

**TABLETTE DES P E R FORMANCES**  
**\*\* MINIMES GARÇONS \*\***

**Mise à jour du 03 Avril 2019**

Epreuves	Temps	Noms	Club	dates	Lieux
50m Nage libre	00:24.85	Salim FRIKECH (04)	CODM	07/08/2019	Casablanca 50 m
100m Nage libre	00:54.52	Salim FRIKECH (04)	CODM	06/08/2019	Casablanca 50 m
200m Nage libre	01'56"07	BOUTOUIL SAMY (00)	USCM	25/01/2015	MASSY (France) -25m
400m Nage libre	04:09.30	Liam OUARDI (04)	FUS	12/05/2019	Mantereau (France) -25m
800m Nage libre	08 :38.01	Yasser BENCHEBBA (04)	FUS	06/01/2019	Kenitra
1500m Nage libre	16 :33.37	Yasser BENCHEBBA (04)	FUS	23/12/2018	Kenitra
50m Dos	00:28.33	Salim FRIKECH ( 04)	CODM	17/02/2019	Fès - 25m
100m Dos	01'00"42	BOUTOUIL SAMY (00)	USCM	24/01/2015	MASSY (France) -25m
200m Dos	02:10.99	Mehdi EL MANSAR (04)	RAJA NAT	31/03/2019	Marrakech -25m
50m Brasse	00'30"60	BOUTOUIL SAMY (00)	USCM	29/11/2014	CHEVREUSE (France) - 25m
100m Brasse	01'07"98	BOUTOUIL SAMY (00)	USCM	24/01/2015	MASSY (France) -25m
200m Brasse	02 :30.96	Mehdi EL MANSAR (04)	RCA	04/11/2018	Lutan (Grande Bretagne)
50m Papillon	00'26"77	BOUTOUIL SAMY (00)	USCM	30/11/2014	CHEVREUSE (France) - 25m
100m Papillon	00'59"96	BOUTOUIL SAMY (00)	USCM	25/01/2015	MASSY (France) -25m
200m Papillon	02:14.79	Mohamed Sami ZEMZAMI (05)	USCM	05/08/2019	Casablanca 50 m
100m 4Nages	01'00"50	BOUTOUIL SAMY (00)	USCM	31/10/2015	CHOLET (France) -25m
200m 4Nages	02'14"41	BOUTOUIL SAMY (00)	USCM	29/11/2014	CHEVREUSE (France) - 25m
400m 4Nages	04 :49.25	Mehdi EL MANSAR (04)	RCA	16/12/2018	Sheffield (Grande Bretagne)
Relais 4x50m Nage Libre	01 :48.05	Mohamed Yassine BOUKHARI (01) – Moncef TIJARI (02) Saad NAJI (01)- Abdeljabar REGRAGUI (01)	COD M	15/05/2016	FES - 25 m
Relais 4x100m Nage libre	03:41.03	Hamza BENHALIMA (04) – Mehdi EL MANSAR (04) Yasser BENCHEBBA (04) – Salim FRIKECH (04)	E.N	05/08/2019	Casablanca 50 m
Relais 4x200m Nage libre	08:07.65	Mohamed Sami ZEMZAMI (05) – Mehdi EL MANSAR (04) Yasser BENCHEBBA (04) – Hamza BENHALIMA (04)	E.N	04/08/2019	Casablanca 50 m
Relais 4x50m 4Nages	01:58.59	Abdeljabar REGRAGUI (01) – Mohamed Yassine BOUKHARI (01) Saad NAJI (01) - Monsif Hamza TIJARI (02)	COD M	20/03/2016	MEKNES -25m
Relais 4x100m 4Nages	04:09.23	Hamza BENHALIMA (04) - Mohamed Sami ZEMZAMI (05) Mehdi EL MANSAR (04) – Salim FRIKECH (04)	E.N	07/08/2019	Casablanca 50 m