	3:13.29	194
8.	Hamza EL MKHENTAR	MAR	2007	USCM	3:14.94	189
9.	Saad ALOUACH	MAR	2007	ASS	3:19.28	177
10.	Hamza FILALI	MAR	2006	USCM	3:22.28	169
11.	Houmam IALLATEN	MAR	2006	CNN	3:33.81	143
NC.	Ahmed Yassine SEYAR	MAR	2006	ASS	Dsq NI	0
NC.	Mohammed BENHALIMA	MAR	2007	USCM	Dsq NI	0

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

5. 100 m PAPILLON DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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CADETS

1.	Imane BASKACH	MAR	2003	USCM	1:16.28	395
2.	Ghita BAGHDAD	MAR	2002	CSN	1:29.12	247

MINIMES

1.	Oumnia SEBBATA	MAR	2005	USCM	1:11.59	478
2.	Lina DANNA	MAR	2005	USCM	1:13.06	449
3.	Meryem HOSNI	MAR	2005	ACK	1:13.31	445
4.	Maryem DAGRI	MAR	2005	USCM	1:16.72	388
5.	Rime Ines EL RHOUBARI	MAR	2004	FUS	1:17.66	374
6.	Marwa EL HARTIKA	MAR	2005	FUS	1:23.00	306
7.	Imane BOUTARBOUCH	MAR	2004	ASS	1:25.59	279
8.	Hiba GHOUDANE	MAR	2004	CSN	1:34.16	210
TLD.	Nourzad KARROUK BAAYL	MAR	2005	ACK	1:44.88	152

BENJAMINS

1.	Meryem BAHAJOUB	MAR	2006	FUS	1:15.94	400
2.	Nour El Houda BENSALAH	MAR	2007	FUS	1:20.13	341
3.	Malak MEQDAR	MAR	2007	FUS	1:22.75	309
4.	Zineb ATILLAH	MAR	2006	FUS	1:23.19	304
5.	Salma RHOUL	MAR	2006	FUS	1:24.96	286
6.	Rim ELAMRAOUI	MAR	2006	FUS	1:30.63	235
7.	Sara BENSLETEN	MAR	2007	USCM	1:38.88	181
8.	Douaa EL YAAGOUBI	MAR	2007	USCM	1:40.63	172

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

6. 100 m PAILLON MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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SENIORS

1.	Hamza DAHBI SKALI	MAR	1998	CSN	1:01.57	529
2.	Lahbib BELKAZ	MAR	1996	CSN	1:04.47	461

JUNIORS

NC.	Yassine NIHOUCHE	MAR	2001	CNN	Frfr n.d.	
NC.	Ali MOKHTARI	MAR	2001	USCM	Frfr n.d.	

CADETS

1.	Youssef OUKHOUCHE	MAR	2002	FUS	1:04.53	460
2.	Omar LEBIED	MAR	2002	CSN	1:09.69	365
3.	Abdenasser LAKRANE	MAR	2002	ACK	1:12.63	322

MINIMES

1.	Adam BOURZINE	MAR	2005	USCM	1:04.87	453
2.	Mohamed Sami ZEMZAMI	MAR	2005	USCM	1:06.69	416
3.	Sami KASMI	MAR	2005	FUS	1:11.66	336
4.	Yahya TOURABI	MAR	2005	FUS	1:14.78	295
5.	Ayman BOUZAIID	MAR	2005	CSN	1:19.22	248
TL.D.	Adam ACHAK	MAR	2004	ASS	1:27.19	186
NC.	Adil NOUIRA	MAR	2004	KAC	Dsq FD	0

BENJAMINS

1.	Hamza KAMAL	MAR	2006	USCM	1:08.75	380
2.	Omar BENMOUSSA	MAR	2006	USCM	1:11.40	339
3.	Yassine SEBBATA	MAR	2006	USCM	1:15.40	288
4.	Jad KHERBOUCHE	MAR	2006	ACK	1:16.16	279
5.	Asaad BOULMAKOUL	MAR	2006	ASS	1:17.44	266
6.	Samy BENCHEBBA	MAR	2006	FUS	1:20.37	238
7.	Mohammed ELOTMANY	MAR	2007	CNN	1:23.25	214
8.	Amir FAEDDA	MAR	2007	FUS	1:23.78	210
9.	Jade KISSAMI	MAR	2006	FUS	1:26.03	194
10.	Omar EL AMRAOUI	MAR	2007	USCM	1:34.13	148
11.	Mohammed BENHALIMA	MAR	2007	USCM	2:03.00	66

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

7. 200 m 4 NAGES DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
CADETS						
	TLD. Doaa AMMOUMOU	MAR	2003	ACK	3:10.41	290
MINIMES						
	1. Oumnia SEBBATA	MAR	2005	USCM	2:40.34	487
	2. Yasmine RIAD	MAR	2004	FUS	2:46.97	431
	3. Imane LAHLOU	MAR	2005	FUS	3:04.93	317
	NC. Abrare BELRHITI	MAR	2004	FUS	\bandon	0
BENJAMINS						
	1. Nada RAGTAOUI	MAR	2007	FUS	2:39.50	494
	2. Meryem BAHAJOUB	MAR	2006	FUS	2:43.35	460
	3. Malak MEQDAR	MAR	2007	FUS	2:46.91	431
	4. Inass ALLAOUI	MAR	2006	A.S.F.A.R	2:50.69	403
	5. Nada IDRISSI FAKHREDDINE	MAR	2006	FUS	2:52.53	390
	6. Malak TIBARI	MAR	2006	A.S.F.A.R	3:10.34	291
	7. Rawane SADIQUI	MAR	2007	USCM	3:14.38	273
	8. Rim BELAHNICHI	MAR	2006	A.S.F.A.R	3:22.47	241
	9. Hala ELMIR	MAR	2007	ASS	3:24.94	233
	10. Zineb KHARMICH	MAR	2007	CNN	3:26.63	227
	11. Yasmine BAKKAR	MAR	2006	KAC	3:37.56	194
	12. Lina DOUDOUH	MAR	2007	A.ALAWAIL	3:38.25	193
	13. Yasmine EL HAJJI	MAR	2007	CNN	3:42.15	183
	14. Yassmina IZOUGAGHEN	MAR	2007	CNN	3:44.87	176
	15. Raihan MOUNA	MAR	2007	A.ALAWAIL	3:47.75	169

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

8. 200 m 4 NAGES MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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JUNIORS

1.	Marouane RAJI	MAR	2000	USCM	2:24.53	495
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CADETS

1.	Youssef OUKHOUYA	MAR	2002	FUS	2:21.83	524
2.	Rayane BOUHAFS	MAR	2003	FUS	2:32.03	425
3.	Anir SADIQUI	MAR	2003	USCM	2:45.09	332

MINIMES

1.	Adam BOURZINE	MAR	2005	USCM	2:28.44	457
2.	Youssef BOUHMOUCH	MAR	2004	USCM	2:42.63	347
3.	Zakaria HIBAOUI	MAR	2004	ACK	2:49.21	308
3.	Anas BOUYAKOUBI	MAR	2004	A.S.F.A.R	2:49.21	308
5.	Younes BERRADA	MAR	2004	FUS	2:50.63	301
TL.D.	Wael KABIRI	MAR	2005	CNN	3:18.88	190
TL.D.	Omar BELKOURCHIA	MAR	2005	ASS	3:30.53	160
TL.D.	Mohamed SAHTARI	MAR	2005	KAC	3:32.62	155

BENJAMINS

1.	Hamza KAMAL	MAR	2006	USCM	2:31.38	431
2.	Akram NEJJAR	MAR	2006	USCM	2:39.75	366
3.	Faris BOUKDIR	MAR	2006	KAC	3:00.78	253
4.	Hassan ELALAMI	MAR	2006	FUS	3:00.90	252
5.	Omar MOUMINA	MAR	2006	FUS	3:03.69	241
6.	Mohammed ELOTMANY	MAR	2007	CNN	3:04.06	239
7.	Omar EL AMRAOUI	MAR	2007	USCM	3:06.12	231
8.	Omar BOUGOTAYA	MAR	2006	A.S.F.A.R	3:09.66	219
9.	Zaid ZNAIDI	MAR	2007	USCM	3:11.84	211
10.	Mohammed ELHARRAK	MAR	2006	ASS	3:12.97	208
11.	Adib BOUAYAD	MAR	2007	USCM	3:19.53	188
12.	Hatim YAMOUNE	MAR	2007	CSN	3:20.19	186
13.	Mohammed Reda LACHGAR	MAR	2007	CSN	3:22.43	180
14.	Ilyas CHAKKOURI	MAR	2006	A.ALAWAIL	3:25.97	171
15.	Youssef ALAMI	MAR	2007	A.ALAWAIL	3:51.25	120
16.	Youssef MOUSSALIM	MAR	2007	ASS	3:58.76	109
NC.	Sami EL ANOUAR	MAR	2007	USCM	Frq n.d.	
NC.	BAKR THAMI ALAMI	MAR	2006	USCM	\bandon	0
NC.	Mohamed Amine AHAITAF	MAR	2007	A.ALAWAIL	Dsq FD	0
NC.	Othmane ANEB	MAR	2006	KAC	Dsq VI	0
NC.	Aymen BECHTER	MAR	2006	CSN	Dsq NI	0

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

9. 1500 m NAGE LIBRE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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CADETS

TLD.	Hiba ELHARRAK	MAR	2002	ASS	22:55.78	307
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MINIMES

1.	Hiba BOURZINE	MAR	2004	USCM	18:37.46	573
2.	Lina DANNA	MAR	2005	USCM	18:38.39	571
3.	Maryem DAGRI	MAR	2005	USCM	19:09.69	526
4.	Hadil CHAHIDI	MAR	2005	USCM	20:08.35	453
5.	Meryem BENAYACHE	MAR	2004	USCM	20:09.44	452
NC.	Maha BASKACH	MAR	2005	USCM	\bandon	0

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

10. 1500 m NAGE LIBRE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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SENIORS

1.	Lahbib BELKAZ	MAR	1996	CSN	19:07.94	436
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CADETS

1.	Ayman EL MECHRAFI	MAR	2002	USCM	17:26.62	576
2.	Soufiane TAYEBI	MAR	2003	FUS	18:52.72	454
3.	Yahya ELBRIDI	MAR	2003	USCM	19:26.16	416

MINIMES

1.	Hamza BENHLIMA	MAR	2004	USCM	16:38.50	663
2.	CHAHINE SAID	MAR	2005	USCM	17:13.62	598
3.	Yassir EL MADANI	MAR	2005	FUS	19:27.78	414
4.	Yahya TOURABI	MAR	2005	FUS	19:28.88	413
5.	Younes BERRADA	MAR	2004	FUS	20:18.56	365

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

11. 400 m NAGE LIBRE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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JUNIORS

1.	Mariam BENSALAH	MAR	2001	USCM	5:11.84	446
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CADETS

1.	Najwa NOUAR	MAR	2003	USCM	5:37.20	353
2.	Hiba ELHARRAK	MAR	2002	ASS	5:40.13	344

MINIMES

1.	Maha BASKACH	MAR	2005	USCM	4:41.41	607
2.	Hiba BOURZINE	MAR	2004	USCM	4:47.88	567
3.	Maryem DAGRI	MAR	2005	USCM	4:51.97	544
4.	Oumnia SEBBATA	MAR	2005	USCM	4:59.37	504
5.	Hadil CHAHIDI	MAR	2005	USCM	5:09.01	459
6.	Alae ELMEKKAOUI	MAR	2005	CNN	5:13.24	440
7.	Yasmine RIAD	MAR	2004	FUS	5:20.40	411
8.	Jennate RIMI	MAR	2005	FUS	5:30.47	375
9.	Abrare BELRHITI	MAR	2004	FUS	5:30.56	374
10.	Sara BELLAMINE	MAR	2004	ASS	5:33.78	364
11.	Fadila ZEHAUF	MAR	2005	ACK	5:38.00	350
12.	Imane BOUTARBOUCH	MAR	2004	ASS	5:47.44	322
NC.	Lina DANNA	MAR	2005	USCM	Frfr n.d.	
NC.	Meryem BENAYACHE	MAR	2004	USCM	\bandon	0
NC.	Oumaima RACHIDI ALAOUI	MAR	2004	USCM	\bandon	0

BENJAMINS

1.	Meryem BAHAJOUB	MAR	2006	FUS	4:52.03	543
2.	Nada RAGTAOUI	MAR	2007	FUS	4:53.12	537
3.	Sofia GARNOUSSI	MAR	2006	FUS	4:54.22	531
4.	Malak MEQDAR	MAR	2007	FUS	5:10.13	454
5.	Zineb ATILLAH	MAR	2006	FUS	5:11.75	447
6.	Nada IDRISSE FAKHREDDINE	MAR	2006	FUS	5:12.75	442
7.	Nour El Houda BENSALAH	MAR	2007	FUS	5:16.16	428
8.	Abla BELMATI	MAR	2006	FUS	5:16.94	425
9.	Inass ALLAOUI	MAR	2006	A.S.F.A.R	5:21.00	409
10.	Rim ELAMRAOUI	MAR	2006	FUS	5:28.40	382
11.	Salma RHOUL	MAR	2006	FUS	5:31.47	371
12.	Hibat Allah SEMLALI	MAR	2007	KAC	5:38.28	349
13.	Rawane SADIQUI	MAR	2007	USCM	5:46.81	324
14.	Sara BENSLETEN	MAR	2007	USCM	5:48.34	320
15.	Ghita EL MOUATARIF	MAR	2007	FUS	5:50.75	313
16.	Malak TIBARI	MAR	2006	A.S.F.A.R	5:59.50	291
17.	Hajar KAIMECH	MAR	2006	A.S.F.A.R	6:12.09	262
18.	Douaa EL YAAGOUBI	MAR	2007	USCM	6:13.06	260
19.	Hiba LAHLIMI	MAR	2007	ACK	6:20.31	246
19.	Lina DOUDOUH	MAR	2007	A.ALAWAIL	6:20.31	246
21.	Zineb KHARMICH	MAR	2007	CNN	6:29.16	229
22.	Yassmina ZOUGAGHEN	MAR	2007	CNN	6:50.54	195
23.	Yasmine EL HAJJI	MAR	2007	CNN	6:54.04	190

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

12. 400 m NAGE LIBRE MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
SENIORS						
1.	Hicham TIJARI	MAR	1998	FUS	4:25.41	570
	NC. Med El Mehdi ESSADIQ	MAR	1986	USCM	Frfr n.d.	
JUNIORS						
1.	Marouane RAJI	MAR	2000	USCM	4:58.01	402
	NC. Yassine NIHOU	MAR	2001	CNN	Frfr n.d.	
CADETS						
1.	Youssef OUKHOUYA	MAR	2002	FUS	4:25.86	567
2.	Rayane BOUHAFS	MAR	2003	FUS	4:43.81	466
3.	Soufiane TAYEBI	MAR	2003	FUS	4:50.31	435
4.	Anir SADIQUI	MAR	2003	USCM	4:59.47	396
5.	Yahya ELBRIDI	MAR	2003	USCM	5:03.00	383
6.	Anass ILGUIM	MAR	2003	CNN	5:24.85	310
MINIMES						
1.	Yasser BENCHEBBA	MAR	2004	FUS	4:11.19	672
2.	Hamza BENHLIMA	MAR	2004	USCM	4:13.62	653
3.	CHAHINE SAID	MAR	2005	USCM	4:24.75	574
4.	Adam BOURZINE	MAR	2005	USCM	4:28.16	552
5.	Mohamed Sami ZEMZAMI	MAR	2005	USCM	4:32.91	524
6.	Yassir EL MADANI	MAR	2005	FUS	4:55.88	411
7.	Yahya TOURABI	MAR	2005	FUS	4:56.93	407
8.	Sami KASMI	MAR	2005	FUS	5:02.46	385
9.	Youssef BOUHMOUCH	MAR	2004	USCM	5:04.56	377
10.	Ayman BOUZAIID	MAR	2005	CSN	5:06.98	368
	TL.D. Wael KABIRI	MAR	2005	CNN	6:21.60	191
	NC. Mehdi REFFASS	MAR	2005	CNN	Frfr n.d.	
BENJAMINS						
1.	Marwane SEBBATA	MAR	2006	USCM	4:35.28	510
2.	Hamza KAMAL	MAR	2006	USCM	4:35.78	508
3.	Yassine SEBBATA	MAR	2006	USCM	4:42.60	472
4.	Akram NEJJAR	MAR	2006	USCM	4:43.81	466
5.	Hassan ELALAMI	MAR	2006	FUS	5:08.41	363
6.	Samy BENCHEBBA	MAR	2006	FUS	5:09.00	361
7.	Jade KISSAMI	MAR	2006	FUS	5:19.50	326
8.	Youssef GABOUNE	MAR	2007	FUS	5:28.50	300
9.	Youssef BEKKAOUI	MAR	2006	ASS	5:32.98	288
10.	Omar MOUMINA	MAR	2006	FUS	5:42.34	265
11.	Amir FAEDDA	MAR	2007	FUS	5:42.75	264
12.	Adam ELFAHSSI	MAR	2007	FUS	5:44.06	261
13.	Ahmed Yassine SEYAR	MAR	2006	ASS	5:50.50	247
14.	Mohammed ELOTMANY	MAR	2007	CNN	5:51.44	245
15.	Hamza FOUKAHY	MAR	2006	FUS	5:52.65	243
16.	Hamza FILALI	MAR	2006	USCM	5:52.66	243
17.	Tarik ZEHAUF	MAR	2007	ACK	5:53.32	241
18.	Hamza EL MKHENTAR	MAR	2007	USCM	6:14.93	202
19.	Mohamed Amine AHAITAF	MAR	2007	A.ALAWAIL	6:15.13	201
19.	Mohammed BENHALIMA	MAR	2007	USCM	6:15.13	201
21.	Hatim YAMOUNE	MAR	2007	CSN	6:28.56	181
22.	Aymen BECHTER	MAR	2006	CSN	6:34.25	173
23.	Jad TNEAMOU	MAR	2007	CSN	6:51.19	153
24.	Youssef ALAMI	MAR	2007	A.ALAWAIL	6:58.13	145
25.	Youssef MOUSSALIM	MAR	2007	ASS	7:32.81	114
	NC. Mohamed Taha OBILAT	MAR	2007	CSN	Frfr exc.	

F.R.M.N.

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

13. 50 m DOS DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
JUNIORS						
1.	Mariam BENSALAH	MAR	2001	USCM	35.91	428
2.	Iqbal SAKHRAOUI	MAR	2001	CSN	36.75	399
CADETS						
1.	Ghita BAGHDAD	MAR	2002	CSN	40.38	301
2.	Hiba ELHARRAK	MAR	2002	ASS	40.41	300
NC.	Israe ATTOUCH	MAR	2002	CNN	Fr f exc.	
MINIMES						
1.	Hiba CHOUAIBI	MAR	2004	USCM	31.78	617
2.	Oumnia SEBBATA	MAR	2005	USCM	32.65	569
3.	Alae ELMEKKAOUI	MAR	2005	CNN	34.70	474
3.	Camelia GARNOUSSI	MAR	2004	FUS	34.70	474
5.	Jennate RIMI	MAR	2005	FUS	34.73	473
6.	Yasmine RIAD	MAR	2004	FUS	35.07	459
7.	Oumaima RACHIDI ALAOUI	MAR	2004	USCM	35.69	436
8.	Rima BADOUI	MAR	2004	ASS	36.40	411
8.	Rime Ines EL RHOUBARI	MAR	2004	FUS	36.40	411
10.	Marwa EL HARTIKA	MAR	2005	FUS	37.44	377
11.	Mouna Yassmina MASAIF	MAR	2005	ACK	38.00	361
12.	Imane LAHLOU	MAR	2005	FUS	38.72	341
13.	Abir ELFARSSI	MAR	2005	A.S.F.A.R	39.47	322
14.	Malak IGOUZAL	MAR	2005	CSN	41.18	283
14.	Aya MARHFOUR	MAR	2005	FUS	41.18	283
16.	Manal LAASKRI	MAR	2004	KAC	41.60	275
17.	Nour Elhouda YOUSFI	MAR	2005	CNN	43.29	244
18.	Nour Elhouda MAROUDI	MAR	2005	A.S.F.A.R	44.16	230
NC.	Alae BOUIRKI	MAR	2005	CNN	Fr f n.d.	
NC.	Chahd BELEKBIRA	MAR	2004	A.S.F.A.R	Abandon	0
NC.	Aya HAMDJ	MAR	2004	CNK	Dsq NI	0
NC.	Marwa ALAOUI	MAR	2004	CNN	Dsq NI	0
BENJAMINS						
1.	Sofia GARNOUSSI	MAR	2006	FUS	34.88	467
2.	Abla BELMATI	MAR	2006	FUS	37.95	362
3.	Ghita EL MOUATARIF	MAR	2007	FUS	39.27	327
4.	Lyna TIKKI	MAR	2006	ASS	39.62	318
5.	Kaoutar HOSNI	MAR	2006	ACK	40.56	297
6.	Emilie GUYON	MAR	2006	FUS	42.00	267
7.	Hibat Allah SEMLALI	MAR	2007	KAC	42.06	266
8.	Rim BOUCHIKHI	MAR	2007	A.S.F.A.R	42.69	254
9.	Rim BENARAFI	MAR	2007	FUS	43.20	245
10.	Douaa EL YAAGOUBI	MAR	2007	USCM	43.22	245
11.	Nada ZAGRITI	MAR	2007	ASS	43.40	242
12.	Rim BELAHNICH	MAR	2006	A.S.F.A.R	44.03	232
13.	Hajar KAIMECH	MAR	2006	A.S.F.A.R	44.27	228
14.	Hala ELMIR	MAR	2007	ASS	44.60	223
15.	Hiba LAHLIMI	MAR	2007	ACK	45.04	216
16.	Sarah BOUHEMAID	MAR	2007	CNN	45.63	208
17.	Majdouline NIHOUE	MAR	2007	CNN	45.80	206
18.	Selma TIYAL	MAR	2007	A.S.F.A.R	45.84	205
18.	Zineb KHARMICH	MAR	2007	CNN	45.84	205
20.	Yasmine BAKKAR	MAR	2006	KAC	46.90	192
20.	Rhita MYESSER	MAR	2007	USCM	46.90	192
22.	Nour El Houda MOUKHLESSE	MAR	2007	KAC	48.94	169
23.	Rachida KIDAYE	MAR	2007	CNN	49.04	168

F.R.M.N.

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

13. 50 m DOS DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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BENJAMINS

24.	Maha LAMGHARI	MAR	2007	FUS	49.20	166
25.	Dina Walae ALILOU	MAR	2006	CNN	49.53	163
26.	Yassmina IZOUAGHEN	MAR	2007	CNN	52.75	135
27.	Hiba NEJJAR	MAR	2007	CNN	52.87	134
NC.	Rim ZAARI JABRI	MAR	2006	ASS	\bandon	0
NC.	Malak JIRAOUI	MAR	2007	A.ALAWAIL	Dsq VI	0
NC.	Alae BAGHOZ	MAR	2007	A.ALAWAIL	Dsq NI	0
NC.	Fatima Zahra KAISSI	MAR	2007	CNK	Dsq NI	0
NC.	Lina KHOUIA	MAR	2006	CNN	Dsq NI	0
NC.	Lina Nada MAACH	MAR	2007	CNN	Dsq NI	0
NC.	Noha ELYAHYAOUI	MAR	2007	KAC	Dsq NI	0

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

14. 50 m DOS MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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SENIORS

1.	Hamza DAHBI SKALI	MAR	1998	CSN	28.10	626
2.	Yassir MEHDIOUI	MAR	1997	ASS	32.37	409
NC.	Aymane LEBIED	MAR	1999	CSN	Dsq NI	0

JUNIORS

1.	Mehdi BOUFEDENE	MAR	2000	ASS	30.81	475
2.	Haytam KABIRI	MAR	2001	CNN	32.41	408
3.	Mehdi ZOUGAGHI	MAR	2001	USCM	35.25	317
4.	Ziad LAHLOU	MAR	2001	USCM	35.85	301
NC.	Taha MIFTAH	MAR	2001	CNN	Frfr n.d.	
NC.	Adam BAQQASS	MAR	2001	CNN	Frfr n.d.	

CADETS

1.	Wail DAIBOUN	MAR	2002	ACK	31.41	448
2.	Mehdi SAISSI HASSANI	MAR	2002	ACK	32.25	414
3.	Adam BELAFIA	MAR	2002	USCM	32.50	404
4.	Soufiane TAYEBI	MAR	2003	FUS	34.12	349
5.	BACHIR BENABDELJALIL	MAR	2002	USCM	35.68	305
6.	Mohamed Taha HATHOUTI	MAR	2003	USCM	37.42	265
7.	Mehdi SENIHJI	MAR	2003	CNN	39.91	218
TLD.	Yasser MOATASSIM BILLAH	MAR	2003	CNN	47.00	133
NC.	Mohamed Amine ACHIBANE	MAR	2002	CNN	Frfr n.d.	
NC.	Ilyas AIT BELHOUSSEIN	MAR	2002	CNN	Frfr n.d.	
NC.	Mehdi BENSALAH	MAR	2002	CNN	Frfr n.d.	
NC.	Anass ILGUIM	MAR	2003	CNN	Frfr n.d.	

MINIMES

1.	Hamza BENHLIMA	MAR	2004	USCM	30.38	495
2.	CHAHINE SAID	MAR	2005	USCM	31.39	449
3.	Mohammed EL KHDARI	MAR	2004	CSN	34.96	325
4.	Mohammed Amjad BENDGUIG	MAR	2004	CSN	36.47	286
5.	Anas BOUYAKOUBI	MAR	2004	A.S.F.A.R	38.38	245
6.	Ahmed Rayane ELYACOUTI	MAR	2005	USCM	39.03	233
7.	Ali BOUALAM	MAR	2004	FUS	41.78	190
8.	Mohamed SAHTARI	MAR	2005	KAC	41.97	187
9.	Wael KABIRI	MAR	2005	CNN	42.32	183
10.	Hossam HANZAZI	MAR	2004	ASS	43.28	171
TLD.	Mohamed Badr BOUCHTI	MAR	2005	CNN	46.26	140
NC.	Sami ELMIR	MAR	2004	ASS	Frfr n.d.	
NC.	Sami KASMI	MAR	2005	FUS	Dsq NI	0

BENJAMINS

1.	Marwane SEBBATA	MAR	2006	USCM	31.41	448
2.	Yassine SEBBATA	MAR	2006	USCM	32.26	414
3.	Omar BENMOUSSA	MAR	2006	USCM	33.30	376
4.	Jad KHERBOUCHE	MAR	2006	ACK	37.15	271
5.	Asaad BOULMAKOUL	MAR	2006	ASS	37.19	270
6.	Jade KISSAMI	MAR	2006	FUS	37.42	265
7.	Zaid ZNAIDI	MAR	2007	USCM	37.85	256
8.	Omar EL AMRAOUI	MAR	2007	USCM	38.38	245
9.	Mohammed ELOTMANY	MAR	2007	CNN	38.66	240
10.	Mohammed Reda LACHGAR	MAR	2007	CSN	39.58	224
11.	Mohammed ELHARRAK	MAR	2006	ASS	39.69	222
12.	Omar BOUGOTAYA	MAR	2006	A.S.F.A.R	39.87	219
13.	Youssef GABOUNE	MAR	2007	FUS	39.92	218
13.	Amir FAEDDA	MAR	2007	FUS	39.92	218

F.R.M.N.

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

14. 50 m DOS MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
BENJAMINS						
15.	Youssef BEKKAOUI	MAR	2006	ASS	39.95	217
15.	Mohamed Ayoub OUADI	MAR	2007	ASS	39.95	217
17.	Hamza FOUKAHY	MAR	2006	FUS	41.16	199
18.	Taha KHNIFRA	MAR	2006	CNN	41.56	193
19.	Ziyad CHAKOUK	MAR	2006	ASS	41.61	192
20.	Faris BOUKDIR	MAR	2006	KAC	41.65	192
21.	Ahmed Yassine SEYAR	MAR	2006	ASS	42.40	182
22.	Mohamed Naji TOUIMI BENJELLOUN	MAR	2007	ASS	42.72	178
23.	Rayane CHAKOUK	MAR	2006	ASS	43.21	172
24.	Mohammed BENHALIMA	MAR	2007	USCM	43.35	170
25.	Adam ELFAHSSI	MAR	2007	FUS	43.63	167
26.	Tarik ZEHAUF	MAR	2007	ACK	43.82	165
27.	Houmam IALLATEN	MAR	2006	CNN	43.90	164
27.	Adib BOUAYAD	MAR	2007	USCM	43.90	164
29.	Omar EL AMRANI	MAR	2007	FUS	44.10	162
30.	Hamza EL MKHENTAR	MAR	2007	USCM	44.66	156
31.	Zakaria FATIH	MAR	2006	A.S.F.A.R	45.00	152
32.	Saad ALOUACH	MAR	2007	ASS	45.01	152
33.	Adnan AHRRAM	MAR	2006	A.ALAWAIL	45.53	147
34.	Mohamed Aymane SGHIOURI IDRISSE	MAR	2006	CNN	45.69	145
35.	Othmane ANEB	MAR	2006	KAC	46.19	141
36.	Othmane ACHIBANE	MAR	2007	CNN	46.47	138
37.	Mohammed ELHACHEMI	MAR	2006	ASS	47.38	130
38.	Youssef LAAREJ	MAR	2006	FUS	47.55	129
39.	Rayane AIT ALI	MAR	2006	CNN	47.72	127
40.	Haytam BARAKAT	MAR	2007	ASS	48.30	123
41.	BAKR THAMI ALAMI	MAR	2006	USCM	49.38	115
42.	Zakaria EL GORFTI	MAR	2007	FUS	51.13	103
43.	Saad BELKHOAJA	MAR	2007	CNK	52.47	96
44.	Ryad MALKI	MAR	2006	CNN	53.16	92
45.	Jad TNEAMOU	MAR	2007	CSN	54.04	88
46.	Sabir FARS	MAR	2007	A.ALAWAIL	56.37	77
47.	Mouad CHAER NAJIB	MAR	2006	A.ALAWAIL	59.53	65
48.	Ayoub OUARYACHI	MAR	2006	ASS	1:03.09	55
NC.	Ahmed Ziyad OUMZIL	MAR	2007	ASS	Frfr exc.	
NC.	Yasser BENDAOU	MAR	2007	CNN	Frfr n.d.	
NC.	Wassim AIT BELHOUSSEIN	MAR	2007	CNN	Frfr n.d.	
NC.	Mohamed Taha OBILAT	MAR	2007	CSN	Frfr n.d.	
NC.	Hatim YAMOUNE	MAR	2007	CSN	Frfr n.d.	
NC.	Sami EL ANOUAR	MAR	2007	USCM	Frfr n.d.	
NC.	Ismail MOUSTAHSSINE	MAR	2007	FUS	Abandon	0
NC.	Aymen El Houssaine OUARDINI	MAR	2007	ASS	Dsq VI	0
NC.	Assaad Taha SEYAR	MAR	2007	ASS	Dsq VI	0
NC.	Yassine MIFTAH	MAR	2006	CNN	Dsq VI	0
NC.	Ayman ABBAR	MAR	2006	A.ALAWAIL	Dsq NI	0
NC.	Mehdi MOUFFAK	MAR	2006	A.ALAWAIL	Dsq NI	0
NC.	Mohamed Ziyad BOUTALEB	MAR	2006	ASS	Dsq NI	0
NC.	Adam LAHDAID	MAR	2006	CNN	Dsq NI	0

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

15. 200 m PAPILLON DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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CADETS

TLD.	Doaa AMMOUMOU	MAR	2003	ACK	3:20.03	225
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MINIMES

	1. Malak BOUSSOUF	MAR	2004	FUS	2:44.31	407
	2. Meryem HOSNI	MAR	2005	ACK	2:48.37	378
	3. Maryem DAGRI	MAR	2005	USCM	2:55.85	332
TLD.	Hiba GHOUDANE	MAR	2004	CSN	3:28.53	199
NC.	Lina DANNA	MAR	2005	USCM	Frfr n.d.	

BENJAMINS

	1. Nada RAGTAOUI	MAR	2007	FUS	2:41.94	425
	2. Meryem BAHAJOUB	MAR	2006	FUS	2:48.91	375
	3. Nour El Houda BENSALAH	MAR	2007	FUS	3:08.56	269
	4. Zineb ATILLAH	MAR	2006	FUS	3:10.48	261
	5. Salma RHOUL	MAR	2006	FUS	3:11.53	257

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

16. 200 m PAPILLON MESSIEURS

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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SENIORS

1.	Lahbib BELKAZ	MAR	1996	CSN	2:31.60	398
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JUNIORS

NC.	Yassine NIHOU	MAR	2001	CNN	Frf n.d.	
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MINIMES

1.	Adam BOURZINE	MAR	2005	USCM	2:26.06	445
2.	Younes BERRADA	MAR	2004	FUS	2:53.00	267
NC.	Yahya TOURABI	MAR	2005	FUS	Dsq VI	0

BENJAMINS

1.	Omar BENMOUSSA	MAR	2006	USCM	2:40.47	335
2.	Samy BENCHEBBA	MAR	2006	FUS	3:13.38	191
3.	Omar EL AMRAOUI	MAR	2007	USCM	3:26.85	156
NC.	Omar MOUMINA	MAR	2006	FUS	Dsq NI	0

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

17. 100 m BRASSE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
CADETS						
1.	Najwa NOUAR	MAR	2003	USCM	1:38.19	281
MINIMES						
1.	Rima BADOUI	MAR	2004	ASS	1:25.49	426
2.	Hiba BOURZINE	MAR	2004	USCM	1:26.59	410
3.	Hadil CHAHIDI	MAR	2005	USCM	1:26.68	409
4.	Hiba CHOUAIBI	MAR	2004	USCM	1:27.00	404
5.	Maha BASKACH	MAR	2005	USCM	1:27.10	403
6.	Chahd BELEKBIRA	MAR	2004	A.S.F.A.R	1:27.87	392
7.	Imane LAHLOU	MAR	2005	FUS	1:31.22	351
8.	Abrare BELRHITI	MAR	2004	FUS	1:31.63	346
9.	Rime Ines EL RHOUBARI	MAR	2004	FUS	1:32.53	336
10.	Marwa EL HARTIKA	MAR	2005	FUS	1:32.76	333
11.	Camelia GARNOUSSI	MAR	2004	FUS	1:35.00	310
12.	Fadila ZEHAUF	MAR	2005	ACK	1:39.40	271
13.	Nour Elhouda MAROUDI	MAR	2005	A.S.F.A.R	1:40.59	261
14.	Aya MARHFOUR	MAR	2005	FUS	1:40.78	260
15.	Alae BOUIRKI	MAR	2005	CNN	1:43.70	238
TLD.	Marwa ALAOUI	MAR	2004	CNN	1:47.90	212
TLD.	Nourzad KARROUK BAAYL	MAR	2005	ACK	1:49.94	200
TLD.	Nour Elhouda YOUSFI	MAR	2005	CNN	1:53.69	181
NC.	Zainab RAMSIS	MAR	2004	CNK	Dsq FD	0
BENJAMINS						
1.	Malak MEQDAR	MAR	2007	FUS	1:25.40	427
2.	Inass ALLAOUI	MAR	2006	A.S.F.A.R	1:26.56	410
3.	Lyna TIKKI	MAR	2006	ASS	1:31.53	347
4.	Nada IDRISSE FAKHREDDINE	MAR	2006	FUS	1:32.47	337
5.	Rim ELAMRAOUI	MAR	2006	FUS	1:36.30	298
6.	Majdouline NIHOUE	MAR	2007	CNN	1:36.53	296
7.	Nada ZAGRITI	MAR	2007	ASS	1:36.91	292
8.	Sara BENSLETEN	MAR	2007	USCM	1:37.21	290
9.	Kaoutar HOSNI	MAR	2006	ACK	1:38.94	275
10.	Hiba OUAHABI	MAR	2007	A.S.F.A.R	1:41.15	257
11.	Malak TIBARI	MAR	2006	A.S.F.A.R	1:41.19	257
12.	Rawane SADIQUI	MAR	2007	USCM	1:44.44	233
13.	Nour ENNAMIRI	MAR	2007	KAC	1:47.91	212
14.	Rim ZAARI JABRI	MAR	2006	ASS	1:48.72	207
15.	Yasmine BAKKAR	MAR	2006	KAC	1:48.97	205
16.	Rachida KIDAYE	MAR	2007	CNN	1:50.69	196
17.	Raihan MOUNA	MAR	2007	A.ALAWAIL	1:51.72	191
18.	Emilie GUYON	MAR	2006	FUS	1:52.06	189
19.	Fatima Zahra KAISSI	MAR	2007	CNK	1:53.50	182
20.	Selma TIYAL	MAR	2007	A.S.F.A.R	1:55.60	172
21.	Rim BOUCHIKHI	MAR	2007	A.S.F.A.R	1:55.78	171
22.	Nour El Houda MOUKHLESSE	MAR	2007	KAC	1:58.28	161
23.	Alae BAGHOZ	MAR	2007	A.ALAWAIL	1:58.80	158
23.	Rhita MYESSER	MAR	2007	USCM	1:58.80	158
25.	Yasmine EL HAJJI	MAR	2007	CNN	1:59.38	156
26.	Maha LAMGHARI	MAR	2007	FUS	2:00.16	153
27.	Lina KHOUIA	MAR	2006	CNN	2:01.91	147
28.	Lina Nada MAACH	MAR	2007	CNN	2:05.75	134
29.	Sarah BOUHEMAID	MAR	2007	CNN	2:07.13	129
30.	Hiba NEJJAR	MAR	2007	CNN	2:11.83	116
NC.	Dina Walae ALILOU	MAR	2006	CNN	Frfr n.d.	
NC.	Rim BENARFA	MAR	2007	FUS	Frfr n.d.	

F.R.M.N.

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17. 100 m BRASSE DAMES

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
BENJAMINS						
	NC. Noha ELYAHYAUI	MAR	2007	KAC	Dsq VI	0

INTERCLUBS REGIONAUX 3 - KENITRA - 10/03/2019 - KENITRA - Petit bassin

18. 100 m BRASSE MESSIEURS

NRN = Nouveau record National

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
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SENIORS

1.	Lahbib BELKAZ	MAR	1996	CSN	1:16.66	443
2.	Larbi MEJDOUBI	MAR	1998	A.S.F.A.R	1:16.90	439
	NC. Alae Eddine GZALI	MAR	1997	KAC	Frfr exc.	
	NC. Badreddine FAWZI	MAR	1991	USCM	Frfr n.d.	

JUNIORS

1.	Haytam KABIRI	MAR	2001	CNN	1:17.18	434
2.	Mehdi ZOUGAGHI	MAR	2001	USCM	1:23.03	349
	NC. Adam BAQQASS	MAR	2001	CNN	Frfr n.d.	
	NC. Med Saad EL HADI	MAR	2000	USCM	Frfr n.d.	
	NC. Marouane RAJI	MAR	2000	USCM	Frfr n.d.	

CADETS

1.	Youssef OUKHOUYA	MAR	2002	FUS	1:16.90	439
2.	Rayane BOUHAFS	MAR	2003	FUS	1:19.06	404
3.	Omar LEBIED	MAR	2002	CSN	1:21.50	369
	TLD. Yasser MOATASSIM BILLAH	MAR	2003	CNN	1:37.06	218
	TLD. Aboubakr BAGHOZ	MAR	2003	A.ALAWAIL	1:41.12	193
	NC. Aymane MEZIANI	MAR	2002	CNN	Frfr n.d.	
	NC. Ilyas AIT BELHOUSSEIN	MAR	2002	CNN	Frfr n.d.	
	NC. Mehdi SENIHJI	MAR	2003	CNN	Frfr n.d.	
	NC. Mohamed Taha MALKI	MAR	2003	FUS	Frfr n.d.	
	NC. BACHIR BENABDELJALIL	MAR	2002	USCM	Frfr n.d.	
	NC. Ayman EL MECHRAFI	MAR	2002	USCM	Frfr n.d.	

MINIMES

1.	Youssef BOUHMOUCH	MAR	2004	USCM	1:21.16	373
2.	Zakaria HIBAOUI	MAR	2004	ACK	1:24.03	336
3.	Anas BOUYAKOUBI	MAR	2004	A.S.F.A.R	1:24.55	330
4.	Moncef BEN EL HADJ	MAR	2004	ACK	1:25.25	322
5.	Yassir EL MADANI	MAR	2005	FUS	1:25.48	319
6.	Younes BERRADA	MAR	2004	FUS	1:27.53	297
7.	Mohammed EL KHDARI	MAR	2004	CSN	1:27.56	297
8.	Adam ACHAK	MAR	2004	ASS	1:32.56	251
9.	Oussama HATGA	MAR	2004	ACK	1:33.73	242
	TLD. Hamid MEZRAOUI	MAR	2005	ASS	1:38.53	208
	TLD. Ali BOUALAM	MAR	2004	FUS	1:45.30	171
	TLD. Mohamed Badr BOUCHTI	MAR	2005	CNN	1:47.93	158
	TLD. Hossam HANZAZI	MAR	2004	ASS	1:48.37	157
	TLD. Mohamed SAHTARI	MAR	2005	KAC	1:58.10	121
	NC. Mehdi REFFASS	MAR	2005	CNN	Frfr n.d.	
	NC. Mohamed Sami ZEMZAMI	MAR	2005	USCM	Frfr n.d.	

BENJAMINS

1.	Akram NEJJAR	MAR	2006	USCM	1:24.79	327
2.	Jad KHERBOUCHE	MAR	2006	ACK	1:25.48	319
3.	Hassan ELALAMI	MAR	2006	FUS	1:33.73	242
4.	Omar BOUGOTAYA	MAR	2006	A.S.F.A.R	1:36.03	225
5.	Hamza FILALI	MAR	2006	USCM	1:39.50	202
6.	Yassine MIFTAH	MAR	2006	CNN	1:40.88	194
7.	Mohammed ELHARRAK	MAR	2006	ASS	1:43.56	179
8.	Mohamed Naji TOUIMI BENJELLOUN	MAR	2007	ASS	1:43.82	178
9.	Zaid ZNAIDI	MAR	2007	USCM	1:44.15	176
10.	Zakaria FATIH	MAR	2006	A.S.F.A.R	1:45.31	171

F.R.M.N.

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18. 100 m BRASSE MESSIEURS*NRN = Nouveau record National*

Rg	Nom	Nat	Lic	Club	Tps - Réact. - Obs.	Pts
BENJAMINS						
11.	Assaad Taha SEYAR	MAR	2007	ASS	1:45.81	168
12.	Ilyas CHAKKOURI	MAR	2006	A.ALAWAIL	1:46.36	NRN 166
13.	Adib BOUAYAD	MAR	2007	USCM	1:46.75	164
14.	Adnan AHRRAM	MAR	2006	A.ALAWAIL	1:49.45	152
15.	Haytam BARAKAT	MAR	2007	ASS	1:52.56	140
16.	Mohamed Aymane SGHIOURI IDRISSE	MAR	2006	CNN	1:55.63	129
17.	Taha KHNIFFRA	MAR	2006	CNN	1:57.49	123
18.	Adam LAHDAID	MAR	2006	CNN	1:57.85	122
19.	Youssef LAAREJ	MAR	2006	FUS	1:58.12	121
20.	Ryad MALKI	MAR	2006	CNN	1:58.78	119
21.	Abderrahmane TALMOUST	MAR	2007	KAC	2:00.22	115
22.	Zakaria EL GORFTI	MAR	2007	FUS	2:01.06	112
23.	Mehdi MOUFFAK	MAR	2006	A.ALAWAIL	2:01.13	112
24.	BAKR THAMI ALAMI	MAR	2006	USCM	2:02.78	107
NC.	Rayane CHAKOUK	MAR	2006	ASS	Frfr exc.	
NC.	Ziyad CHAKOUK	MAR	2006	ASS	Frfr exc.	
NC.	Houmam IALLATEN	MAR	2006	CNN	Frfr n.d.	
NC.	Othmane ACHIBANE	MAR	2007	CNN	Frfr n.d.	
NC.	Wassim AIT BELHOUSSEIN	MAR	2007	CNN	Frfr n.d.	
NC.	Chihab CHAHABOUN	MAR	2006	KAC	Frfr n.d.	
NC.	Sami EL ANOUAR	MAR	2007	USCM	Frfr n.d.	
NC.	Mohammed ELHACHEMI	MAR	2006	ASS	Dsq FD	0
NC.	Rayane AIT ALI	MAR	2006	CNN	Dsq NI	0