

TABLETTE DE RECORDS DU MAROC EN BASSIN DE 50 m

DAMES

Mise à jour du 27 Septembre 2018

<u>ÉPREUVES</u>	<u>RECORDS</u>	<u>NOMS & PRENOMS</u>	<u>CLUBS</u>	<u>DATES</u>	<u>LIEUX</u>
50m Nage Libre	00:26.81	Noura MANA (97)	CODM	01/072018	Casablanca
100m Nage Libre	00:58.30	Sara EL BEKRI (87)	RCA	13/09/2010	Casablanca
200m Nage Libre	02:03.10	Sara EL BEKRI (87)	RCA	17/12/2011	Doha (Qatar)
400m Nage Libre	04:17.55	Sara EL BEKRI (87)	RCA	19/12/2011	Doha (Qatar)
800m Nage Libre	08:49.57	Sara EL BEKRI (87)	RCA	24/02/2012	Bordeaux (France)
1500m Nage Libre	17:04.85	Sara EL BEKRI (87)	RCA	17/02/2012	Sarcelles (France)
50m Dos	00:30.01	Hiba FAHSI (01)	OCK	24/07/2018	Alger
100m Dos	01:04.82	Hiba FAHSI (01)	OCK	15/07/2018	Tunis
200m Dos	02:20.73	Hiba FAHSI (01)	OCK	23/07/2018	Alger
50m Brasse	00:31.54	Sara EL BEKRI (87)	RCA	22/04/2009	Montpellier (France)
100m Brasse	01:08.21	Sara EL BEKRI (87)	RCA	29/07/2012	Londres (GBR)
200m Brasse	02:25.86	Sara EL BEKRI (87)	RCA	01/08/2012	Londres (GBR)
50m Papillon	00:28.69	Imen Houda EL BARODI (01)	USCM	11/09/2018	Alger
100m Papillon	01:03.35	Sherazade RAMOND HANNANE (90)	WAC	22/05/2009	Chalon sur Saone (France)
200m Papillon	02:16.21	Sara EL BEKRI (87)	RCA	19/12/2011	Doha (Qatar)
200m 4Nages	02:17.24	Sara EL BEKRI (87)	RCA	22/12/2011	Doha (Qatar)
400m 4Nages	04:48.04	Sara EL BEKRI (87)	RCA	18/12/2011	Doha (Qatar)
Relais 4x50m Nage Libre	01:59.25	Imane BOULAAMANE (89) – Marwa BOULAAMANE (93) Lilia KARAKCHOU (92) – Kenza LYAGOUBI (94)	CNJ	19/07/2008	Rabat
Relais 4x100m Nage Libre	04:00.33	Imane Hiba EL BARODI (01) – Noura MANA (97) Hiba FAHSI (01) – Yassmeen BOUTOUIL (98)	E.N	15/07/2018	Tunis
Relais 4x200m Nage Libre	08:43.40	Rania EL ABDI (94) - SherazadeRAMOND HANNANE (90) Noufissa CHBIHI (90) – Sara EL BEKRI (87)	E.N	13/09/2010	Casablanca
Relais 4x50m 4Nages	02:14.74	Imane BOULAAMANE (89) – Ghita BOUKHARI (89) Lilia KARAKCHOU (92) –Kenza LYAGOUBI (94)	CNJ	19/07/2008	Rabat
Relais 4x100m 4Nages	04:22.21	Imane BOULAAMANE (89) – Sara EL BEKRI (87) Noufissa CHBIHI (90) – Marwa EL BANAR (85)	E.N	17/12/2011	Doha (Qatar)