TABLETTE DE P ERFORMANCES

** MINIMES FILLES **

Mise à jour du 09 Décembre 2017

Epreuves	Temps	Noms	Clubs	dates	lieux
50m Nage libre	00'27"56	BOUTOUIL YASMEEN (98)	USCM	15/04/2012	MEKNES (Maroc)
100m Nage libre	00 :59.31	Lina KHIYARA (03)	RCA	19/11/2017	Stockport (Angleterre)
200m Nage libre	02:06.82	Lina KHIYAR A(03)	RCA	11/11/2017	Stockport (Angleterre
400m Nage libre	04 :28.81	Lina KHIYARA (03)	RCA	19/11/2017	Stockport (Angleterre)
800m Nage libre	09 :23.75	Lina KHIYARA (03)	RCA	17/11/2017	Stockport (Angleterre)
1500m Nage libre	18'51"28	LYAGOUBI KENZA (94)	CNJ	29/03/2009	TETOUAN (Maroc) - 25m
50m Dos	00'31"77	FAHSI HIBA (2001)	OCK	23/01/2016	MEKNES (Maroc) - 25m
100m Dos	01'06"80	FAHSI HIBA (2001)	OCK	01/09/2016	Tunis – 50m
200m Dos	02'26"39	FAHSI HIBA (2001)	OCK	02/09/2016	Tunis – 50m
50m Brasse	00:35.19	Hiba LAKNIT (02)	CODM	10/02/2017	Meknès
100m Brasse	01'15"70	EL BEKRI SARA (87)	WAC	01/04/2000	EL JADIDA (Maroc) - 25m
200m Brasse	02:43.94	Hiba LAKNIT (02)	CODM	11/02/2017	Meknès
50m Papillon	00:30.59	Taghrid DAHBANI (03)	RCA	11/02/2017	Meknès
100m Papillon	01'08"41	KARRAKCHOU LILIA (92)	CNJ	27/07/2006	CASABLANCA - 50m
200m Papillon	02'31"23	CHBIHI NOUFISSA (90)	CODM	29/07/2004	CASABLANCA - 50m
100m 4Nages	01'11''11	BENBATI FATIMA ZAHRA (97)	ADM	02/02/2012	MEKNES - 25m
200m 4Nages	02 :28.03	Lina KHIYARA (03)	RCA	19/11/2017	Stockport (Angleterre)
400m 4Nages	05 :19.52	Lina KHIYARA (03)	RCA	18/11/2017	Stockport (Angleterre)
Relais 4x50m Nage Libre	02'02''81	BOUSSAADANE WIAM (01) - TIBARI SOUHA (01) GHENI FATIMA ZAHRA	AS.FAR	07/06/2015	Rabat - 25m
Relais 4x100m Nage libre	04:18.47	Hiba LAKNIT (02) - Kenza ZERAIDI (2002) Rim BENNANI (02) – Oumayma ETTALBI	CODM	11/02/2017	Meknès
Relais 4x200m Nage libre	09:35.95	Doha FAHSI (2001) – Hafsa EL ABBARI (2002)	E.N	01/04/2015	Tunis - 50m
Relais 4x50m 4Nages	02'18''04	GHENI FATIMA ZAHRA (00) - BOUSSAADANE WIAM (01) CHAARI	AS.FAR	07/06/2015	Rabat - 25m
Relais 4x100m 4Nages	04:45.60	Hiba FAHSI (2001) – Hiba LAKNIT (2002) Hafsa EL ABBARI (2002) – Doha FAHSI	E.N	03/09/2016	Tunis - 50m